



United  
Methodist  
Women  
FAITH · HOPE · LOVE IN ACTION

# Mission Tapestry

Arlington District United Methodist Women

Vol. XXXV, No. 1

February 2014

## PURPOSE of the United Methodist Women

The organized unit of UNITED METHODIST WOMEN shall be a community of women whose PURPOSE is to know GOD and to experience FREEDOM as whole persons through JESUS CHRIST; to develop a creative, supportive FELLOWSHIP; and to expand CONCEPTS OF MISSION through participation in the global ministries of the church.

The Mission Tapestry is a publication of the Arlington District United Methodist Women. Its goal is to keep units at the local/ congregation level informed about opportunities for living out our PURPOSE. It is published quarterly and mailed to all unit leaders, pastors, former Arlington District Presidents, and Virginia Conference UMW leaders. All articles for publication should be directed to ArlingtonDistrictUMW@gmail.com.

## District President's Message

### President's Letter – Winter 2014

I love being involved with UMW! I love the fellowship of sisters in Christ. I love the events and activities we can participate in.

We have had two wonderful events recently. The first was Training Day, hosted by Sterling UMW. What a marvelous job they did! Participants enjoyed good food and fellowship, an opportunity to share new ideas, and a time for training in their positions and for learning information to bring back to their units. And what an uplifting worship service the Sterling UMC praise band led. We had a lengthy discussion about the timing of Training Day, given we have had to move the date three years in a row due to ice and snow. But the majority of participants voted to keep the event in January, as a great way to start the year off. Thank you all who participated in the discussion.

The other recent event was United Methodist Day at General Assembly. This is always a great event, with the opportunity to see sisters and brothers in Christ from all over the conference, to learn about social justice issues of importance to people of faith, to meet with our representatives, and to watch often lively discussions in committee meetings and on the Assembly floors. Our presence as United Methodists does not go unnoticed. It is a great way to advocate for women, children and youth.

God calls us to serve and be involved, and provides us

opportunities. Our theme for Arlington District this year is: "God Calls; How Will You Answer". We will continue to explore this as the year unfolds. Our next event will be the Spiritual Life Retreat at Richmond Hill, March 21 and 22. We will be led in retreat by Karen Booker, the immediate past president of Alexandria District and a long time UMW member. Join us for a wonderful time of reflection on God's Call in our lives.

Our Spring Prayer Breakfast April 12 will once again be hosted by Korean UMC of Greater Washington. They are always such gracious hosts, and it will no doubt be a lovely event. Come fellowship together.

We will once again join with Alexandria District in our Day Apart on July 12. Rising Hope, serving those in need along the Route One corridor, will be our focus. There will be opportunities to learn and to serve in hands-on ways, and of course be with old and new friends.

Our Annual Meeting in September will give us the chance to share in our accomplishments for the year, and hear others share how they responded to God's Call for their lives. And we will round out the year with our Advent Event, preparing us for the Coming of Christ.

So, together let us rejoice in all that we can do and be as UMW!

Karen McElfish  
President, Arlington District UMW

**Like Arlington District UMW on Facebook!**

## Vice President

Marci Schiller

### Jesus Calling

I'm studying the Book of Romans and have come to the verse that says, "**We know that all things work together for good for those who love God, who are called according to his purpose**" (8:28, NRSV). Hmm, as Karen (McElfish) articulated at our January UMW Executive meeting: "God has called: How will you answer?!"

We use our free will in responding to His call. Today's (Jan 11) entry in Jesus Calling reminds me that "*yours is a responsive part in the litany of Love. I search among My children for receptivity to Me. Guard well this gift that I have planted in your heart.*" Receiving God's Love prompts us to action—as all good United Methodist Women know—and I detect a **vital** corresponding attitude as the entry continues: "*Speak to Me candidly; pour out your heart. Then **thank Me** for the answers...When your requests come to mind again, **continue to thank Me**...If you keep on stating your concerns to Me, you will live in a state of tension. When you thank Me for how I am answering your prayers, your mind-set becomes much more positive.*" (Emphasis added.)

Yes, we have so many prayer requests! I am guilty of constantly worrying about each of them instead of: "**Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God**" (Philippians 4:6). The best part in choosing this response and attitude is what follows: "**And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus**" (vs 7)!

Don't know what your Program is for next month? Pray, thanking God for who He's bringing to you. Yes, investigate your options; plan your meeting; prepare in all human ways; BUT, with a **thankful heart!**

Last year was a tough one for me. Sometimes I remembered to pray and be thankful, and I DID experience God's supernatural peace in those isolated moments. The question for me in 2014 is: **Has an attitude of thankfulness become my habit?** Many times we are flabbergasted by how events in our lives seem to re-occur, with no relief or change in sight. Let's examine our part in the problem. Do we "call" on our human strength to attain success, or do we: 1>*Listen to God's call*; 2>*Lay our concerns at His feet*; 3>**Rejoice always**, 4>**Pray without ceasing**, 5>**Give thanks in all circumstances; for this is the will of God in Christ Jesus for you**. 6>**Do not quench the Spirit.**" (1 Thes. 5:16-19)? Hint: This is a DAILY choice, not a one-time decision! (*I'm always surprised to discover this truth each day...*)

This week, in my bible study commentary, the author dared to suggest that "God uses our neediness to create receptivity, and our receptivity acknowledges His Lordship, which is always active in our behalf (Rom 8:31), **THOUGH OFTEN IN WAYS DIFFERENT FROM OUR EXPECTATIONS.**" (Emphasis added.)

