

UPCOMING EVENTS

MARCH 2016

K of C Annual Retreat Mar 4-6 (Mike Palacios 581-9506)
Grand Jury Presentation - Mar 8 (Bob Spielman 522-8446)
FR. Jim's final mass at STRL- Mar 13. 4th Degree call out
STRL Free Throw Contest - Mar 14 (Geroge Gnesda 522-5699)
Date Knight - Mar 15 (Jerry Padgett 661-492-5473)
St Patricks Day dinner - Mar 17 (Ron Huerth 526-4935)
Blood Drive - Mar 19 (Paul Friedeborn 297-6473)

APRIL 2016

Casino Night - April 9 (Mike Palacios 581-9506)
International Dinner - April 17 (Cliff Wirtz 208-8970)
4th Degree Nominations - Apr 20 (Bill Alexander 527-4720)
Good Samaritan Bike Ride - Apr 23 (Rick Ostrich 501-8818)
Family Mass—April 24 (Bob Smith 578-0434)
Pro Life Breakfast - April 24 (Tony Lemos 584-3803)
Disable Veterans Lunch - Apr 24 (Henry Mancilla 587-3225)

MAY 2016

Cinco de Mayo - May 1 (Tony Demarco 558-4328)
Council Nominations - May 10 (Bill Alexander 527-4720)
Gorecki Family Fund Raiser - May 14 (Bob Smith 578-0434)
4th Degree Elections - May 18 (Bill Alexander 527-4720)
State Convention May 19 –21 (Cliff Wirtz 208-8970)
Bowling Banquet - TBD (Bill Alexander 527-4720)
Postal Food Drive - TBD

JUNE 2016

Chili Cook Off - Jun 12 (Rick Ostrich 501-8818)
Council Elections - Jun 14 (Bill Alexander 527-4720)
Blood Drive - Jun 18 (Paul Friedeborn 297-6473)
K of C Golf Tournament - June 27 (Jeff Sage 813-2599)

JULY 2016

July 4th Patriotic Mass - Jul 4th
Vote on Council Budget - Jul 12 (Gil Linberg)
Council Installation dinner - TBD
Assembly turnover dinner - TBD

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SIMI VALLEY COUNCIL, NO 5803
District 79
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<http://www.kc5803.org/>

Council Calendar:

www.kc5803calendar.com



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



2014 - 2015 OFFICERS			
Grand Knight	SK Bob Spielman	522-8446	rspielman3235@att.net
Spiritual Advisor	SK Deacon Terry Reibenspies	390-0745	terryreib@pacbell.net
Deputy Grand Knight	SK Tony DeMarco	558-4328	tonyd.1@sbcglobal.net
Chancellor	SK Bob Smith	578-0434	truestorybob@hotmail.com
Warden	SK John Antonacci	559-2944	john_thetilepro@yahoo.com
Recorder	SK Chris Smith	579-7373	groobee@sbcglobal.net
Financial Secretary	SK Gil Lindberg	583-0725	gilnmary@roadrunner.com
Treasurer	SK PGK Norm Ouellete	551-3704	njouellette7@yahoo.com
3rd Year Trustee	SK Andy Prete	910-0347	andrewprete1@aol.com
2nd Year Trustee	SK PGK Rick Ostrich	501-8818	rickostrich@yahoo.com
1st Year Trustee	SK PGK Gene Walinski	583-4833	eugenewalinski@msn.com
Advocate	SK Jeff Sage	813-2599	sage1999@att.net
Guard	SK Lance Holman	579-9416	greenhouseconstruction1@gmail.com
Guard	SK David Tellez	520-4615	dtellez1@sbcglobal.net
Guard	SK Nick Wirtz	584-0263	snickerdudenw@aol.com
District Deputy	SK Cliff Wirtz DD79	208-8970	cawpaw@aol.com
Insurance Representative	SK Willie Romero	522-1916	wilfrido805@hotmail.com
Bulletin Editor	SK Fred Valdez	428-6413	F_valdez@yahoo.com

COUNCIL 5803 EVENTS			
FAMILY EVENTS	CHAIRMAN	TEL	E-MAIL
Fish Fries—1st Friday .and Lenten	Jorge Curiel (Cecilia)	526-5188	familycuriel@sbcglobal.net
Columbus Day Dinner .	Lu / Tony Gammariello	522-9548	tgammy@yahoo.com
Thanksgiving Day Dinner	Tony Demarco (Suzette)	558-4328	tonyd.1@sbcglobal.net
Turkey Shoot	Tony Lemos (Loretta)	584-3803	elvisman7@sbcglobal.net
Kids Easter Party			This event has been cancelled
Monday Night Football	PGK Ron Huerth	526-4935	rlhuerth@sbcglobal.net
Super Bowl Party	PGK John Linscott / Ron Huerth	526-4935	jlinsscott1@att.net / rlhuerth@sbcglobal.net
St Patrick's Day Dinner	PGK Ron Huerth	526-4935	rlhuerth@sbcglobal.net
Healthy Living Director	Frank Wilhelmi (Jo)	526-6194	wilhelmi@pacbell.net
Cinco de Mayo	Tony Demarco (Suzette)	558-4328	tonyd.1@sbcglobal.net
Kid's Christmas Party			This event has been cancelled

