

Module 8 Referral, Service Coordination and Documentation

Unifying science, education and service to transform lives



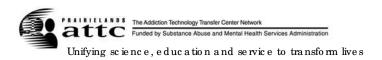


Module 8 - Referral, Service Coordination, and Documentation

Goals and Objectives

Listed below are the goals and objectives of the module and the corresponding TAP 21 competencies.

Module 8	SAMHSA CSAT
Goals and	TAP 21 Competencies
Objectives	
Re fe ma l, Se rvic e	THE PROFESSIONAL PRACTICE OF A DDICTION C OUNSELING (PPAC)
Coordination, and	III. REFERRAL
Documentation	1. Establish and maintain relations with civic groups, agencies, other professionals,
Goal: Demonstrate the impact of co-occurring referral and service coordination clinical outcomes.	governmental entities, and the community-at-large to ensure appropriate referrals, identify service gaps, expand community resources, and help to address unmet needs. 2. Continuously assess and evaluate referral resources to determine their appropriate ness. 3. Differentiate between situations in which it is most appropriate for the client to self-refer to a resource and instances requiring counselor referral. 4. Arrange referrals to other professionals, agencies, community programs, or other appropriate resources to meet client needs.
Objectives:	5. Explain in clearand specific language the necessity for and process of referral to increase the like lihood of client understanding and follow through.
Define referral and service coordination from a co-occurring perspective;	6. Exchange relevant information with the agency or professional to whom the referral is being made in a manner consistent with confidentiality regulations and generally accepted professional standards of care. 7. Evaluate the outcome of the referral.
2. Discuss impact and appropriateness of	IV. SERVICE COORDINATION
documentation;	1. Initiate collaboration with referral source.
3. Illustrate readiness	2. Obtain, review, and interpretall relevant screening, assessment, and initial
of change and the	tre a true nt-pla nning info mation.
impact on referrals;	3. Confirm the client's eligibility for admission and continued readiness for treatment and change.
4. Discuss ethical	4. Complete necessary administrative procedures for admission to treatment.
issues pertaining agency and clinician collaboration from a team perspective; 5. Develop multidisciplinary team approaches;	5. Establish accurate treatment and recovery expectations with the client and involved significant others.
	6. Coordinate all treatment activities with services provided to the client by other
	re so urc e s.
	VII. DOCUMENTATION
6. Discuss the impact	1. Demonstrate knowledge of accepted principles of client record management.
of cultural relativity and client follow-up.	2. Protect client rights to privacy and confidentiality in the preparation and handling of records, especially in relation to the communication of client information with third parties.
	3. Prepare accurate and concise screening, intake, and assessment reports.
	4. Record treatment and continuing care plans that are consistent with agency
	standards and comply with applicable administrative rules.
	5. Record progress of client in relation to treatment goals and objectives.
	6. Prepare accurate and concise discharge summaries.
	7. Document treatment outcome, using accepted methods and instruments.



Module 8 - Referral, Service Coordination, and Documentation

Pre-session Assignment

All partic ipants to read:

Mc Le llan, A. T. (1999). Does Clinic al Case Management Improve Outpatient Addiction Treatment. Drug and Alcohol Dependence, 55, 91-103.

Be prepared to reflect on and discuss this article at the training session.

Elective articles:

Rapp, C. A. (1998). The Active Ingredients of Effective Case Management. Community Mental Health Journal, 34(4), 363-80.



ADDICTION COUNSELOR TRAINING SERIES

Referral, Service Coordination, and Documentation

AGENDA

14-Nov-07	
8:30 AM	registration
9:00 AM	Treatment Knowledge
10:30 AM	break
10:45 AM	Treatment Knowledge
noon	lunch
1:00 AM	Treatment Knowledge
	Referral, Service Coordination, and
2:15 AM	Documentation
3:30 AM	break
	Referral, Service Coordination, and
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15-Nov-07	
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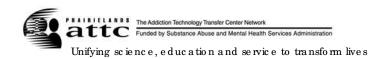
Module 8 - Handout 1

Case Study

Dire c tio ns

- 1. Divide into small groups of 3-4.
- 2. Review the Case Study on the following page.
- 3. Answer the Case Study Discussion Questions as a group. Utilize the DSM-IV Criteria of Opioid Dependence as an aid.
- 4. Appoint a Spoke sperson to summarize your answers.
- 5. Report back to larger group for interactive discussion.





