

## NEW CLIENT INFORMATION SHEET

Thank you for choosing **Elledge Counseling Associates** for your counseling needs. The following pages contain:

- Directions to the Counseling Center
- Personal Information Data Form
- Fee Scale and Counselor Experience
- Professional Disclosure and Informed Consent
- Financial Consent Statement and Fee Accountability
- Limits of the Counseling Relationship
- Notice of Privacy Practices
- Notice of Your Health Information Rights
- Personal Data Information Form
- Adolescent Self-Report (your child may choose to fill this out and bring it with them to session)

Please complete each of the attached pages (one set each, if participating in marital or family counseling) and bring them with you to your first appointment.

**If you are divorced, we will also need a copy of the divorce decree documenting your right to seek counseling for your child before we can proceed with the appointment.**

If you have any questions, prior to your appointment, please feel free to call 972-268-3096. Again, thank you for choosing **Elledge Counseling Associates**. We look forward to meeting with you soon.

## **DIRECTIONS TO OUR LOCATIONS**

### **Red Oak**

103 W. Red Oak Rd., Red Oak, TX 75154

From Interstate 35 East, exit Red Oak Rd. and continue. We are located on your left in an unmarked, brick house across the street from Rock Community Church. Please park in the gravel parking lot and ring the doorbell if the door is locked when you arrive. Your counselor will be with you as soon as possible.

From FM 342, go west onto Red Oak Rd and cross the railroad tracks. We are located on your right in the unmarked, brick house across the street from Rock Community Church. Please park in the gravel parking lot and ring the doorbell if the door is locked when you arrive. Your counselor will be with you as soon as possible.

### **Waxahachie**

210 YMCA Dr., Waxahachie, TX 75165

From Hwy 77/Ferris Avenue turn west onto YMCA drive and follow it to the dead end. The offices of The Avenue Church will be on the right. We are located inside. Please come in and your counselor will be with you as soon as possible.

### **Ferris**

304 W 5th St., Ferris, TX 75125

From Red Oak travel east on Ovilla Road/ FM 664. FM 983 and FM 664 will merge. Soon after the merge, turn left on N. Wood St. Next, take the first right onto 5th St. The counseling sessions are held inside the church offices and you will enter under the awning. You may wait outside by the door or in your car and your counselor will come for you as soon as possible.

From FM 983/6th St., traveling west, turn right onto N. Church St. and take the first left onto 5th St. The counseling sessions are held inside the church offices and you will enter under the awning. You may wait outside by the door or in your car and your counselor will come for you as soon as possible.

### **Ennis**

1200 Country Club Rd., Ennis, TX 75119

Following I-35E and U.S. 287 exit US-287 Business. From, US-287 Business turn north onto Jeter Dr. Turn right on Country Club Rd. The church will be on your left. Park near the covered driveway entrance. You may wait outside by the door or in your car and your counselor will come for you as soon as possible.

### **Duncanville**

227 W. Center St., D'ville, TX, 75116

From Hwy 20, traveling west, exit Duncanville Rd./Main St. Turn left onto Main St. going south and then veer right at fork to make a right onto Center St. Cross the railroad tracks. Our offices are in a white house with a red door, surrounded with a large porch and rocking chairs out front. A sign in the yard will say, "Project Duncanville." Please come right in and your counselor will be with you as soon as possible.

From Hwy 20, traveling east, exit Cedar Ridge and turn right. Take a left on W. Center St. Travel east about a mile and our offices will be on your left in a white house with a red door, surrounded with a large porch and rocking chairs out front. A sign in the yard will say, "Project Duncanville." Please come right in and your counselor will be with you as soon as possible.

### **Midlothian**

620 N Hwy 67, Midlothian, TX 76065

From 287 North take the Hwy 67 N./Dallas exit. Take the frontage road and the church entrance will be on your right. During the day you may come right in and wait in the church foyer. All other times please wait outside or in your car and your counselor will be with you as soon as possible.

From Hwy 67 S. exit U.S. 287/Ft. Worth. Turn left under the highway and follow the frontage road to the church entrance on your right. During the day you may come right in and wait in the church foyer. All other times please wait outside or in your car and your counselor will be with you as soon as possible.