COUNCIL 5803 EVENTS			
FAMILY EVENTS	CHAIRMAN	TEL	E-MAIL
Family Mass	SK Bob Smith	578-0434	truestorybob@hotmail.com
Golf Tournament	SK Jeff Sage	813-2599	sage1999@att.net
Installation of Officers	PGK Al McKinley (Jo)	527-2056	angelslover@roadrunner.com
PGK Testimonial Dinner	SK Bob Smith	578-0434	truestorybob@hotmail.com
Bishop Fishing Trip	PGK Bill Alexander (Lori)	527-4720	balxndr@roadrunner.com
Christmas Cards	PGK Norm Ouellette	551-3704	njouellette7@yahoo.com
K of C 5803 Toy Drive	Tony Demarco (Suzette)	558-4328	tonyd.1@sbcglobal.net
International Dinner/Vocation Sunday	DD Cliff Wirtz (Paula)	208-8970	cawpaw@aol.com
Charter Night	Paul Burke (Lisa)	581 1175	paulrobertburke@gmail.com
Annual Men's Retreat	PGK Mike Palacios (Lois)	581-9506	jayntoots@sbcglobal.net
Chili Cook Off—June	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com
Turnover Dinner	PGK Al McKinley (Jo)	527-2056	angelslover@roadrunner.com
Membership	Mike Mead	390-8343	sirmichaelmead@gmail.com
Memorial Mass	SK Bob Smith	578-0434	truestorybob@hotmail.com
Bingo	DD Cliff Wirtz (Paula)	208-8970	cawpaw@aol.com
Family Dinners			This event has been cancelled
COMMUNITY EVENTS	CHAIRMAN	TEL	E-MAIL
Helping Hands	OPEN		
PADS	PGK Rick Ostrich (Betsy)	501-8818	rickostrich@yahoo.com
Homeless Dinner	Tony Loniero (Catherine)	527-2254	tloniero@sbcglobal.net
	Bob Joyce	526-2220	mgtnbob@aol.com
MRC Tootsie Roll Drive Oct 2011	John Antonacci	559-2944	john_thetilepro@yahoo.com
Christian Service Program	PGK Earl Todd (Angie)	818-312-0802	toddearl@rocketmail.com
Pro-Life Breakfast	Tony Lemos (Loretta)	584-3803	elvisman7@sbcglobal.net
	George Lemos (Sandy)	584-9816	lemos11@sbcglobal.net
Blood Drive	Paul Friedeborn (Adelina)	522-6080	paulf@rsrpd.us
Simi Valley Days	SK John MacKenzie	522-9818	ukmackenzie@yahoo.com
Various Food Drives	PGK Earl Todd	818-312-0802	toddearl@rocketmail.com
Scholarship	PGK Herman Conant (Jean)	581-2332	hcfoto38@yahoo.com
Free Throw Contest	George Gnesda /James Collis	522-5699	g.gnez@yahoo.com
Hanicapable Lunch	Tony Demarco	558-4328	tonyd.1@sbcglobal.net

GRAND KNIGHT REPORT

BROTHER KNIGHTS:

The family of our deceased Brother Knight Robert Goerisch would like to thank all of the Knight from Council 5803 who participated in any of the ceremonies. Dot Goerisch, who was in the hospital, during the week of his internment, would especially like to thank the Knights for all the help during his last few years.

This has been a very busy time for the Friday Fish Fry. Thanks to all the Knights that help plan, prepare, cook and clean-up each Friday during Lent.

Council 5803 and St. Rose of Lima Parish were well represented at the Partners in Service event held in Camarillo. Our own Emilio Espinoza was one of the honorees. CONGRATULATIONS!!



Thanks to all the Knights who helped in the food drive at the end of February. As Knights we help the less fortunate.

Please participate in the fun at the Annual Casino Night put on by the 4th Degree. This is their BIG fund raisers.

Bob Spielman GK



7 months to go Annual Bishop Fishing Trip Sep 29 - Oct 2 2016

I don't think it is too early to start thinking about our annual fishing trip. How many times have you said to yourself that you should go on the trip at least once? This trip should be on your bucket list. Start thinking now and be ready when the next trip comes around.

The annual Men's KCO (K of C Outdoor Club) fishing trip to the Bishop Creek area of the Eastern Sierra's is held on the 1st weekend of October.

Join me and 40-50 of your Brother Knights, friends, and families for a great weekend. In addition to the South Fork of Bishop Creek that runs through the campground, there are the South Lake, North Lake, Lake Sabrina and Intake 2 fishing areas nearby.

The event is held at the Creekside RV Park with campsites, RV sites, and trailers available for rent. **You must make your own reservation for sites.** They hold a few sites for us but they are first come-first serve. Contact the office at Creekside for a reservation of your desired site. Be sure to tell them that you will be part of our group. They may be reached at 760-873-4483.

Activities include a fishing derby with many prizes (adults and kids, depending on attendance), a BBQ Tri-Tip Dinner on Saturday Night, and card games when there are enough interested players. If we have enough interest and help we may have a Sunday morning breakfast.

Beautiful mountain (elevation 8300 ft at the campgrounds) scenery, good fishing (trout up to 5 lbs) and good people. You shouldn't pass it up. Ask anybody that has ever gone, they will tell you what a great weekend it is.

This event is open to Council and Assembly members, their families, and friends. We generally have only male guests (let your wives and daughters have a "ladies night out" with other fishing trip widows).

Lets hope that the weather, the Edison Company, and assorted others allow for more water into South Lake, Lake Sabrina, and the creeks. Like all of California, the Eastern Sierras need water/rain/snow. Let us pray that our drought ends before we have more serious water shortages and possible rationing.

Special Note: The pond within the Creekside Campgrounds continues to be under control of the California Department of Fish and Game. They stock the pond on their schedule. All normal Fish and Game laws apply.

Some of us made reservations for next year's trip as we checked out. The annual Men's KCO (K of C Outdoor Club) fishing trip to the Eastern Sierra's is held annually on the 1st weekend of October.

For more information, please contact me at a Council or Assembly Event or call me.