Because of Mary's *receptivity and responsiveness*, she became **expectant** with the Christ Child. And, really, that is our *only* reason for being: **to become vessels of the Most High God.**

On this year's journey, answer Love's Call, and be at Peace.

Joyfully,  
Marci B. Schiller, VP  
[umwdirectory@aol.com](mailto:umwdirectory@aol.com)  
703-517-1315

# Secretary

Janet Keener

## God Calls: How Will You Answer?

### Proverbs 16:1-3 (NIV)

- 1 To humans belong the plans of the heart,  
but from the Lord comes the proper answer of the tongue.
- 2 All a person's ways seem pure to them,  
but motives are weighed by the Lord.
- 3 Commit to the Lord whatever you do,  
and he will establish your plans.

Dear UMW Sisters,

It's the New Year! God is calling us. How will we answer Him? Our pastor reminded the congregation the second Sunday in January that this is the time to be reminded of our baptism. Baptism is a gift of God. It is when we are called to Love, Forgive, and Serve one another, doing the will of the Father -- God's way -- like Jesus.

As stated in our *UMW Purpose*, we are called to serve and to share in mission as United Methodist Women members and officers. My call is to love and serve you as your Arlington District secretary. This is the ability God has given me to do.

Throughout the year, each of us will feel the urge to answer God's call in some way. Sharing your love with someone in need through our UMW programs is a good place to begin or continue. Consider serving your Arlington District UMW as a part of the ADUMW Leadership Team. We need you to answer God's call!

I look forward to your joining us for Training Day at Sterling UMC, Spiritual Life Retreat in Richmond, Spring Prayer Breakfast at KUMC, and any of our other celebrations of God and Christ throughout the year at the local, conference, or national level.

God Bless,

*Janet*

janet\_keener@cox.net  
703-281-7685



## Treasurer



Frances Ellis

CONGRATULATIONS to all units.

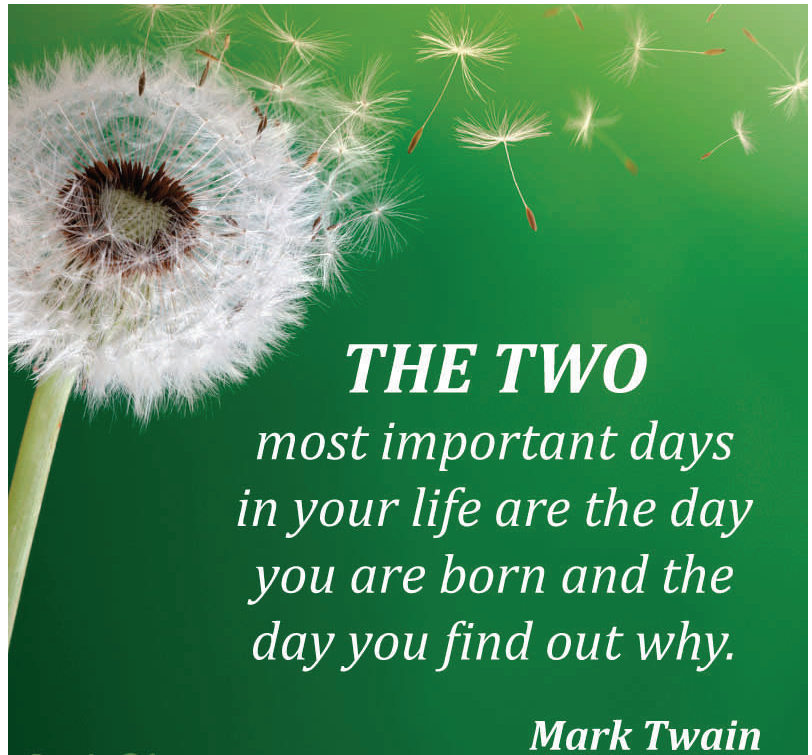
Arlington District UMW met our Pledge to Mission Giving for 2013. Our Pledge was \$35,000.

Great Work!

Congratulations also go to the 5- and 6-Star Mission Giving units. There were 6 units who earned the Six-Star Mission Giving Award. They are Dulin UMW, Friendship UMW, Graham Road UMW, Mt. Olivet UMW, Oakton UMW, and Wesley UMW. One unit, Herndon UMW, earned a Five-Star Mission Giving Award. Thank you for all you efforts. Keep up the good work.

Thanks to everyone for all you do.

