

# **NYLT Leadership Academy**

## **Personal Equipment List**



- Large Duffel bag or backpack (for travel)  
(You will have to carry your gear ½ mile to site.)
- Sleeping bag and sleeping pad
- Flashlight w/ extra batteries
- Hiking boots (broken in)
- Sneakers/athletic shoes (for wearing in camp)
- 2 pair wool socks and 2 pair polypropylene socks
- 2 Field uniform shirts (w/insignia)
- 3 pair uniform socks (minimum)
- 2 uniform shorts (minimum)
- Official belt
- Rain gear/poncho
- 7 changes of underwear
- Swim Suit
- Sweatshirt/sweater
- Nylon windbreaker
- Alarm Clock
- Watch (inexpensive)
- Comb
- Towels, washcloth
- Pocketknife (sharp)
- 3 ballpoint pens, small notebook
- Nylon stuff sack or large Zip-Loc bag (for using in shower room)
- Soap (in container)
- Toothbrush and toothpaste
- Shampoo
- Sunscreen
- Personal first aid items/prescription medications
- Mosquito repellent
- Chapstick
- 2+ water bottles (each must be at least 1 quart)
- Daypack for day hike in Washington DC
- Folding Camp Chair
- Optional Items**
- Uniform trousers
- Sunglasses
- Compass or GPS unit
- Camera
- Musical instrument
- Stamped postcards

You will be provided 2 Academy t-shirts and an Academy cap.