Mohawk Valley Personal Computer User Group, Inc. explorer

PO Box 586 • Marcy, NY 13403-0586

2014   **WWW.MVPCUG.COM**   **October**

Sites to Visit

Each month, John Hunter supplies us with his choices of Internet Sites to visit. We all enjoy his column and this month we salute John with our version of his column by highlighting YOUR choices.

Please be prepared to tell us some of the sites you've visited and why you like them [or not]. We will have some sites to show to start off the evening, but this is your opportunity to share what you like. Please bring the URL address of the website you want everyone to see. Or, ask if anyone knows of a website that has content in which you are interested.

NEWSLETTER PROBLEMS

Some members seem to be having a problem downloading the newsletter that is attached to the email sent from mvpcug. You need to have a .pdf reader installed on your computer. Adobe has a free reader [version XI] that can be downloaded at http://www.adobe.com/products/reader.html. Do not be enticed to get the trail version with *Acrobat* as this is a very expensive program and not needed just to read the .pdf files. You need to download the attachment to your computer, or click on the link. Then the file should open in your reader.

You may need to make some adjustments so that you can read the newsletter easily. At the top of the program there are tools that allow you to zoom, view one page at a time, scroll, etc. Take the time to check out these tools so that you will be able to view and print the newsletter if you desire.

If you are having trouble, please do not hesitate to email mvpcug@mvpcug.com and ask for help.

Tuesday, October 7, 2014 — 6 - 8:30 PM
New Hartford Library
Meeting Open to the Public — Free — Bring a friend

MINUTES
— Joe Penabad, Secretary

Minutes of 6 May 2014 General Meeting

The MVPCUG General Meeting was held in the Sammon Room of the New Hartford Library. President Jerry Finkelstein with 22 Members (who braved the torrential rain) in attendance, called the meeting to order at 6:04 PM.

BUSINESS

Bill Gorrell presented the Treasurer's report for the period of 07-01-2014 through 08-31-2014, details are available from Bill G. or the Secretary.

It was announced that the New Hartford Library Budget has been cut, but we do have the Sammon Room reserved thru December 2014.

Bill G. noted that the replaced projector is still available for sale (minimum asking price of $75.00) and that he has a supply of size 10 hearing aid batteries that he can no longer use.

PROGRAM

The GURU Team for the night consisted of Lisa Britt, Bill Gorrell and Jerry Grega. They tackled many questions trying to untangle the many problems brought up by the attending members. Jerry F. inquired how many in the audience read the Newsletter on-line. There was no count made, however, the question provoked the comment that some of the attendees could not down-load the Newsletter. Numerous suggestions were made by the panel to correct the problem.

Many more questions were brought up, such as: Internet Explorer stops working intermittently for a short time period, then resumes when on the phone; interactions between Google Chrome and MSN blamed on mal-ware; opening up a new Word 13 document and putting in the return address, it skips a line, how to set up the format, and numerous other perplexing questions.

The club extends its gratitude to the three GURUS for sharing their expertise with the MVPCUG attendees.

DOOR PRIZES
[furnished with club funds]

20 Pens.	Don Jennings
Staple Multi-Purpose Paper.	Stu Culp
Scotch Tape Packet.	Kay Janowsky
Bic Pens.	Jerry Grega
Zebra Z-grip ball point pens.	Bob Angelhow
32 GB Flash Drive.	Rod St. Clair

[Donated by Rod St. Clair]

Staples Memo Cube Packet.	Bill Brunnett

[Donated by Bill Brunnett]

CD-RW Disks.	Nelson Robinson

The meeting was adjourned by Jerry Finkelstein at 8:02 PM. Respectfully submitted by Joe Penabad, secretary. ✦

EDITOR'S NOTES:

A special thanks to Rodney St Clair for filling in for Bo Wozniak last month. He did a great job!

Did You Know? In 1997, Crayola released a line of crayons that cashed in on the whole Internet craze with color names like "on-line orange," "web surfin' blue," and "circuit board green."

DYK?　Acronyms are pronounced like words [like NASA] whereas initialisms are pronounced by sounding out their distinct letter sounds [like MVPCUG].

DYK?　A standard size drafting pencil has enough graphite in the lead to draw a line 35 miles long.

DYK?　The international success of Sudoku, a form of number-placement puzzle, led to a 700% increase in global pencil sales in 2005.

DYK?　In the 1929 baseball season, the New York Yankees become the first baseball team to wear player numbers on both their home and away uniforms.

Random Access — Donna Gorrell

Jason Fitzpatrick who writes for How-To-Geek.com is the author of the glossary on that site. I've captured his info and offer it to you — both experienced and novice users will gain some knowledge as we go along. Enjoy and Learn!

✳   ✳   ✳   ✳   ✳

CONTACT LIST
In modern email clients, both browser-based and stand-alone, you'll find the digital answer to analog address books: contact lists. The most basic contact lists simply contain the name of the contact and their email address, but more robust contact lasts (such as those found in Outlook and Gmail) hold significantly more information like your contact's physical mailing address, phone numbers, and other relevant information including notes.