Frances Ellis  
District Treasurer  
2933 Fox Mill Road  
Oak Hill, VA 20171  
703-476-1127



*Giving through the UMW  
is a gift that keeps on giving.*

# Spiritual Growth

Marjorie Long-Brown

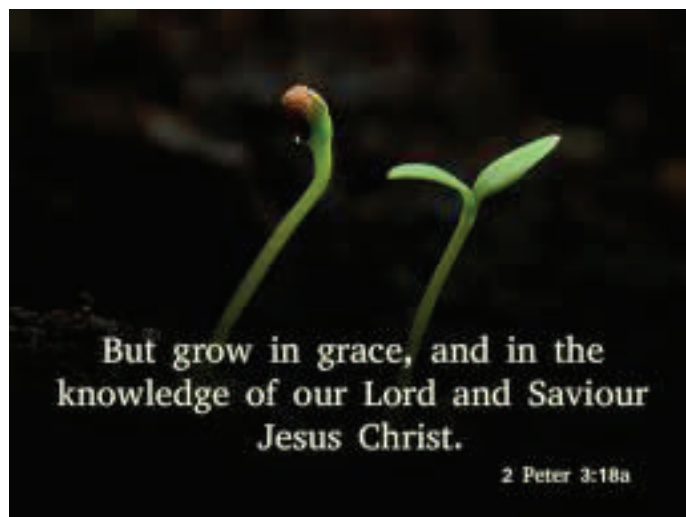
Remember to save:

March 21 and 22 for the Arlington District Spiritual Life Retreat to be held again this year at Richmond Hill Retreat Center;

April 12 for the Arlington District Spring Prayer Breakfast to be held at Korean UMC of Greater Washington;

And, mark your calendars for the 2014 Virginia Conference Spiritual Life Retreat which will be held May 16 – 18 at Blackstone. This date is a little later than usual due to the Assembly. The retreat leader will be the Rev. Sara Pugh. Her topic will be Hearing Your True Name...Beloved Child of God.

Yours in Christ,  
Marjorie Long-Brown,  
Spiritual Growth Coordinator

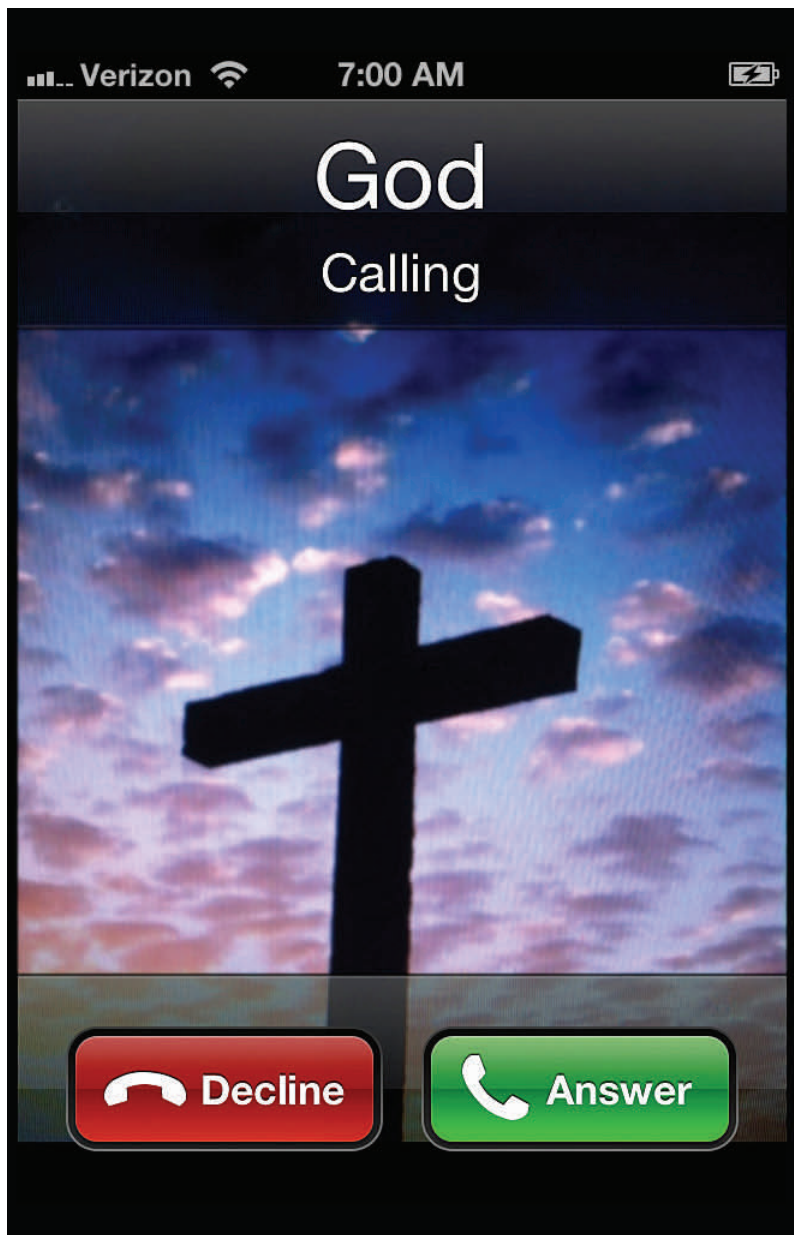


# Membership Nurture & Outreach

Angela Sokolowski

Angela Sokolowski  
District Membership Nurture and Outreach Coordinator  
[thesokos@mac.com](mailto:thesokos@mac.com)  
703-421-6445

## God is Calling! How will YOU Answer?



# Social Action

Susan Chung



Susan Chung  
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SusanChung1122@gmail.com.