SK Bill Alexander PGK
KCO Club Event Chairman
805-527-4720

4TH DEGREE CORNER-ASSEMBLY 2557

Upcoming events:

1. March 13 Call out for Fr. Jim's final mass at STRL.
2. April 24 - Disabled Veterans Lunch
3. April 9 - Casino Night

Casino night

Casino Night is the one and only 4th Degree fund raiser for the year. The proceeds from this event will benefit For the Troops and other Assembly charitable projects.



We need the support of both the Assembly and the Council to make this event a success. There are many ways you can help. Call Mike Palacios at 805-581-9506 for details.

DEACON'S CORNER

In Scripture we hear Jesus ask His followers "Who do people say that I am?" and Who do you say that I am? Matthew Kelly, in his book, "Rediscover Jesus", asks a third question: Who does Jesus say you are?

Jesus says that you are a child of God. He came to remind us of the love God the Father has for each and everyone of us. God loved us so much that He gave us His only Son to save us from eternal damnation and will reward us eternal happiness if we are faithful to Him. As any good father treats his children with love and care, so does our heavenly Father. Think of the best human father you know. Now multiply everything good about that father by infinity and you will still have barely a glimpse of God the Father.

Over and over throughout Scripture, Jesus gives us examples of how we are a child of God. Jesus says: "You are the light of the world." "You are the salt of the earth." You are my brothers and sisters. You are so valuable that God has counted and keeps track of every hair on your head. Jesus reminds us that we are children of God and that He came to set us free from selfishness and sin.

As a loving human father loves his children, no matter what happens God loves us even more that we can comprehend.

Who does Jesus say you are? He says you are a child of God.

Deacon Terry

PARISH NEWS

The University Series This Week (2/28-3/4)

**All Classes 7:30-9:00 P.M. unless noted otherwise;
Friday Food for Thought classes are 12:15-1:45 P.M.**

WEDNESDAY, MARCH 2

THE PARABLES OF LUKE - LIVING MERCY IN DAILY LIFE
FR. FELIX JUST

S.J. ST. MAXIMILIAN KOLBE HALL

MARY MAGDALENE: FROM SEVEN DEMONS TO NINE LIVES
ROBERT PISAPIA

OUR LADY OF THE ASSUMPTION, SANTA CRUZ ROOM

"40". FILM AND DISCUSSION
SPB RESPECT LIFE

ST. PASCHAL HALL

A SPIRITUAL VISION FOR OUR TIME
SR. CAROL QUINLIVIN

HOLY CROSS DINING ROOM

THURSDAY, MARCH 3

WHAT ARE THE "ACTS" OF THE APOSTLES?
FR. FELIX JUST

S.J. ST. MAXIMILIAN KOLBE HALL

FUNDAMENTALISM & CATHOLICS: FIRST ENCOUNTER, PART I
FR. BILL LOWE

ST. PASCHAL HALL

CATHOLICS & JEWS: COMMON ROOTS, CURRENT PRACTICES, PART II
HENEY/LOTKER

ST. JUDE THE APOSTLE HALL

OUR LIFE IN CHRIST, BEING EUCHARIST, THROUGH HIM, WITH HIM, AND IN HIM
FR. LEON HUTTON

OUR LADY OF THE ASSUMPTION, MULCAHY CENTER

FRIDAY, MARCH 04

FOOD FOR THOUGHT: THE VALUE OF A HUMAN LIFE: INFINITE
KERRI CAVIEZEL

ST. PASCHAL HALL

FOOD FOR THOUGHT: A LENTEN TAIZE PRAYER
VINCENT DOMINGUEZ

ST. PETER CLAVER - YOUTH CENTER

ARCHDIOCESE NEWS

Last week, I had the privilege to cross over the border into Mexico and concelebrate Mass with our Holy Father Pope Francis in Ciudad Juárez.

This Mass was a tremendous, joyful celebration of life and hope. It was one of those moments when you can really see that the Church is a beautiful family. So many thousands of people —priests and religious and so many children and families —traveling from all over

Mexico to pray with our Holy Father.



It is sad that immigration has become

such a divisive issue between our two countries and also in our domestic politics here in the United States. It is especially sad to see divisions among U.S. Catholics, since the vast majority of us are sons and daughters of immigrants.

For the pope, and for all of us who are pastors in the Church, immigration is not a political or economic issue. Immigration is about people —and more and more it's about children and families.

It is the duty of a sovereign nation to have secure borders. No one disputes that. But the further challenge we face in the U.S. is how to respond to the 11 million people who are living within our borders without documents.

May our Mother, the Virgin of Guadalupe, open our hearts to the love of God and help us to love as Jesus loves and show mercy to others as he shows mercy to us

INSURANCE REPORT

If you knew that today was the last chance you would ever have to buy additional life insurance, how much would you buy?

If you had a money-making machine, that once broken, could never be repaired, how much would you insure it for?

If you knew that today was the last time you would have the opportunity to guarantee your family an income if something happened to you, how much income would you give them?

If you knew that today marked the end of your ability to buy future retirement security, how much would you buy?

Isn't it safe to say that you would put some additional dollars into more life insurance protection that could be used for family or retirement benefits?

Chances are that you will be around for a long time, but life is full of "ifs" and surprises isn't it?

Let me help you plan for the future. Call me today.