BLACK LIST
In computing a black list is a list of items that a security algorithm or filter will always block. If you set up a filter in your email client to explicitly block the address of someone spamming you, for example, you've created a simple black list. Other black lists are automated, such as a black list that bans IP addresses at the server level after too many intrusion attempts are discovered from that IP address. Black lists are also used to filter content; when companies block entertainment or adult-content websites they're using a black list to restrict employee internet access.

WHITE LIST
In computing a white list is a list of items that a security algorithm or filter will always allow to pass through. In the case of email, whitelisting an email address (adding it to your contact list) ensures that the email is delivered to your inbox. When configuring a firewall, the list of applications that are allowed to always pass through the firewall is the white list.

EMAIL HEADERS
Every email has an email header. The header of the email contains information recipients are used to seeing with each email (the date it was sent, who it is from, and the subject) as well as a large amount of additional information that email clients hide from the user by default. The hidden information (typically accessible by looking for a "view full header" or equivalent button or link in your email client) includes the routing information for the email such as the address of each mail server it passed through and the times at which the email was passed forward.

CARBON COPY (CC)
In email composition, the "CC:" section, short for Carbon Copy, is a method of sending an email to additional addressees without inserting them into the primary "To:" section. While this might seem counter intuitive as it's just as easy to put an email address in the "To:" section as the "CC:", the practice is a holdover from the days of paper letters and memos where a document within an organization would be intended for a specific recipient but additional carbon copies could be sent to people who needed to stay abreast of the material. That same functionality remains in email: the primary recipient(s) go in the "To:" section and anyone else who needs to be aware of the communication but is not the primary recipient goes in the "CC:" section.

BLIND CARBON COPY (BCC)
In email composition, the "BCC:" section, short for Blind Carbon Copy, is a method of sending an email to additional addressees without alerting the primary addressees that the email has been shared beyond those listed on the email. The practice is a holdover from the days of paper letters and memos where a document within an organization would be intended for a specific recipient but could also have additional recipients (including those whose identity, for whatever purpose, needed to remain hidden from the other recipients). ***Ed. Note:** Please use this instead of putting all recipients in the "To" or "CC" to keep all the addresses private. We'll all thank you!

EMAIL ATTACHMENT
An email attachment is a file sent along with the email message. Early email systems required manual attachment encoding in wherein the user would have to use a program to convert the file into a block of text which could be pasted into the body of the email.

Modern email systems use the MIME standard which makes the process of attaching, sending, receiving, and accessing an attached file faster and removes the burden of manually encoding and decoding attachments.   ✦

Surfin' the 'Net
— John Hunter

Meals for Those Who Can't Cook

For those who can't cook or those who don't know how to plan meals, a new Internet service will help. Click on www.blueapron.com/ and find a service that will prepare a menu, print a recipe, shop for ingredients and send all of the above to you by UPS. All for only $9.99 per person per meal, 3 meal minimum. The homepage explains what the site requires and provides a sign-up box. All you need to do once the box arrives is turn on the oven and follow the directions provided by the included recipe.

For those with fewer culinary challenges, *Real Simple Magazine* also provides a dietary service: five nights of dinners delivered to your in-box. The email provides 5 curated recipes [chosen recipes] by Real Simple editors, a shopping list of ingredients, and encouragement by the magazine's professional chefs. This subscription costs $6 for six months or $10 for a year. The magazine promises that the email will arrive in your in-box every Friday. For more information visit realsimple.com/getmealplanner.

Oh, for the opportunity to not have to think and not have to follow directions and just make a peanut butter and banana sandwich and not worry about dinner.

Presidential Escapades

President Warren Harding doesn't rate as a leader according to historians. But the Library of Congress has recently made public love letters Harding wrote to his mistress, Carrie Fulton Phillips, more than 100 years ago. President Harding wrote the letters between 1910 and 1920, although the affair started in 1905.

In spite of many requests by Harding to destroy the letters, Carrie Phillips kept them and her lawyer made the letter collection available to a potential Harding biographer. After a lawsuit to prevent publication, finally Harding's daughter donated the letters to the Library of Congress in 1972. To learn more about Harding's indiscretions, click on www.loc.gov/today/pr/2014/14-120.html. The letter cache includes more than 1,000 pages which cast the former president in a new light. Enjoy the read.

How to be Safe in the Water

This post does not refer to sharks or "Jaws", the movie. Rather, this site concerns the proposed Model Aquatic Health Code (MAHC) which is a collaborative effort of public health agencies, academia and industry workers to safeguard individuals from preventable waterborne diseases. [Not Ebola, but Schistosomiasis presents a threat at least in Africa.]

Why, you ask, would I include a conference about water safety taking place in October when summer's ended. Well, many of us swim year-round in public pools and this relates to that. If interested, click on www.cdc.gov/healthywater/swimming/pools/mahc/. Being safe never hurts.

Cancer News

Speaking of physical activity, the Environmental Working Group or www.ewg.org, released a report on skin cancer. Approximately 2 million people are diagnosed each year with this disease. Doctors recommend that all individuals venturing outside apply sunscreen for protection. But according to EWG, not all sunscreens are equal.

