



CVF / FCV Events July 2016

July 01

COWICHAN VALLEY, BC Canada Day

Start Point: Merridale Cidery, 1230 Merridale Rd V0R 1L0

Distances: 5, 10, 13 Difficulty: 2B/2C/3D Registration 9:30:00 - 10:00:00

Garden City Wanderers Volkssport Club David Cattrall 250-598-4316 david.cattrall@telus.net

DIRECTIONS TO START POINT: 40k north of Victoria on Hwy 1, turn Left (west) just past Mill Bay onto Shawnigan-Mill Bay Rd. After 2.3k turn Right on Cameron-Taggart Rd. After 1.6k turn Right on Merridale Rd to the cidery.

WALK DESCRIPTION: The walk follows quiet country roads & trails In the Cobble Hill area. End with a lunch in the orchard of Merridale Estate Cidery.

July 01

HALIFAX, NS Canada Day Walk

Start Point: Sobey's, 2651 Windsor St.

Distances: 10 Difficulty: 2A Registration 9:30:00 - 10:00:00

Dartmouth Volksmarch Club Barb Morgan 902-292-2395 binratb@gmail.com

July 01

OTTAWA, ON Canada Day

Start Point: Taggart Family Y, 180 Argyle Ave.

Distances: 5, 10 Difficulty: 1B Registration 9:00:00 - 9:30:00

Ottawa Voyageurs d'Ottawa Walking Club Donna Sullivan 613-224-6880 tiredawgs@yahoo.ca

WALK DESCRIPTION: Books will be stamped at the beginning of this walk to encourage walkers to enjoy the festivities.

July 01

SHELBURNE, NS VTVC 20th Anniversary

Start Point: TBA,

Valley Trekkers Volkssport Club Lynda Kanne 902-847-1772 theillsleys@eastlink.ca

July 01

ST. ALBERT, AB Canada Day

Start Point: Canadian Legion, 6 Tache St. T8N 2S4

Distances: 5, 10 Difficulty: 1A Registration 10:45:00 - 11:15:00

St. Albert Trekkers Volkssport Club Gerry Vercammen 780-499-4958 gerryipa@telus.net

DIRECTIONS TO START POINT: Directions to start point on www.walkalberta.ca.

WALK DESCRIPTION: Dress to celebrate Canada Day. Red Willow Trail and sidewalks around historic St. Albert.

SPECIAL WALKING PROGRAMS: Murals, Community

July 01

VANCOUVER, BC Oakridge Area

Start Point: Sunset Community Centre, 6810 Main St V5X 0A1

Distances: 5, 10 Difficulty: 2B Registration 9:30:00 - 10:00:00

Vancouver 'Venturers Volkssport Club Lucille Pallard 604-876-4996

vancouverventurers@gmail.com

DIRECTIONS TO START POINT: By car: From Hwy 99: Right on SW Marine Dr; Left on Main St; Right on East 53rd Ave. By transit: From Waterfront Station, take bus #3 (Main). On Main St, get off at East 51st Ave.

WALK DESCRIPTION: Walk through and around several parks and Langara Golf Course while exploring the multicultural Oakridge area of Vancouver. Following the walk, enjoy the entertainment and food at Sunset Community Centre's Canada Day Celebration.

SPECIAL WALKING PROGRAM: Community

July 01

WESTMOUNT, NS Canada Day Walk Event

Start Point: Petersfield NS Provincial Park, 1188 Westmount Rd., Westmount B1R 2J6

Distances: 5, 10 Difficulty: 2B Registration 8:30:00 - 9:00:00

Cape Breton Island Hoppers Volkssport Club Elsie Buck 902-562-3117

bretonhoppers@hotmail.com

DIRECTIONS TO START POINT: From HWY 125 take Exit 5 or 5A to Westmount Rd. and Petersfield Provincial Park near the Canadian Coast Guard College.

WALK DESCRIPTION: Walk within the former estate properties that are now part of the NS Provincial Parks

July 02

QUÉBEC, QC Les trois parcs d'Orsainville

Start Point: Stationnement Parc-O-Bus, Jardin zoologique de Québec, Rue de la Faune / av. du Zoo G1G 5H9

Distances: 5, 10 Difficulty: 2B Registration 12:30:00 - 13:00:00

Club Volkssport Nord-Sud Céline Lefebvre 418-704-5886 volknord@videotron.ca

DIRECTIONS TO START POINT: Autoroute 73 N, 40 Est, 73 N jusqu'au zoo.