Module 8 - Handout 1 (continued)

<u>Ja so n</u>

The client is a 35-year-old Native American male school teacher. He was adopted at the age of three into a white upper middle class family where he was raised in a Christian be lief system which he currently practices. He teaches math at a junior high school and is in some difficulty because of "calling in sick much too much."

Although he has been injecting here in on and off since he was 16, he has never been a mested. He has been through many episodes of here in detoxification, mostly outpatient methadone detoxification but has also been in three inpatient drug treatment programs. The last inpatient program was a 28-day, biopsychosocial recovery program, and he remained both here in and alcohol free for about six months following treatment. Although he wanted to be on methadone maintenance, he could not "document" his history of here in addiction (this was 10 years ago). His wife is in recovery, and insisted that he return to treatment after she discovered he was taking large quantities of code ine pills from several doctors for a back injury following an automobile accident. She is unaware that he was also shooting here in at least once daily. He has been alcohol abstinent for the past two years.

His only current medical problem is that he is hepatitis C positive, and he has been so for at least 10 years. He and his wife have incurred debt with numerous credit card holders and they are behind three months on mortgage payments. He has past medical bills at the hospital and treatment facilities for care. His daughter's teachers repeatedly send home notices requesting he attend school activities to support his daughter. His daughter recently began missing athletic practice at school and when questioned why she stated, "my dad needs me at home sometimes". His two cars are paid for, however one has mechanical problems. He enjoys working out at the gym, his membership is intact, but has not gone for two months.

"Im an addict through and through. Idon't think I've ever stopped being an addict, even when I was going to AA every day. I wasn't using, but I thought about using every day. My wife cleaned up when she was pregnant with our daughter and she just got her 12-year chip. She moved on with her life, but I'm stuck. My back injury really threw me into a tailspin. At first, I really needed the code ine, but now I'm just sucking them up so that I don't go in to withdrawal. We've got to be really careful here. If my wife finds I'm back on the needle, she'll be out the door this time."



Module 8 - Handout 1 (continue d)

Case Study - Discussion Questions

- 1. What stage do you feel this client is in utilizing Prochaska and DiClemente's "Stages of Change" model?
- 2. Record DSM-IV multi-axial evaluation (I-V). (see next page) Does this client meet DSM-IV criteria for opioid dependence?
- 3. What level of care would you recommend? Provide justification?
- 4. Would this client be a potential candidate for pharmacotherapy treatment?
- 5. List focus are as for service coordination?
- 6. What process would you utilize for referral within your agency? How would you a ssist the client in this process utilizing motivational interviewing?
- 7. What are the treatment options for this client in your geographic area and what process would you utilize for referral?
- 8. List "Stages of Change" motivational considerations pertinent to this case and develop open-ended questions for use with this client?



Module 8 - Handout 1 (continue d)

Worksheet for DSM-IV Criteria for Diagnosis of Opioid Dependence Client's Name: Diagnostic Criteria (Dependence requires meeting 3 or more criteria) Meets criteria No te s/Supporting Yes/ No Info mm a tio n to le rance, as de fine d by either of the following: (a) a need for markedly increased amounts of the substance to achieve into xication of de sire de ffect (b) markedly diminished effect with continued use of the same amount of the substance withdrawal, as manife sted by either of the following: (a) the characteristic withdrawal syndrome (b) the same (ora closely related) substance is taken to relieve or avoid withdrawal symp to ms the re is a persistent de sire or unsuc ce ssful efforts to cut down or control substance use a great deal of time is spent in activities necessary to obtain the substance, sue the sub stance or recover from its effects important social, occupational, or recreational activities are given up or reduced because of sub stance use the substance use is continued despite knowledge of having a persistent or recurrent physicalorpsychologicalproblem that is likely to have been caused or exacerbated by the sub stance

Signature _____ Date ____

C rite ria from Americ an Psyc hia tric. Assoc ia tion (2000). Diagnostic and Statistic al Manual of Mental Disorders, Fourth Edition, Text Revision. Washing ton, DC, Americ an Psyc hia tric. Assoc ia tion, pg. 197.