# Mission Education & Interpretation

Doris Douglass

Hello and Welcome to the New Year!

I am excited to let you know that there is a big change to the Mission Today form for 2014. It will now be easier for smaller units to participate. Units with 15 members or less have fewer items to complete, making it easier for them to be a Mission Today, Silver or Gold Unit. Take some time to go over the form, as United Methodist Women we are doing many things already that we can check off.

Item 14 is: select a mission project which is supported by funds from United Methodist Women New York (our national organization) or the 2014 Ministry Grants of Virginia and visit and/or contribute needed resources.

Wesley Community Service Center, in Portsmouth, Virginia is a National Mission Project. They collect Product labels and turn them in for points. You can go on the Virginia Conference UMW web site and click Education & Interpretation or search using their name. So collect some labels and send them in! If you want to support a local project, Rising Hope in Alexandria or Grace Ministries in Herndon are local Ministry Grant recipients for 2014. Go to their web sites and find out how you can help. You don't have to make a big splash to make a difference.

I hope you collected lots of stamps this Christmas. If you did not bring them to the Training Day, I will be at the Spiritual Life Retreat in March so please bring them then.

Blessings,  
Doris

Doris Douglass  
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Annandale, VA 22003  
dorisdouglass@msn.com

## Topics for 2014 Mission Encounter (formerly School of Missions)

Roma of Europe  
How Is It With Your Soul  
Disabilities





# Program Resources

Gladys Packett

## God Calls: How Will You Answer?

Recently, I came across one of my dear mother-in-law's little books which is titled Collection of Golden Counsels for the Sanctification of Daily Life. So, I read with great interest the following story: A young girl, in one of those moments when the heart seems to overflow with devotion, wrote this in her journal: "If I dared, I would ask God why I am placed in the world; what have I to do? I know not; my days are idly spent, and I do not even regret them... If I might but do some good to myself or another, if only for the short space of a minute in day!" A few days later, when in a calmer mood she re-read these lines, she added, "Why, nothing is easier! I have but to give a cup of cold water to one of Christ's little ones." Even *less* than that: a word of advice; something lent to another; a little vexation patiently borne; a prayer for a friend offered to God; the fault or thoughtlessness of another repaired without his knowledge-God will recompense it all a thousand-fold!

Oh my, I thought, no matter how much time passes, things never change. You see this book was originally written in French (date unknown) but the English translation was done by C. M. Younge on February 12, 1880. By reading this story it reminded me that the same applies today; many of us don't know how to answer God's calling. We sometimes think that whatever we do for others has to be big, but God knows our gifts, our intents, and no matter how insignificant our deeds may appear, He will bless us for it. Sometimes it is hard to know the impact we will have on others until the deed is done. And sometimes we shall never know. But God does!

The United Methodist Women reading program offers the book Small Things With Great Love: Adventures in Loving Your Neighbor by Margot Starbuck. This book will open your eyes to the people around you and the huge impact you can have on them through small acts of love. "Small things happen when I learn the name of my daughter's school bus driver ... when I listen to the dreams of a woman who lives in a group home on my block," Starbuck writes. This book includes a study guide, list of resources, and a six-week adventure challenge. 240 pp. Make this book your next Unit's Reading Assignment!

Gladys Packett  
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United  
Methodist  
Women  
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# Arlington District United Methodist Women 2014 Calendar

**PURPOSE**  
of the United  
Methodist Women

The organized unit of UNITED METHODIST WOMEN shall be a community of women whose PURPOSE is to know GOD and to experience FREEDOM as whole persons through JESUS CHRIST; to develop a creative, supportive FELLOWSHIP; and to expand CONCEPTS OF MISSION through participation in the global ministries of the church.