SK Willie Romero
Supreme Insurance Field Agent
805-522-1916 Bus
805-813-6707 Cell

March Birthdays

Filimon Godina	3/02
Joseph A. Garcia	3/02
Adam Kopp	3/03
James Krebs	3/03
Damon Tidwell	3/03
Daniel Mc Cormick	3/04
Roland T. Dumais	3/04
Bruce E. Stafford	3/05
Henry Villafana	3/05
Herman Conant	3/07
Richard L. Phillips	3/09
Jorge Sanchez	3/09
Fred Brown	3/11
Jesse Barbosa	3/12
Charles Enright	3/13
Ty McDermott	3/13
Domingo Reyes	3/14
Fr. Cirilo Bailon	3/15
Kenneth Wallace	3/15
Fr. Leonardo Del Carmen	3/16
Michael Mead	3/16
Aaron Ayala	3/17
Jonathan Burke	3/17
Patricio Gurrola	3/17
Mike Hollingsworth	3/17
Anthony Mexia	3/18
David Ortiz	3/18
Eric A. Morehouse	3/23
Jose Cosme Torres	3/25
Howard Couch	3/25
Brett Winterble	3/28
Jeffrey Sage	3/29
Joseph Tarpley	3/31

BEREAVMENT REPORT

Hi my Brothers and their Families;

Great to hear how well both of our brothers Tony Rodriguez and Bob Joyce are recuperating at home from an operation an accident at home, keep on doing so well.

During this month we loss one of our brothers that past away, Robert Goerisch who has been in ill health for sometime and had been in the council for many years the services were held at St. Rose our Love and Prayers go out to his Mom Dot and the rest of his family. We also need pray a little extra as Dot Goerisch was in the hospital with her own health problems, but is now recuperating at home. We wish to thank these brothers who helped with the Bethany for the family, PGK. John McDermott, the twin Tony's Bonomo & Loniero, Lonnie Todd, Bob Gilgenburg, Fred Erickson, and Don Corson what a super job you did and also to the Ya Ya's ladies and the parisheners of St. Rose who donated the great food.

Remember also PGK. Bill Martin who just went in for a Knee Replacement operation who all above and below need our Love & Prayers.

Jim Krebs, Rachel McCracken Congestive heart Failure [PGK. John's Wife], Ralph Rodgers [operation], Cody Gorechi , Colleen Small [Jim's Wife] Chris Smith Cancer [Bob Smith's cousin], PDD. & PGK, Bill Williams is in an assisted living home in 1000 Oaks, and . Andrew Cicoria, Pat and Jan Moran, John Linscott PGK., Tammy Brandt [Dave Tellez Daughter]Jan Strojeck Heartattack [Deceased PGK. Gene Strojeck wife], PGK John Mitchell, Jerry Wirtz [PGK. Cliff Wirtz's brother], Richard Case, Dorothy Brusseau [Gerald's Wife], Andrew Budinski, Tyler Ritch, Harold "Chris Lev Jr., Pat Silvestri, Michael Wilkomm, Afra Rodgers [Ralph's wife], Sara Spencer [Jim's wife,] Tom Susan's [son of deceased brother Tom Susan's] , Lois Huerth [PGK. Ron's wife], Dan & Carmel Kelly ,Paul Friedeborn Family,Kittie Fidermutz [Lonnie Todd's Daughter], John Erickson [Fred's son], Cathy Sullivan [Patrick's Wife], Emily Como [Paul's wife], Julia Mora [Joe Lopez's Daughter], Peggy Giarrussio [Gerald's Wife] , Dante Ferrari [Patrick Ferrari son], Chelsea White { Deceased brother Jack's Granddaughter}, Dan Lang, Greg Cassidy, Bernice Hansen, and Debbie Hollar ..

Please continue praying for our serviceman and women, as they continue to serve throughout the world, helping to maintain peace and the ideals of our country. My Brothers, if you know of someone in your family, or a friend who is in ill health, who needs our prayers, please give us a call at the phone numbers below to let us know.

Peace and God Blessings always,
PGK. Al & Jo McKinley 527-2056
PGK. Bill & Lori Alexander 527-4720
PGK. Ron Huerth 526 - 4935

MESSAGE FROM THE DISTRICT DEPUTY

Brothers,

Faith finds expression in concrete everyday actions meant to help our neighbors in body and spirit, feeding the hungry, visiting the sick, welcoming strangers, offering instruction, giving comfort. On these such things will we be judged. - Pope Francis



WOW! In our year of mercy and particularly during the Lenten season are you doing all you can for others? I am proud to say that as a district our councils are doing a great job in keeping with the Holy Fathers message but what are you individually doing? Are you helping your council? Are you calling your council activities director to see what you can do? As Knights we are all called to do charitable good works. This Lenten season, don't leave the work to someone else. By giving of your time, talent or treasure God will give back to you in ways you never imagined!

In January each of you received your dues notice. If you have not sent in your dues please do so. Our councils depend on the dues to assist us in our charitable good works. We have some members who have paid in two years. Please fulfill your commitment and get those dues in today. If you are experiencing a financial burden let your Grand Knight or Financial Secretary know, and the dues can be waived. The Knights change lives and we save lives. Please pay your dues.

Last week the Western Region Membership Director was here for a series of classes regarding recruitment and retention of members. I found it very helpful and look forward to passing some ideas on to our councils. The names of our degrees have changed. It will take us a while to get used to it. The 1st is now called The Initiation Degree. The 2nd is now called The Formation Degree and the 3rd is now called The Knighthood Degree. Our Order wide membership drives are right around the corner and all of us are on the membership committee.

As we look forward to Easter and the celebration of our risen Lord, I wish you all a continued happy and holy lent.

May God bless you and your loved ones and may He comfort any of you in physical or mental distress.

Cliff Wirtz
District Deputy – 79
805-208-8970
cawpaw@aol.com

ST PATRICK'S DAY DINNER

Thursday, March 17th
5:30 pm until 7:00 pm

The Knights of Columbus Council 5803 will be holding our annual St. Patrick's Day Dinner at St Rose of Lima Hall.

Menu: corned beef & cabbage, potatoes, carrots, soda bread, & dessert.

Cost: \$12.00 for adults & \$5.00 for children 12 and under.