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Toolbox Training: A Substance Abuse Educational Series for Ment **Health Professionals**

Module 8 – Referral, Service Coordination, and Documentation Referral

2007 Series September 12-13 October 17-18 November 14-15

November 14-15, 2007

Content Guided by: Candace Peters, MA, CADC

Title Slide - Toolbox Training: A Substance Abuse Educational Series

Module 8 - Referral, Service Coordination, and Documentation

Content Guided by: Candace Peters, MA, CADC

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Today's Presenter

Anne Helene Skinstad, PhD

Project Director, Prairie lands ATIC Faculty, The University of Iowa (319) 335 5368 anne-skinstad@uiowa.edu

Shanita Eze, MA, ADN

Kirkwood Community College, Iowa City, IA sha nita e ze @ ya ho o .c o m

Candace Peters, MA, CADC

Dire c to r of Training, Prairie lands ATIC (319) 335 5368 c and a c e -p e te rs@ uio w a .e d u



Agenda

14-Nov-07

2:45 PM

3:00 PM

4:30 PM

See Agenda Handout for more information.

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Unifying science, education and services to transform lives.	14-Nov-07 8:30 AM	
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1:00 PM	Values

Professional Readiness: Attitudes and

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Review Activity: Concept Map Module 7: Treatment Knowledge

break

Values

close

Pre senter will provide instructions.



Concept Map

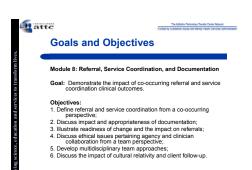
Create a visual representation using words, symbols, or pictures of the previous two modules (Basic Counseling Skills & Treatment Knowledge) and how they fit together. You will have 15 minutes to complete this activity.

Review Activity: Concept Map Module 7: Treatment Knowledge

Concept Map: Create a visual representation using words, symbols, or pictures of the previous two modules (6-The atment Planning and 7-The atment Knowledge) and how they fit together. Discuss your concept map in small groups.

You will have 15-minutes to complete this activity.

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Module 8: Referral, Service Coordination, and Documentation Goals and Objectives

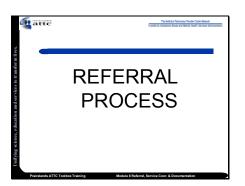
Goal: Demonstrate the impact of co-occurring referral and service coordination clinical outcomes.

Objectives:

- 1. Define referral and service coordination from a co-occurring perspective;
- 2. Discuss impact and appropriateness of documentation;
- 3. Illustrate readiness of change and the impact on referrals;
- 4. Discuss ethical issues pertaining agency and clinician collaboration from a team perspective;
- 5. Develop multidisciplinary team approaches;
- 6. Discuss the impact of cultural relativity and client follow-up.

Title Slide - Referral Process

Slid e 97





Referral Is ...

The process of facilitating the client's utilization of available support systems and community resources to meet needs identified in clinical evaluation and/or treatment planning.

Referral Is ...

The process of facilitating the client's utilization of a vailable support systems and community resources to meet needs identified in clinical evaluation and/or treatment planning.

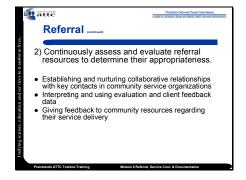
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Referral (continue d)

- 1) Establish and maintain relations with civic groups, agencies, other professionals, governmental entities, and the community-at-large to ensure appropriate referrals, identify service gaps, expand community resources, and help to address unmet needs.
 - Ne two rking and communication
 - Using existing community resource directories including computer databases
 - Advocating for clients
 - Working with others as part of a team

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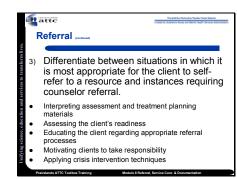


Referral (continue d)