## FEE SCALE AND COUNSELOR EXPERIENCE

### **Fee Scale**

The fees for a 45/50 minute counseling session range in price from \$25-\$75 and are based on your counselor's education, experience, and office location. We accept exact cash or personal checks. We also accept credit cards; however, you will incur a processing fee in addition to your regular session fee. Please call for more details.

### **Counselor Experience**

A Licensed Professional Counselor (LPC) in the state of Texas has completed a master's degree in psychology or counseling, passed the state exam, and completed 3,000 postgraduate hours of supervised experience with clients.

A Licensed Professional Counselor Intern (LPC Intern) in the state of Texas has completed a master's degree, passed the state exam, and is currently working on the required 3,000 postgraduate hours of supervised experience with clients.

A practicum student is at the end of their master's program working on the required hours of supervised counseling experience to complete their graduate degree.

## PROFESSIONAL DISCLOSURE AND INFORMED CONSENT

I consent to take part in treatment with a counselor of **Elledge Counseling Associates**. I understand that developing a treatment plan with my counselor and working toward those goals are in my best interest. I agree to play an active role in this process.

I understand that no promises have been made to me as to the results of treatment.

I am aware that I may stop treatment at any time. Yet, I am also aware that many times clients may feel like stopping therapy due to the pain or discomfort of addressing issues that are important to their well being. Therefore, I agree to talk with my counselor if I feel like ending therapy before all my treatment goals are met.

Sessions last for 45/50 minutes. I also understand that if I am late to my appointment my counselor will not run over into another client's time.

In the case of an emergency after regular business hours I may call the after-hours number to speak to the counselor on call. That number is 972-268-3096.

Confidentiality is the ethical right of all clients. However, there are certain exceptions, which supersede the confidentiality of the client-therapist relationship. Exceptions to Confidentiality: 1. The therapist makes an assessment of an impending suicide risk. (Chapter 611, Family Code) 2. A client reports past or present instances of the abuse or neglect of a child, elderly person, or mentally challenged person (Chapter 261, Family Code) 3. A client acknowledges committing abuse or neglect of a child, elderly person, or mentally challenged person either in the present or the past. (Chapter 261, Family Code) 4. There is a probability of imminent harm to the client or others. (Chapter 611, Sec. 004(a)(2) Health and Safety Code) 5. Counseling records may be released when they are subpoenaed by a court of law. I have read the preceding exceptions and understand that under the above stated circumstances the confidentiality of the client-therapist relationship is superseded. I understand that in such instances my therapist is bound ethically and legally to inform the proper authorities.

If any counselor from **Elledge Counseling Associates** is compelled to appear or testify on your behalf, either in a deposition or in court, I agree to pay that counselor for his or her time out of the office. The associated cost will be the counselor's regular session fee for up to 60 minutes of the counselor's time, with an additional regular session fee charged for every hour (or partial hour) thereafter. Billable time will include the average drive time to and from the Counseling Center office and the place of testimony.

**Elledge Counseling Associates** charges a counselor's regular session fee per hour to complete requested or subpoenaed documentation on your behalf. There is *no charge* for providing you with a standard receipt needed for insurance reimbursement purposes.

If the client is under the age of 18 years, I testify with my signature below that I have legal custody and authority and give my consent for \_\_\_\_\_ to receive counseling from the **Elledge Counseling Associates**.

**By signing below you are stating that you have read and understood this policy statement. In addition, you consent to participate in evaluation and/or treatment. You have had your questions concerning this document answered to your satisfaction.**

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

FINANCIAL CONSENT AND ACCOUNTABILITY STATEMENT

I am aware that I must call to cancel an appointment within 24 hours of that appointment in order to avoid full financial responsibility for that session. It is my responsibility to call my counselor (day/night/weekend) to cancel my appointment.

Furthermore, I agree to the one time charge or debit to my credit/debit card in the amount of my regular appointment fee plus the service charge, following any missed session or appointment cancelled with less than 24 hours notice. **Elledge Counseling Associates** is not required to notify me of this charge.