**Event**

**Date**

<b>Arlington District UMW Training Day @ Sterling UMC</b>	<b>January 25, 2014</b> (Feb. 1 snow date)
United Methodist Day @ the General Assembly	February 6, 2014
<b>Arlington District UMW Spiritual Life Retreat @ Richmond Hill</b>	<b>March 21-22, 2014</b>
<b>Arlington District UMW Spring Prayer Breakfast @ Korean UMC of Greater Washington</b>	<b>April 12, 2014</b>
UMW Assembly 2014 @ Louisville, KY	April 25-27, 2014
Virginia Conference UMW Spiritual Life Retreat @ VUMAC	May 16-18, 2014
UMW Day @ Ferrum College	June 7, 2014
Virginia Annual Conference @ Hampton Roads Convention Center	June 20-22, 2014
<b>Arlington/Alexandria Bi-District Day Apart @ Rising Hope UMMC</b>	<b>July 12, 2014</b>
Mission Encounter @ VUMAC	July 25-27 and 28-30, 2014
Virginia Conference UMW Young Women's Event @	September 19-20, 2014
<b>Arlington District Annual Meeting</b>	<b>September 20, 2014</b>
Virginia Conference UMW Annual Meeting @ VUMAC	October 25-26, 2014
<b>Arlington District Advent Event</b>	<b>November 15, 2014</b>

## Arlington District United Methodist Women Officers for 2013/14

### **ELECTED OFFICERS**

#### President

Karen McElfish  
721 N. Emerson Street  
Arlington, VA 22203-1407  
703-522-6837  
James.McElfish@verizon.net

#### Vice President

Marci Schiller  
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#### Secretary

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Janet\_Keener@cox.net

#### Treasurer

Frances Ellis  
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### **MISSION COORDINATORS**

#### Education and Interpretation

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#### Social Action

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#### Secretary for Program Resources

Gladys Packett  
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Arlington, VA 22205-1323  
703-522-0341  
gpackett@verizon.net

### **NOMINATIONS COMMITTEE**

*Vacant at this time*

### **APPOINTED OFFICERS**

#### VUMAC Representative

*Vacant at this time*

#### Editor of the Tapestry

Frances Ellis  
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Herndon, VA 20171-1527  
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[fwellis@aol.com](mailto:fwellis@aol.com)



For general information about Arlington District UMW, e-mail  
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**VIRGINIA CONFERENCE  
UNITED METHODIST WOMEN  
2014  
SOCIAL ACTION AWARD**

The purpose of the Social Action Award is to encourage every United Methodist Women's Unit to be involved in social justice issues and to work to ensure that the words of Matthew 25:36, "I was naked, and you clothed me. I was sick, and you visited me. I was in prison, and you came to me.", become a reality by advocating for justice.

Social Action Award goals:

**Required:**

1. Choose **one to three** of the District's Social Action Priorities to work on as a unit.

Social Action Priorities for unit \_\_\_\_\_

**Choose from the following goals to qualify for a Social Action Award:**

2. Unit will have **at least one** member attend the United Methodist Day at the Virginia General Assembly. Member's name \_\_\_\_\_

3. **At least one** member of the unit will join the UMW Action Network and learn more about justice issues. Name \_\_\_\_\_

4. **At least one** member of the unit will sign up to receive the Virginia Interfaith Center's newsletter and use ideas from the newsletter to advocate for justice. Name \_\_\_\_\_

5. **At least one** member of the unit will sign up for action alerts from the General Board of Church and Society and share information on justice issues with the unit. Name \_\_\_\_\_

6. Unit will have a Racial Justice Program **or** participate in a District Racial Justice Program. Go here <http://new.gb-gm-umc.org/umw/media/files/Racial%20Justice%20Manual.pdf> for resources.

7. Unit will read **at least two** books on Social Action from the UMW Reading List. Books read: \_\_\_\_\_

8. Unit will host, **or** participate in, a Children's Sabbath Service highlighting the needs of children. Visit <http://www.childrensdefense.org> for programming ideas.

9. Unit will have "green meetings" **or** make some other special effort toward saving God's earth (i.e. recycling, using glasses instead of disposable cups, use chlorine free paper, etc.).

10. Unit will make a donation of goods, money, or service to Prison Ministries.

**2014 SOCIAL ACTION AWARD**

(continued)

11. Unit will present a program **or** initiate a project based on the district's social action priorities.

Goal: \_\_\_\_\_

How was goal achieved? \_\_\_\_\_

12. Unit will present a program on the "Social Principles of the United Methodist Church". 64 page booklet can be purchased through [cokesbury.com](http://cokesbury.com)

**A Social Action Award Unit:**

- Complete the one required goal and 3 of the other goals.

**A Silver Social Action Award Unit:**

- Complete the one required goal and 5 of the other goals.

**A Gold Social Action Award Unit:**

- Complete the one required goal and eight of the other goals.

**UNIT/CHURCH** \_\_\_\_\_

**Number of members in your unit** \_\_\_\_\_

**President/Contact Person** \_\_\_\_\_

**Phone** \_\_\_\_\_ **E-mail** \_\_\_\_\_

**Period Covered: September 1, 2013 through August 31, 2014**

Revised 10/13

Action Alert Websites:

UMW Action Network website: [www.unitedmethodistwomen.org](http://www.unitedmethodistwomen.org)

General Board of Church and Society website: [www.umc-gbcs.org](http://www.umc-gbcs.org)

Virginia Interfaith Center for Public Policy website: [www.virginiainterfaithcenter.org](http://www.virginiainterfaithcenter.org)



## VIRGINIA CONFERENCE UMW MISSION TODAY

**The Purpose of MISSION TODAY is to fulfill the PURPOSE of UMW by:**

- Energizing United Methodist Women to be more involved in mission through prayer, study and action;
- Increasing contacts between units and mission personnel and projects
- Encouraging use of mission resources; and
- Expanding concepts of mission including social justice as mission

**Becoming a Mission Today Unit is a way to increase emphasis on what United Methodist Women have been doing for more than a century: turning faith, hope and love into action on behalf of women children and youth around the world.**

### Period covered in this report SEPTEMBER 1, 2013 – AUGUST 31, 2014

**How to become a Mission Today Unit:**

**All units must complete item #1. The number of additional items depends on the size of your unit.**

( ) **Mission Today units...**

...Units **OVER 15 members:** Must complete 8 additional items including at least 4(\*) items.

