

**Conroe Independent School District**  
**Cheerleading Guidelines and Procedures**  
**Recommended**

*(Revised 1/14/11)*

The purpose of these guidelines is to provide a framework for the cheerleading programs in the Conroe Independent School District. The intent is to help students grow in the program through a positive athletic-based experience. These guidelines may not be all-inclusive.

**I. Purpose:**

- A. To promote and uphold loyal school spirit throughout the year.
- B. To encourage good sportsmanship among the students.
- C. To improve relationships between schools during athletic events.
- D. To represent the school and district as a positive role model and leader.
- E. To represent the school in sanctioned Cheerleader/Mascot competitions, sporting events, and school activities.

**II. Membership:**

- A. Each year, the principal/designee and head cheerleading coach shall determine the number of Cheerleaders/Mascots, the number of squads, and the composition of each squad.
- B. Squad selection shall be based on 70 percent from judges' scores and 30 percent from CISD coaches' evaluation (see Addendum A).
- C. Members must try out each year to renew membership.
- D. Cheerleaders/Mascots must pay their dues and fees punctually. A student who has outstanding debt may not try out for cheerleader the following year until all debt is paid.
- E. Cheerleaders/Mascots may forfeit their membership during a school year if they do not fulfill the expectations outlined in this document.
- F. The coaches will decide annually whether or not the squads will compete and select the members of the competition squad(s). The coaches' decision is final.

**III. Requirements for Tryout:**

- A. Cheerleader/mascot candidates must be in good physical shape and be able to participate in long periods of vigorous activity without undue fatigue. Cheerleader/mascot candidates should not have any long-term injuries that would prevent full participation in required activities.
- B. Cheerleader/mascot candidates must have a parental permission form, a medical release form, an application, and an acknowledgement form completed and signed. Cheerleader/mascot candidates must meet all guidelines or forfeit their candidacy.
- C. If a member moves to another CISD school during a school year, he/she must return all issued equipment, and pay all outstanding debts to the former program. (before trying out for a new program)
- D. Candidates and one parent/guardian must attend an informational meeting prior to tryouts. Failure to attend the meeting and turn in all forms may result in the candidate being disqualified from the tryout process.
- E. At the time of clinic and tryouts, candidates must live in the attendance zone, have proof of a contract to live in the attendance zone or must have an approved CISD transfer form to attend the respective school for the current school year. A candidate may only try out at one CISD school per calendar year.
- F. For the purpose of determining whether a student may participate in an extracurricular activity, the student must be in attendance at school for at least half of the day.

**Training Clinic:**

- A. The training clinic will be open to all students who have completed required paperwork, attended the tryout meeting, and meet the requirements for tryouts. The training clinic will be held after school hours, within practice time limits set forth by UIL guidelines.
- B. The training clinic will be open to candidates, cheerleading coaches, clinicians, and school administrators only.
- C. Video cameras, picture/camera phones, Ipods, or still cameras are not allowed in the training clinic. Cellular phones should be turned off during all clinics and tryouts. *Candidates using these electronic devices will be asked to leave the clinic and/or tryout and will forfeit their candidacy.*
- D. Candidates must attend school as set forth by CISD guidelines to be eligible to participate in each day of the training clinic and the day of tryouts.
- E. Candidates will be evaluated during the tryout clinic by the coaches.
- F. No clinician may be hired as a private coach during the clinic or tryouts.

**Judging of Candidates:**

- A. The candidate's performance during the tryout shall be evaluated and scored by a minimum of three (3) professional judges from outside the community.
- B. Tryouts are closed to spectators. Those eligible for attendance include the coaches, clinicians, judges, school

administrators, and score tabulators. Only candidates, cheerleaders/mascots, coaches and administrators are allowed in the warm-up room.

- C. Score sheets are confidential and shall be secured by the campus administrator after the tryout is completed.
- D. A candidate may elect to view his/her individual judges' score sheets following the tryout. Candidates may not view or be told of other candidates' scores, including the range of scores. An appointment must be made with the coach and/or athletic administrator. The score sheet may be viewed at the school and shall not be removed from or copied at the conference. Score sheets are only available for ten (10) school days following the tryout session or the earliest date the athletic administrator and coach are available.
- E. Candidates may be required to perform a specific cheer(s), jump(s), chant(s), tumbling and a dance at tryouts.
- F. Selection of a cheerleader shall be based on 70 percent from judges' evaluation and 30 percent from CISD coaches' tryout evaluation. See Addendum A for judging criteria.