I am aware that payment is due at the beginning of each session. All checks should be made out to **Elledge Counseling Associates**. If paying by cash, only exact amounts will be accepted. If you do not bring exact cash, your counselor will not be able to make change and the excess will be applied to your next session. If you choose to pay ahead for sessions, please be aware that we do not provide refunds for unused sessions.

If my check is returned for insufficient funds I agree to bring cash payment for the session and the NSF bank charge before my next scheduled appointment. If no cash payment is made, I agree to a one-time credit/debit charge to my account plus the NSF fee and the service charge to be made. **Elledge Counseling Associates** is not required to notify me of this charge.

If I fail to provide payment at the beginning of my session, my counselor will be unable to meet with me for our regularly scheduled session.

I understand that my counselor is unable to make further appointments with me until any balance on my account is paid in full.

I am aware that I must return any resources (CDs, DVDs, books, etc.) loaned to me. If I do not return the material(s) by the deadline given by the counselor, I agree to the one-time charge or debit to my credit card in the amount of the replacement cost of the material(s).

Credit /Debit Card Information:

Name as it appears on the card \_\_\_\_\_  
Credit/Debit Card # \_\_\_\_\_ Expiration Date \_\_\_\_\_  
Security Code on back of card \_\_\_\_\_  
Cardholder's Zip Code \_\_\_\_\_

All Clients' Printed Names that this form applies to (including children): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date

## LIMITS OF THE COUNSELING RELATIONSHIP

Although sessions with your counselor may be very intimate psychologically and interpersonally, the relationship is a professional relationship rather than a social one. Contact must be limited to sessions you arrange with your counselor.

Due to ethical guidelines, you are asked not to invite your counselor to social gatherings, offer gifts, ask your counselor to write references for you or relate to you in any way other than the professional context of the counseling sessions (this includes any interaction involving social networking sites).

Your counselor is required to keep the identity of clients confidential. Therefore, your counselor cannot and will not acknowledge you outside of counseling sessions unless you first acknowledge them.

Again, in order to maintain proper ethical standards, when the counseling relationship ends, the limitations of contact with your counselor must remain the same.

I have read and understand the Limits of the Counseling Relationship.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

## NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION  
ABOUT YOU MAY BE USED AND DISCLOSED  
AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.  
PLEASE REVIEW IT CAREFULLY.

We are required by The Health Insurance Portability & Accountability Act of 1996 (HIPAA) to provide confidentiality for all medical/mental health records and other individually identifiable health information in our possession. This Notice is to inform you of the uses and disclosures of confidential information that may be made by the practice, and of your individual rights and the practice's legal duties with respect to confidential information.

### Ways in Which We May Use and Disclose your Protected Health Information:

We may use and disclose at our discretion your medical records for each of the following purposes only: treatment, payment and healthcare operations.

- **Treatment** means providing, coordinating, or managing mental health care and related services. *For example* – use or disclosure by the health care provider in training programs in which “students, trainees, or practitioners in mental health” learn under supervision to practice or improve their skills in group, joint, family, or individual counseling.
- **Payment** means activities such as obtaining payment for the mental health care services we provide for you either from your insurance or another third party payer. *For example* – we may include information with a bill to a third-party payer that identifies you, your diagnosis, and procedures performed.
- **Health care operations** include the business aspects of running our practice. *For example* – to evaluate our treatment and services, or to evaluate our staff's performance while caring for you.

We may contact you to provide appointment reminders or other services that may be of interest to you. We will disclose your protected health information to any person *you identify* that is involved in your care or payment for your care. For example - a family member, relative, close friend, a pastor or pastor's representative whom you have asked us to communicate with.

We will use and disclose your protected health information *when required to by federal, state, or local law*. There are certain situations in which, as a therapist, I am required by ethical standards to reveal information obtained during therapy to other persons or agencies - even if you do not give permission. These situations are as follows: (a) If you threaten grave bodily harm or death to yourself or another person, I am required by ethical standards to inform the intended victim and/or appropriate law enforcement agencies; (b) if you report to me your knowledge of physical or sexual abuse of a minor child or of an elder (over 65) or any sexual conduct/contact with a minor, I am required by law to inform the appropriate child welfare agency which may then investigate the matter; (c) if I am required by a court of law (court order) to turn over records to the court or are ordered to testify regarding those records.

