



Course in **Advanced Endocrinology**

3 - 5 Feb 2012, Singapore
www.endometab.com

Organised by the

**Endocrine and Metabolic
Society of Singapore**

In collaboration with

Mayo Clinic, United States



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My Welcome Address

The Endocrine and Metabolic Society of Singapore (EMSS) in conjunction with the Mayo Clinic USA would like to invite you to join us for the 2012 Course in Advanced Endocrinology. It will be held in Singapore from 3 - 5 February 2012.

The course is back by popular demand for the fourth time running. This instructional and interactive course places firm emphasis on current topics and trends in the diagnosis and treatment of endocrine disorders, delivered by way of plenaries, structured symposia and Meet-the-Expert Sessions tailored to facilitate in-depth understanding of subject matter, helmed by some of the world's foremost experts in Diabetes and Endocrinology.

The social programme offers the opportunity for our overseas colleagues to experience some of Singapore's newest attractions as well as be enthralled by the blend of cultures, cuisine, arts, architecture and shopping that embrace the tradition and modernity of Singapore.

Do join us in Singapore!



Dr Richard Chen
President
Endocrine & Metabolic Society of Singapore

EMSS Executive Committee

President	Dr Richard Chen	
Vice-President	Dr Manju Chandran	
Treasurer	Dr Daphne Gardner	
Secretary	Dr Paul Yen	
Members	Dr Kek Peng Chin	Dr Shaikh Shakoor
	Dr S Tavintharan	Dr Jauhar Niyati
	Dr Chong Hui Wen	

Course Directors

Dr William Young	Dr Loh Lih Ming	Dr Wang Kuo Weng
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Local Scientific Chairpersons

Dr Loh Lih Ming	Dr Wang Kuo Weng
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Local Scientific Committee

Dr Cho Li Wei	Dr Khoo Chin Meng	Dr S Tavintharan
Dr Peter Eng	Dr Rinkoo Dalan	

Overseas Faculty

Dr Donald Hensrud	Dr Jani Jensen	Dr Geoffrey Thompson
Dr John Miles	Dr Salman Kirmani	Dr William Young

Local Faculty

Dr Richard Chen	Dr Daphne Khoo	Dr C Rajasoorya
Dr Anton Cheng	Dr Leonard Koh	Dr Sum Chee Fang
Dr Chionh Siok Bee	Dr Winston Kon	Dr Tai E Shyong
Dr Choo Wan Ling	Dr Lee Yung Seng	Dr Benedict Tan
Dr Alex Fok	Dr Lim Su Chi	Dr Fabian Yap
Dr Goh Kian Peng	Dr David Ng	Dr Paul Yen

