

Not So Scary KID Conference

Saturday, October 5, 2013

Marriott NW Hotel, San Antonio, Texas



Tricks & Treats of Pediatric Care Childhood Obesity



Conference Overview

This year's conference will focus on the emergent problem of childhood obesity. This condition has exploded over the last decade and the healthcare team is now facing a variety of "new" health problems not usually seen in children. Topics to include discussions on cardiovascular, pulmonary, orthopaedic and metabolic issues that are seen in very obese children. We will also cover psychosocial issues and a discussion on what happens when it is necessary to contact child protective services. We hope to provide you with take home information on the epidemic of childhood obesity as well as pertinent information on treatment options for the variety of medical conditions related to obese kids.

Target Audience

Physicians specializing in pediatrics, family practice, and general practice as well as maternal child health nurses, pediatric and neonatal nurse practitioners and all allied health professionals who care for children.

Objectives

Through lecture, audiovisual presentations, case studies, research findings, discussion and breakout sessions the participant will be able to:

1. Discuss current state of childhood obesity in Texas and the resulting impact on the economy and healthcare
2. Describe management of cardiovascular and blood pressure problems in obese children
3. Discuss the unique metabolic and endocrine issues when children are extremely overweight.
4. Develop a plan of care for the obese child with pulmonary disorders
5. Assess surgical options for reducing weight in children
6. Discuss orthopaedic problems that occur in overweight youth
7. Develop a workable diet plan for weight loss in children
8. Describe the Texas Pediatric Society obesity toolkit and obesity management for your patients
9. Discuss trends in various forms of media and how it has affected today's youth
10. Describe signs and symptoms of psychosocial issues in obese kids and how to appropriately intervene
11. Assess the process when Child Protective Services is notified of a child at risk

Conference Schedule - 2013

7:00 – 7:45 a.m.	Registration and Continental Breakfast
7:45 – 8:00	Welcome and Announcements
8:00 – 8:45	Economic Impact of Childhood Obesity Fernando Guerra, M.D.
8:45 – 9:20	Cardiovascular and Blood Pressure Problem in Obese Kids Elaine M. Maldonado, M.D.
9:20 – 9:55	Metabolic Syndrome with Obese Kids Lauren A. Pankratz, M.D.
9:55 – 10:20	Break and Exhibits
10:20 – 10:55	Pulmonary Issues Related to Obesity in Kids Tarak J. Patel, M.D.
10:55 – 11:30	Surgical Options for Obese Children Ramiro “Sonny” Cavazos II, M.D.
11:30 – 12:05	Orthopaedic Considerations in Overweight Kids Alec C. Stall, M.D., MPH
12:05 – 1:05	Lunch
1:10 – 1:45	Diet and Nutrition: Tips to Help Children get the Weight Off Jan Daniel Tilly, MS RD LD
1:45 – 2:20	Toolkit for Practitioners from Texas Pediatric Society Suzanne Cuda, M.D.
2:20 – 2:40	Break
2:40 – 3:15	Media and Youth: Changes from Yesterday to Today Richard T. Schlosberg IV, M.D.
3:15 – 3:50	Medical Management of Childhood Obesity Suzanne Cuda, M.D.
3:50 – 4:50	The Morbidly Obese Child at Risk: Navigating the CPS Process Judge Peter Sakai
4:30 – 4:45	Evaluation and Adjournment



Accreditation

CME Category 1:

The Baptist Health System designates this continuing medical education activity for a **maximum of 7 AMA PRA Category 1 Credit(s)TM**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Baptist Health System is accredited by the Texas Medical Association to sponsor continuing education for physicians.

Medical Ethics and Professional Responsibility:

The *"The Morbidly Obese Child at Risk: Navigating the CPS Process"* presentations have been designated by the Baptist Health System for **one (1) hour** of education in the area of medical ethics and/or professional responsibility.

Nurses:

The Baptist Health System is an approved provider of continuing education in nursing by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This activity provides up to 7.16 contact hours.

Conference Location / Accommodations

The conference will be held at the Marriott Northwest Hotel, 3233 NW Loop 410, San Antonio, Texas (*for GPS Systems – use 3330 Cherry Ridge, San Antonio, TX 78230*). The San Antonio Marriott Northwest is an easy 5 - 10 minute drive to The Shops at La Cantera, The Bass Pro Shop, Palladium Movie Theater and The Rim Shopping Center. This Hotel is also just a 15-minute drive to the famous San Antonio River Walk. The River Walk hosts unique shopping and a variety of dining options all along the winding 2.5 mile stretch.

The Baptist Health System has a special group room rate of \$89 single/double, plus tax. To make your reservations, at this special rate, please call (800) 706-9963 and request the Baptist Health Center Group Rate. Or make your reservation on-line at www.marriott.com/satnw and enter "OCTOCTA" as the Group code. *Please make your reservation early, as space is limited.*

We suggest you bring a sweater or jacket as the meeting room temperature may be difficult to regulate.

American Disabilities Act: In accordance with the American Disabilities Act, all reasonable efforts will be made to accommodate persons with disabilities at this conference. Should you require special assistance, please call (210) 297-8632.

No Smoking: This conference is a "No Smoking" event.

Registration:

Early registration is advised as space is limited. Deadline for symposium registration is September 27, 2013 If you must cancel your registration, fees will be refunded in full if notice is received prior to September 27. Baptist Health System reserves the right to cancel the course no less than one week prior to the course should circumstances make this necessary. Should the program be canceled, persons registered will be notified by phone using the number listed on the registration form.

Not-So-Scary KID 2013 Conference
Saturday, October 5, 2013
Marriott Northwest Hotel, San Antonio
Registration Form

(Photocopies are acceptable)



Registration Fees:

Physicians: \$195

Nurses/Allied Health Professionals \$110

Baptist Health System Employees \$ 80

(Nurses and Allied Health Care who draw a paycheck from BHS – San Antonio)

Name: _____
(Please Print)

Address: _____

City/State/Zip Code: _____

Phone (Daytime): _____ Fax _____

Place of Employment/Department: _____

Please Check: MD DO PA NP R.N. LVN APN/NP Other

Other (Please Specify): _____

Specialty (if physician) _____

E-Mail: _____

Enclosed is my check payable to **Baptist Health System Conference**

for \$ _____ or I authorize Baptist Health System to charge my:

VISA MASTERCARD AMERICAN EXPRESS

Account No. _____

Exp. Date _____ Security Code _____

Print Name as Shown on Card _____

Signature _____

Make check or money order payable to:

Baptist Health System Conference

Return with registration form to:

Continuing Medical Education Dept.

Baptist Health System

730 N. Main #317

San Antonio, TX 78205

Or **fax** registration form to:

(210) 297-0918

For More Information

Call the CME Dept. at

(210) 297-8632

Web: cme.bshp.edu