Any other uses and disclosures will be made only with your written authorization. You will be provided with an authorization form upon request. A separate form will be needed for each request for release of information. The authorization for release of records is valid until it expires or is revoked. You may revoke an authorization in writing and we are required to honor and abide by that written request, except to the extent that we have already taken actions relying on your authorization.

Please sign to indicate you understand our operational use of your information for treatment, payment and healthcare operations as stated above.

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Signature of Client/Responsible Party

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Date

## NOTICE OF PRIVACY PRACTICES CON'T

### Your Health Information Rights:

Although your records are the physical property of **Elledge Counseling Associates**, the information belongs to you. You have the following rights with respect to your information, which you can exercise by presenting a written request to our office manager.

You have:

- The right to request restrictions on certain uses and disclosures of your information. We are, however, not required to agree to a requested restriction. If we do agree to a restriction, we must abide by it unless you agree in writing to remove it. For example – a request that we not identify the agency when we contact you. (i.e.- “This is **Elledge Counseling Associates** calling”)
- The right to inspect and copy the information that we maintain about you. However, we **may deny an individual access**, provided that the individual is given a right to have such denials reviewed, in the following circumstances:
  - a health care provider has determined, in the exercise of professional judgment, that the access requested is reasonably likely to **endanger the life or physical safety of the individual or another person**;
  - the information makes **reference to another person** (unless the other person is a health care provider) and the health care provider has determined, in the exercise of professional judgment, that the access requested is reasonably likely to cause substantial harm to such other person; or
  - The request for access is made by the individual’s personal representative and the health care provider has determined, in the exercise of professional judgment, that the provision of access to such personal representative is reasonably likely to **cause substantial harm to the individual or another person**.
  - If you wish to inspect or copy your information, you must submit your request in writing to our office. We will have 30 days to respond to your request for information that we maintain at our practice site. If the information is stored off-site, we are allowed up to 60 days to respond but must inform you of this delay.
- The right to billing records.
- The right to revoke your consent to release information except to the extent that the agency has taken actions in reliance on the previously signed consent form.
- The right to reasonable requests to receive confidential communications of protected health information from us by alternative means or at alternative locations. For example – at your regularly scheduled appointment at a church satellite office, or by e-mail or fax.
- The right to amend your information if you feel that it is incomplete or inaccurate. You must make this request in writing to your therapist stating exactly what information is incomplete or inaccurate and your reasoning to support your request. We will respond to your request with in sixty (60) days. In rare cases your request may be denied. For a complete description of Rights of Amendment, please contact our office manager.
- The right to receive an accounting of disclosures of protected health information
- The right to obtain a paper copy of this notice from us upon request.
- The right to file a complaint if you believe we have violated your medical information privacy rights. You have the right to file a written complaint to our office manager, or Executive Director, or directly to the Secretary of Health and Human Services

To file a complaint with our practice, you must make it in writing within 180 days of the suspected violation. Provide as much detail as you can about the suspected violation and send it to Brenda Elledge, Director, **Elledge Counseling Associates**, 103 West Red Oak Road, Red Oak, TX 75154. You should know there will be no retaliation for your filing a complaint.

For more information about HIPAA or to file a complaint:  
The U.S. Department of Health & Human Services  
Office of Civil Rights  
200 Independence Avenue, S.W.  
Washington, D.C. 20201  
(202) 619-0257  
Toll Free: 1-877-696-6775

We reserve the right to change the terms of our notice and to make the new notice provisions effective for all protected health information that we maintain. If and when one is available, you may request a written copy of a revised notice from this office.