#### IV. **Captains & Co-Captains:**

- A. The coach and principal shall determine whether or not squads will have captains and/or co-captains and the method of selection.
- B. After the squad has been selected, the coach shall meet with the squad and review the requirements and process for selecting captains and/or co-captains.

#### V. **Responsibilities, Duties, Obligations**

##### **A cheerleader/mascot is expected to . . .**

- A. *Participate fully the entire cheerleading year.* A cheerleader/mascot's year begins the day he/she is selected and ends at the close of the spring banquet. All practices, games, rallies, parades, camps, fundraisers, and other events as assigned by the coach are **mandatory**.
- B. *Fulfill all financial obligations punctually.* This includes participating in all fundraisers and replacing items that are damaged or lost.
- C. *Represent the school with integrity, honesty, and morality.* Cheerleaders/Mascots are expected to be models of good behavior; less than admirable behavior will not be tolerated. If at any time the coach feels that a cheerleader/mascot is no longer representing herself/himself, her/his squad, or his/her school in a manner that is acceptable, disciplinary action will result.
- D. *Remain in good physical shape.*
  - Cheerleaders/Mascots are expected to maintain and improve all skills demonstrated at tryouts. Failure to do so will result in suspension until ability is proven.
  - Regular physical conditioning and training outside of school is expected and encouraged.
  - In practices, cheerleaders/mascots will participate in regular cardiovascular training combined with resistance/weight training. All cheerleaders will participate fully to the best of their ability.
- E. *Adhere to all guidelines set by the American Association of Cheerleading Coaches and Advisors (AACCA), National Federation of High School Association (NFHS), and the UIL*
  - NO jewelry of any kind (except medical alert bracelets) may be worn at any time the cheerleader/mascot is in uniform, performing, or practicing.
  - Fingernails must be unpolished while in uniform, and during games and performances and cannot, at any time, be longer than the tip of the finger.
  - All hair must be pulled back in a secure, tight ponytail while in uniform. No hair may be on the face at any time, including bangs.
  - Clips of natural hair color should be used to secure wispy hair.

#### VI. **Cheerleading Class Guidelines (high school only)**

- A. All cheerleaders will be assigned to cheerleading class in the fall (cheerleaders may receive Physical Education credit for this class). Some cheerleaders may have cheerleading class in the spring semester if the campus offers the course. Cheerleading in the spring will award .5 Fine Arts credit as long as the coach is Dance Certified. Under special circumstances involving credits/graduation, parents may request an exception -- in writing -- to second semester only. Unless otherwise required, senior cheerleaders will be in class during first semester only.
- B. Cheerleaders who have failed to maintain eligibility or participate in class will not be selected for second semester cheerleading class.
- C. Cheerleaders may receive a Physical Education and/or Fine Arts credit for the cheerleading class; therefore, they shall be required to dress out in the appropriate attire and participate in physical and/or dance assessments.
- D. Daily attendance is mandatory. Failure to attend class may result in disciplinary action.
- E. Cheerleaders are expected to be prompt to class and participate fully. Tardiness and lack of participation will result in a lowered grade and disciplinary action.
- F. The grades will be based on the following:
  1. dressing out
  2. participation
  3. physical assessments (ex: running a mile in 10 minutes, push-ups, crunches)

4. fulfilling class assignments
- G. When an athlete is sitting out due to injury, he/she will receive credit by completing alternative assignments at the coach's discretion.