The organization rated more than 1400 different products and discovered the following.
1. No spray sunscreens. They are convenient but may pose risks if inhaled. And you can miss spots.
2. Super-high SPFs are not good since spf only refers to protection from UVB rays and does not protect against UVA rays.
3. Some research indicates that sunscreens may react with insect repellant which may reduce sunburn protection. For the complete list visit www.ewg.org/search/site/topratedsunscreens/.

No Wonder I'm Always Short of Cash

Www.upworthy.com recently posted salary information for the years 2000 to 2012. By correcting for inflationary growth, all wage earners except for the top 5 percent have lost wages during these twelve years. The graph and the cartoons indicate that the lowest 20th percentile lost $18.80 during the twelve year period. During the same time, the highest 95th percentile gained an increase of $204.40. To see more, click on upworthy.com/unless-youre-ridcdulously-wealthy.

Do You Need a Job?

Click on www.seniors4hire.com and post your resume. Also, www.jobs4pointo.com lists jobs aimed at older workers. Good luck if you're feeling the pinch.

Until next time . . .   ✦

Did You Know . . . —Donna Gorrell

. . that Windows key plus + will zoom your screen out and Windows key plus - will zoom it back in? That's the +/- on your numerical pad of keyboard – you may need to also hold the function key if you have no numerical pad on your laptop [and make sure the num lock is not on]. The one bad thing is that a magnifier will stay on screen unless you close out the mini program. Holding the Ctrl key while scrolling the wheel on your mouse will do the same thing.

. . that Windows key + L will lock your computer? To use the computer again, press Ctrl+Alt+Del, enter your password and then press Enter.

. . that right-clicking in Windows Explorer you can get extra options? What even more options? Use Shift-right-click.

. . that in Windows Explorer Alt+p switches file previewing on and off? Switch it off to gain more speed, on so you'll know you have the right file.

. . that Sticky Notes in Windows7 can be a great time saver? You can post a note on the desktop by tapping the Start button, typing Sticky Notes, and then choose Sticky Notes in the list. To create additional notes, click the New Note button or press Ctrl+N. To delete a note, click the Delete Note button or press Ctrl+D. You can change the color of the note and format the text. Change color by right-clicking the note and then click a color. To change text, select the text you want to alter and then choose the formatting you want, such as Ctrl+B for Bold. Ctrl+Shift+> will increase text size while Ctrl+Shift+< will decrease it. To make a bulleted list, press Ctrl+Shift+L, press it again to switch to a numbered list.

. . that if you don't use libraries in Windows 7 you can hide them and save space in the left side of Explorer navigation pane? Right-click an unwanted library and select *Don't Show in Navigation Pane* to hide it. To bring it back, click Libraries, right-click whatever you need; choose *Show in Navigation Pane*.

. . that you can do an easy search in an Explorer window? Use the F3 key to get search box, enter what you want and press Enter to run the search.   ✦

Byting Remarks — Jerry Finkelstein

By the time you read this the new Apple iPhones will be on sale. The major new device, the Apple Watch, will be out early next year. It all is getting a lot of attention in the daily newspapers, the weekly magazines, the tech news outlets, on radio, on TV, online. This avalanche of coverage is, in part, (as usual) managed by Apple to create a demand for its products. Even as these write-ups give us the details of these latest devices, their evaluations still end up convincing a lot of us that we cannot, not even for one day, live without them.

Let's face it. We are all a bunch of geeks. And so is your grandmother! We've come a long way since we were introduced to the Mac's graphical user interface. Making that screen friendly was an early step to what we have now, computers that are personal, intimate, sexy. Celebrities strike indignant poses soon after their sexy selfies are hacked and go viral. Some people fall in love, yes love, with their computers. And then there are people who use their computers to fall in love with other people. All kinds of people are out there and some of them look like us.

There is a lot of talk about the iPhone 6 and the Apple Watch striking the death knell to the credit card. The new devices can be used to pay your bills. It's called Apple Pay. At the cash register just swipe your phone. Or watch. All bills and/or payments get integrated with the rest of your checking/banking/money accounts logged on your computer. All your Apple products are integrated. And it's your phone that will be the hub of all your affairs. Personal, yes. Privacy, no.

Watch for the Apple Watch. You wear it, how personal can you get? It tracks your movements. It listens to your heartbeats. You can send the sounds of those heartbeats to other people, to the one you love, to your doctor. Personal? How about intimate? Putting the details of your body on line can open up worlds of information regarding health and life choices, it also opens you up to a world of hackers and exploitation. Intimacy, yes. Privacy, No.   ✦

Stay connected . . . to the M V P C U G

Mohawk Valley PC User Group, Inc.
$25 for initial sign-up - or renewal

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Please mail this application with a check payable to MVPCUG to
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what's.coming		~ National Seafood Month ~			October 2014	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 5-11 - Fire Prevention Week October 12 - traditional Columbus Day October 24 - United Nations Day October 29 - Internet Day [http://www.theinternetday.com/]			1	2	3 Yom Kippur	4
5	6	7 Monthly General Meeting 6 PM N Hartford Library	8	9	10	11
12	13 Happy Columbus Day	14 Board of Directors Meeting 6:30 PM	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	