- 2) Continuously assess and evaluate referral resources to determine their appropriateness.
- Establishing and nurturing collaborative relationships with key contacts in community service organizations
- Interpreting and using evaluation and client feedbackdata
- Giving feedback to community resources regarding their service delivery

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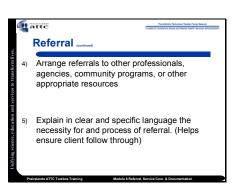
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Referral (continue d)

- 3) Differentiate between situations in which it is most appropriate for the client to self-refer to a resource and instances requiring counselor referral.
- Interpreting a ssessment and treatment planning materials to determine appropriate ness of client or counse lorre femal
- Assessing the client's readiness to participate in the referral process
- Educating the client regarding appropriate referral processes
- Mo tiva ting c lie nts to take responsibility for referral
 and follow-up
- Applying crisis intervention techniques

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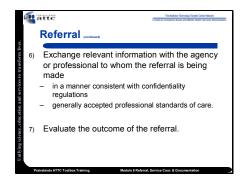


Referral (continue d)

- 4) Arrange referrals to other professionals, agencies, community programs, or other appropriate resources to meet c lient's needs.
- 5) Explain in clear and specific language the necessity for and process of referral to increase the like lihood of client understanding and follow through.

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Referral (continue d)

- 6) Exchange relevant information with the agency or professional to whom the referral is being made in a manner consistent with confidentiality regulations and generally accepted professional standards of care.
- 7) Evaluate the outcome of the referral.

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Title Slide - Service Coordination

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Service Coordination is...

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The administrative, clinical, and evaluative activities that bring the client, treatment services, community agencies, and other resources to gether to focus on issue s and needs identified in the treatment plan.

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Service Coordination

Inc ludes:

- Case Management
- Client Advocacy

Esta b lishe s:

• a frame work of action for the client to achieve specified goals





Service Coordination (continued)

Involves:

- Collaboration with the client and significant others
- Coordination of treatment and referral services
- Lia iso n a c tivitie s with c o mmunity re so urc e s
- Liaison activities with managed care systems
- Ongoing evaluation of treatment progress
- Ongoing evaluation of client needs

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Service Coordination Includes Implementing the Treatment Plan

- Initiate collaboration with referral source
- Obtain, review, and interpretall relevant screening, assessment, and initial treatmentplanning information
- Confirm the client's eligibility for admission and continued readiness for treatment and change
- Complete necessary administrative procedures for admission to treatment

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... Implementing the Treatment Plan (continued)

Establish accurate treatment and recovery expectations with the client and involved significant others including, but not limited to:

- Nature of services
- Program goals
- Program procedures
- Rules regarding client conduct
- Schedule of treatment activities
- Costs of treatment
- Factors affecting duration of care
- Client rights and responsibilities



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To the coordinate all treatment activities with services provided to the client by other resources.

1. Develop and maintain a community referral list 2. Develop multi-disciplinary collaborations within the community accessible as needed

3. Deliver case presentations

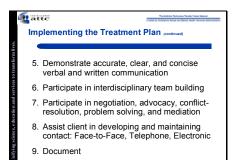
4. Use appropriate technology to collect and interpret client treatment information for diverse sources

... Implementing the Treatment Plan (continued)

Coordinate all treatment activities with services provided to the client by other resources.

- 1. Develop and maintain a community referral list
- 2. De ve lo p multi-d isc ip linary c o lla b o ra tions within the community a c c e ssible as needed
- 3. De liver case presentations
- 4. Use appropriate technology to collect and interpret client treatment information for diverse sources

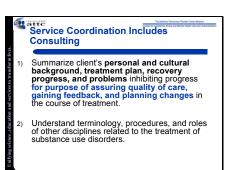
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... Implementing the Treatment Plan (continued)

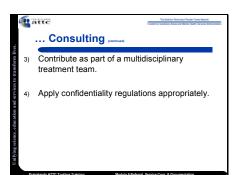
- 5. Demonstrate accurate, clear, and concise verbal and written communication
- 6. Partic ip a te in interdisc ip linary te am building
- 7. Partic ip a te in nego tia tion, advocacy, conflictre so lution, problem solving, and media tion
- 8. Assist c lie nt in developing and maintaining contact: Face-to-Face, Telephone, Electronic
- 9. Document

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Service Coordination Includes Consulting

- 1) Summarize client's personal and cultural background, treatment plan, recovery progress, and problems inhibiting progress for purpose of assuring quality of care, gaining feedback, and planning changes in the course of treatment.
- 2) Understand terminology, procedures, and roles of other disciplines related to the treatment of substance use disorders.



