Friendship is unnecessary, like philosophy, like art.... It has no survival value; rather it is one of those things that give value to survival. ~C.S. Lewis





YOGA CLASSES For all levels and ages

ASSINIBOIA:

Discover Yoga - Wednesday Evening 6pm Level One - Monday Evening 8:15 & Friday Morning (NEW!) 9:30 Level Two - Wednesday Evening 7:30 Gentle - Thursday 10:30 am Refresh (for cancer survivors, FREE except for a small rent fee) - Thursday 2 pm 2nd Floor, Prince of Wales Complex

LAFLECHE:

Level One - Thursday Evenings - 7:30 Located at Club 50

Join anytime, drop ins welcome!

MASSAGE THERAPY

Cathie Santo is a registered massage therapist with 21 years of experience. Please call for available times.

Contact: Cathie - 642-5486

or email:

cathie.santo@gmail.com check out www.willowplainsyoga.com for info also FACEBOOK: Willow Plains Yoga and Massage

Big sisters are the crab grass in the lawn of life. ~Charles M. Schulz





Great West Auto Electric

Len Hanson Manager 642-5818 Rita Walters Parts Specialist 642-4398 Bret Maffenbeier Parts/Shipping 642-5909

Phone: 306-642-3361

101-2nd Ave. E. Assiniboia Sk.

HONESTLY, ABE

Abraham Lincoln, our 16th president, was surprisingly quotable. Here are a few of his better-known savings.

"The best way to destroy your enemy is to make him your friend."

"God must love the common man, He made so many of them."

"No man is good enough to govern another man without that other's consent."

"It's been my experience that people who have no vices have very few virtues."

"No matter how much cats fight, there always seems to be plenty of kittens."

"People who like this sort of thing will find this the sort of thing they like."

"Public opinion in this country is everything."

"Human action can be modified to some extent, but human nature cannot be changed."

"A man's legs must be long enough to reach the ground."

"Those who deny freedom for others deserve it not for themselves."

"My father taught me to work. but not to love it. I never did like to work, and I don't deny it. I'd rather read, tell stories. crack jokes, talk, laughanything but work."

"Tact is the ability to describe others as they see themselves."

"The things I want to know are in books; my best friend is the man who'll get me a book I ain't read."

"The man who is incapable of making a mistake is incapable of anything."

"The ballot is stronger than the bullet."

"As I would not be a slave, so I would not be a master. This expresses my idea of democracy."

"The best thing about the future is that it comes only one day at a time."

AGRICULTURAL



Pasture for rent, lots of water, good fence, 70 - 75 cow/calf pairs. Call: 642-4003 63 Alfalfa Brome Hard Core Bales, \$50/tonne. Call: 473-2726

One milking machine. Call: 642-5795

Single driving harness like new. Call: 642-5795

16 inch rope saddle like new. Call: 642-5795

Grain bins for sale. Hardware, walls and doors are in very good shape. Floors need work. 3 x 2200 bu bins, asking \$1210 each; 3 x 2400 bu bins, asking \$1320 each; 3 x 2500 bu bins, asking \$1375 each. Call (306) 473-2441.

For sale 230 volt, 5hp Baldor motor. Used only twice. \$650.00 ph. 476-2713

54 tonne Wesco Twin Air Fert, Bin, On a hopper. With or without 5 hp air pan and propane grain dryer. Asking \$8500 obo. Call: 642-8425

300 Acres of Organic farmland for rent at Killdeer. Contact Patrick Wolfe at 306 749-2578 He said that since early this morning the snow is nearly waist high and is still falling.

The temperature is dropping and is at about 15 degrees and the north wind is increasing to near gale force.

His wife has done nothing but look through the kitchen window and just stare.

He says that if it gets much worse, he may have to let her in...



Wanted: Old Ammunition, full or part boxes. Call: 478-2353

Wanted. Dryer. \$100 or less. Call: 640-8811

Wanted: To purchase small town

Saskatchewan metal bicycle license plates. Examples: Gravelbourg, Coronach, Assiniboia, Bengough, Rockglen. Call: 306-648-3359

Willow Bunch Thrift Shop is looking for donations of small furniture, knik knaks and household items. Pickups: 306-473-2610

MISCELLANEOUS

Wanted: Old Ammunition, full or part boxes. Call: 478-2353

Get in the NFL Game. One Baltimore Ravens authentic football helmet - size L - \$150 OBO Dan 473-2349

Assortment of Egg Shells, ready to decorate for Easter, Ukrainian style. Call: 642-4440

Lost: Remote control plane, Its a Super Cub, Letters N4768Z on the side. Its white with blue stripes, made out of Styrofoam. It crash landed south of the Union Hospital in Assiniboia on Dec 26, 2012.. Call 642-4305 or return to 715 Leeville Street.

