

Canadian Diabetes Association camps give kids with diabetes a camping experience where they can gain self-confidence, establish friendships, and learn about themselves. Under quality medical, dietary, and program supervision, camp can be the start of kids taking responsibility for their daily diabetes management.

Bluewater Camp



“Many of our camp ‘alumni’ say that camp was the first time they ever administered their own insulin.”

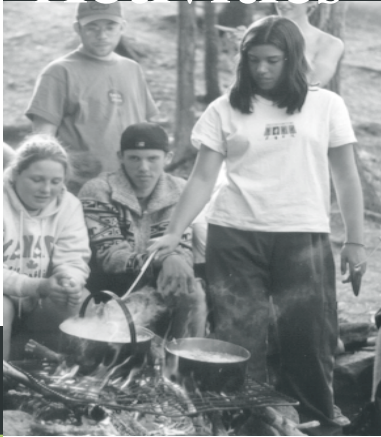
Bluewater Camp is located at Huron Church Camp (HCC) on 40-acres on the east shore of Lake Huron. There are playing fields, a sandy beach, and playgrounds. Campers must be 8-14 years old.

HCC is an integrated camp, so many campers do not have diabetes. You can choose to send a sibling or friend (8-14 years) along who does not have diabetes.

Facilities

Cabins are large with roomy wooden bunks—six to eight campers live with counsellor staff in a cabin. Bathroom and shower facilities are close by. Counselling staff sit with campers in the large dining room and assist with food selections. There is an on-duty dietician, water on tap, and diet drinks available. Each kid is allowed three \$2 purchases of non-edible tuck items throughout the week.

Activities



HCC offers group orientated activities that include:

- swimming
- crafts
- hiking
- games
- canoeing
- singing
- overnight wilderness experience

What to bring

Clothing: casual summer wear, warm sweater, rain wear, running shoes, sun block, hat, water shoes (old light canvas runners will do)

Medical: insulin and needles are supplied for campers. If you use an insulin pen or Injectomatic, you must bring all your own supplies. Be sure to bring enough insulin, needles and glucose monitoring equipment for the trip to and from camp, and snacks for registration day. Remember to bring your special medications, e.g. ventolin inhalers.

Leader-in-Training (LIT)

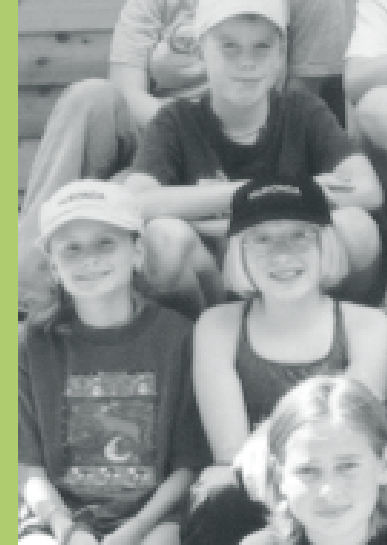
HCC offers an LIT programme to youth that have completed grade 9 for a four-week camp experience, including a one-week excursion to Algonquin Park. This is a two-year training programme for skill development in working with children in a camp setting. Contact for HCC for details.



Care

Staff

The staff are carefully selected, and include five registered nurses that provide 24-hour coverage, three devote their time exclusively to campers with diabetes, and a dietician. Dr. M. R. Jenner is the Diabetes Medical Advisor. All counselling staff are educated and prepared.



Routine

Campers with diabetes report before meals and bedtime to the nurse's cabin for blood glucose testing and insulin. Testing is done three to four times a day. All campers are checked on night rounds and tested as needed.

Meal plans are reviewed

daily by the dietician. All medical forms are thoroughly reviewed to learn as much as possible about each camper.



Financial Assistance

To apply for financial assistance contact your local Canadian Diabetes Association branch. Funds are limited so apply early.

Know who to turn to



CANADIAN
DIABETES
ASSOCIATION

ASSOCIATION
CANADIENNE
DU DIABÈTE

Canadian Diabetes Association, Ontario Division
15 Toronto Street, Suite 800 Toronto ON M5C 2E3

1-800-BANTING www.diabetes.ca info@diabetes.ca

Canadian Diabetes Association

The Canadian Diabetes Association is a charitable organization that plays a leading role in supporting over two million Canadians who are directly affected by diabetes, and their loved ones, through research, education, service and advocacy.

