

## **Heron Lakes Teaching Staff Info.**

### **Michael O'Brien**

Michael is a native of Mobile and grew up playing junior and high school tennis locally. He and his doubles partner were the #1 doubles team in state of Alabama in his last year of competition as a junior before moving on to collegiate tennis. He played four years of college tennis, ending his career playing at the University of South Alabama which finished top 50 in the nation and also won the Sunbelt Conference title. Michael has been teaching tennis for over 11 years now. He has worked as an Asst Coach for Central Alabama Community College, Head Staff Professional at Nike Tennis Camps in Orlando, FL, Asst Tennis Professional at Querbes Tennis Center in Shreveport, LA, and an Asst Professional at West Lake Country Club in Augusta, GA, before coming to Heron Lakes 3 years ago. Michael is also certified with a PTR rating of Professional.

### **Chip Travis**

Chip is the current coach for the Saraland High School tennis teams. He also played collegiate tennis at the University of Mobile.

Heron Lakes Country Club  
3851 Government Blvd  
Mobile, AL 36693

# **2014 SUMMER TENNIS CAMPS**



HERON LAKES  
COUNTRY CLUB

**Session 1: May 27-30**  
**Session 2: June 3-6**  
**Session 3: June 17-20**  
**Session 4: June 24-27**  
**Session 5: July 8-11**  
**Session 6: July 15-18**  
**Session 7: July 29-Aug 1**

251-666-7665  
[tennis@heronlakescc.org](mailto:tennis@heronlakescc.org)

# SUMMER TENNIS CAMPS

## **HALF DAY STAY**

### **Beginners (4-7 years old)**

This class is designed to introduce our youngest kids to the world of tennis.

#### **----Fun and tennis fundamentals----**

- Kids will learn basic techniques such as forehand, backhand, volleys, serve and overhead, and at the same time develop basic skills, and hand and eye coordination skills through the games and fun exercises.
- Fun is a requirement for this class.

## **Intermediate class (7 yrs. & up)**

This class is designed to introduce players to match play and basic match strategy. Kids will learn basic striking skills with progression to sound stroke fundamentals.

#### **----Fun games, match play, drills----**

- Children will learn how to play longer rallies and develop an all-court game
- Learning through games, match play and repetition.
- Agility, balance and coordination.....

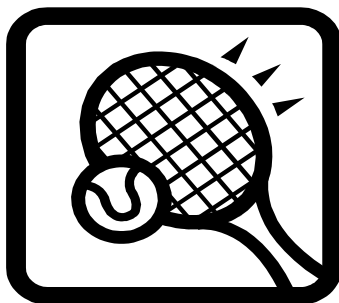
## **Camp Times**

### **HALF DAY STAY**

(Tennis Camp+Swimming after)

**9:30 AM-1 PM**

**Tuesday-Friday**



### **Camp Director**

**Michael O'Brien**

### **Camp Head Tennis Pro**

**Chip Travis**

### **Camp Teaching Pros**

**Meridith Cazalas**

**William Hooper**

**Zak Sorel**

**Burke Moore**

## **Entry Form**

### **Camp Fee:**

#### **HALF DAY STAY**

**\$85 or \$30 a day**

#### **HIGH PERFORMANCE CAMP:**

**\$80 or \$25 a day**

(Rain days may be used at any of the camps)

### **Ways to Register:**

#### **Mail or Pro Shop:**

Heron Lakes Country Club

Tennis Shop

3851 Government Blvd

Mobile, AL 36693

**Make Check Payable to:** Michael O'Brien

### **Tennis Shop Web Info:**

[www.heronlakescc.org](http://www.heronlakescc.org)

#### **Please Print**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone #: \_\_\_\_\_

Alt. Phone #: \_\_\_\_\_

E-mail : \_\_\_\_\_

Circle sex:      Boys                      Girls

Age Groups:    Beginner (4-7)  
                         Intermediate (7 & up)

T-Shirt Size    Kids:   S    M    L  
                         Adult:   S    M    L