Scientific Programme

Time	Day 1: Feb 3, Friday Diabetes, Lipids and Metabolism – Preclinical to Overt Disease	Day 2: Feb 4, Saturday Thyroidology, Reproductive and Pediatric Endocrinology	Day 3: Feb 5, Sunday Neuroendocrinology, Calcium and Disorders of bone metabolism
8:45-9:00	8:35-8:45 Opening Address by President of EMSS ~ <i>Richard Chen</i> 8:45-9:00 Snippets in endocrinology/Endocrinology quiz ~ <i>C Rajasoorya</i>	Snippets in endocrinology/Endocrinology quiz ~ <i>C Rajasoorya</i>	Snippets in endocrinology/Endocrinology quiz ~ <i>C Rajasoorya</i>
9:00-9:45	Plenary 1: Screening of endocrine disorders – Recommendations and controversies ~ <i>Donald Hensrud</i> Chairperson: Wang Kuo Weng	Plenary 3: Fertility evaluation and treatment for the non-gynecologist ~ <i>Jani Jensen</i> Chairperson: Cho Li Wei	Plenary 5: Localisation and surgical treatment of hyperparathyroidism: What if initial surgery fails ~ <i>Geoffrey Thompson</i> Chairperson: Peter Eng
9:45-10:05	Tea Break		
10:05-11:45	Symposium 1: Obesity and Metabolism Chairperson: Wang Kuo Weng	Symposium 3: Thyroid Chairperson: Peter Eng	Symposium 5: Calcium and Bone Metabolism Chairperson: Manju Chandran
10:05-10:35	1. Clinical approach to obesity ~ <i>Donald Hensrud</i>	1. Pediatric papillary thyroid cancer: Are we overtreating? ~ <i>Geoffrey Thompson</i>	1. Accrual of bone mass during growth: impact of genes, diet and environment ~ <i>Salman Kirmani</i>
10:35-11:05	2. Bariatric surgery for obesity ~ <i>Anton Cheng</i>	2. Management of hyperthyroidism: In pregnant, sick and elderly patients ~ <i>Daphne Khoo</i>	2. Treatment failure in osteoporosis ~ <i>Leonard Koh</i>
11:05-11:35	3. Overview of sports and physical activity ~ <i>Benedict Tan</i>	3. Molecular thyroidology: from bench to bedside ~ <i>Paul Yen</i>	3. Controversies with vitamin D ~ <i>Chionh Siok Bee</i>
11:35-11:45	Questions		
11:45-12:45	Meet the Experts: Breakout sessions 1 A. Diet & Nutrition in Diabetes and Obesity ~ <i>Donald Hensrud</i> B. Patient selection and postoperative management in bariatric surgery ~ <i>John Miles</i> C. Exercise prescription for diabetes and obesity: a practical approach ~ <i>Goh Kian Peng</i>	Meet the Experts: Breakout sessions 3 A. Radioactive iodine treatment and recombinant TSH ~ <i>David Ng</i> B. Perplexing thyroid function tests ~ <i>Winston Kon</i> C. Thyroid resistance syndrome in children ~ <i>Lee Yung Seng</i>	Endocrinology Pearls 11:45-12:05 Pearl Session 1: Pituitary Adrenal Pearls ~ <i>William Young</i> 12:05-12:25 Pearl Session 2: Endocrine Surgery Pearls ~ <i>Geoffrey Thompson</i> 12:25-12:45 Pearl Session 3: Genetic Pearls ~ <i>Salman Kirmani</i>
12:45-14:00	Lunch		
14:00-15:40	Symposium 2: Management of Diabetes and Hyperlipidemia (How to deal with Sugar and Fat) Chairperson: Tai E Shyong	Symposium 4: Pediatrics and Reproduction Chairperson: Rinkoo Dalan	Symposium 6: Pituitary and Adrenal Disorders Chairperson: Melvin Loke
14:00-14:30	1. Reflections of management of hyperglycaemia: from past to present to future ~ <i>Lim Su Chi</i>	1. Choosing the right contraception for your patient ~ <i>Jani Jensen</i>	14:00-14:25 1. Invasive dynamic endocrine testing ~ <i>William Young</i>
14:30-15:00	2. Management of drug-resistant diabetic dyslipidemia ~ <i>John Miles</i>	2. Recent data from WHI and the HRT trials: How that influences our clinical practice ~ <i>Choo Wan Ling</i>	14:25-14:50 2. Genetics of pheochromocytoma ~ <i>Salman Kirmani</i>
15:00-15:30	3. Risk and benefits of being overweight ~ <i>Donald Hensrud</i>	3. Overview of male hypogonadism and replacement options ~ <i>Richard Chen</i>	14:50-15:15 3. What if surgery fails in pituitary and adrenal disorders ~ <i>Geoffrey Thompson & William Young</i>
15:30-15:40	Questions		15:15-15:40 4. Geriatric endocrinology ~ <i>C Rajasoorya</i>
15:40-16:00	Tea Break		15:40-15:50 Questions
16:00-17:00	Meet the Experts: Breakout sessions 2 A. Recurrent nocturnal hypoglycemia in type 1 diabetes ~ <i>John Miles</i> B. Difficult lipid cases ~ <i>Tai E Shyong</i> C. Controversies in the management of dysglycemia ~ <i>Sum Chee Fung</i>	Meet the Experts: Breakout sessions 4 A. Polycystic ovarian syndrome ~ <i>Jani Jensen</i> B. Use and abuse of androgens ~ <i>Alex Fok</i> C. Growth disorders ~ <i>Fabian Yap</i>	Clinical Pathological Case Conference ~ <i>Mayo Faculty</i> 16:10-16:35 Case 1 16:35-17:00 Case 2
17:00-17:45	Plenary 2: Management of hyperglycemia in hospitalised patients: A decade of misadventure ~ <i>John Miles</i> Chairperson: S Tavintharan	Plenary 4: Puberty - What switches on puberty ~ <i>Salman Kirmani</i> Chairperson: Rinkoo Dalan	Plenary 6: Preclinical adrenal disease ~ <i>William Young</i> Chairperson: Loh Lih Ming

Programme is subject to change.

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Sponsorship & Exhibition

A trade exhibition will be held in conjunction with the course from 3 - 5 February 2012. Leading pharmaceutical companies and equipment manufacturers will be present to display and demonstrate their latest range of products and technology.

If you are interested in exhibiting / sponsoring, please contact the Congress Secretariat for the Sponsorship Opportunities and Exhibitor Prospectus.

