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FEATURING KATHY MORRI SON, MSN, RN, CNRN Strategies for Excellence in Stroke Care Expanding the Window for Care Rule Out Conditions that Mimic Stroke Update on Latest Cheektowaga, NY **Diagnostic Tools** Wednesday Identify Severity and August 14, 2013 **Area of Brain Damage**  Treatment Advances: Syracuse, NY Thrombectomy and Intra Arterial t-PA Thursday Stroke Medications August 15, 2013 Outcomes and **Expectations by Stroke** Albany, NY **Syndromes** Friday Rehabilitation August 16, 2013 Strategies Joint Commission Primary Stroke Center Certification Nurses • Nurse Practitioners • Physical Therapists Physical Therapy Assistants • Speech-Language Pathologists Occupational Therapists • Occupational Therapy Assistants Stroke Management Teams • Recreation Therapists Therapeutic Recreation Specialists • Audiologists www.pesihealthcare.com

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# **Strategies for Excellence in Stroke Care: Expanding the Window for Care**

The key to effective stroke care is early recognition and treatment. With an emphasis on the interdisciplinary team approach to stroke care, this interactive program will teach you how to pinpoint an area of brain injury and determine the associated neurological deficits. You will gain a better understanding of embolic and thrombotic strokes, as well as subarachnoid and intracerebral hemorrhages, which will help you predict impending changes in your patients. You will also have the opportunity to analyze complex stroke cases, strengthen your assessment skills, and advance your understanding of subtle neurological changes in your patients.

As an experienced neuroscience nurse, Kathy Morrison, MSN, RN, CNRN, is able to merge the latest science with practical strategies for stroke care. She will enhance your ability to not only implement care protocols from pre-hospital to post-acute, but also to understand the evidence behind the guidelines for care. She will also help you understand treatment modalities for improving the care you provide to patients faced with Transient Ischemic Attack. Don't miss this opportunity to learn about the latest advances for achieving excellence in stroke care!

## **OBJECTIVES**

- 1. Differentiate evidence-based practice from "the way we've always done
- 2. Assess the care techniques for stroke patients in both the acute and the rehabilitation stages of recovery.
- 3. Interpret the Joint Commission Primary Stroke Center standards including: certification, performance measures and the intra-cycle review process.
- 4. Explain how to benchmark standards of care through the implementation of the "Get with the Guidelines" program from the American Stroke Association
- 5. Determine team-building strategies to enhance the multidisciplinary team performance for better patient outcomes.
- 6. Summarize the latest clinical advances in stroke assessment and
- 7. Integrate the latest recommendations to optimize stroke patient care in your health care environment.

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Needs hotel name address • zip

phone Syracuse, NY

August 15, 2013 Needs hotel name

address • zip phone

Albany, NY August 16, 2013

Needs hotel name address • zip phone

### SEMINAR SCHEDULE:

7:30 Check-in/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch on your own

4:00 Program ends

10-15 minute mid-morning and mid-afternoon breaks

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### **OUTLINE**

### Assessment, Diagnostics, Treatment and Prevention

- · Brain Attack
- · Transient Ischemic Attack
- · Advances in Prevention/Treatment
- · Atrial Fibrillation
- · Ulcerated, Ruptured Plaque
- Types of Stroke/Symptoms Thrombotic Embolic Hemorrhagic Lacunar
- Ischemic Penumbra
- · Symptoms of Hemorrhagic Stroke
- · Interrupting Clot Formation
- National Stroke Association Updates
- American Stroke Association "Get with the Guidelines" to Transform Your Organization Driving Performance Improvement
- · Joint Commission Primary Stroke
- Center Certification
- Stroke Survivors • Team-Building Strategies

- Standards for Evidence-Based Stroke Care · Various Stroke Syndromes
  - Standardized Order Sets
  - · Conditions which Mimic Stroke
  - Functional Assessment Care Parameters by Diagnosis Common Pitfalls Cranial Nerves Sensory Exam

