

Published by Community Living Huronia / Sponsored by Community Living Huronia Foundation

December 2006

#### ONTABA

2006 Annual Conference November 9th and 10th, 2006.



ONTABA, the Ontario Association for Behaviour Analysis, is an Affiliate Chapter of the Association for Behaviour Analysis International. ONTABA currently has members from professions such as education, nursing, health care and psychology.

#### ONTARIO ASSOCIATION FOR BEHAVIOUR ANALYSIS (ONTABA)



From left to right: Marnie McDermott, John Clarke, and Angelo Boutsis

On November 10th, 2006 Marnie McDermott, Coordinator of Clinical Services Community Living Huronia (Pineview), John Clarke, Coordinator of Behaviour Management Services (Simcoe), and Angelo Boutsis, Behaviour Consultant, Behaviour Management Services York-Simcoe, presented at the 2006 ONTABA Annual Conference. Their presentation of, "Dual Diagnosis: Stabilization, Assessment and Treatment in the Community", gave an overview of the Central East Region Dual Diagnosis Treatment Home, Pineview.

Located on the grounds of the Mental Health Centre, Penetanguishene, Pineview is a Central East Region resource that accommodates the needs of five individuals with 24-hour staff support. Individuals with a dual diagnosis (developmental disability and mental health diagnosis), who present serious acting out behaviours, are referred to Pineview to received treatment that assists them with the necessary steps to transition back to their community. The admission to Pineview is for stabilization, assessment, and treatment programs.

The November 10th, the ONTABA presentation focused on the key components of Pineview; The Treatment; The Mobile Resource Team; and Building Community Capacity. Statistics were also presented revealing that four of the five individuals who have received treatment from Pineview had all of their identified acting out behaviours go to a zero baseline. Two case examples were also presented detailing the use of the Bio-Psycho-Social Model of Assessment, Treatment and Replacement Skills Training for their transition into the community. The audience of over 200 people enjoyed this innovative community support model to treatment.

Congratulations goes out to the Pineview team for their commitment and expertise, for their contributions and being a part of such a valuable program. Special thanks to Louise Spicer, Pineview Administrative Assistant, for her knowledge, technical support and contributions to a very successful presentation.

To Support and Include

#### PRESIDENT'S MESSAGE



I recently 'Googled' Community Living Huronia and came up with hundreds of references that highlighted the numerous ways CLH is vital to the healthy functioning of the towns and rural communities of Southern Georgian Bay. Resource Teacher Programs, Teen Camp, residential living, day programs and work

opportunities, are just a few of the ways CLH impacts individuals, families and communities.

Leslie Lynn has just completed her term as president of the CLH Board. Thank you Leslie for an outstanding job. You brought your business and systems expertise to the role; you ran our meetings efficiently with dignity and humour and with a clear sense of vision for the organization. I will continue to rely on you for those qualities in your new role as Past President.

The Community Living Huronia Board of Directors is responsible for setting the policies that allow the management team to work towards implementing the goals and mission of CLH.

The Board includes myself, Leslie Lynn, Eric Rothwell, Maureen Reid, Paul Sloan, Lucille DeVillers, Lisa Belcourt, Dave Sibley, and Doug Schmidt. Our goal is in our name: *community living* in its fullest sense for all the people we serve. Working with this board, with Tony and the senior management team, with the staff and the people we serve, is for me, a great privilege.

On behalf of the Board I wish you all a very happy holiday season.

Ken Thompson

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#### FROM THE DESK OF THE EXECUTIVE DIRECTOR



Soon 2006 will come to a close. As I look back over the past year, we have much to celebrate.

CLH successfully welcomed three individuals from HRC this year. Much credit must be given to those individuals, their families and staff for their successful transition. They have paved the way for additional individuals to move to our community over the next couple of years.

CLH undertook the challenge to provide a one roof concept for children services. This will provide parents with the opportunity to access supports at one location in what will be a new and family-friendly location. I know the Resource Teachers are anxious to make the move. An open house will be planned in the new year.

The redesign of supports for adults will continue into 2007 under Anne Maher's guidance. Staff, Supervisors, Managers and Directors have worked hard to ensure a successful transition of our Board's visionary direction. Congratulations to all who have worked so hard.

