



# BARN斯LEY 10K



Sunday 23<sup>rd</sup> November 2014 10.00 am

## Course records :-

Male – Andy Norman (Altrincham AC) 30:19

Female – Liz Yelling (Bedford & County AC) 33:55

- A potential road pb course starting in Royston Park and finishing at Royston Leisure Centre.
- Accurately measured course with “CHIP” timing.
- Race organised by Barnsley Athletics Club.
- Prize List in all categories
- 1 mile fun run at 9.15a.m.
- T-Shirt to all finishers in the 10k and medal in the fun run
- UKA race licence applied for
- Parking available

Entry fee – UKA members	£11.00	(£16 after 16 <sup>th</sup> November 2014)
Unattached Runners	£13.00	(£16 after 16 <sup>th</sup> November 2014)
Fun Run	£2	

One entry per form. Additional forms available at [www.barnsleyac.co.uk](http://www.barnsleyac.co.uk).

Please make cheque payable to ‘**Barnsley Road Races**’ and send to **Barnsley 10k, 52 Baslow Crescent, Dodworth, Barnsley, South Yorkshire. S75 3SG.**

Closing date for postal entries –16<sup>th</sup> November 2014. Entries on the day £16  
Please enclose 9’ x 6’ (A5) Stamped Addressed Envelope for race number and directions.

**Please enter early race limit 1000.**

**We regret refunds cannot be made for runners unable to compete but we would be happy to transfer numbers for an admin fee of £2 up to Weds 19<sup>th</sup> November 2014.**

Entry form - Please enter me for  10k  1 mile fun run

NB – Entrants for the 10k must be over 15 on race day.

Name	Address
SEX M/F	
Date of Birth	
Age on Race Day	
Telephone No.	Postcode
UKA club (if any)	Club Reg. No.

Declaration (to be completed by all entrants)

I declare that I am an amateur according to the UK Athletics rules and that I am medically fit to run.

I accept that the organisers shall not be liable for any injury, illness or loss of property as a result of my taking part in this event.

In the unfortunate cancellation of the event through circumstances beyond the control of the race organisers, I understand and accept the rules and terms of the entry including that there will be no refund of race fees.

Signature \_\_\_\_\_  
(Parent or Guardian of runners under 18)

Date \_\_\_\_\_

On-line entries available via [www.barnsleyac.co.uk](http://www.barnsleyac.co.uk)