

PAST WOUNDS

Mike Howerton - Lead Pastor

The temptations in your life are no different from what others experience.

1 Corinthians 10:13a NLT

1. _____ wound/ _____ wound

One day he asked the woman, "Did God really say you must not..."

Genesis 3:1b NLT

2. _____ wound

- _____

Why am I discouraged? Why is my heart so sad? I will put my hope in God!! I will praise him again—my Savior and my God! Psalm 42:5,11, Psalm 43:5 NLT

- _____

Don't sin by letting anger control you. Think about it overnight and remain silent. Psalm 4:4 NLT

...don't get worked up into a rage so easily, my brothers and sisters. Human anger is a futile exercise that will never produce God's kind of justice in this world. James 1:19b,20 TVB

The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure. 1 Corinthians 10:13 NLT

The bullseye for dealing with past wounds:

- _____

1. _____ the wound(s)

2. Begin to walk the _____

Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you. Ephesians 4:32 NLT

Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others. Colossians 3:13 NLT

3. Talk to a _____ source

Confess your sins to each other and pray for each other so that you may be healed. James 5:16a NLT

4. ask Jesus to bring his _____
into your brokenness