This year saw the development of the Network of Specialized Care for adults. CLH is charged with taking the lead role in the development of these new supports. We cannot do it alone – we can only accomplish our goals through the strong partnerships that have been developed. My thanks to all of our community partners for their expertise, time, energy and support over the past year.

On a more recent note, I'd like to congratulate the team responsible for the successful craft sale conducted on November 28<sup>th</sup>, 2006. It was great to see the community response. I'm sure next year will be bigger and better.

These are just some of the highlights of the past year.

None of this can be accomplished without the guidance of the Board and the dedication of staff. To the Board, thank you for your support and guidance and to the staff, thank you for a job well done!

All the best of the season to you and yours!

**Tony Vipond** 



#### CONGRATULATIONS TO THE LUCKY WINNERS OF THE CHRISTMAS STAFF DRAWS

Laurie Signore ~ \$250.00 Gift Certificate from Simply Country Michelle Armstrong ~ \$250.00 Gift Certificate from Saturday Afternoon Jacqueline Desroches ~ \$250.00 Gift Certificate from Lalondes, A Home Store Jody Charlebois ~ \$250.00 Gift Certificate from Canadian Tire

#### 2006 MICHAEL ROTHWELL AWARD NOMINEES:

Vicki Babando, Sandra Baker, Beth Dusome, Lucille McGinnis, Sue Scott, Bev Vaillancourt, Catherine St. Germaine.

**Congratulations to Sandra Baker!** Sandra received a personal plaque, her name on a larger plaque displayed at Olive Street and a cheque for \$100 from Bonnie & Eric Rothwell



From Left to Right: Eric Rothwell, Sandra Baker,

# 006 EMPLOYEE RECOGNITIO





25 YEARS Susan Calhoun Dave Hamilton Bev Vaillancourt

### **20 YEARS** Sandra Baker

Carol Bradshaw Helen Cass Mary Mosley

#### **15 YEARS**

Linda Asselin Paul Baker Theresa Barry Donna Boudreau Beth Dusome Marilyn Goodman Lvnn Greene Radek Kucera Carol McConnell Wendy McKee Susan Neilon Anne Noonan Ted Pendlebury Bonnie Quesnelle Sheila Quesnelle Laurie Rawlek Nancy Sheppard

#### **5 YEARS**

Janice Blondin Linda Dunn Shirley Kontkanen Sherry Kuerzdoerfer Jenny Leitch Susan Lewis Stephanie Liscum Randv Roi Suzanne Scott Fay Towns Michele Verburgh



Mary Mosley and Ken Thompson ~ 20 year award



Sandra Baker and Ken Thompson ~ 20 year award



Theresa Barry Linda Asselin ~ 15 year award ~ 15 year award



Marilyn Goodman and Ken Thompson ~ 15 year award



Christina Viana and Ken Thompson ~ 15 year award



Ken Thompson and Stephanie Liscum ~ 5 year award





Jenny Leitch and Ken Thompson ~ 5 year award

#### THE REWARDS OF RISK

To laugh is to risk appearing the fool To weep is to risk appearing sentimental To reach out for another is to risk involvement To expose feeling is to risk exposing your true self To place your ideas, your dreams before the crowd is to risk their loss To love is to risk not being loved in return To live is to risk dying To hope is to risk despair To try is to risk failure

But the risk must be taken Because the greatest hazard in life is to risk nothing The person who risks nothing, does nothing, has nothing, and is nothina S/he may avoid suffering and sorrow But s/he simply cannot learn, feel, change, grow, love, live Chained by certitudes, they are slaves They have forfeited freedom Only a person who risks ~ is free!

Author unknown





Ken Thompson and Laurie Rawlek ~ 15 year award



Bonnie Quesnelle and Ken Thompson ~ 15 year award



#### OUR TERRY FOX TEAM RAISED \$1718



The Team consisted of individuals we support, volunteers and staff.

Special thanks to the volunteers who supported individuals on the walk.







The CLH Teen Camp is made possible through The Dreams to Reality Annual Campaign. Thank you to all our supporters!