Consulting (continued)

- 3) Contribute as part of a multidisc ip linary treatment
- 4) Apply confidentiality regulations appropriately.

Service Coordination Includes Continuing Assessment and Treatment **Planning**

- Maintain ongoing contact with client and involved significant others to ensure adherence to the treatment plan
- Understand and recognize stages of change and other signs of treatment progress
- Assess treatment and recovery progress and, in consultation with the client and significant others, make appropriate changes to the treatment plan to ensure progress toward treatment goals
- Describe and document treatment process, progress, and outcome

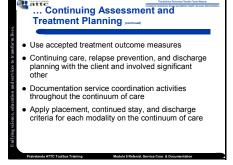
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Slid e

Continuing Assessment and Treatment Planning Maintain ongoing contact with client and involved significant others to **ensure adherence** to the treatment plan Understand and recognize stages of change and other signs of treatment progress Make appropriate changes to the treatment plan to ensure progress toward treatment goals Describe and document treatment process

Service Coordination Includes

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... Continuing Assessment and Treatment

Planning (continued)

- Use accepted treatment outcome measures
- Continuing care, relapse prevention, and disc harge planning with the client and involved sig nific ant other
- Documentation service coordination activities throughout the continuum of care
- Apply placement, continued stay, and discharge criteria for each modality on the continuum of care



Title Slide - Group Exercise: Journal Article

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Group Exercise: Journal Article

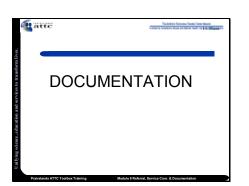
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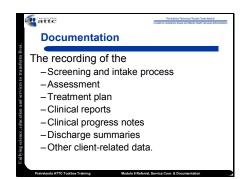
Mc Iellan, A. T. (1999) Does Clinical Case Management Improve Outpatient Addiction Theatment. *Drug and Alcohol Dependence*, 55, 91-103.

Title Slide - Documentation

Slide 118





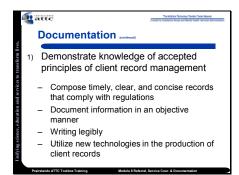


Documentation

The recording of the

- Screening and intake process
- Assessment
- The atment plan
- Clinic al reports
- Clinic alprogress notes
- Discharge summaries
- Other client-related data.

Slide 120



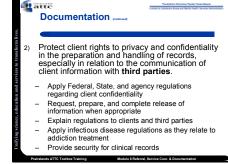
Documentation (continued)

- 1) Demonstrate knowledge of accepted principles of client record management
 - Compose timely, clear, and concise records that comply with regulations
 - Document information in an objective manner
 - Writing legibly
 - Utilize new technologies in the production of client records

Documentation (continued)

- 2) Protect client rights to privacy and confidentiality in the preparation and handling of records, especially in relation to the communication of client information with third parties.
 - Apply Federal, State, and agency regulations regarding client confidentiality
 - Request, prepare, and complete release of information when appropriate
 - Explain regulations to clients and third parties
 - Apply infectious disease regulations as they relate to addiction treatment
 - Provide security for clinical records

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Documentation (continued)

- 3) Prepare accurate and concise screening, intake, and assessment report. Essentiale lements of screening, intake, and assessment reports, including but not limited to:
 - Psychoactive substance use and abuse history
 - Physic al he alth
 - Psyc ho logic a linformation
 - So c ia l info m a tio n
 - History of c rim in a lity
 - Spiritual information
 - Recreational information
 - Nutritio na l info rm a tio n
 - Ed uc a tio nal a nd/or vo c a tio nal inform a tio n
 - Se xual info matio n
 - Legal information

Documentation

3) Prepare accurate and concise screening, intake, and assessment report.