PERSONAL INFORMATION DATA FORM

Date: \_\_\_\_\_

Adolescent's Name \_\_\_\_\_ Age: \_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_ Sex: M / F

Your Name \_\_\_\_\_ Relationship to Adolescent \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: Home \_\_\_\_\_ May we leave a message at home? \_\_\_\_ Yes \_\_\_\_ No

Work \_\_\_\_\_ May we leave a message at work? \_\_\_\_ Yes \_\_\_\_ No

Cell \_\_\_\_\_ May we leave a message on your cell? \_\_\_\_ Yes \_\_\_\_ No

Email: \_\_\_\_\_ May we contact you by email? \_\_\_\_ Yes \_\_\_\_ No

Your Marital Status:  Single  Married  Separated  Divorced  Widowed

Current Spouse's Name (if applicable) \_\_\_\_\_ Age \_\_\_\_ Years of Marriage? \_\_\_\_

Spouse's Phone (in case of emergency): \_\_\_\_\_

Previous Spouse's Name(s): \_\_\_\_\_ # of marriages \_\_\_\_

**Names of children**      **If single, list parents and siblings**

First name	Last name	Age	Lives in your home
_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Part time
_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Part time
_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Part time
_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Part time
_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Part time

Who can we contact in case of an **emergency**? (Must be an adult other than spouse)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Please tell us how you learned of our services:

\_\_ First Baptist Red Oak    \_\_ The Avenue Church    \_\_ The Oaks Fellowship    \_\_ Creekwood Church

\_\_ First Baptist Ferris    \_\_ Tabernacle Baptist Church    \_\_ Pediatrics Southwest

\_\_ Internet Search    \_\_ Facebook    \_\_ Other (please indicate) \_\_\_\_\_

**MEDICAL INFORMATION**

How would you rate your child's current physical health? Excellent Good Fair Poor  
Is he/she currently experiencing any physical problems (e.g. headaches, body aches, stomach problems)?

Yes No If yes, please explain: \_\_\_\_\_

Previous hospitalizations for medical reasons: Date: \_\_\_\_\_ Reason: \_\_\_\_\_

Date: \_\_\_\_\_ Reason: \_\_\_\_\_ Date: \_\_\_\_\_ Reason: \_\_\_\_\_

Medical conditions or disabilities: \_\_\_\_\_

Learning or other disabilities not listed: \_\_\_\_\_

Please list all **non-psychiatric** medications: (over the counter or prescription):

Medication Dosage Frequency

Medication	Dosage	Frequency

Has your adolescent ever abused prescription or non-prescription drugs?

Yes  No If yes, which types? \_\_\_\_\_

Has either parent had any medical problems?

Yes  No If yes, which types? \_\_\_\_\_

**COUNSELING AND PSYCHIATRIC INFORMATION**

Has he/she had previous counseling? Yes No If yes, when? \_\_\_\_\_

Name and location of counselor: \_\_\_\_\_

If yes, for what reason? \_\_\_\_\_ For how long? \_\_\_\_\_

What were the results? \_\_\_\_\_

Has he/she ever been diagnosed or treated for any type of mental illness? Yes No

If yes, which type? \_\_\_\_\_ Please list any other disorders not mentioned: \_\_\_\_\_

Has anyone in your family ever been diagnosed with or treated for any type of mental illness?

Yes No If yes, which type? \_\_\_\_\_

Has your child ever attempted to commit suicide or homicide? Yes No

If yes, how? \_\_\_\_\_

Is there a history of suicide in your nuclear or extended family? Yes No

Is your child presently having thoughts of harming self or others? Yes No

Please list all **psychiatric** medications:

Medication Dosage Frequency

Medication	Dosage	Frequency

Is your child currently seeing a physician or psychiatrist? Yes No

Physician's Name: \_\_\_\_\_ City, State: \_\_\_\_\_ Phone: \_\_\_\_\_

Psychiatrist's Name: \_\_\_\_\_ City, State: \_\_\_\_\_ Phone: \_\_\_\_\_

### **FAMILY RELATIONSHIPS**

If parents are separated or divorced, how old was the adolescent when this occurred? \_\_\_\_

Are there difficulties within the marriage (if applicable) Yes No

To which family member is your adolescent the closest?

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How does this adolescent get along with his/her brothers and/or sisters?

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Describe any special activities that you do with your adolescent.