WALK DESCRIPTION: Marche dans les parcs

July 03

LAWRENCETOWN, NS Atlantic View Trail

Start Point: Lawrencetown Beach Information Centre, 4348 Lawrencetown Rd 207

Distances: 10 Difficulty: 2A Registration 9:30:00 - 10:00:00

Dartmouth Volksmarch Club Barb Morgan 902-292-2395 binratb@gmail.com

July 03

VICTORIA, BC Beaver Lake

Start Point: Beaver Lake picnic area at main beach, Elk Lake Dr V8Z

Distances: 5, 10 Difficulty: 2B Registration 9:30:00 - 10:00:00

Garden City Wanderers Volkssport Club Beverley Cattrall 250-598-4316 beverley.cattrall@telus.net

DIRECTIONS TO START POINT: Elk Lake Drive (off Hwy 17).

WALK DESCRIPTION: Enjoy trails in Beaver Lake/Elk Lake area. Picnic follows Walk.

July 05

EDMONTON, AB River & Ravine

Start Point: Dawson Park, Rowland Road and 90 St.

Distances: 5, 11, 12 Difficulty: 2A Registration 18:30:00 - 19:00:00

St. Albert Trekkers Volkssport Club David Hall 780-951-2882 davidhall@live.ca

DIRECTIONS TO START POINT: Directions to start point on www.walkalberta.ca.

WALK DESCRIPTION: Seventh of 12 events in the River & Ravine series. Mostly paved trails.

SPECIAL WALKING PROGRAMS: Trans-Canada Trail, Trans-Canada Trail & Pavilion

July 06

OTTAWA, ON Rideau River Ramble

Start Point: RA Centre, Sundeck Patio, 2451 Riverside Drive

Distances: 5, 11 Difficulty: 2B Registration 17:30:00 - 18:30:00

Ottawa Voyageurs d'Ottawa Walking Club Jeannine McCann 613-829-5482

jeannine.mccann@sympatico.ca

July 09

ALIX, AB

Start Point: Alix Nature Trail, Railway Ave & 54 Street T0C 0B0

Distances: 5, 10 Difficulty: 1A Registration 13:30:00 - 14:00:00

Wetaskiwin Volkssport Club Alda Watchorn 780-361-5530

DIRECTIONS TO START POINT: From Hwy 2, take exit 450A to Ponoka (merging onto Hwy 53).

Cross Hwy 2A and follow to Hwy 815. Right turn on Hwy 815 to Hwy 12. Left on Hwy 12 to Alix.

When you see a green sign "COME PLAY IN ALIX" make a right turn crossing the railroad tracks.

IMMEDIATELY turn right again (Railway Ave. - unnamed) to 54 St. Alix Nature Trail Parking on left.

WALK DESCRIPTION: Graveled walking trail around Alix Lake. Easy terrain. Washroom available.

SPECIAL WALKING PROGRAMS: Murals, Community

July 09

GREENWICH, NS Noggins Farm Trail

Start Point: Noggins Corner Farm Market, 10009 Highway 1 B4P 2R2

Distances: 5, 10 Difficulty: 2B Registration 9:30:00 - 10:00:00

Valley Trekkers Volkssport Club Karen and Earle Illsley 902-678-3791 theillsleys@eastlink.ca

DIRECTIONS TO START POINT: Exit 11 off Hwy 101. Follow road down to Hwy 1, turn left at traffic lights to Noggins Farm market on the right

WALK DESCRIPTION: Walk through woods and Dykeland

July 09

LACOMBE, AB

Start Point: Burman University (former Canadian University Campus), 6730 University Dr. T4L 2E5

Distances: 5 10 Difficulty: 2B Registration 9:30:00 - 10:00:00

Wetaskiwin Volkssport Club Judy Zimmer 780-352-7407 judykzim@hotmail.com

DIRECTIONS TO START POINT: From Hwy 2, take exit 431. Turn left onto SB-2AS. Turn right onto Edmonton Calgary Trail. Enter roundabout, exit onto College Ave. Turn left onto University Dr.

WALK DESCRIPTION: Woodchip and paved trails through parks and streets in and around Elizabeth and Cranna Lakes.