Please come & attend this event with us & help our charitable ways.

God Bless, Ron Huerth



Knights of Columbus Annual Retreat 2015

Our annual Retreat at Mater Dolorosa Passionist Retreat Center in Sierra Madre is scheduled for March 4-6 2016.

This Retreat is a spiritual weekend of conferences, community prayer, Mass, Stations of the Cross, as well as opportunities for the Sacrament of Reconciliation and private counseling.

The center includes three large meeting rooms and a chapel with meditation grounds and meals served in the attractive dining hall. Knights stay overnight in one of the 90 private rooms with baths, and rooms are available for the handicapped.

Join us for spiritual weekend of prayer, liturgy, solitude and personal reflection on the love of Jesus Christ during the Lenten season.

For suggested donations and to reserve a room or more information contact PGK Mike Palacios 581-9506

Father McDonagh Assembly



Saturday, April 9, 2016

6 TO 11 PM

Holy Cross Parish Hall,
13955 Peach Hill Road, Moorpark



Proceeds for this event will benefit
and other charities



Tickets: \$25.00 pre-sale - \$30.00 at the door

each ticket includes \$500 play money and entry into drawings for door prizes

Sponsorship Opportunities Available

Event - \$500 -- Table - \$150 -- Family - \$100

For information/tickets contact Mike Palacios @ 805-581-9506

Grand Prize
55" LED HDTV

No-host bar
Snacks

Poker • roulette • blackjack • craps • more
50/50 • raffle • door prizes • silent auction

CASINO NIGHT

The Knights of Columbus, Father McDonagh Assembly is hosting a Casino Night on Saturday, April 9. Casino Night is the major 4th Degree fund raiser for the year. The proceeds from this event will benefit For the Troops and other Assembly charitable projects.

We need the support of both Assembly 2557 and Council 5803 to make this event a success. There are many ways you can help:

- ⇒ You can start by telling your friends about Casino Night, purchasing tickets and attending the event (you will have a great time!).
- ⇒ Donations in the form of checks, merchandise and gift cards are accepted. Recognition includes listing in the event program, so be sure the donor's name is attached to the item being donated. Merchandise will be used as prizes for the raffle, silent auction and door prizes. Gift cards are a favorite and most will be used for the gift card bouquet silent auction item. Donation examples: gift baskets, dinner and a movie certificate, golf packages etc. Any new item will be greatly appreciated. (Please make checks payable to: Fr. McDonagh Assembly.)

Other ways to help are to get a business to become an Event or Table sponsor:

- ⇒ **EVENT SPONSOR:** \$500.00 donation. Recognition includes a banner at the event, listing in the event program and a sign placed on a gaming table. Business cards and brochures may be displayed, if desired. Also includes two admission tickets.
- ⇒ **TABLE SPONSOR:** \$150.00 donation. Recognition includes listing in the event program, on the sponsor board and a sign placed on a gaming table. Business cards and brochures may be displayed, if desired. Also includes two admission tickets.

Individual Knights or friends may become Family Sponsors:

- ⇒ **FAMILY SPONSOR:** \$100.00 donation. Recognition includes listing in the event program and on the sponsor board. Also includes two admission tickets.

Donations may be sent to Mike Palacios, 2394 Heywood Street, Simi Valley, CA 93065 or bring them into any Council or Assembly meeting and see Mike.

For more information call Mike Palacios, 805-581-9506.
Thank you in advance for your support.

THE OTHER SIDE OF 50

Some like it hot
Author: Andrea Gallagher /

Last week I hosted an early morning meeting of care professionals at Senior Concerns.

As we sailed into the second hour of our meeting and the early morning coolness gave way to summer heat, many of us in the room were sweating.

When I asked why the room's air conditioning hadn't kicked in, I was told the thermostat was set at 78 degrees, as our Adult Day Program participants like it hot.

No surprise here—thermostat wars happen every day at Senior Concerns.

One person's temperature comfort zone is different than another's. When I asked the question though, I was reminded that, when it comes to our senior visitors, most like it nice and warm.

I decided to do some research on why so many seniors prefer sauna-like conditions.

I learned that babies and older people generally lose heat more easily through their skin because there is less fat and muscle to insulate them. If a senior is very thin, they will experience cold much more than seniors with a little more "meat on their bones."

But that isn't the only reason many seniors enjoy warmer temperatures.

In cold conditions, including sitting for long periods in air conditioned rooms, older muscles can become stiff, cause pain and restrict ease of movement—one reason warmer temperatures might feel better to an older person.

There are also various medical conditions that can make seniors feel chilly.

Anemia occurs when an individual's system can't make enough normal red blood cells to carry oxygen throughout the body, and that condition can make a person feel chilled. Other conditions like low blood pressure, congestive heart failure and poor circulation can result in less blood flow to hands and feet, causing individuals to feel chilly.

An underactive thyroid can also cause a feeling of cold. Blood vessel disorders like arteriosclerosis, which is the narrowing of blood vessels, or Raynaud's disease—spasms of arteries to the fingers and toes—can also cause extremities to feel chilled.

Continued on next page

The other side of 50, continued

Kidney damage resulting from diabetes can result in feelings of cold all the time.

Some medications can also cause a senior to feel chilled such as warfarin, sold under brand names Coumadin and Jantoven, often prescribed to prevent blood clots.

Vitamin deficiencies can also cause seniors to experience chilliness.

Researchers have found that people who are deficient in vitamin B may find themselves more sensitive to cold temperatures. A B-12 deficiency can be caused by a number of conditions, including an unbalanced diet.

Iron also plays a role in whether a person feels chilled. Symptoms of an iron deficiency may include fatigue, weakness and dizziness, and intolerance to cold temperatures, as well as cold hands and feet.

