# Harvest - College Counseling

# **College Admissions Resume**

Resumés aren't just for jobs and internships. In many cases, you will need one for your college applications as well. Why? It's a short 1-2 page summary of your accomplishments, abilities, and interests. It's a quick and easy way for college admissions officers to see what you've done during high school and what you'll add to their college.

## Detailed Breakdown of Sections in a College Application Resumé

## Heading

includes full name, social security number, address, city, state, zip code, telephone number, and email address

## **Academic Profile**

all high schools you attended -city and state of each high school -dates you attended them -class rank -SAT / ACT scores -Honors / AP / IB courses (optional)

### Curricular Activities, Extracurricular Activities, and Work / Volunteer Experience

each activity, positions held, grades in which you were involved -specific contributions, duties, and recognition in each activity -number of hours involved per week

#### **Summer Programs**

short description of each -month and year attended

#### Honors / Awards

short description of each -month and year you won it -why you won it

## Hobbies / Interests / Travel

separate category for each -items that are honest AND make you look good

# SAMPLE RESUME

Anita C. Scholarship 1234 College Lane University, Alabama 22366 Home Phone (205) 236-7778 Cell Phone (205) 245-6665 E-mail: anita@hotmail.com

**Education** Harvest Community High School, 2360 St. Johns Bluff Rd. S, Suite 1, Jax, FL 32256 **Graduation Date** May 14, 2011

GPA 3.91

Test Scores ACT / April 2010 – Composite 28 (English-31, Math-27, Reading 23, Science 29)

SAT I / April 2010 – Verbal 530, Math 610

Academic National Honor Society (10th-12th)

Achievements/ Birmingham News All-State Academic Team (11th & 12th)

Awards Torch Invitational 2nd Place World History Winner (11th)

**Mu Alpha Theta Honor Society** (11th-12th) Vice President (12th) Food Closet Drive (11th-12th)

Beta Club (11th-12th)

Harvest Student of the Month (12th)

Chemistry Merit Award (11th)

Athletic High School Basketball Team (9th-12th)

Achievements - Team Co-Captain (10th-11th)

**Awards** - Team Captain (12th) All Area Tournament Team Most Valuable Player (12<sup>th</sup>) All County Tournament Team Most Valuable Player (11th)

Harvest High School Baseball Team (10th-12th) Pitcher (11th-12th) All County Tournament Most Valuable Player (12th)

Wendy's High School Heisman Finalist (12th)

# Birmingham Post Herald Scholar Athlete (11th-12th)

Activities/ - Treasurer (10th)

Leadership - Secretary (11th) President (12th) Adopt a Stream (9th-12th) Teddy Bear Drive (10th-11<sup>th</sup>) Habitat for Humanity (12th)

Senior Class Favorite (12th)

Student Council (10th-12th)

President (12th) President Elect (11th) Activities Director (10th) Special Olympics Helper (10th-12th) Angel Tree Project Chairman (10th-12th)

**AMICI Peer Helper Organization** (10th-12th) Big Brother/Big Sister Mentoring (10th-12th) / 20 hours a month

#### Community Member of First Baptist Church (9th-12th)

Activities - Youth Chapel and Bible Study Musician (10th-12th) Operation Christmas Child Shoe Box Project (10th-12th) Toys for Tots Helper (9th-12th)

Walker County Humane Society Volunteer (11th) / 8 hours a month

#### Work Landscape Jasper, Alabama May 2008-August 2009

**Experience** - Prepared, designed and planted flower beds and shrubbery Installed sprinkler and drainage systems

Jacks Jasper, Alabama May 2006-August 2007 Worked Cash Register Greeted Customers

My goal is to major in Landscape Design and start my own landscaping business