



Dear Coach,

North Oldham High and Middle School Cross Country teams invite your teams to race in the Sixth Annual Rumble Through the Jungle Cross Country Invitational at picturesque Creasey Mahan Nature Preserve in Goshen, Kentucky. The meet will be held Saturday, September 12, 2009.

Race features: The course is both runner and fan-friendly with the courses running through shaded woods and manicured soccer fields. Music is featured throughout the course during the racing day creating a festive atmosphere for both athletes and spectators alike.

Schedule & Entry Fees:

Race	Distance	Start Time	Team Fee	Individual	Awards
Girls JV	5000 m	8:30 a.m.	\$40	\$5 (\$40 max.)	Top 50
Boys JV	5000 m	9:15 a.m.	\$40	\$5 (\$40 max.)	Top 50
Girls Varsity	5000 m	10:00 a.m.	\$40	\$5 (\$40 max.)	Top 50
Boys Varsity	5000 m	10:45 a.m.	\$40	\$5 (\$40 max.)	Top 50
High School Awards		11:45 a.m.			
Girls Middle School (6-8 th grades)	3000 m	12:00 p.m.	\$40	\$5 (\$40 max.)	Top 50
Boys Middle School (6-8 th grades)	3000 m	12:30 p.m.	\$40	\$5 (\$40 max.)	Top 50
Girls Elementary (5 th grade and under)	2000 m	1:00 p.m.	\$40	\$5 (\$40 max.)	Top 50
Boys Elementary (5 th grade and under)	2000 m	1:30 p.m.	\$40	\$5 (\$40 max.)	Top 50
Middle School & Elementary Awards		2:00 p.m.			

THERE IS A LIMIT OF TEN (10) RUNNERS PER TEAM IN ALL RACES. MULTIPLE TEAM ENTRIES ARE PERMITTED FOR AN ADDITIONAL TEAM FEE PER TEAM WITH A LIMIT OF 3 TEAMS PER RACE.

Team awards: Top two teams in each race receive trophies.

Note: Total number of entrants will be limited to 200 per race, based upon receipt of payment and attached form.

Concessions, including a full lunch menu, t-shirts and restrooms will be plentiful on site.

Mail entry fees to: Kim Mitchell, North Oldham High School, 1815 South Highway 1793, Goshen, KY 40026. Make checks payable to North Oldham XC. Lane assignments will be based upon the date payment is received. Runners without a full team may be placed in a lane with other schools.

Email Hy-tek Team Manager/Team Manager Lite entries to: Linda.sarrett@henry.kyschools.us or sarrettl@aol.com. Only Hy-tek entries will be accepted.

For individual questions contact:

Drew LaMaster at drew.lamaster@neacelukens.com Drew's phone: 502-259-9295; Work or 502-553-1428; Cell. Email is preferred.

Directions to the Nature Preserve: Gene Snyder Freeway (I-265) north until it dead ends into US 42. Turn right and follow 5.5 miles east to the traffic light at Hwy. 1793. **BUSSES:** Continue east on US 42 past 1793 0.5 miles and turn left on Harmony Landing Road. Follow 0.3 miles back to the Nature Preserve and volunteers will direct you to the unloading/parking areas. **CARS:** Follow bus parking instructions, or turn left at Hwy. 1793 and follow 0.5 miles past the North campus to bottom of hill. Take a sharp right onto Harmony Landing Road and volunteers will direct you at this point. **For those using MapQuest:** Creasey Mahan Nature Preserve, 12501 Harmony Landing Rd., Goshen, KY 40026



2009 Team Entry Form

School: _____

Boys Coach Name: _____

Contact Phone: _____

Email address: _____

Girls Coach Name: _____

Contact Phone: _____

Email address: _____

Event	Total Runners Entered	Number of Teams (up to 10 per team)	Team Fee	Individual Fee	Total Fee
1. Girls Junior Varsity			\$ 40	\$ 5	
2. Boys Junior Varsity			\$ 40	\$ 5	
3. Girls Varsity			\$40	\$ 5	
4. Boys Varsity			\$40	\$ 5	
5. Girls Middle			\$40	\$ 5	
6. Boys Middle			\$40	\$ 5	
7. Girls Elementary			\$40	\$ 5	
8. Boys Elementary			\$40	\$ 5	
TOTALS					

Email Hytek entries to: Linda Sarrett at Linda.sarrett@henry.kyschools.us or sarrettl@aol.com

Mail this form and check payable to North Oldham High School to:

Kim Mitchell
North Oldham High School
1815 KY 1793
Goshen, KY 40026

Lane assignments will be based upon date payment received.