Some individual behaviors may also result in feeling chilled, such as skipping meals. If the body takes in too few calories, it conserves energy and produces less heat.

Not getting enough sleep and, as a result, feeling tired all the time, as well as not staying hydrated, can also interfere with a person's ability to maintain temperature control. And an overabundance of caffeine and nicotine can constrict blood vessels and cause chilliness.

Given all the reasons a senior might have for feeling cold, it is no wonder so many seek retirement in places like California, Arizona and Florida.

The entrepreneur in me is thinking: How we can develop new ways to help seniors stay warm while not leaving the rest of us soaked with perspiration? Of course there are sweaters, shawls, zip-front sweatshirts, lap blankets and snugly warm slippers.

But what about a neck wrap that provides gentle continuous warmth? Or a fake "cup of tea" that they could wrap their fingers around to feel the warmth? Or a stuffed dog or cat that has built-in warmers to keep by their side or on their feet?

The next time I enter a senior's residence and it's 80 degrees, I will have greater empathy for why they live in a sauna, and who knows, maybe by then I'll have a new invention to make them more comfortable.



SUPER BOWL

The Super Bowl party at the Knights of Columbus hall was a huge success. I hope that all that attended the sold out event had a good time. As most of you know, the majority of the proceeds were to go to start up the Cody Gorecki fund instead of to the council as it normally does.

My brothers and family members due to your generosity, we were able to donate \$300.00 to the Little Sisters of the Poor, and over \$3,700.00 to the above mentioned fund. Thank you so much to all of you for your generous contributions.

I would like to thank brother John Linscott, who's help and direction is the only reason that we are able to have such a successful event. In addition to John, the whole Linscott family is involved, starting with the cook John's son John and his wife Karen and daughter Kimberly, along with John's daughter Patty Jones. We also had invaluable help from Ron Berkowitz, George Gnesda, John Mackenzie, Bob Smith, Bob Hacia, Danny Robles, Willie Romero and his grandson Eddie. Also a great big thank you to our two bartenders Mariano Robles and Henry Mancilla.

God Bless you all for helping this worthy cause get off to such a great start.

Ron Huerth,
Chairman



STRL YM

Saint Rose of Lima Youth Ministry

With forty-nine youth & young adult leaders, and the many youth that attend weekly events, St. Rose Youth Ministry (STRL YM) is always busy and active! Youth Ministry consists of 3 major leadership teams, Jesus-Squad, Disciple Team, and our adult Core team. Youth Ministry plays a large part in planning and leading Confirmation retreats and organizing youth events for all those at St. Rose and the surrounding community. In this month of March, as we continue in the Lenten season, we have our monthly Men's & Women's Groups on the first Thursday of the month, 'Catholics Say What?!' Teen Apologetics on the third Friday of the month, and our weekly Sunday Life Nights after the Youth Mass. Youth Ministry strives to provide a dynamic Catholic setting where teens have the opportunity to share the faith and be surrounded by peers that share the same Catholic values. Thank you very much to all those who donated to our Clothing Drive that ended in February, and also to all those who helped support our teens at the St. Valentine's Day Pancake Breakfast! This March, STRL YM is putting on the very first Kairos* for seniors in public high schools. The Kairos retreat is usually offered by Catholic high schools, but STRL YM is excited to extend this amazing Spirit-filled opportunity to 12th graders in public schools as well! Please pray for our teens and the ministry and thank you for your continued support.

God bless!
Adam Cross

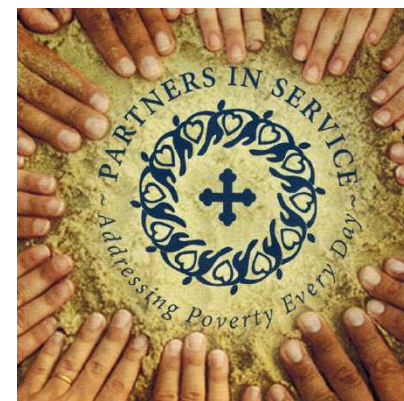
***Kairos** is a Roman Catholic retreat program for high school and college. Students who have been on the retreat typically come back with a better sense of the world and are more inclined to share their faith with others. The specificity of the Kairos retreat is that it focuses mostly on helping one find his or her own personal relationship with God during a few days of discerning and discovery. Through the course of the retreat, a building of a strong community takes place, through the conditioning of the Processors opinion of openness reflection and trust.



Left to right; Father Jim Maher, honoree SK Emilio Espinoza, Cherie Maciel, Jean Jenners, honoree Dr. Annan and Bishop Robert Barron

Catholic Charities "Partners in Service"

Catholic Charities of Ventura County presented it's "Fifteenth Annual Partners in Service Awards Dinner" to honor individuals selected by the Pastors of Ventura County Parishes for their service in their home parish. The event was held on Sunday, February 21, 2016 at the Serra Center, Padre Serra Parish, in Camarillo, CA. This years honorees selected by Fr. Shea for their many services to St Rose of Lima were SK Emilio Espinoza and Dr Bennett Annan.



The next time you see one of the honorees, congratulate them on their selection.

Bishop challenges Catholics to combat 'ugly tide of anti-Islamic bigotry'

By Denis Grasska **Catholic News Service**

SAN DIEGO (CNS) -- San Diego Bishop Robert W. McElroy is challenging U.S. Catholics to take an active role in combating "the scourge of anti-Islamic prejudice."

"We are witnessing in the United States a new nativism, which the American Catholic community must reject and label for the religious bigotry which it is," he said in a keynote address delivered Feb. 17 in the University of San Diego's Joan B. Kroc Institute for Peace and Justice.