#### **KEEPING YOUR DREAMS ALIVE**

The Dream Weavers

would like to invite you to participate in one of the upcoming Keeping Your Dreams Alive Sessions. The sessions are held on Wednesdays and the following dates are scheduled:

January 17th, 2007 February 21st, 2007 March 21st, 2007 April 18th, 2007 May 16th, 2007

### Michele Verburgh & The Dream Weavers

#### NEWS FROM THE RESOURCE TEACHER PROGRAM

It's been a busy season at the Resource Teacher Program! We have been in our little office at the Sports and Recreation Centre for 11 months now and are excited to report that ground has been broken and we are eagerly watching the new building going up on Aberdeen Blvd.

With the recent snow, our thoughts turn to Christmas. Last year at Christmas we were moving. The top thing on the RT Christmas list this year is that, with Santa's help, we will be moving *again* – to a new (and permanent) home. *Please Santa…we've been GOOD!* 

The Resource Teacher Playgroup was a great success again this summer, thanks to the support of the wonderful people at St. Mark's Anglican church who offered their parish hall to us. Co-facilitated by Janine Mayhew and Jessica Brown, and supported by a terrific group of volunteers (thanks Lisa Maloney!), 12 children had lots of fun, while



learning and growing, for 4 weeks. 10 children were also supported with intensive one to one programming for the remainder of the summer.

In August, Nancy Wright said goodbye to the RT's to move on to become the teacher/supervisor of Midland Small Set Nursery School. We wish Nancy all the best and are happy to report that Nancy is enjoying her new position and continues to promote inclusive guality childcare in our community.

Congratulations Nancy Wright ~ we wish you all the best

In September, we bade farewell to our supervisor Joan

Ackehurst who moved on to a Director's position at Community Living North Halton in Milton. Joan was moved to tears at her farewell luncheon. Thank you to everyone who attended to make this a most memorable sendoff.



Congratulations Joan Ackehurst ~ we wish you all the best.

A big welcome to Jessica Brown, who is the newest full time addition to the Resource Teacher team! Jessica has moved from being a relief RT, to a part time RT and is now fulltime. Jessica's enthusiasm with children and her familiarity with the program make her a valuable addition to the team. Welcome aboard, Jessica!

#### PLACEMENT OPPORTUNITIES

"Dear Stephanie Thank you so much for the lead on my co-op placement. I eventually got in touch with Lisa Maloney and I'm now doing a full day co-op with Community Living Huronia.



Carl Maloff and Katelyn McKeown

In the morning I work with Sue Neilon, going to different day care centers and spend time with kids who have special needs. In the afternoon I go to the Agnes Gray Residence and spend time with Ernie, Roy, Carl, Leo, Bill and Lynn. We play shuffleboard, bingo, watch TV, listen to music and cook ~ I even painted Lynn's fingernails the other day. I am having a blast spending time with everyone!

Thank you so much for everything that you have done for me, I really appreciate it. Thanks again!"

Katelyn McKeown Elmvale District High School, Co-op Student

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#### **OUR TRIP TO SEE THE MEMORIAL WINDOWS**

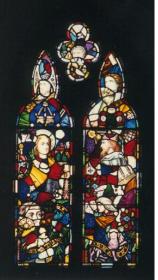


On October 04, 2006 we went on a bus trip. There were 21 people including the driver. The small bus left St. Marks at 8:30 am sharp. Everyone said hello to Mike. We saw birds, trees changing colours, pumpkin patch, and farms. Mike said that he was happy. We passed through Elmvale where we saw a greenhouse, sheep, cows, golf courses and a water slide. We then drove through Wasaga Beach where there were lots of nice houses, a trailer park and windmills.

We arrived at the Black Heritage Museum and saw a film on the

underground railroad. A lady showed us a quilt with different codes for the slaves to escape with. There were items and other things to see. Mike and I even went down to the Beach to ring the bell that was rung by the many slaves who escaped.

We all loaded the bus to go to Meaford and the Christ Church and there we had lunch  $\sim$  sandwiches, tea and apple crisp with ice-cream. The windows on this church are really nice, and parts of the windows in the bombing of the London Churches were saved and made into these windows.



#### (Resource Teacher Program ~ continued from page 4)

We are pleased to have Katelyn McKeown with us. Katelyn is a student from Elmvale High School who has been doing a co-op placement between the Resource Teacher Program and Agnes Gray House since September. She will be spending time with the RT's until January, experiencing the



Congratulations Sue Neilon, Resource Teacher Supervisor many facets of our work with children and families. Welcome Katelyn!