- Psychoactive substance use and abuse history
- Physical health
- Psychological information
- Social information
- History of criminality
- Spiritual information
- Recreational information
- Nutritional information
- Educational and/or vocational information
- Sexual information
- Legal information
- Legal information
- Legal information

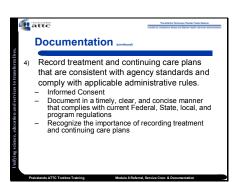
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Documentation (continued)

- 4) Record treatment and continuing care plans that are consistent with agency standards and comply with applicable administrative rules.
 - Informed Consent
 - Document in a timely, clear, and concise manner that complies with current Federal, State, local, and program regulations
 - Recognize the importance of recording treatment and continuing care plans

Documentation (continued)

- 5) Record progress of client in relation to treatment goals and objectives
 - Use appropriate clinical terminology used to describe client progress
 - Review and update records
 - Prepare clear and legible documents
 - Document changes in the treatment plan
 - Use appropriate clinical terminology
 - Recognize the value of objective recording progress
 - Recognize that timely recording is critical to accurate documentation

5) Record progress of client in relation to treatment goals and objectives - Use appropriate clinical terminology used to describe client progress - Review and update records - Prepare clear and legible documents - Document changes in the treatment plan - Use appropriate clinical terminology - Recognize the value of objective recording progress - Recognize that timely recording is critical to accurate documentation



Documentation (continued)

- 6) Prepare accurate and concise discharge summaries. The components of a discharge summary, including but not limited to, are:
 - Client profile and demographics
 - Pre senting symptoms
 - Diagnoses
 - Se le c te d interventions
 - Critic a l inc id e nts
 - Progress toward treatment goals
 - Outcome
 - Aftercare plan
 - Prognosis
 - Recommendations

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Documentation (continued)

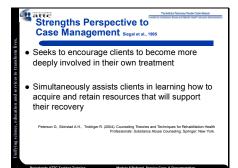
- 7) Document treatment outcome, using accepted methods and instruments.
 - Gatherand record outcome data
 - Incorporate outcome measures during the treatment process
 - Recognize that treatment and evaluation should occur simultaneously
 - Appreciate the importance of using data to improve clinical practice

Community Case Management

"Strengths Perspective"

Slide 127





Strengths Perspective to Case Management

Siegaletal, 1995

- Seeks to encourage clients to become more deeply involved in their own treatment
- Simultaneously assists clients in learning how to acquire and retain resources that will support their recovery

Pe te rson D., Skinstad A.H., Thob liger R. (2004). Counse ling The ories and Techniques for Rehabilitation Health Professionals: Substance Abuse Counse ling. Springer. New York.

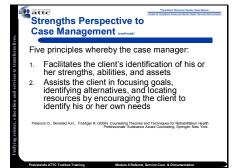
Strengths Perspective to Case Management (continued)

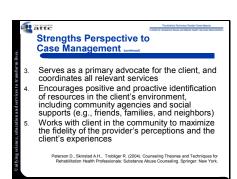
Five principles whereby the case manager.

- 1. Facilitates the client's identification of his orher strengths, a bilities, and assets
- 2. Assists the client in focusing goals, identifying alternatives, and locating resources by encouraging the client to identify his or herown needs

Pe te rson D., Skinstad A.H., Thob liger R. (2004). Counse ling The ories and Techniques for Rehabilitation Health Professionals: Substance Abuse Counse ling. Springer. New York.

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Strengths Perspective to Case Management (continued)

- 3. Serves as a primary advocate for the client, and coordinates all relevant services
- 4. Encourages positive and proactive identification of resources in the client's environment, including community agencies and social supports (e.g., friends, families, and neighbors)
- 5. Works with client in the community to maximize the fidelity of the provider's perceptions and the client's experiences

Pe te rson D., Skinstad A.H., Thob liger R. (2004). Counse ling The ories and Techniques for Rehabilitation Health Professionals: Substance Abuse Counse ling. Springer. New York.