In his remarks, Bishop McElroy exhorted Catholics "to recognize and confront the ugly tide of anti-Islamic bigotry" in the United States, to actively seek relationships with Muslims on a personal level, to accompany the Muslim community as it wrestles with religious liberty issues, and to join with them "to witness to and fight for" a Middle East where Christian, Muslim and Jewish communities can coexist peacefully.

Bishop McElroy said U.S. Catholics should view with repugnance the "repeated falsehoods" that Islam is inherently violent, that Muslims seek to supplant the U.S. Constitution with sharia law, and that Muslim immigration threatens "the cultural identity of the American people." Such claims, he said, are strikingly reminiscent of the anti-Catholic bigotry that was once prevalent in the United States. However, the bishop's denunciation of prejudice does not signify a denial of the reality of terrorism.

"I want to underscore that it is not bigotry to fear or to combat the violence and terror which some Muslims in the world have unleashed in the name of faith," he explained, while acknowledging that some Christians also have attempted to use their faith to justify acts of violence.

Bishop McElroy also challenged U.S. Catholics to overcome the "patterns of social segregation" that lead them to associate almost exclusively with people from similar backgrounds. Because of this trend, he said, many Americans do not have a significant friendship with a single member of the Muslim faith.

"Religious bigotry thrives in an environment of social isolation," he said. "Encounter, which leads to friendship and, thus, deeper understanding, is the most important antidote to prejudice and bigotry."

Knights of Columbus Occasional Cruise

This year's cruise was completed in Mid January. We sailed with 39 cruisers of 18 couples and 3 singles. We sailed on Monday, January 18, 2016 returning on Friday, January 22, 2016. We sailed on the Crown Princess from San Pedro, a day at sea, stopping in Santa Barbara, then on to a stop in Ensenada Mexico, then back to San Pedro.

Almost everybody had a good time. Brother Knight Roland Dumais has apparent heart troubles and he and his wife, Anne Michelle were forced to disembark the ship in Santa Barbara where he was sent to a local hospital. He later was transferred to Community Hospital in Ventura where he had a new stent put in. He was released from the hospital and returned to Simi. Brother Knight Jerry Pitstick volunteered to transport Roland's car from San Pedro back to Simi. Thanks Jerry.

Other more pleasant events included 2 morning masses celebrated by Father Dave Veit, a close friend to Dn Terry Reibenspies and his wife Dottie. A couple of impromptu wine tasting parties hosted by Jerry and Nita Myszkowski and others. Obviously we had lots of food, other wine tasting, and shore excursions. A 4 day trip that was local (NO air flights) simplified arrangements and made the trip more economical and was long enough to clear your head of day-to-day problems without breaking your budget.

This trip was a big hit so we may plan another cruise for the Knights, families and friends in the future if there is enough interest.

SK Bill Alexander PGK
Cruise Coordinator
805-527-4720



KNIGHTS OF COLUMBUS SCHOLARSHIPS

The K of C Council 5803 are pleased to offer five \$500 scholarships. One scholarship will be placed at Alemany H.S. & La Reina H.S. and three at the Youth Ministry office of St. Rose of Lima Parish. These scholarships are available to high school graduating seniors who are members of St. Rose of Lima Parish in Simi Valley for at least the last year & planning on furthering their formal education. The scholarship recipient will be selected, in part, by the following criteria: academics, involvement in community services, school activities and parish activities. Applications may be picked up at St. Rose of Lima Rectory, Youth Ministry or from your respective High School College Counselor. If you are a member of St. Rose and enrolled at another Catholic H. S. please contact PKK Herman Conant at 581-2332. Completed applications are due March, 11, 2016.

NOTE: Applications are due on March 11

KNIGHTS OF COLUMBUS 5803 GOLF TOURNAMENT

Monday, June 27th at Tierra Rejada Golf Course
Check in is at 7:00, Tee Time is at 8:00am
\$400 / foursome (\$110 for singles)

Format is a traditional Scramble with a great lunch, awards and prizes at the Hall following the tournament. This is one of our primary fund raisers for the year and we need everyone's support. Please contact me for information and registration.

Jeff Sage, Golf Chairman
(805 813-2599)



CHILI COOK OFF

JUNE 12, 2016

Chili Cook off and Car Show 2016

Planning meetings for this years event are the last Tuesday of the month at 6:30pm at the Knights Hall.
So the first meeting is March 29th.

Call me if you have any questions.

Rick Ostrich 805-501-8818

On climate issue, Catholics urged to feel pain of the planet, the poor

"Pope Francis invites us to feel the pain of the planet and of the poor, and to resolve to change, calling us to a certain amount of compassion to what is happening to our home and to the poor ones in our midst," he said. "Our sins do impact on the earth and the earth's surface as a result of the way we treat the environment."

On the correlation between our own spiritualities and our treatment of the environment, Turkson said our conscience is the "seat and home" of a conversion.

"Social problems must be addressed by community networks and not simply by the sum of good ideas, which means that for Pope Francis ecological conversation becomes community conversation undergirded by a very sound and profound spirituality," Turkson said.

Bingo Workers

Bingo Workers

We are in need of more pull tab workers and we still need a finance person. Training is free and it is not a hard job. For pull tabs you basically sell lottery tickets to the players. If you are new to the council please call me so I can get you on the Bingo Schedule. If you can't work a specific weekend in April or have a shift preference please email me at bingo@kc5803.org. I produce the schedule around the 2nd Wednesday of the month before. So get me any special requests for April by March 8th. Keep in mind Casino Night is on April 9th, if you are planning on attending then let me know you can't work Bingo that night.

I have also begun to post the bingo worker schedule online at www.kc5803.org, you will need a password to access it. This is the same password as for the roster. Call me if you need the password.