Course in Advanced Endocrinology 2012 Secretariat

Email: info@endometab.com

Tel: (+65) 6346 4402

Fax: (+65) 6346 4403



Congress Information & Accommodation

Congress Venue

Pan Pacific Hotel

7 Raffles Boulevard

Marina Square

Singapore 039595

Tel: +65 6336 8111

Fax: +65 6339 1861

Website: <http://www.panpacific.com/en/singapore/Overview.html>

Located at a strategic point at the exalted Marina Square complex adjacent to the Suntec city and the Singapore International Conference and Exhibition center, The Pan Pacific Hotel in Singapore is the paradise on earth. A skyscraping structure with more than 800 deluxe rooms and suites furnishes you with some of the exotic vista of the city's skyline.

Twenty minutes away from the Changi International Airport the Pan Pacific Hotel in Singapore is one of the best pick for both the leisure as well as business tourists.

Single: SGD285.00++ per room per night

Twin/Double: SGD320.00++ per room per night

The room rates are inclusive of breakfast and subject to 10% service charge & 7% GST. The rates are applicable for the course duration and two days before and after the course, subject to room availability. Should there be no show, cancellation or shortening of stay, full duration of the stay shall be charged.





Congress Secretariat & Housing Bureau

The Meeting Lab Pte Ltd
695E East Coast Road
Singapore 459059
Tel: +65 6346 4402
Email: info@endometab.com

Meeting Language

The official language of the Congress is English.
There will be no interpretations rendered.

Dress Code

Scientific sessions and workshops: Business attire

Official Letter of Invitation

Official letters of invitation for visa application will be sent to participants upon written request. The letter does not commit the Organising Committee to any financial obligations.

Liability

The Organising Committee and its Congress Secretariat are not liable for personal accidents, loss or damage to private properties of the registered participants during the Congress. Participants should make their own arrangements with regards to personal insurance.

Disclaimer

Whilst every attempt will be made to ensure that all aspects of the Congress mentioned in this announcement will take place as scheduled, the Organising Committee reserves the right to make changes should the need arise.

Registration Fees

Register online via
www.endometab.com

	Before 1 Sep	On or after 1 Sep
EMSS Member	SGD 550	
Non-EMSS Member	SGD 650	SGD 750
Trainee*	SGD 250	

** Applicable for HO/MO Fellow and Clinical Associates, proof of status from institution is required.*

Registration fees includes

- participation in all scientific sessions
- course materials
- admission to exhibition
- refreshments and lunch during the course

Payment method

1. **Credit Cards**
Only Visa and MasterCard are accepted
2. **Cheque/ Bank draft**
Please make cheque or bank draft drawn on a Singapore bank payable to **"Course in Advanced Endocrinology"** and mail to the Secretariat. Please indicate your name on the back of the cheque/ bank draft.
3. **Telegraphic Transfers**
Account Name: Course in Advanced Endocrinology
Account Number: 047-900521-8
Bank Name: DBS Bank Limited
Swift Code: DBSSSGSG

Please include SGD30 for bank charges. Bank charges are the responsibility of the participant and should be paid at source in addition to the registration fees.

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Registration will only be valid upon receipt of the full payment by the registration department according to the deadline indicated. An email confirming registration will only be sent after receipt of the required fees.

A copy of the bank transfers (or other proof of payment) will be required in the event that registration fees were not credited to the account in time.

Outstanding payment will be collected on-site and charged the on-site rate.

Registration Cancellation Policy

- Cancellation notice must be received in writing to the Secretariat
- Cancellation received on and before 1 September 2011: Full refund less SGD100 administrative charges
- Cancellation received between 2 September 2011 to 1 January 2012: 50% refund
- Cancellation received after 1 January 2012: No refund
- All refunds will be made after the congress.

Accreditation

Details of CME credits to the course will be updated when the scientific programme has been finalised.



General Travel Information



About Singapore

Located right in the heart of Asia, Singapore thrives as an international financial and trading hub. Its reputed efficiency, skilled workforce, strong trade agreements, excellent infrastructure, extensive and high-growth networking base make Singapore a compelling destination for business and conventions. Looking further beneath Singapore's business legacy and you will find a rich social fabric that is vibrant, colourful and unique in many ways.

Singapore is a city of contrast. It is East and West. It is where the ideas of the future mingle with the ways of tradition. Where one can enjoy breakfast with orangutans at the famed Singapore Zoo, another can groove to a different beat in the company of party animals.

Find out more about "What you can do in Singapore" at www.visitsingapore.com.

Travel to Singapore

Depending on your country of departure, there are various modes of available transportation for you to enter into Singapore.

Visa and Entry Facilities

Most foreigners coming into Singapore do not require visas for entry apart from visitors from China and India and may be given up to 30-day social visit passes upon their arrival in Singapore. However, It is best to consult your local consular office for the latest information with regards to coming into Singapore.