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### **SCHOOL**

Name of School: \_\_\_\_\_ Teacher: \_\_\_\_\_ Grade: \_\_\_\_

Please describe any positive or negative changes your adolescent is experiencing in school:

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When did you first notice these changes? \_\_\_\_\_

What is your adolescent's attitude toward school? \_\_\_\_\_

What are his/her major complaints about school? \_\_\_\_\_

Has he/she changed schools recently? If yes, when? \_\_\_\_\_

Does your adolescent get along with teachers and other students? Yes No

Please Explain: \_\_\_\_\_

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### **REASON FOR SEEKING COUNSELING**

What concerns has brought your adolescent to counseling today?

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**Please rate the severity of your adolescent's concerns on the following scale.**

Check one:  Mild  Moderate  Severe  Totally Incapacitating

What recent event prompted you to seek counseling at this time? \_\_\_\_\_

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How are your child's concerns affecting you personally? Please check all that apply:

Home  Dating Relationship  Marriage  Children  Health  Job  Finances

Extended Family  Relationship with God  Other: \_\_\_\_\_

When did your child's present concerns begin to be a problem? \_\_\_\_\_

## BEHAVIORS OF CONCERN

Please check how often the following behaviors occur.

- |                                      |                                |                                 |                                    |                                     |
|--------------------------------------|--------------------------------|---------------------------------|------------------------------------|-------------------------------------|
| 1) Loses temper easily               | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 2) Argues with adults                | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 3) Refuses adult's requests          | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 4) Deliberately annoys people        | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 5) Blames others for own mistakes    | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 6) Easily annoyed by others          | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 7) Angry/Recently                    | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 8) Spiteful/Vindictive               | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 9) Defiant                           | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 10) Bullies/Teases others            | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 11) Initiates fights                 | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 12) Uses a weapon                    | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 13) Physically cruel to people       | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 14) Physically cruel to animals      | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 15) Stealing                         | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 16) Forced sexual activity           | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 17) Intentional arson                | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 18) Burglary                         | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 19) "Cons" other people              | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 20) Runs away from home              | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 21) Truant at school                 | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 22) Doesn't pay attention to details | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 23) Several careless mistakes        | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 24) Does not listen when spoken to   | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 25) Doesn't finish chores/homework   | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 26) Difficulty organizing tasks      | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 27) Loses things                     | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 28) Easily distracted                | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 29) Forgetful in daily activities    | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 30) Fidgety/squirmy                  | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 31) Difficulty remaining seated      | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 32) Runs/climbs around excessively   | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 33) Sexually Active                  | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 34) Hyperactive                      | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 35) Difficulty awaiting turn         | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 36) Interrupts others                | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 37) Problems pronouncing words       | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 38) Poor grades in school            | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 39) Expelled from school             | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 40) Drug abuse                       | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 41) Alcohol consumption              | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |

- |                               |                                |                                 |                                    |                                     |
|-------------------------------|--------------------------------|---------------------------------|------------------------------------|-------------------------------------|
| 42) Depression                | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 43) Shy/avoidant/withdrawn    | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 44) Suicidal threats/attempts | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 45) Fatigued                  | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 46) Anxious/nervous           | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 47) Excessive worry           | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 48) Sleep disturbance         | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 49) Panic attacks             | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| 50) Mood shifts               | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |

What are the top three behaviors that you would like to see changed?

- 1) \_\_\_\_\_ 2) \_\_\_\_\_  
 3) \_\_\_\_\_

**STRENGTHS/WEAKNESSES**

List his/her three greatest weaknesses or needed areas of improvement.

- 1) \_\_\_\_\_ 2) \_\_\_\_\_  
 3) \_\_\_\_\_

List his/her three greatest strengths.

- 1) \_\_\_\_\_ 2) \_\_\_\_\_  
 3) \_\_\_\_\_

**SOLUTIONS**

What, if any solutions have you found that are helping your adolescent overcome his/her current issues?