I have begun sending a Flocknote to all members with the schedule when it is done, I still mail paper copies out. If you only want an email and no paper copy, please let me know via email at bingo@kc5803.org.
PGK Rick Ostrich, 805-501-8818

Knights of Columbus Bowling League

Our 2015-2016 season continues on Thursdays thru May 2016. We are bowling with 10 teams of 4 bowlers per team this season. If we have more interest in the future we can add more teams. Think about joining us this season as a sub, or add your name to the wait list for a regular position.

We can always use subs and our fees are reasonable. Only \$3 for a sub after you pay your USBC Sanctioning fees of \$20 (estimated). Let me know if you are interested in joining as a regular bowler or substitute. Returning bowlers have priority on being a regular again. Additional new regular bowlers will be asked/allowed to bowl with the following order: being a Knight, a Knight's spouse, or part of a Knight's family (age 18 and older). Friends, neighbors, coworkers or others with an existing regular bowler as a sponsor will be considered as space allows.

SK Bill Alexander PGK
Bowling League President

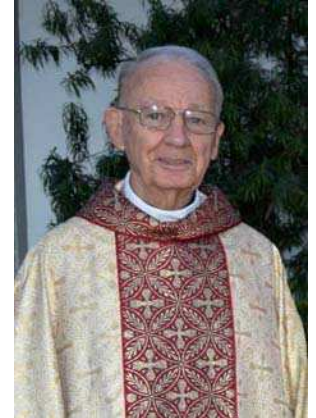
FAREWELL

Please join us on March 13 as we give Fr Jim a hearty St. Rose sendoff into his retirement in Arizona!

We are sad to see him go but he has promised to come back and visit. Please also pray for him as he will be having some back surgery soon after his arrival in Arizona.

His final mass at St. Rose will be at 9:00 on March 13th. A reception will be held in his honor after mass. If you can't make it to the reception, cards may be dropped off at the rectory.

If you would like to help at the reception please contact PGK Cliff Wirtz at 208-8970.



BLOOD DRIVE

As we'll be approaching the Easter season please take the time to think about rolling up your sleeve for the Knights of Columbus quarterly blood drive on Saturday March 19, 2016 at St Rose of Lima parish hall from 8:30 AM to 12:30 PM. We're losing many of our older brothers not able to give blood for various reasons (legal drugs, visits to malaria infected countries or mad cow infected countries) our younger (70 years and below) members need to step up to the plate and replace them by donar sangre por favor (donating blood please!!!). Please call Paul Friedeborn at 522-6080, 297-6473, or call UBS at 654-1600 or contact them online to schedule an appointment.

Nominations/Elections for the 2016-2017 Columbian Year

It is time to start thinking about running for an office or becoming the chairman of a program or event. Many offices have potential candidates lined up but we always welcome competition. The nominations will take place at the May Business Meeting on May 10th with elections at the June Business Meeting on June 14th.

If you are interested in running for any office, becoming a program director, or an event chairman, please contact me at a council event or call me for information.

Bill Alexander PGK
Nominating Committee Chairman
527-4720

LENTEN FISH FRY DINNER EVERY FRIDAY February 12 - March 25

5:00pm – 6:30pm
Knights of Columbus Hall
1255 Patricia Ave.

The dinner includes: a delicious BBQ or fried fish with cole slaw, fried clams, French fries, mac & cheese, bread



ROSARY FOR THE UNBORN

FIRST SATURDAY OF EVERY MONTH

Please Join Us.

Assumption Cemetery
on Fitzgerald Rd.
9:30am

POPE'S INTENTIONS MARCH

Universal: Families in Difficulty

That families in need may receive the necessary support and that children may grow up in healthy and peaceful environments.

Evangelization: Persecuted Christians

That those Christians who, on account of their faith, are discriminated against or are being persecuted, may remain strong and faithful to the Gospel, thanks to the incessant prayer of the Church.

MARCH 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Mar 1 Council Officer Meeting	2	3 Bowling	4 K of C Annual Retreat Lenten Fish Fry	5 Bingo Rosary for unborn
6 K of C Annual Retreat PADS @ 7pm	7 6:30 Casino Night Planning	8 Council 5803 Business Mee 7p Grand Jury Presentation	9	10 Bowling St Rose Homeless Dinner	11 Lenten Fish Fry	12 Bingo
13 9a Fr. Jim's last mass at STF PADS @ 7pm	14 6:30 Casino Night Planning STRL Free Throw Contest	15 Date Knight Oblates	16 7:30p 4th Degree Meeting	17 Bowling ST. Patricks Day Dinner @ 5	18 Lenten Fish Fry 5p KofC Homeless Dinner	19 Bingo Blood Drive
20 PADS @ 7pm Palm Sunday	21 6:30 Casino Night Planning	22	23	24 Holy Thursday NO Bowling NO	25 Good Friday Lenten Fish Fry	26 Easter Vigil NO Bingo
27 Easter Sunday PADS @ 7pm	28 6:30 Casino Night Planning	29 6:30p Chili cookoff planning	30	31 Bowling		

APRIL 2016

	Mon	Tue	Wed	Thu	Fri	Sat
					Apr 1 5p Fish Fry	2 Bingo Rosary for unborn
3	4	5 Council Officer Meeting	6	7 Bowling	8	9 4th Casino Knight Bingo
10	11	12 Council 5803 Business Mee	13	14 Bowling St Rose Homeless Dinner	15 5p KofC Homeless Dinner	16 Bingo
17 International Dinner @ SRL	18	19 Oblates	20 4th Degree Nominations 7:30p 4th Degree Meeting	21 Bowling	22	23 Bike Ride BBQ - Samaritan Bingo
24 Disabled Veterans Lunch Family Mass @ 9am Pro Life breakfast	25	26 6:30p Chili cookoff planning	27	28 Bowling	29	30 Bingo