Motor Exam Muscle Testing Cerebellar Testing

- · Identifying Causative Factors: Prevent Future Disability
- · Diagnostics: CT, MRI, Diffusion MRI, Perfusion MRI, MRA, Transcranial Doppler, Bubble Studies, Carotid Doppler, Hypercoagulability Profile, Blood Glucose
- · ICP and Ventilation
- · Subarachnoid and Intracerebral Hemorrhage
- · Levels of Consciousness
- Posturing: Decorticate, Decerebrate
- Prevention/Tracking of Complications

### Stroke Medications

- Blood Pressure Management
- · Thrombolytics
- · Seizure Management
- Cerebral Edema
- Sedation

### Clinical Advances in Stroke Care

- Intra Arterial t-PA
- · Mechanical Clot Retrieval
- Combination Therapies
- · Drip and Ship Protocols
- · Outcomes in Stroke Centers/Units
- · Hypothermia

### Stroke Rehabilitation

- · Criteria for Transitions in Care: Acute Rehab, Subacute, Community-Based, Home Health
- · Current Rehab Theories
- · Change in Patient Roles
- · Implications for Rehab Professionals
- Family Role as Caregiver

# **CREDIT INFORMATION**

LIVE SEMINAR CONTINUING EDUCATION

**SPEAKER** 

Kathy Morrison, MSN, RN, CNRN, has been a nurse for over 30 years and

has experience in neurological and cardiac critical care, community nursing, case manage-

ment and program leadership. She is a certified neuroscience nurse and recipient of the

prestigious Pennsylvania State Nightingale Award for Clinical Nursing. In her current role

rates with fellow professionals in neurology, neurosurgery, pre-hospital, emergency depart-

ments, radiology, intensive care, rehabilitation and the stroke units to coordinate all aspects

Primary Stroke Center Certification and now provides consultation to other hospitals seeking

An accomplished author, Kathy's published works have appeared in nursing journals and

neuroscience course curricula. In addition to speaking nationally on stroke-related topics,

and a regional stroke survivor support group. Kathy is a member of the American Stroke

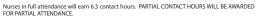
she is active in her community - participating in stroke screenings, awareness lectures

Association, the American Association of Neuroscience Nurses, and Sigma Theta Tau.

of stroke care. She played a pivotal role in helping her employer attain Joint Commission

as the Stroke Program Manager for an academic medical center in Pennsylvania, she collabo-

Nurses/Nurse Practitioners/Clinical Nurse Specialists: CMI Education Institute Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commis-





PESI Healthcare is approved by the Continuing Education Boar of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-langu and audiology. See course information for number of ASHA CEUs, instructional level and content area, ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical

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specific course content, products, or clinical procedures by AOTA.

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post-test. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement o

If your profession is not listed, please contact your board to determine your continuing education requirements and check for reciprocal approval. Many boards will approve this seminar based on other board approvals shown here. PESI HealthCare

### Disclosures

Financial: Kathy Morrison is receiving a fee for speaking at today's educational activity. Kathy serves as a consultant to Allergan USA, Inc. She receives compensation as a consultant.

Nonfinancial: Kathy Morrison is an advisory committee member for the American Heart Association. She does not receive

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The following individuals contributed to the planning of this educational event: Content Expertise: Kathy

Morrison, MSN, RN, CNRN; Nurse Planner: Liz Olson, BSN, RN; Target Audience Consultants: Becky Lange, OTR/L;

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Different Strokes is an in-depth look at what surviving, or not surviving, a stroke can mean. And Steven Boorstein should know-at age fifty-two, stein should know-at age fifty-two, he suffered a stroke after a hit on the ski slopes of Vail. Part-memoir, parthow-to, Steven Boorstein's book will

help you to recover from a stroke, whether you were the victim of one or had to watch a loved one suffer.