



John P. Stevens Hawks Soccer 2011

Welcome John P. Stevens Soccer Players,

It is now time to begin our preparations for the fall of 2011 season at John P. Stevens High School. It will take your dedication and determination to achieve the highest level of soccer for you and our program to create a successful season. Please make a note of the following information and dates.

Website

Our Hawks Soccer website can be found at www.jpsaos.com/jpsoccer. It contains information and all forms needed for the upcoming season. To register as a player for the 2011 season please go to our website and click on the "Hawk Pride" Hawk and complete the form.

Physicals

Each athlete is responsible to be cleared to play. You must go to your own doctor with the appropriate school physical forms and return them completed by August 1st 2011 to the main office at John P. Stevens High School. Failure to return the forms by this date will seriously jeopardize your chances to contribute to our team. If your physical is dated before July 1st 2011 you must bring a *second* Health History form dated after July 1st to the school's main office before August 1st.

Track Workouts

You need to get your body ready for the rigors of the season. A series of track workouts are scheduled to help you reduce early season fatigue and injury. These workouts are on every Monday and Wednesday morning at 9:00 a.m. from Monday June 20th until the season begins.

Summer Team Work

Starting Tuesday June 16th and every Tuesday and Thursday there after at 6:30 p.m. the team will conduct a preseason practice and scrimmage until the season begins. These sessions will help refine your individual skills for the upcoming season, as well as help build team play for the season.

Summer League

Each summer JPS enters two teams into the Rahway 7v7 summer league. If you are interested in playing please see a high school coach or visit our website for further information.

Summer Camps

We encourage all players to attend a challenging summer camp of their choice. This time and effort will aid you as an individual player and help us as a team. We urge all players to come join the JPS team at the UK Elite Soccer Camp @ Bloomsburg University from Sunday July 17th to Thursday July 21st. Visit our website for a brochure and further information.

Practice

Preseason practice schedule:

<u>Date</u>	<u>Times</u>
Monday Aug. 15 th	9:00 a.m. - 10:30 a.m. 1:00 p.m. - 3:30 p.m.
Tuesday Aug. 16 th	8:00 a.m. - 10:30 a.m. 1:00 p.m. - 3:30 p.m.
Wednesday Aug. 17 th	8:00 a.m. - 10:30 a.m. 1:00 p.m. - 3:30 p.m.
Thursday Aug. 18 th	8:00 a.m. - 10:30 a.m. 1:00 p.m. - 3:30 p.m.
Friday Aug. 19 th	8:00 a.m. - 10:30 a.m. 1:00 p.m. - 3:30 p.m.
Saturday Aug. 20 th	Team Selection and Car Wash Times TBA
Sunday Aug. 21 st	OFF
Monday Aug. 22 nd	8:00 a.m. - 10:30 a.m. 1:00 p.m. - 3:30 p.m.
Tuesday Aug. 23 rd	8:00 a.m. - 10:30 a.m. 1:00 p.m. - 3:30 p.m.
Wednesday Aug. 24 th	8:00 a.m. - 10:30 a.m. 1:00 p.m. - 3:30 p.m.
Thursday Aug. 25 th	8:00 a.m. - 10:30 a.m. 1:00 p.m. - 3:30 p.m.
Friday Aug. 26 th	8:00 a.m. - 10:30 a.m. 1:00 p.m. - 3:30 p.m.
Saturday Aug. 27 th	Scrimmage - @Sayreville w/ South River
Sunday Aug. 28 th	OFF
Monday Aug. 29 th	9:00 a.m. - 11:00 a.m.
Tuesday Aug. 30 th	Scrimmage TBA
Wednesday Aug. 31 st	9:00 a.m. - 11:00 a.m.
Thursday Sept. 1 st	Scrimmage - Governor Livingston
Friday Sept. 2 nd	3:00 p.m. - 5:00 p.m.
Saturday Sept. 3 rd	Scrimmage - Rahway