...Units **with 15 or fewer members:** Must complete 4 additional items including at least 2(\*) items.

( ) **Silver Mission Today Unit:**

...Units **OVER 15 members:** 13 additional items including at least 6(\*) items.

...Units **with 15 or fewer members:** 8 additional items including at least 4(\*) items.

( ) **Gold Mission Today Unit:**

...Units **OVER 15 members:** 20 additional items including at least 12(\*) items.

...Units **with 15 or fewer members:** 13 additional items including at least 6(\*) items.

Items:

- (\*) 1. **The unit will MAKE and MEET its Pledge to Mission Giving. (Must be completed).**
- (\*) 2. At least 2 members, other than a District or Conference Officer, attend the District or Conference Annual Meeting.
- (\*) 3. At least 1 member, other than a District or Conference officer (that has their way paid by District or Conference), attend the Conference Spiritual Life Retreat or the District Spiritual Life Event. (If a District or Conference Officer, attend the Spiritual Life retreat paying their own way, they may count themselves as going representing their unit.)
- (\*) 4. Have at least 1 member, other than a District or Conference officer, attend Mission Encounter 2014/a Mission u 2014 in another conference or a District Mission Celebration/Mission School event.
- (\*) 5. Sponsor a young woman to attend the Conference or a District Young Women's Event. Name of the event attendee: \_\_\_\_\_
- (\*) 6. Use the ***Prayer Calendar*** at each Unit Meeting to pray for mission workers and mission projects for women, children, and youth.
- (\*) 7. Use at least 2 programs from the **UMW Program Book** during the year. Which ones:  
\_\_\_\_\_
- (\*) 8. Each Unit, Circle, or Subgroup include a "***response*** Moment" where an item from ***response*** magazine is lifted up as a way to tell a mission story.
- (\*) 9. The Unit, Circle, Subgroup, have at least 1 current mission study during the year. Which one: \_\_\_\_\_
- (\*) 10. Include having the UMW Purpose at every meeting.
- (\*) 11. Qualify as a Five- or Six-Star Unit by contributing to five or six Channels of Mission Giving.

- (\* ) 12. Increase the local unit Pledge to Mission for the coming year.
- (\* ) 13. Invite a District of Conference Officer, other than a unit member, to one of your Unit Meetings during the year and/or United Methodist Women's Sunday.
- (\* ) 14. Select a mission project which is supported by fund from United Methodist Women New York (Wesley Community Service Center), or the 2014 Ministry Grants of VA (listed in the conference yearbook) and visit and/or contribute needed resources. Name of the Project: \_\_\_\_\_  
\_\_\_\_\_
- (\* ) 15. Add at least **2** new members to the roll (**1**) new member for Units with 15 or fewer members.
- (\* ) 16. Have at least **2** members who subscribe to *response* magazine.
- (\* ) 17. Have at least **2** members participate in the Reading Program and complete Plan I.
- (\* ) 18. Implement the Charter for Racial Justice Policies in one way during the year. Some ideas include:  
 ...Have **2** or more members attend a District Charter for Racial Justice Program/Workshop  
 ...Have members read books and articles about other races and cultures; give report to unit  
 ...Plan a joint unit meeting with a unit of a different racial/ethnic background.  
 ...Encourage your church to support a refugee family  
 ...Write to elected representatives to support legislation affecting issues such as immigration, affirmative action, programs serving a low-income population, civil rights, etc.  
 Describe what you did: \_\_\_\_\_  
\_\_\_\_\_
- ( ) 19. Have **1** or **more** participate in hands-on mission such as gleaning, working a food pantry or clothes closet, bagging potatoes, etc. Describe what you did: \_\_\_\_\_  
\_\_\_\_\_
- ( ) 20. Have "green" meetings or make some other special effort toward saving God's earth (i.e. recycling, using glasses instead of disposable cups, etc.) Describe what you did: \_\_\_\_\_  
\_\_\_\_\_
- ( ) 21. Participate in the Campaign for Children (Children's Sabbath Service, support public education, etc.) Some ideas for action include:  
 ...Help sponsor a church or community program for children or youth needs  
 ...Get involved with children in mentoring or tutoring programs  
 ...Visit and show support to your local schools (attend school board meetings, sponsor a class, provide funds or items of special need)  
 Write congressional representatives regarding children's issues  
 Describe what you did: \_\_\_\_\_  
\_\_\_\_\_
- ( ) 22. Have at least **1** member attend the United Methodist Day at the Virginia General Assembly
- ( ) 23. Have at least **1** member attend UMW Day at Ferrum College.
- ( ) 24. Provide at least **10** UMCOR kits and funds for shipping for the VA Annual Conference.
- ( ) 25. Members shall write at least once a year to **5** mission workers listed in the *Prayer Calendar*
- ( ) 26. Have at least **1** person join the UMW's Action Network to receive and respond to legislative information. The on-line registration can be found at <http://new.gbgm-umc.org/umw/act/network/>