Congratulations to Sue Neilon who has taken on the role of Resource Teacher Supervisor after 15 years as a Resource Teacher. Sue's experience and dedication with families and children make her a great leader for our team. Enjoy your new challenges Sue!

Sue's advancement has left another void in the RT program and we look forward to welcoming our latest newbie RT when she

is hired. Your day planner is waiting!

#### More milestones for the RT's:

Susan Calhoun was recently acknowledged for achieving 25 years of service at the CLH annual general meeting. Way to go Susan! Your wealth of knowledge has been helping families in our community for so long that many of "your kids" are all grown up!

Sheryl Eastop recently returned from a trip to San Francisco where she participated in the Nike Women's Marathon. Sheryl ran the half marathon in 2 hours, 10 minutes, a huge accomplishment in its own right, not to mention that sports related injuries had kept Sheryl out of commission and in physiotherapy much of the summer. *Way to go Sheryl!* 

Janine Mayhew is the new and self-appointed RT Program Pulse Reporter. With so many great things happening at the RT Program, there is no other way to keep everybody all caught up! Stay tuned to the next Pulse issue when we (hopefully) update you on our new location and our newest Resource Teacher.



Janine Mayhew Resource Teacher

Again we loaded the buses, in the rain, and went on the hunt for apples. As we drove through Meaford we saw many scarecrows before finally arriving at Grandma Lamb's Apple Orchard. The apples were large and there were muffins too.

On the way home we drove through Blue Mountain ~ the views were beautiful. We arrived home safe and sound by 4:30 pm. It was a great day trip.

Mike Ziman and Grace Holtforster



#### FROM THE FOUNDATION BOARD OF DIRECTORS Thank You!

As the 2006 year comes to an end the CLH Foundation Board of Directors would like to thank all our sponsors, volunteers and supporters, for your continued support.

This year's fundraising efforts included our annual Dreams to Reality fundraising campaign, the partnering with Midland Rotary Club for the Midland Dragon Boat Festival, the Dreams to Reality Charity Golf Tournament and our 16th Annual Gala event.

Your support has kept the CLH Teen Camp going for another summer. Its popularity is growing each year re-enforcing the need to keep this camp running.

Your support helped to expand our valuable Volunteer Program. This program provides opportunities to fulfill the dreams and aspirations of the many people supported by CLH.



For all this we thank you!

Please contact the Foundation office at 526-4253 ext 253 to discuss how you can make a difference in the lives of the people supported by CLH.













Mike Mandel amazes Gala participants during his hilarious hypnotist act. The Gala event was held November 4th at the Best Western Highland Inn.

Mark October 27th, 2007 for next vear's Gala event. Back by popular demand The Piano Man will provide an evening of music by Elton John and Billy Joel.





Community Living Huronia Dreams to Reality Charity Golf Tournament



CLH Teen Campers ham it up for golf sponsors as they say thanks for a great summer.

#### . . . . . . A GIFT TO THE COMMUNITY LIVING HURONIA FOUNDATION

	Enclosed is a gift of \$ from:
Name:	
Address:	
City:	Postal Code:
	Official Tax Receipt will be provided
	Please make your cheque payable to the:
	Community Living Huronia Foundation
	, .
and lorwa	ard to: 339 Olive Street, Midland, Ontario L4R 2R4
If this is a r	nemorial donation please complete the following:
Name of I	Deceased:
The next of kin will be notified with a sympathy card, informing them of your kind gift (amount of gift is not divulged):	
Name:	
Address:	
City:	Postal Code:
lf you wo	uld like more information on endowments and wills,

please call (705) 526-4253 Ext. 235

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#### THE LOVE OF MUSIC

Manfred Luther has given one of the people supported by Community Living Huronia the gift of music. He developed a switch that allows Chantel to turn on her CD Walkman that

she would

otherwise require help to do. Limited motor control and communication make it almost impossible for Chantel to achieve simple pleasures such as listening to music so immediate.

It was an honour to be able to witness the day Manfred delivered the switch. Thanks for sharing your invaluable talent Manfred.

