



**Do you want to make a difference to where you live?
Can you give some time to make that difference?**

We are looking for adults from your local community who can run sporting activities for young people aged 14-25. **No previous experience is necessary**

Course Title:	Sports Coach UK How to Deliver Engaging Sessions
Date:	Tuesday 10 th February 2015
Times:	6:30pm – 9:30pm
Venue:	Indoor Centre, Lancashire County Cricket Club, Emirates Old Trafford, Manchester M16 0PX (park in Car Park 4 near B&Q)
Cost:	FREE OF CHARGE

Course content

- What is Sporting Foundations for Life?
- What activities already exist in your community for young people?
- What activities do you think young people would like to do?
- How can you get young people to come back every week?
- What to do next



What to wear: Trainers for the practical parts
What to bring: Pen and notepad if possible
Refreshments will be available during the evening

More information? Contact Howard Shore,
Lancashire County Cricket Club Foundation

Tel: 0161-868-6850 or 07834-416264

Email: hshore@lccc.co.uk

To book on: Please email Howard with the information below, or post the bottom of this form to:
Howard Shore, LCCC Foundation, Emirates Old Trafford, Manchester M16 0PX by **Thursday 5th February 2015**

Sports Coach UK How to Deliver Engaging Sessions, 10th February 2015

Your Name: _____ Phone Number: _____

email address: _____

Home post code or area you live in: _____

What experience do you have of working with young people (if any)? _____

Do you have any relevant qualifications? _____

Why are you interested in this course?
