

A CME Invitation from
The Division of Endocrinology & Metabolism

2012 EVIDENCE-BASED MANAGEMENT OF THE DIABETES EPIDEMIC

Wednesday November 14th, 2012

12:00 to 5:00 pm

LIUNA STATION 360 James Street North, Hamilton, ON

**FREE
PARKING**
(LIMITED SPACE)



For More Information

Angela Silla, Event Coordinator
Continuing Health Sciences Education
Phone: 905-525-9140 ext. 26327 Fax: 905-572-7099
Email: silla@mcmaster.ca

www.fhs.mcmaster.ca/conted



OBJECTIVES

- Review the characteristics of currently available glucose lowering therapies
- Consider different ways to minimize hypoglycemia and difficult to manage patients with type 2 diabetes
- Review simple approaches to managing depression in people with diabetes
- Understand the link between diabetes and liver disease
- Review the effect of glucose lowering drugs on important health outcomes

PLANNING COMMITTEE

Hertzel C. Gerstein, MD, MSc, FRCPC

Professor, Department of Medicine

Director, Division of Endocrinology & Metabolism

McMaster University

Stewart Harris, MD, MPH, FCFP

CDA Chair in Diabetes Management

Department of Family Practice

University of Western Ontario

Zubin Punthakee, MD, MSc, FRCPC

Associate Professor, Department of Medicine and

Department of Pediatrics

Division of Endocrinology and Metabolism

McMaster University

Sheilah Laffan, Administrator

CHSE Department, McMaster University

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**An unrestricted educational grant has been provided by
the following companies:**

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AGENDA

- 12:00 – 01:15 **REGISTRATION, LUNCH AND VISIT EXHIBITORS**
- 01:15 – 01:20 Opening Remarks – **Dr. Hertzel Gerstein** (McMaster University)
- 01:20 – 01:55 **Keynote Talk: Initial Combination Therapy for Type 2 Diabetes: Is it ready for prime time?**
Bernard Zinman, CM, MD, FRCPC, FACP, Director, Leadership Sinai Centre for Diabetes Senior Scientist, Samuel Lunenfeld Research Institute, Mount Sinai Hospital, Professor of Medicine, University of Toronto
- 01:55 – 02:05 **QUESTIONS AND ANSWERS**
- 02:05 – 02:30 **Cases 1: Minimizing Hypoglycemia in People with Diabetes**
Moderator: Ally P. H. Prebtani, BScPhm, MD, ABIM, FRCPC(C), Associate Professor Medicine, Division of Endocrinology & Metabolism, Department of Medicine, McMaster University
- 02:30 – 02:55 **Detecting and Managing Depression in Diabetes, & Keeping it Simple**
Roger McIntyre, MD, FRCPC, Professor of Psychiatry and Pharmacology, University of Toronto
- 02:55 – 03:00 **QUESTIONS AND ANSWERS**
- 03:00 – 03:25 **Diabetes and Liver Disease? Now What!**
Marco A. Puglia, MD, FRCPC, Assistant Professor, Division of Gastroenterology, Department of Medicine, McMaster University
- 03:25 – 03:30 **QUESTIONS AND ANSWERS**
- 03:30 – 03:50 **AFTERNOON BREAK AND VISIT EXHIBITORS**
- 03:50 – 04:25 **Cases 2: When the A1c Level Just Won't Go Down**
Moderators:
Andrea Miller, RN(EC), BScN, MEd, CDE, Primary Healthcare Nurse Practitioner, Diabetes Care and Research Program, Hamilton Health Sciences, Clinical Faculty McMaster University **Kiristin T. Yates**, MPH, Psy.D., C. Psych., Clinical Health Psychologist, Supervised Practice, Diabetes Care and Research Program, McMaster University Medical Centre **Yvonne Mullan**, BAsC, MSc, RD, CDE, Advanced Practice Dietitian, Diabetes, Diabetes Care and Research Program, Hamilton Health Sciences, Assistant Clinical Professor, School of Nursing, Faculty of Health Sciences, McMaster University
- 04:25 – 04:50 **Glucose Lowering Drugs & Serious Outcomes in Type 2 Diabetes: The Evidence**
Hertzel C. Gerstein, MD, MSc, FRCPC, Professor, Department of Medicine, Director, Division of Endocrinology & Metabolism, McMaster University
- 04:50 – 04:55 **QUESTIONS AND ANSWERS**
- 04:55 Concluding Remarks - **Dr. Hertzel Gerstein** (McMaster University)

*program subject to change

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- Follow York Blvd. to John Street
- Turn LEFT on John Street and Continue North to Murray
- Turn LEFT on Murray
- LIUNA Station is on the RIGHT

From the Escarpment

- Take Upper Wentworth exit from the 'Linc'
- Go NORTH on Upper Wentworth to Fennell
- Turn LEFT onto Fennell
- Turn RIGHT onto Upper Wellington & follow this Down the escarpment (changes into John Street)
- Follow John Street to Murray
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From Niagara Falls

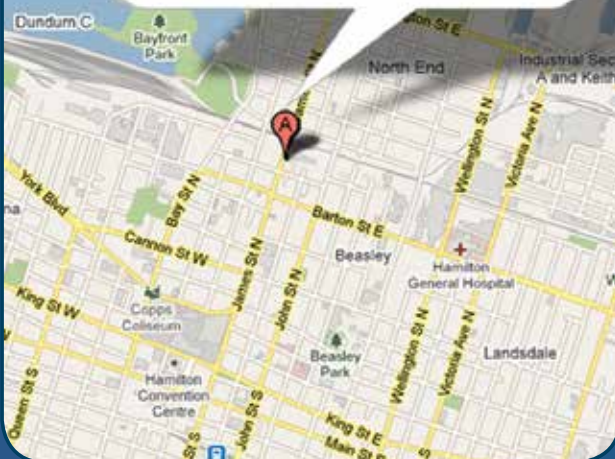
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This educational event is approved as an Accredited Group Learning Activity under Section 1 of the Framework of CPD options for the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada for a maximum of **3.5 credits** per participant.

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This educational activity is approved for a maximum of **3.5 hours** in Category 1 credit towards the AMA Physician's Recognition Award.

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