



WEST NIDAROS LUTHERAN CHURCH WAIVER OF LIABILITY AND DAMAGE

I wish to participate in the following West Nidaros Lutheran Church (WNLC) sponsored program involving physical activity:

I realize there are risks in participation in any physical activity, fitness/sports program or use of equipment.

In case of an injury or medical emergency, I give permission to be transported to a doctor, hospital or other medical provider and authorize medical treatment including but not limited to emergency surgery or medical treatment, and assume responsibility for all medical bills.

I have been advised that, if I have a health condition that may be adversely affected by exercise, I should contact my doctor to determine whether I may safely participate. I understand that West Nidaros program sponsors or first responders are not authorized to give medical advice, but may offer health education. If you have questions about this information or about your personal health, it is your responsibility to discuss them with your physician.

My participation is voluntary. I accept all responsibility and assume the risk of any injury or damage to my person that may arise, whether directly or indirectly, as a result of my participation in this program.

I and any personal representative hereby release and hold harmless West Nidaros Lutheran Church, as well as its employees, members and agents, from any liability whatsoever resulting from my participation in this event or use of the facility. This includes but is not limited to damage to property, equipment malfunction, natural disasters, disability or death.

I have read this liability waiver and fully understand its contents. I voluntarily agree to the terms and conditions stated above. I agree to abide by all terms and conditions required for use of West Nidaros Lutheran Church equipment or facility and/or for participation in this program.

Participant's Name (please print) _____

Participant's Address _____

Phone of Contact Person _____

Participant's Signature _____ **Date** _____

(Parent or guardian if minor)

Approved by WNLC Council August 19, 2009