

**DOCTOR** Dr. First and LastName  
Address  
City Province Postal Code  
Phone number Fax Fax number

**PATIENT** Family nam First name  
Dof Birth Age at Dx  
Age Sex  F  M or Yr of Dx  
Height feet in or cms \*Y of Diab.  
Smoker  Yes  No  Ex since  
Patient ID

Diabetes educatn  Yes  No Year  
Dietician at diagnosis  
Fam Hx Diabetes  Yes  No  Unknow  
Fam Hx Heart  Yes  No  Unknow  
Eye Exam Name Annual dd-mm-yy  
Foot Exam Annual dd-mm-yy

\*computer will calculate, not necessary to fill

**DIAGNOSIS**

- Type 2 Diabetes Mellitus
- Obesity
- Hypertension
- Dyslipidemia
- Nephropathy
- Retinopathy
- Neuropathy
- Depression
- Erectile Dysfunction
- Coronary Artery Disease
- Other
- Other
- Other

Medication	dose	Start date	dd-mm-yy	dd-mm-yy	dd-mm-yy	dd-mm-yy	dd-mm-yy	dd-mm-yy	dd-mm-yy	Stop Date
Metformin										
TZD										
SU										
Insulin										
Insulin										
Other										
Other										
ACE										
ARB										
Other BP										
Statin										
Fibrate										
Other Lipid										
Anti Platelet										
Other										

	GOAL	FREQ	dd-mm-yy	dd-mm-yy	dd-mm-yy	dd-mm-yy	dd-mm-yy	dd-mm-yy	dd-mm-yy	dd-mm-yy	dd-mm-yy
<b>VISITS</b>	Weight / Lbs		ea visit								
	Weight / KG*		ea visit								
	*BMI	from 20 to 25	Annual								
	Pulse		ea visit								
	BP systolic	<130	ea visit								
	BP diastolic	<80	ea visit								
	Waist Circ	M <40 in F<36 in M <100cm, F<80cm	ea visit								
<b>GLYCEMI</b>	*FBS	<7mmol/L	ea visit								
	*PC GLU	<10mmol/L	ea visit								
	Av Glu	<7mmol/L	ea visit								
	A1c	<7%	3 mo								
<b>LIPIDS</b>	Chol										
	HDL										
	*TC/HDL	<4	Annual								
	*LDL	<2.5	Annual								
*Trig	<1.5	Annual									
<b>RENAL</b>	MAU	<20mg/L									
	*ACR	M<2, F<2.5	Annual								
	*Creatinine	<120 mmol/L	Annual								
	*Cr Clearance	>90ml/min									
TSH											
ALT if on TZD											
CK if on statin											
Hgb											
Hct											
WBC											
Urine Glu											
Urine Prot											
Urine Ketone											
Phys. Activity											
Neuro exam											
Diet											
Other											