Camp Program

Camp Huronda, Camp Banting, Rainbow Country Camp, and Bluewater Camp open annually to 450 campers. The residential camps are part of a nation-wide network of camping services offered by the Canadian Diabetes Association since 1954 to children and youth with diabetes.

Donations

Camps are funded through Canadian Diabetes Association fundraising activities. Camps could not operate without the generous support of service clubs, and corporate and private donors. Camp fees represent only a portion of the cost—the estimated cost per Bluewater camper is \$644.

Application Request

IMPORTANT: Completing this **Application Request** does not ensure the camper a spot.

See **Registration** (at bottom of next panel) for mailing address of completed request form. An application form and additional information will be sent to you upon receipt of this request. **Note:** campers must be at least age eight as of June 30, 2001.

Camper's name: _____

_____ Male Female

Parent or guardian: _____

Address: _____

City: _____ Postal Code: _____

Telephone Residence: _____

Telephone Business: _____

Has camper attended Bluewater Camp before? Yes No

Camper's birth date: _____ Age: _____

parent or guardian's signature

I am requesting applications from other Canadian Diabetes Association camps.

I am not able to attend camp this year, but I would like to receive information about Canadian Diabetes Association camp programs in 2002.

Fees & Dates

Fees

The fee per camper is \$465 per camper plus \$6 for tuck. A non-refundable deposit of \$50 is required, with the balance due by June 14, 2000.



Please note, there is an application processing fee of \$15.

Dates

Please choose from one of the following dates:

A. Sunday, July 29 to Saturday, August 4

B. Sunday, August 5 to Saturday, August 11

Transportation

By Car

The camp is approximately 3.5 km south of Bayfield or 24 km north of Grand Bend.

South: There is a large sign (Huron Church Camp) at the road that you can see travelling south on Hwy 21.

North: There is a small green road sign you can see when travelling north on Hwy 21.

Camp Address:

Huron Church Camp
P. O. Box 509
Bayfield ON N0M 1G0

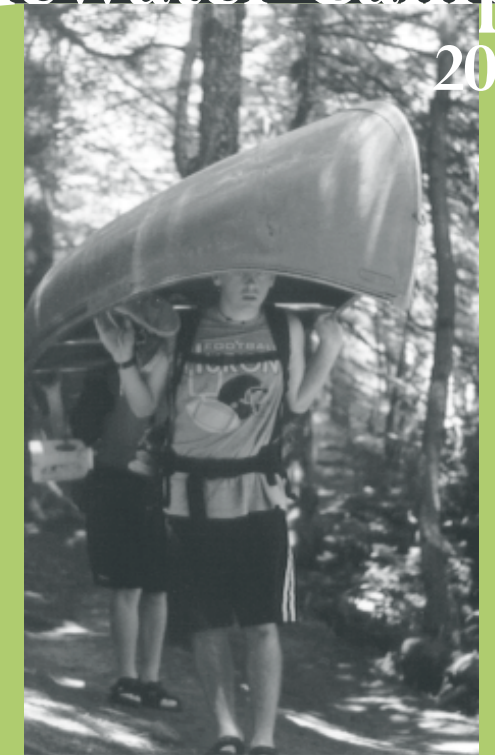


Canadian Diabetes Association,
Ontario Division, in cooperation with

Huron Church Camp

Charitable Number: 11883 0744 RR0001

Bluewater Camp 2001



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Canadian Diabetes Association, Ontario Division
15 Toronto Street, Suite 800 Toronto ON M5C 2E3

1-800-BANTING www.diabetes.ca info@diabetes.ca

Registration

Complete the **Application Request Form** in this brochure and mail to:

Public Education and Service Coordinator
London and District Office
Canadian Diabetes Association
442 Adelaide Street North
London ON N6B 3H8
Telephone (519) 673-1630
Fax (519) 660-8992

Photographs courtesy of Camp Huronda Staff, Huntsville, ON.