SPECIAL WALKING PROGRAM: Trans-Canada Trail

July 09

MEDICINE HAT, AB Police Point Parkview Drive

Start Point: Interpretive Centre Police Point Park, Police Point Dr. NE T1A 8G8

Distances: 6, 11 Difficulty: 2B Registration 7:30:00 - 8:00:00

Volkssport Club of Medicine Hat Sharon Petrick 403-526-7407 spetrick@hotmail.com

DIRECTIONS TO START POINT: From Trans Canada Hwy, east or west, take 3 St. NW and follow Police Point Park Interpretive Centre signs. Upon entering the park, follow road to parking lot in front of Interpretive Centre.

WALK DESCRIPTION: Mostly paved trails and residential streets.

SPECIAL WALKING PROGRAMS: Murals, Community

July 09

VICTORIA, BC Glanford Park

Start Point: Glanford Park, Glanford Ave & Kenneth St V8Z 2B7

Distances: 5, 10 Difficulty: 1B Registration 9:30:00 - 10:00:00

Victoria 'Y' Volkssport Club Judy Haynes 250-385-8519 yvolks@shaw.ca

DIRECTIONS TO START POINT: From Victoria: North on Blanshard St (becomes Patricia Bay Hwy 17); exit at McKenzie Ave & keep Left; Left at lights onto McKenzie Ave, Right on Glanford Ave; Right on Kenneth St & Left into Parking lot.

WALK DESCRIPTION: A pleasant walk through Swan Creek Park and Colquitz River Parkway.

Through the Federal Forestry Centre and along the Galloping Goose (Trans Canada Trail).

SPECIAL WALKING PROGRAMS: Trans-Canada Trail, Community

July 10

STURGEON FALLS, ON Leisure Farm Walk

Start Point: Loeb, 179 Salter St. P2B 3B5

Distances: 5, 10 Difficulty: 1A Registration 9:00:00 - 9:30:00

Gateway Walkers Club Andre Tardif 705-495-2242 tardifandre@gmail.com

DIRECTIONS TO START POINT: Parking Lot

July 10

TERRENCE BAY, NS SS Atlantic Walkabout

Start Point: SS Atlantic Interpretive Centre, 180 Sandy Cive Road B3T 1Y5

Distances: 10 Difficulty: 2C Registration 9:30:00 - 10:00:00

Dartmouth Volksmarch Club Stephen Bloom 902-423-0760 sbloom@bellaliant.net

DIRECTIONS TO START POINT: Parking at Church is limited so carpooling is recommended.

July 11

LUNENBURG, NS Lunenburg Trails

Start Point: Tourism Bureau, 11 Blockhouse Hill Road B0J 2C0

Distances: 5, 10 Difficulty: 2B Registration: 09:00 - 09:30 (trail closes at 12:00)

Dartmouth Volksmarch Club Lionel Conrod 902-466-4421 benview@eastlink.ca

July 12

EDMONTON, AB River & Ravine

Start Point: Fort Edmonton Park, 7000 143 St.

Distances: 6, 11 Difficulty: 3B Registration 18:30:00 - 19:00:00

St. Albert Trekkers Volkssport Club Sharon Tchir 780-340-5769 sdtchir@me.com

DIRECTIONS TO START POINT: Directions to start point on www.walkalberta.ca.

WALK DESCRIPTION: Eighth of 12 events in the River & Ravine series. Meet in parking lot. Washroom at start. Trail crosses the North Saskatchewan River on the Fort Edmonton Foot Bridge.

July 13

OTTAWA, ON

Start Point: TBD,

Distances: 5, 10 Difficulty: 1B Registration 17:30:00 - 18:30:00

Nepean Nomads Walking Club Lorna Giles 613-224-1332 sassyg@rogers.com

July 16

BLACKFOOT RECREATION AREA, AB Provincial Park's Day

Start Point: Cooking Lake - Blackfoot Recreation Area. Waskahegan Staging Area,

Distances: 5, 12 Difficulty: 2B Registration 8:30:00 - 9:00:00

Devon Discovery Walkers Robert Duncan 780-963-4145 duncanra@shaw.ca

DIRECTIONS TO START POINT: From Edmonton, take HWY 16 E to Range Road 210. Turn south on RR 210 for about 7 KM. Staging area on your left. Watch for signs. Waskahegan is directly south of Elk Island Park.

WALK DESCRIPTION: A country stroll through ski trails on grass and trails.

July 16

DELTA, BC North Delta Trails - BBQ & Pool

Start Point: North Delta Trails - BBQ & Pool, 11404 - 79A Ave V4C 1V2

Distances: 5, 10 Difficulty: 2B Registration 9:30:00 - 10:00:00

Surrey Trekkers Volkssport Club Rick & Jan Bortolussi 604-594-8002 rbortolussi@dccnet.com

DIRECTIONS TO START POINT: From Scott Rd (120 St) turn West on 80 Ave; Left on 113A St; Left on 79A Ave; first Right after Swanson Dr (79A Ave) Start is in cul-de-sac. Please park on 79A Ave, not in the cul-de-sac or driveway

WALK DESCRIPTION: Walk through residential streets & wooded areas before returning for an afternoon BBQ, Bocci & pool party.

SPECIAL WALKING PROGRAMS: Murals, Community

July 16

PRESCOTT, ON To The Seaway

Start Point: Fort Wellington, 370 Vankoughnet St.

Distances: 5, 10 Difficulty: 1B Registration 9:00:00 - 9:30:00

Nepean Nomads Walking Club Lorna Giles 613-224-1332 sassyg@rogers.com

July 16

VICTORIA, BC National Parks Day & Picnic

Start Point: Fort Rodd Hill National Historic Site, 603 Fort Rodd Hill Rd V9C 2W8

Distances: 5, 10 Difficulty: 2B Registration 9:30:00 - 10:00:00

Juan de Fuca Pathfinders Walking Club David/Gail Nash 250-642-4515 nashramblers@hotmail.com

DIRECTIONS TO START POINT: Take Hwy 1 north; take exit 10 Colwood/Sooke; Left on Ocean Blvd, keeping Left at next Y; Left into Fort Rodd Hill.

WALK DESCRIPTION: National Parks Day Event. Celebrate National Parks Day with a route that goes in to Royal Roads University, around Hatley Castle, through the gardens, then back to historic Fort Rodd Hill for a tour through the grounds & into Fisgard Lighthouse. Potluck picnic after walk, weather permitting.

SPECIAL WALKING PROGRAM: Community

July 17

CHESTER, NS Graves Island / Chester Potluck

Start Point: Graves Island Provincial Park, 230 Graves Island Road

Distances: 5, 10 Difficulty: 2A / 2B Registration 9:30:00 - 11:00:00

Dartmouth Volksmarch Club Brenda Milne / Margaret Odell 902-444-0649 / 902-454-9280

bjbaker29@hotmail.com

July 17

NEIL'S HARBOUR, NS White Point Coastal Trail

Start Point: White Point Coastal Trail, Unknown Civic Address B0C 1G0 (approximate)

Distances: 5, 10 Difficulty: 2C Registration 13:30:00 - 14:00:00

Cape Breton Island Hoppers Volkssport Club Diane and Bruce Clarke 902-564-9138

bretonhoppers@hotmail.com

DIRECTIONS TO START POINT: From Hwy 105 West or East use Exit 11, continue on the Cabot Trail Highway north of CB Highlands National Park to Neils Harbour and White Point Road. Postal Code given is approximate only.

WALK DESCRIPTION: Walk event will explore the White Point Wilderness Coastal Trail north and beyond the Cape Breton Highlands National Park; trail is located off the normal tourist attractions of hiking trails. Contact the club if you require assistance with the posted directions.

July 19

EDMONTON, AB River and Ravine

Start Point: William Hawrelack Park Picnic site #2, 9930 Groat Rd. T6G 2A8

Distances: 5, 10 Difficulty: 2B Registration 18:30:00 - 19:00:00

Wetaskiwin Volkssport Club Alda Watchorn 780-361-5530

DIRECTIONS TO START POINT: From Groat Rd., north or south, take park exit just south of the river. Follow signs to William Hawrelack Park. Picnic site # 2 is on the right, three quarters of the way around the park perimeter road.

WALK DESCRIPTION: Paved and dirt trails beside river and through parks.