**UNIT /CHURCH and DISTRICT** \_\_\_\_\_

**Number of members in your unit** \_\_\_\_\_

**President/Contact Person** \_\_\_\_\_

**Phone** \_\_\_\_\_ **Email** \_\_\_\_\_

**MAIL TO YOUR DISTRICT UMW E&I by September 1, 2014.**

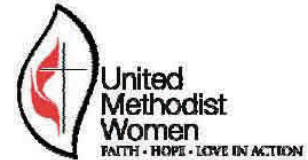
# God Calls: How Will You Answer?

March 21-22, 2014

Richmond Hill Retreat Center, Richmond, VA

**Arlington District United Methodist Women**

## Retreat Leader: Karen Booker



Retreat Leader, Karen Booker, served as the Alexandria District UMW President from 2009-2012, after completing eight years in other leadership positions with the United Methodist Women (including four years as Spiritual Growth Coordinator).

Karen is a member of Good Shepherd UMC in Dale City where she has held most of the UMW positions, including President, several times over. She continues to serve on many other local church, district and con-

ference committees and task forces.

Born a Methodist, Karen watched her grandmother and mother individually host WSCS (Woman's Society of Christian Service) circle meetings before the United Methodist Women organization came into existence. Her mother, Betty, went on to be the Frederick District UMW President in the Baltimore-Washington Conference, concluding her tenure just before she moved to VA to live with Karen in 1996. Thus, her involvement with UMW is heredity, but her passion for the organization and its PURPOSE is a result of her active service when she answered God's call.

Karen is a federal government retiree, mother of one son, and grandmother of two girls (11 and 12 years old).

**Register early!**

**Limited availability!**

### Richmond Hill

Richmond Hill is an urban retreat center located on the hill where Richmond began in the former Monte maria Monastery overlooking downtown Richmond. An ecumenical Christian community maintains the center for all who are drawn by the Spirit to seek God's renewal and peace in a place of silence and support.

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Address \_\_\_\_\_

City/State/ZIP \_\_\_\_\_

Email Address \_\_\_\_\_

\_\_\_\_\_ Full Retreat (\$60 includes lodging and 3 meals.) Friday 4:00pm-Saturday 4:00pm or

\_\_\_\_\_ Saturday only (\$30-includes lunch only) 8:30am-4:00pm

Please send registration form and payment by March 1 to Frances Ellis, 2933 Fox Mill Road, Herndon, VA 20171





## **Spring Prayer Breakfast**

**April 12, 2014**

**9 a.m.**

**Korean UMC of Greater Washington  
1219 Swinks Mill Road  
McLean, VA 22102**





**Rev. Sara Pugh, Retreat Leader**

Reared in North Carolina as a preacher's kid in the International Church of Christ, Sara was baptized at fifteen, later attended the University of North Carolina and graduated with an English major and a Social and Economic Justice minor. In the summers, she worked with the Appalachian Service Project and later served as an AmeriCorps volunteer in Philadelphia. She graduated with a Masters of Divinity with a concentration in Faith of the City from Candler School of Theology in Atlanta and then worked as an intern at a New York City church which had an emphasis on homeless ministries. Appointed to Braddock Street UMC in Winchester, she became an elder in June 2012 and is now on loan from the Virginia Conference to the Oklahoma Conference as pastor of Coweta First UMC in Coweta, OK.

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**Mission Emphasis for Retreat:** Wesley Community Service Center in Portsmouth, the only national United Methodist Women project in VA, needs **gift cards** in any amount from **Food Lion or Walmart**. The cards allow the Center to offer assistance for food or pharmacy items. Please bring a gift card(s) to the retreat.

**Other items to bring to retreat:** Bible, pen/pencil, paper, money for offering and ice cream social, layers of clothing for warmth.



