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Make a Friend... Be a Friend... Bring that Friend to Christ!

## PALANCAS

То:	
Cursillo Class #:	
Date:	
Place:	
Dear	

Our Lord has said, *"It was not you who chose Me, but I who chose you and appointed you to go and bear fruit that will remain..."* He has called you to Cursillo and is counting on you to take this special encounter with Him to your family and to the world. May our dear Lord continue to bless you and your family as you strive to serve Him.

As St. Paul, the Apostle, said: "Prayers with sacrifices are very precious before the eyes of the Lord." Therefore, as our spiritual offering for the success of your Cursillo, we each will offer to the Lord the following prayers & mortifications:

PRAYERS:	MORTIFICATIONS:	
Holy Mass	No Breakfast [	Days
Communion	No Snacks/Merienda E	Days
Visit to the Blessed Sacrament	No Coffee	Days
RosaryThe Cursillo Way	No Soft DrinksE	Days
Chaplet of Divine Mercy	No Television	Days
Novena	No Smoking	Days
Others:		

In Christ,	
Cursillo Class #:	Decuria:
Place:	Parish: