

QA Program Learning Plan form

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Name

Registration Number

QA Year

Class

Current Practice Setting

Client Population

Learning Needs

What learning needs did I identify through Practice Reflection?

1. Learn more about providing culturally sensitive care.
2. Learn about how social media can affect the nurse-client relationship.
3. Understand more about the increase in sexually transmitted diseases and strategies to address this concern

haven't done Practice Reflection yet?
Use the Practice Reflection worksheet
to help you identify your strengths and
needs.

Learning Goal #1

What do I want to learn?

Which practice document do my goals relate to?

Culturally Sensitive Care practice guideline

As a Nurse Practitioner in a diverse population, I want to identify resources to support staff in providing culturally sensitive care. I will achieve this goal by October 30.

Need help creating a goal? Review the *Developing SMART Learning Goals* guide.

Your learning goal must be based on your current practice setting and one of the College's practice documents.

Goal #1: Activities and Timeframes

How am I going to achieve my goal?

1. By January 15, I will review the *Culturally Sensitive Care* practice guideline.
2. By April 1, I will complete a literature review on this topic using the CINAHL database in the workplace library.
3. By June 1, I will contact pastoral services to request a fall presentation for staff to include information about providing culturally sensitive care and client cultures we commonly encounter in practice.
4. By August, I will collaborate with the rest of the team to create a resource binder about providing culturally sensitive care for staff using relevant resources from the literature review and the organization.
5. By October 30, I will reflect on and document my own culture, values, beliefs and biases, and consider how this may affect my approach to client care.

Learning Goal #2

What do I want to learn?

Which practice document does my goal relate to?

Therapeutic Nurse-Client Relationship practice standard

I want to develop an in-service session for nursing staff that identifies the risks associated with using social media, and the possible effect on the nurse-client relationship. I want to hold the session by the end of the fall.

Need help creating a goal? Review the *Developing SMART Learning Goals* guide.

Your learning goal must be based on your current practice setting and one of the College's practice documents.

Goal #2: Activities and Timeframes

How am I going to achieve my goal?

1. February: Review the *Therapeutic Nurse-Client Relationship* practice document and webcast.
2. May: Review workplace policies related to the use of social media.
3. July: Research and develop a glossary of various social media applications.
4. September: Complete a literature search on social media and nurse-client relationships, and identify the most relevant for review.
5. October: Develop and deliver an in-service presentation for nursing staff on the risks associated with using social media.

Learning Goal #3

What do I want to learn?

Which practice document does my goal relate to?

Nurse Practitioner practice standard

I want to participate in the development of strategies to address the increase of sexually transmitted infections (STIs) and teenagers in my community. I want to begin implementation by the end of fall.

Your learning goal must be based on your current clinical practice and the *Nurse Practitioner* practice standard.

Goal #3: Activities and Timeframes

How am I going to achieve my goal?

1. January: Set up focus groups with teenagers in the community to better understand the reason for the increase in STDs.
2. May: Conduct educational sessions at the local high schools on the risks of STDs.
3. July: Submit a proposal to run a sexual health clinic on weekends and evenings at the local community centre.
4. September: Meet with other members of the health care team to gain support to operate a full-time sexual health clinic.

How do my learning goals support my commitment to continuing competency?

How does my learning relate to the competencies of my practice?

I am remaining competent by learning about culturally sensitive care and how social media can affect the nurse-client relationship. I am also learning about and developing strategies to decrease the number of STDs in my community. This new knowledge will contribute to quality nursing practice and increase the public's confidence in the profession.

Continue to maintain and update your Learning Plan throughout the year.

Evaluation of changes/outcomes to my practice

What did I learn?

What impact has my Learning Plan had on my practice?

1. The presentation by the community centre's Director has given many of the staff, including myself, the opportunity to reflect on our own cultures, values, beliefs and biases and how these can affect client care.
2. Staff have been referencing the Culturally Sensitive Care resource binder I helped develop. The Nurse Educator and I have received positive feedback. Staff have also added resources to it, such as the contact information for the organization's interpreter services.
3. I received positive feedback from my peers about my in-service presentation on social media.
4. I have a better understanding of how nurses use social media and the adverse technology can have on the nurse-client relationship if used inappropriately.
5. I have begun to develop strategies with my colleagues and students to decrease the number of STDs. There has been an increase in clients coming into the clinic to get tested.

You can print your Learning Plan for your records.

SAMPLE