

## **Referral Form for Carers**

If you have an unpaid caring role for someone over the age of 18 who has a long-term illness or disability, please complete the form below and return to: The Carers Centre for Brighton & Hove, 18 Bedford Place, Brighton BN1 2PT E-mail: info@thecarerscentre.org

Date:	
About You:	
Name	
Date of birth	
	Male Female
Address including postcode	
Contact number	Landline:
	Mobile:
Is it ok to leave a message?	Yes No
Do you have any sensory or communication needs, e.g. interpreting?	Yes Please say what needs you have:
	No 🗌
Email address	
Have you had an assessment of your needs as a carer (e.g. from the Council's Access Point or a social worker)?	Yes No Don't know

About the person you are looking after:		
Name		
Date of birth		
Address, if different from		
yours		
,		
What is their relationship		
to you e.g. are they your		
parent/partner/friend?		
When did you start		
looking after them (year)?		
Please tell us their health		
condition and how it		
affects them		
Are there any services or		
agencies involved (e.g. a		
care agency/Crossroads		
respite service)?		
How can we help you?  We provide a range of services and activities for carers – for more details please see our website: <a href="www.thecarerscentre.org">www.thecarerscentre.org</a> . All our services are free to carers. Please tell us what sort of support might be helpful to you in your caring role:		
Information/signposting to other services/organisations		
Groups/activities/classes		
Meeting with a support worker		
Referral to counselling service		
Other – please tell us what else might help:		

In order to proceed with your referral, we will need to add your details to our database of carers.  Please indicate that you agree to this	Yes
Would you like to receive our quarterly Carers Newsletter?	Yes No No
	By post
	By email Email address:
Office use only:	
Received by: Date:	