Title Slide - Research

Slide 131

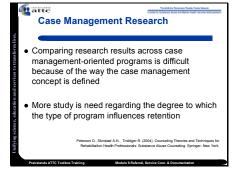


Case Management Research

- Comparing research results across case management-oriented programs is difficult because of the way the case management concept is defined
- More study is need regarding the degree to which the type of program influences retention

Pe te rso n D., Skinstad A.H., Thob liger R. (2004). Counse ling The ories and Techniques for Rehabilitation Health Professionals: Substance Abuse Counse ling. Springer. New York.

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Research Site Information

National Institute on Drug Abuse (NIDA): www.nida.nih.gov

www.samhsa.gov

ance Abuse and Mental Health Services Administration (SAMHSA):

National Institute on Drug Abuse (INIDA): www.nda.nin.gov
Prairielands Addiction Technology Transfer Center (PATTC): www.pattc.c
National Institute on Alcohol Abuse and Alcoholism (NIAAA):
www.niaaa.nih.gov
National Office for the Addiction Technology Transfer Centers (NATTC):
www.natic.org
lowa Substance Abuse Information Center (ISAIC): www.drugfreeinfo.org

lows substance Auber information Centre (ISALC), www.arbgireetinCotg American Counseling Association (ACA); www.counseling.org American Psychological Association (APA); www.apa.org The Association for Medical Education and Research in Substance Abuse (AMERSA); www.amersa.org

(AMERSA): www.amersa.org
The College on Problems of Drug Dependence (CPDD): www.cpdd.vcu.edu
National Council on Problem Gambling: www.ncpgambling.org

- Substance Abuse and Mental Health Services Administration (SAMHSA): www.samhsa.gov
- National Institute on Drug Abuse (NIDA): www.nida.nih.gov
- Pra irie la nd s Ad d ic tio n Te c hno lo g y Tra nsfe r C e nte r (PATIC): www.pattc.org
- National Institute on Alcohol Abuse and
- National Office for the Addiction Technology Transfer Centers (NATIC): www.nattc.org
- (ISAIC): www.drugfreeinfo.org
- American Counseling Association (ACA): www.counseling.org
- www.apa.org
- Re se arc h in Sub stance Ab use (AMERSA): www.amersa.org
- The College on Problems of Drug Dependence (CPDD): www.cpdd.vcu.edu

Research Site Information

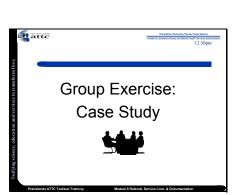
- Alc o ho lism (NIAAA): www.nia a a .nih.g o v
- Iowa Substance Abuse Information Center
- American Psychological Association (APA):
- The Association for Medical Education and
- National Council on Problem Gambling: www.ncpgambling.org

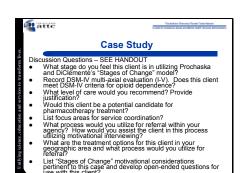
Title Slide - Group Exercise: Case Study

Slid e 133

Slid e

134





Case Study

See Module 8 – Handout 1 for details.

Title Slide - Summary

Slid e 136



Slid e

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Pre sentation Summary

Goal: Demonstrate the impact of co-occurring referral and service coordination clinical outcomes.

Objectives:

- 1. Define referral and service coordination from a co-occurring perspective:
- 2. Discuss impact and appropriateness of documentation;
- 3. Illustrate readiness of change and the impact on referrals;
- 4. Discuss ethical issues pertaining agency and clinician collaboration from a team perspective;
- 5. Develop multidisciplinary team approaches;
- 6. Discuss the impact of cultural relativity and client follow-up.

Presentation Summary Goal: Demonstrate the impact of co-occurring referral and service coordination clinical outcomes. Define referral and service coordination from a co-occurring perspective; 2. Discuss impact and appropriateness of documentation; 3. Illustrate readiness of change and the impact on referrals; 4. Discuss ethical issues pertaining agency and clinician collaboration from a team perspective Develop multidisciplinary team approaches; 6. Discuss the impact of cultural relativity and client follow-up.