July 20

OTTAWA, ON Roaming Rockcliffe

Start Point: New Edinburgh Pub and Eatery, 1 Beechwood Avenue

Distances: 5, 10 Difficulty: 2B Registration 17:30:00 - 18:30:00

Ottawa Voyageurs d'Ottawa Walking Club Karen Venema 613-731-5417 karen.venema@ottawa.co

WALK DESCRIPTION: Join us for an evening walk through the community of Rockcliffe. Rockcliffe is home to historic mansions where lumber barons first lived and are now home to many of the world's Embassies and official residences. Walk past architectural marvels as well as paths through pastoral greenspaces.

July 23

ST. ALBERT, AB Triathlon Cycle

Start Point: Kingswood Park Shelter, Sir Winston Churchill Ave. East

Distances: 30 Difficulty: 2A Registration 7:00:00 - 12:00:00

St. Albert Trekkers Volkssport Club Sharon Tchir 780-340-5769 sdtchir@me.com

DIRECTIONS TO START POINT: Directions to start point on www.walkalberta.ca.

WALK DESCRIPTION: Stamping desk closes at 14:00.

SPECIAL WALKING PROGRAMS: Murals, Community

July 23

ST. ALBERT, AB Triathlon Swim

Start Point: Kingswood Park Shelter, Sir Winston Churchill Ave. East

Distances: 300M Difficulty: n/a Registration 7:00:00 - 12:00:00

St. Albert Trekkers Volkssport Club Sharon Tchir 780-340-5769 sdtchir@me.com

DIRECTIONS TO START POINT: Directions to start point on www.walkalberta.ca.

WALK DESCRIPTION: Swim at Fountain Park Pool, from 9:00 to 11:00.

SPECIAL WALKING PROGRAM: Community

July 23

ST. ALBERT, AB Triathlon Walk

Start Point: Kingswood Park Shelter, Sir Winston Churchill Ave. East

Distances: 5, 10, 20, 30 Difficulty: 1A Registration 7:00:00 - 12:00:00

St. Albert Trekkers Volkssport Club Sharon Tchir 780-340-5769 sdtchir@me.com

DIRECTIONS TO START POINT: Directions to start point on www.walkalberta.ca.

WALK DESCRIPTION: Stamping desk closes at 14:00. Barbeque and potluck salads & dessert at about 14:00 at the Shelter.

SPECIAL WALKING PROGRAMS: Murals, Community

July 24

SAMBRO, NS Pennant Point Trail

Start Point: Crystal Crescent Beach Parking Lot, Hwy 349

Distances: 11, 12, 6 Difficulty: 3C /2B Registration 9:30:00 - 10:00:00

Dartmouth Volksmarch Club John Murley 902-477-3217 john.murley@ns.sympatico.ca

July 24

SURREY, BC Softball City - 22nd Ave

Start Point: Softball City - South Surrey Arena, 2199 - 148 St V4A 8L5

Distances: 5, 10 Difficulty: 2B Registration 9:30:00 - 10:00:00

Surrey Trekkers Volkssport Club Barb Hudson/Linda Warnick 604-542-4838/604-533-2833

ugogram@telus.net/rwarnick@telus.net

DIRECTIONS TO START POINT: From Hwy 99 or Hwy 99A (King George Blvd) take 32 Ave West which becomes 148 St; turn Right (south) into park entrance.

WALK DESCRIPTION: The walk takes you through Urban Forest, nature trails and residential streets.

SPECIAL WALKING PROGRAMS: Murals, Community

July 24

VICTORIA, BC Canada/US Friendship

Start Point: Fisherman's Wharf Park, Dallas Rd & Erie St V8V 5A8

Distances: 5, 10 Difficulty: 1A Registration 10:15:00 - 10:45:00

Garden City Wanderers Volkssport Club Rob Dalrymple 250-658-4998 robdal@shaw.ca

DIRECTIONS TO START POINT: Meet at the corner of Dallas Rd & Erie St.

WALK DESCRIPTION: Scenic walk on waterfront areas of Victoria, including Ogden Point, Clover Point & streets of Fairfield & James Bay.

SPECIAL WALKING PROGRAM: Community

July 26

EDMONTON, AB River & Ravine

Start Point: Mill Creek Swimming Pool, 8200 - 95A St. T6C 0Z7

Distances: 6, 10 Difficulty: 2B Registration 18:30:00 - 19:00:00

St. Albert Trekkers Volkssport Club Kathleen Parr 780-998-1033 walksalot2@shaw.ca

DIRECTIONS TO START POINT: Directions to start point on www.walkalberta.ca.