Booker coal for sale, \$90/ton, Call (306) 473-2441.

Miscellaneous antique items. Call: 642-3065

Ice fishing shelter and ice fishing accessories. Call: 642-3065

121 - 3rd Ave. E. 642-4662 122 Assiniboia Thursdays-**Sunday Special**

Breakfast Menu

11am-2 pm

STEAK NIGHT 8 oz. Rib eye \$12.00

6 oz. Sirloin \$ 9.00

Saturday Night

LADIES NIGHT! Appetizers & drink special! Lounge-Food available till midnight.

> Mon-Fri.- NOW OPEN 6 AM for Breakfast. Sat.—OPEN 8 AM for Breakfast

> > **Motel Rooms now available! OFF SALE Now Available**



A guy walks into a bar with his dog on a leash the barman says, "Geez that's a weird dog: he's stumpy-legged, pink, and doesn't have a tail, but I bet my rottweiler would beat the heck out of it"

50 bucks is laid down. Out in the yard the rottweiler gets mauled to pieces.

Another drinker says his pit bull will win but the bet is 100 bucks.

Another trip to the yard and when it's all over there are bits of pit-bull terrier all over the place. The drinker pays up and says, "Say what breed is that anyway?" The owner says, "Until I cut his tail off and painted it pink it was the same breed as every other alligator."

LIMERICK HOTEL

(306)263-2133

Come join your friends at the Limerick Hotel for our evening specials!

Wednesday:

Wings, \$6.95/lb, add a salad for \$3.75

Friday:

8oz New York Steak, salad, garlic toast for \$12.00 (add a baked spud or fries for \$2.00)

Saturday:

Fried Chicken, 2 piece with fries and a salad for \$9.95, 3 piece for \$11.95

1st Thursday of the Month:

Buffet supper. Adult \$12.00. Under 10 for \$6.95. Reservations please at 263-2133.

Hilda and Joe and the staff at the Limerick Hotel wish everyone a Happy New Year! And thank you for your patronage.

Check out our website!! http://www.limerickhotel.ca



The Mechanical Mind Plumbing and Heating

Mark Schade/Owner
Cell-1-306-630-1197
Mossbank-1-306-354-7733
Rockglen-1306-476-2212
Fax-1-1306-354-7730
Email-themechanicalmind@live.ca
Proudly serving Southern
Saskatchewan
For all your Plumbing,
Heating, A/C, Gas fitting
and Sewer rooting needs

Teamwork is the ability to work as a group toward a common vision, even if that vision becomes extremely blurry. ~Author Unknown

Wanted



Email to: prairietradenpost@live.com

AUTOMOBILES



Wanted. Good 1/2 tonne. Cheap.

Call: 267-3223

2003 Honda Civic 148,000 km. Asking

\$5500. Call: 642-5754

1993 Mercury Grand Marquis. Excellent condition. 136,000 km. Call: 642-4304

98 Ford F150. \$2200 obo. Call: 472-3177

FOR SALE: Leer Truck Cap, Silver, vented and screened side windows, lockable rear window, all windows tinted, fits a long box, complete with clamps. \$500.00 or best offer. Call Celeste at 306-472-7300

Looking for older Sears garage door opener, the square type made 20 years ago phone 354-7420

Brand new car cover, Fits vehicles up to 19 feet in length. \$50. Call: 473-2414. please leave a message

2002 Chev S10. Two-wheel drive. Automatic transmission. Comes with set of winter tires and rims. \$3000. Call or text 640-6625.

1990 Lumina sedan and 1995 Windstar van parts telephone 642-3065

Looking for 4 15" rims to fit a 1993 Grand Marquis, Crown Vic or 1997 Jeep Cherokee (Sport Model). Call 306-473-2441.



Lost and Found

Black and White "BOSE" earbuds in a small black zip up case. Please call 642-4349 or 476-7443



Lost: Remote control plane, Its a Super Cub, Letters N4768Z on the side. Its white with blue stripes, made out of Styrofoam. It crash landed south of the Union Hospital in Assiniboia on Dec 26, 2012.. Call 642-4305 or return to 715 Leeville Street.



Lost: Small Husky looking blonde dog at Willows Dam. Please call with any information: June at 642-8300. Her name is "Mia Love"