If you would like to stay in Singapore for a longer period, you may apply at the Immigration & Checkpoints Authority (ICA) upon your arrival. However, you should have your valid passports, onward or return tickets, onward facilities (such as visas or entry permits) to your next destination and of course, sufficient funds for your stay in Singapore .

Should you lose your passport while in Singapore, please make a police report immediately, then head to the ICA (right across from the Lavender MRT Station at 10 Kallang Road) to get a temporary visa. Finally, inform your respective embassy so that you can get through immigration when you reach home.

For more information regarding visa requirements and necessary application forms, please visit www.ica.gov.sg

Passport Validity

Do ensure your passport is valid for at least 6 months before arriving in Singapore.

Travelling within Singapore

Be it the bus, Mass Rapid Transit (MRT) or taxi cabs, getting around Singapore is a breeze.

Airport Transfers

Singapore Changi Airport is easily accessible with many modes of transportation available to and from the Airport. For drivers, car parks are available at every Terminal of the airport as well. For more information, visit <http://www.changiairport.com/getting-around>

Weather

Singapore is known for its hot and humid weather, with little variation throughout the year. The average daytime temperature is 31°C (88°F), dropping to around 24°C (75°F) in the evenings. The monsoon season can bear down pretty heavily on our tropical weather from November onwards, so be prepared for rain on a daily basis during this period.

Time Difference

Singapore time is 8 hours ahead of GMT.

Money Matters

The currency used in Singapore is the Singapore dollar (S\$). Money changing services can be found not only at the Singapore Changi Airport but also most shopping centres and hotels around the island. You can also access the automated teller machines (ATMs) located everywhere in Singapore, that accept main credit cards such as Visa, MasterCard and American Express.

Electricity

Singapore voltage is 220-240 volts AC, 50 cycles per second. On request, most hotels will provide transformers to visitors with electrical appliances of a different voltage, such as 110-120 volts, 60 cycles per second. When shopping for electrical appliances, do remember to check the voltage of the item against the acceptable voltage in your home country. The power plugs used in Singapore are of the three-pin, square-shaped type.



Registration Form

Course in Advanced Endocrinology 3 - 5 Feb 2012, Singapore | www.endometab.com

Personal Particulars

Given Name (<i>Mr, Mrs, Ms, Dr, Prof</i>)	Surname
Institution	
Address	
Postal Code	
City	Country
E-mail	
Office Phone (<i>country code-area code-tel no</i>)	Mobile Phone (<i>country code-area code-tel no</i>)

Registration Fees	Before 1 Sep	On or after 1 Sep	Please Tick
EMSS Member	SGD 550		
Non-EMSS Member	SGD 650	SGD 750	
Non-EMSS Member	SGD 250		

*Please note:
Cancellation or replacement must be conveyed to the
Organiser in writing. 50% of the registration fee will be
charged for cancellation on or before 1 Nov 2011.
Thereafter, there will be no refund.*

** Applicable for HO/MO Fellow and Clinical Associates, proof of status from institution is required.*

Accommodation: Pan Pacific Hotel

Hotel Accommodation Required ☐ Yes ☐ No

☐ Single: SGD285.00++ per room per night
☐ Twin/Double: SGD320.00++ per room per night

The room rates are inclusive of breakfast and subject to 10% service charge & 7% GST. Should there be no show, cancellation or shortening of stay, full duration of the stay shall be charged.

Check-in date	Arrival Flight	Arrival Time
Check-out date	Departure Flight	Departure Time

Payment

Bank Details

Bank Account Name: Course in Advanced Endocrinology	Bank Name: DBS Bank Limited
Bank Account Number: 047-900521-8	Swift Code: DBSSSGSG

☐ **Payment by cheque/bank draft** (*to be drawn on a bank in Singapore*) payable to 'Course in Advanced Endocrinology'
Cheque/Bank Draft No. Bank

☐ **Payment by credit card** (*Visa or Master only*)

I _____ (*name as cardholder*) authorise payment of SGD
by my Visa/Master Card (*please circle accordingly*).

Card Number

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Card Expiry Date (*dd/mm/yyyy*)

CCV Number (*last 3 digits on back of credit card*)

☐ **Hotel payment by credit card**

I _____ (*name as cardholder*) authorise the organiser to provide my credit card details to
Pan Pacific Hotel to guarantee and settle payment for my reservation.

Please note: For cancellation, no show or shortening of stay, full charges apply.

Advanced Course in Endocrinology Secretariat

The Meeting Lab

Across Continents. Beyond Conventions.

The Meeting Lab Pte Ltd

695E East Coast Road, Singapore 459059

Tel: +65 6346 4402 Fax: +65 6346 4403

Email: info@endometab.com

Website: www.endometab.com

Signature _____ Date _____