WALK DESCRIPTION: Tenth of 12 events in the River & Ravine series.

July 29

QC Voyage de vélo (\$)

Start Point: à déterminer, à déterminer

Distances: Difficulty: Registration 10:30:00 - 11:00:00

Club Volkssport Nord-Sud Michelle Boivin 418-529-1570 volknord@videotron.ca

WALK DESCRIPTION: Exclusif aux membres

July 30

QC Voyage de vélo (\$)

Start Point: à déterminer, à déterminer

Distances: Difficulty: Registration 9:30:00 - 10:00:00

Club Volkssport Nord-Sud volknord@videotron.ca

WALK DESCRIPTION: Exclusif aux membres

July 30

OTTAWA, ON Walkfest

Start Point: Royal Oak Pub, 188 Bank St.

Distances: 5, 10 Difficulty: 1B Registration 8:30:00 - 13:00:00

Nepean Nomads Walking Club Lorna Giles 613-224-1332 sassyg@rogers.com

July 30

OTTAWA, ON Walkfest

Start Point: Royal Oak Pub, 188 Bank St.

Distances: 11, 21 Difficulty: 2B Registration 8:30:00 - 13:00:00

Nepean Nomads Walking Club Lorna Giles 613-224-1332 sassyg@rogers.com

July 31

QC **Voyage de vélo (\$)**

Start Point: à déterminer, à déterminer

Distances: Difficulty: Registration 9:30:00 - 10:00:00

Club Volkssport Nord-Sud volknord@videotron.ca

WALK DESCRIPTION: Exclusif aux membres

July 31

BEECHVILLE, NS BLT Rails to Trails Walk

Start Point: Lakeside Industrial Park, 18 Lakeside Park Dr. B3T 1L1

Distances: 6, 10 Difficulty: 1B Registration 9:30:00 - 10:00:00

Dartmouth Volksmarch Club Lionel Conrod / Barb Morgan 902-466-4421 / 902-434-5991

benview@eastlink.ca

DIRECTIONS TO START POINT: Lakeside Industrial Park, next to Coca Cola Plant.

July 31

OTTAWA, ON Walkfest

Start Point: Royal Oak Pub, 188 Bank St.

Distances: 5, 10 Difficulty: 1B Registration 8:30:00 - 13:00:00

Nepean Nomads Walking Club Lorna Giles 613-224-1332 sassyg@rogers.com

July 31

OTTAWA, ON Walkfest

Start Point: Royal Oak Pub, 188 Bank St.

Distances: 11, 21 Difficulty: 2B Registration 8:30:00 - 13:00:00

Nepean Nomads Walking Club Lorna Giles 613-224-1332 sassyg@rogers.com

July 31

SOUTH HEAD, NS Wadden's Cove

Start Point: Wadden's Cove Road, 60 Church Lane, South Head B1B 1S8

Distances: 5, 10 Difficulty: 3C Registration 13:30:00 - 14:00:00

Cape Breton Island Hoppers Volkssport Club Shirley Pettigrew 902-737- 1006

bretonhoppers@hotmail.com

DIRECTIONS TO START POINT: From Glace Bay, follow Rte 255 going past the village of Port Morien and continue to South Head and Wadden's Cove. CBIH signs will be posted on route.

WALK DESCRIPTION: A loop style trail along the Wadden's Cove Road and South Head areas with a short side trip to view the oldest Anglican Church on CB Island.

July 31

VICTORIA, BC Lagoon Sanctuary & Picnic

Start Point: Lagoon Rd & Ocean Blvd V9C

Distances: 5, 10 Difficulty: 2B Registration 9:30:00 - 10:00:00

Juan de Fuca Pathfinders Walking Club Rick Desjardins 250-478-7020 rickandchristine@shaw.ca

DIRECTIONS TO START POINT: Take Hwy 1 north; take exit 10 to Colwood/Sooke; Left on Metchosin Rd; Left on Lagoon Rd; Follow downhill to corner of Ocean Blvd.

WALK DESCRIPTION: Walk goes through Esquimalt Bird Sanctuary & Royal Roads' trails with views across Esquimalt Harbour to downtown Victoria & across Juan de Fuca Strait to Washington State.

Picnic after walk, weather permitting.

SPECIAL WALKING PROGRAMS: Trans-Canada Trail, Community