Chantel enjoying listening to her walkman

Gayle Richardson, Life Skills Day Program



MARK YOUR CALENDAR AND SHOW YOUR SUPPORT FOR THESE UPCOMING EVENTS:

Dreams to Reality Annual Golf Tournament ~ August 14, 2007

Annual Gala ~ October 27, 2007



#### JULY 30 2006 SECOND SUCCESSFUL SUPERCRUISE DAY

Unlike last year, this day started off with clear skies and the attendance was the better because of the good weather. Over 50 cars registered, with some from as far away as Barrie, Collingwood and Stayner. This was the third year for this event and it has grown in popularity each year.



A big thanks to the great people at The Real Canadian Store, their staff who volunteered their time and to their suppliers for providing food, prizes and cold drinks throughout the day. Trophies were awarded in a number of categories and all who participated seemed to thoroughly enjoy the day.

Several of the people we support, along with staff and volunteers

from CLH, helped to raise money selling 50/50 draw and door prize tickets. The date has not been set for next year so watch for future articles in **Pulse** dealing with up-coming events.



Tom Kayser

## **VOLUNTEERS MAKE IT HAPPEN**

#### THE JOYCE HAMELIN VOLUNTEER OF THE YEAR AWARD

The Joyce Hamelin Award for Volunteer of the Year is presented to someone who we feel truly represents the goal and mission statements of Community Living Huronia. This award was first presented in 1998 in honour of Joyce Hamelin upon her retirement from Community Living Huronia.



Left to right: Mary Darville, Carolynn Fishleigh, and Wendy Argue

This year 17 volunteers were nominated for the award; Colleen Bonneville, Marion Carnduff, Bev Cavanagh, Ruth Faulkner, Carolynn Fishleigh, Helen Gillard, Vikki Henderson, Arlene Heywood, Grace Holtforester, Danny Howell, Richard Latanville, Manfred Luther, Janet Raikes, Jim Reid, Herman Van Wesenbeeck, Jeanneke Van Wesenbeeck

Each of the nominees were presented with an Inukshuk, which is a symbol of the human spirit. It serves as a reminder of the responsibility to invest our efforts today, towards building a better tomorrow.

The winner of The Joyce Hamelin Volunteer of the Year Award was <u>Carolynn Fishleigh.</u> Carolynn is a fantastic person who faithfully spends one day a week with Mary & Wendy. Their activities include walks, dinner, a chick flick, play or some other exciting event Carolynn has found in our community ~ Both ladies have been truly blessed to have Carolynn in their lives.

## Say Olive Street, Midland, Ontario L4R 2R4 Phone: (705) 526-4253



for information on Respite please visit:

www.simcoedevelopmentalservices.ca www.respiteservices.com 339 Olive Street, Midland, Ontario L4R 2R4 Phone: (705) 526-4253 Fax: (705) 526-8299 E-mail: clhmidland@clhmidland.on.ca

## Visit our Website

www.clhmidland.on.ca

#### Mission Statement

Community Living Huronia is a partnership of caring people, working together to facilitate our community's acceptance, inclusion, and support of people with developmental handicaps as valued citizens.

Community Living Huronia strives to ensure the availability of supports and services, which addres the needs of the individuals and their families.

#### WE NEED YOUR SUPPORT!

Please Renew Your Membership MEMBERSHIP APPLICATION \$5.00 per person, per year

Your active annual membership gives you:

- CLH's Newsletter
- CLH's Membership Card
- The right to vote at CLH's Annual Meeting
- The opportunity to acknowledge your support of CLH

Name:

Address:

Postal Code:

Phone #: (

Please enclose a cheque or money order with your application and mail to:

Community Living Huronia 339 Olive Street, Midland, Ontario L4R 2R4

2006

To our many dedicated volunteers, you have each made a meaningful and positive difference to the lives of others and to your community.

(🕅 Ontario

Thank You!





#### 2006 ONTARIO VOLUNTEER SERVICE AWARDS

On June 19, 2006 the following volunteers received a Ontario Volunteer Service Award

Marion Carnduff received a 5 Year Award

Kaily Edwards received a Youth Award

Darlene Forget received a 5 Year Award

Stan Gowan received a 10 Year Award

John Houston received a 5 Year Award

Leslie Lynn received a 15 Year Award

Congratulations!