\_\_\_\_\_  
 \_\_\_\_\_

## ADOLESCENT SELF-REPORT

Name \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_ Birthday \_\_\_\_\_

Address \_\_\_\_\_ Can we write you here? Yes \_\_\_ No \_\_\_

Phone \_\_\_\_\_ Can we call you here? Yes \_\_\_ No \_\_\_

School \_\_\_\_\_ Job \_\_\_\_\_

Hobbies \_\_\_\_\_

Who do you currently live with? \_\_\_\_\_

What is their relationship to you? \_\_\_\_\_

### THOUGHTS CHECKLIST

Please check how often the following thoughts that occur to you:

- |                                |           |            |               |                |
|--------------------------------|-----------|------------|---------------|----------------|
| 1. Life is hopeless.           | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 2. I am lonely.                | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 3. No one cares about me.      | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 4. I am a failure.             | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 5. Most people don't like me.  | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 6. I want to die.              | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 7. I want to hurt someone.     | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 8. I am so stupid.             | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 9. I am going crazy.           | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 10. I can't concentrate.       | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 11. I am so depressed.         | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 12. God is disappointed in me. | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 13. I am disappointed with God | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 14. I can't be forgiven.       | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 15. Why am I so different?     | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 16. I can't do anything right. | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 17. People hear my thoughts.   | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 18. I have no emotions.        | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 19. Someone is watching me.    | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 20. I hear voices in my head.  | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |
| 21. I am out of control.       | ___ Never | ___ Rarely | ___ Sometimes | ___ Frequently |

### ISSUES CHECKLIST

Please indicate which of the following are **current** issues for you. Check all that apply:

- |  |   |
|--|---|
| <input type="checkbox"/> Not being able to say what you really think or feel | <input type="checkbox"/> Feeling inferior to others                   |
| <input type="checkbox"/> Under too much pressure and feeling stressed        | <input type="checkbox"/> Angry outbursts                              |
| <input type="checkbox"/> Feeling down or unhappy/depressed mood              | <input type="checkbox"/> Excessive fear of specific places or objects |
| <input type="checkbox"/> Excessive anxiety or worry                          | <input type="checkbox"/> Difficulty making friends                    |
| <input type="checkbox"/> Withdrawing from others                             | <input type="checkbox"/> Difficulty keeping friends                   |
| <input type="checkbox"/> Suspicious feelings toward other people             | <input type="checkbox"/> Feeling as if you'd be better off dead       |

Afraid of being on your own

Feeling manipulated or controlled by others

Angry feelings

Difficulty making decisions

Concerns about finances

Loss of interest in sexual relationships

Feeling “numb” or cut off from emotions

Feeling Fat

Concerns about physical health

Feeling distant from God

Concerns about emotional stability

Hallucinations

Tremors

Hypersomnia (sleeping all the time)

Blackouts or temporary loss of memory

Inability to concentrate while at school/work

Insomnia (not being able to sleep)

Crying spells

Loss of appetite/increased appetite

Feeling “on top of the world”

Uncontrollable anxiety or worry

Nightmares

Lacking self-confidence

Getting into trouble at school/work

Feeling sexually attracted to members of your own sex

Obsessions or compulsions with specific activities

Eating and then vomiting to control weight

Inability to control thoughts

Excessive use of alcohol

Feeling trapped in rooms/buildings

Abuse of non-prescription drugs

Hearing voices

Loss of interest in usual activities/lack of motivation

Feeling that people are “out to get you” or that you are being watched

Heart Palpitations

Memory Problems

Other: \_\_\_\_\_

Chest Pain/Pressure

### PROBLEMS CHECKLIST -

Rate Each Issue with a Number: 1 = Major Problem      2 = Problem at Times      3= Not a Problem

\_\_\_\_\_ Feeling accepted by my peers

\_\_\_\_\_ Learning how to trust others

\_\_\_\_\_ Getting along with my parents or other family members

\_\_\_\_\_ Getting a clear sense of what I value

\_\_\_\_\_ Dealing with sexual feelings and/or problems

\_\_\_\_\_ Worrying about my future

\_\_\_\_\_ Trying to decide on a career

\_\_\_\_\_ Dealing with alcohol or drug abuse

\_\_\_\_\_ Dealing with problems at school

\_\_\_\_\_ Dealing with how I feel about myself

Other problems I'd like to talk about:

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What do you hope to gain from counseling?

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**STRENGTHS AND HELPS**

What personal strengths do you feel you possess that may help you with your current difficulties?

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Who or what has helped you cope with your current difficulties?

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Who or what has helped you cope with past difficulties?

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