**VIRGINIA  
CONFERENCE  
UNITED METHODIST  
WOMEN**



**SPIRITUAL LIFE RETREAT**

**May 16-18, 2014**



*Hearing Your True Name...  
Beloved Child of God*

**Retreat Leader:  
Rev. Sara Pugh**

**Blackstone Conference & Retreat Center  
707 Fourth Street  
Blackstone, VA 23824  
434-292-5308**

**Virginia Conference United Methodist Women  
Spiritual Life Retreat  
May 16-18, 2014**

Name \_\_\_\_\_  
 Street \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Church \_\_\_\_\_ District \_\_\_\_\_  
 Phone \_\_\_\_\_ Email \_\_\_\_\_  
 Roommate(s) \_\_\_\_\_  
 Teens: Age \_\_\_\_\_ Grade \_\_\_\_\_ Parent's name \_\_\_\_\_  
 Are you a Young Woman (age 19-35)? Yes \_\_\_\_\_ No \_\_\_\_\_  
 Are you a first timer? Yes \_\_\_\_\_ No \_\_\_\_\_  
 Any condition requiring special room assignment, diet, etc.? \_\_\_\_\_

**Overnight Attendance:** please check when you will arrive  
 \_\_\_\_\_ Friday through Sunday (with Friday dinner) \$155.00  
 \_\_\_\_\_ Friday through Sunday (without Friday dinner) \$147.00  
 \_\_\_\_\_ Saturday (Sat. lunch at 12:30 - Sunday lunch) \$ 99.00  
 \_\_\_\_\_ Private room requested – add \$5.00 more per night  
 \_\_\_\_\_ Goodson Lodge room requested – add \$10.00 more per night  
 \_\_\_\_\_ Total for Overnight registration remitted \$ \_\_\_\_\_

**NOTE: ABOVE PRICES DO INCLUDE ROOM, MEALS, AND \$12.00 REGISTRATION FEE.**

**Day Attendees:** \$12 registration fee **plus cost of meals:**  
 \_\_\_\_\_ Friday dinner \$10.50 \_\_\_\_\_ Saturday lunch \$8.75  
 \_\_\_\_\_ Saturday dinner \$8.00 \_\_\_\_\_ Sunday breakfast \$6.00  
 \_\_\_\_\_ Sunday lunch \$9.75  
 \_\_\_\_\_ Total for Day registration remitted \$ \_\_\_\_\_

Mail registration form and check for the total amount payable to Virginia Conference United Methodist Women to the registrar:  
**Jo Ann Liskev:** 4856 Shen Lake Dr., Harrisonburg, VA 22801-6043  
 (Phone: 540-434-2997 Email: jaliskev@juno.com).  
**Registration deadline: May 1, 2014**

The Retreat Program begins officially on Saturday at 10:00 a.m. and ends with lunch on Sunday. An offering opportunity will be Saturday and Sunday. Dress will be casual. Bring your favorite snacks. There are vending machines for soft drinks. You have the option of arriving Friday afternoon or evening.

**May 16-18, 2014 Spiritual Life Retreat TENTATIVE Schedule**

<u>Friday evening</u>	Registration 4:00 to 7:00 p.m.	Book Room open 4:00 to 6:00 p.m.	Dinner 6:00 p.m.	Book Room open, etc. 7:00 to 8:30 p.m.	Small Group Leaders meeting, VA Rm 7:15 p.m.	Vespers, VA Room 8:30 p.m.
<u>Saturday morning</u>	Devotions, VA Room 7:30 a.m.	Breakfast 8:00 a.m.	Free Time, Registration 8:45-9:45	Musical Praise, Auditorium 9:45 a.m.	Session 1 10:00 to 11:00 a.m.	Small Group I 11:15 to 12:15 p.m.
<u>Saturday afternoon</u>	Lunch 12:30 to 1:30 p.m.	Focus Groups 1:45 to 2:30 p.m.	Free Time, Book Rm. open 2:45 p.m.	Musical Praise, Auditorium Session 2 3:00 to 4:00 p.m.	Small Group 2 4:15 to 5:15 p.m.	Book Room open 5:15 to 6:00 p.m.
<u>Saturday evening</u>	Dinner 6:00 to 7:00 p.m.	Musical Praise, Auditorium Session 3 7:15 p.m.	TBD 8:35 p.m.	Ice Cream Social 9:00 p.m.	Book Room open 9:15-10:00 p.m.	
<u>Sunday morning</u>	Devotions, VA Room 7:30 a.m.	Breakfast and packing 8:00 a.m.	Session 4 9:00 to 10:00 a.m.	Small Group 4 10:15 to 11:00 a.m.	Musical Praise, Auditorium 11:15	Worship and communion 11:30 a.m.
	Lunch/Depart 12:30 p.m.					

The Southeastern Jurisdiction of United Methodist Women is requesting logo submissions for the 2016 SEJ Quadrennial Meeting. The logo must represent the theme, "A Fresh Wind Blowing" and the scripture, John 3:8. Any logos received will be submitted from our Southeastern Jurisdiction and voted on in March 2014. The deadline for submissions is **February 25**. These can be emailed to President Patty Stricklin at [pattystricklin@yahoo.com](mailto:pattystricklin@yahoo.com) or to Secretary Charlotte Smith at [charlottesmith@twc.com](mailto:charlottesmith@twc.com). Please pass this on to your Conference Team, District Teams, and to anyone you feel could design a logo.

Virginia Conference has many talented UMW and I know we can do this. I would like to request that when you send a logo you cc me (Joyce Winston at [buckrow@aol.com](mailto:buckrow@aol.com)) also. Thank you in advance for sharing your talents.