## VII. Uniforms/Grooming

- A. Purchase/Issue of uniform
1. The coach and administrator will determine the uniform.
  2. All members will be issued a school uniform and must sign for items received.
  3. Members of the varsity squad and competition squad may be required to purchase an additional uniform.
  4. Lost or damaged items must be purchased by the cheerleader/mascot before new pieces are issued.
  5. Cheerleaders/Mascots will not be allowed to participate if uniform pieces are missing.
- B. Care of uniform
1. The cheerleader/mascot is responsible for the proper care and cleaning of the uniforms throughout the year.
  2. Cheerleaders/mascots must follow the instructions included in the uniform tag; items should NOT be dry-cleaned.
  3. Each cheerleaders/mascot must return his/her uniform -- washed and on hangers -- prior to the banquet. Stained garments will be charged to the student. Charges must be paid before receiving lettering/achievement awards or before being allowed to participate in tryouts.
- C. Length and fit
1. The coach must approve the uniform fit before being ordered or worn.
  2. All alterations must be approved by the coach and cannot be permanent in nature. All alteration fees and mending is the responsibility of the cheerleader/mascot.
- D. Shoes
1. Shoes must be cleaned and in good repair at all times (including laces)
  2. If shoes are not clean and in good repair, the parent/cheerleader/mascot must purchase the required shoes at their own expense.
- E. Use of uniforms
1. Uniforms shall be worn only at scheduled events.
  2. Uniforms, or any part of the uniform, must remain in the care and possession of the identified cheerleader/mascot throughout the year. No other persons are allowed to wear any cheerleader/mascot items that represent the team (i.e.: warm-up jackets).
  3. If the cheerleader/mascot is removed from the squad or forfeits his/her position, the district-owned uniform pieces must be returned, washed and on hangers, within 10 school days. Any damage, missing items, or cleaning of the uniforms must be paid before school records (i.e.: parking permit, transcripts) are cleared.

## VIII. Eligibility to Participate

### Grades

- A. A cheerleader/mascot must maintain passing grades in all subjects, as set forth by UIL guidelines for participation.

### Absences

- A. Excused
1. Excused absences are those excused with a doctor's note or family emergency (i.e.: hospitalization, death in family).
  2. Parental notes may excuse one day of non-participation in practice (ex: Susie sprains her wrist, she is excused for one day prior to her doctor's visit).
  3. If an absence is excused by the school, it will be excused in cheerleading (i.e., illness). Excessive absences, excused or unexcused, indicate that there is a deeper problem. Cheerleaders/Mascots are expected to maintain good attendance in all classes and are required to attend all cheerleading practices and events without fail.
- B. Unexcused
1. Unexcused absences are those that do not accompany a doctor's note or those that do not follow proper procedures for procuring "excused" status. Unexcused absences are very serious in nature and will result in benchings and points being deducted from the coaches' evaluation at tryouts. Depending on the frequency, unexcused absences may result in dismissal. All "benchings" are considered unexcused absences (see Discipline Guidelines).
  2. Family/personal vacations, well-visits to the doctor, or other non-UIL activities are unexcused absences.
- C. Tardies
1. Cheerleaders/Mascots are expected to be prompt and punctual. The time stated for arrival means that the cheerleader/mascot arrives within 30 minutes of game-time **ready to cheer**. Restroom needs, primping, uniform needs, getting poms from the locker room, etc., must be taken care of prior to the arrival time.

2. Three tardies will equal one unexcused absence.

## **IX. Safety/Transportation Guidelines**

### **Safety**

- A. Tumbling will be done on a variety of surfaces, including but not limited to: football fields, basketball courts, tracks, grass, sand, and dirt.
- B. Cheerleaders/mascots may not tumble, stunt, or jump without direct supervision from the coach.
- C. Tumbling, stunting, and jumping surfaces will be evaluated by the coach for safety hazards.
- D. Cheerleaders/Mascots must master skills in a progressive nature before learning or performing more advanced skills.
- E. The coach has the right to remove a cheerleader/mascot from participation if he/she feels that the cheerleader/mascot's behavior, attitude, or physical state would be a distraction or safety hazard to the squad.
- F. Cheerleaders/mascots must have physicals or medical release forms on file prior to participation in stunting.
- G. All AACCA rules will be followed.

### **Injuries/Physical Limitations**

- A. Cheerleaders/mascots must demonstrate acceptable physical fitness and preparedness at standards determined by the coaches. If athletes do not meet these qualifications, they may not participate until proper conditioning/ability is proven.
- B. Cheerleaders/mascots are expected to perform at the same level or better than they performed at tryouts. All skills demonstrated at tryouts must be maintained throughout the season. At any time that a cheerleader/mascot does not perform to expectations, he/she can be benched, demoted to another squad, or be referred to the Cheerleader Advisory Board for further action.
- C. Injuries will be handled as individual situations. All circumstances will be considered. A physician's release is required when a cheerleader/mascot is ready for full performance following an injury. Any time a cheerleader/mascot is sitting out, due to injury or otherwise, he/she is required to dress out and sit with the coach for the entire practice or event -- complying with all uniform expectations and rules.
- D. Coaches may or may not accept "limited" participation from athletes. This is left to the coaches' discretion.
- E. If a coach believes an athlete's physical condition could be injurious to either the athlete, or other members, the coach has the responsibility to bench the athlete until the coach receives a doctor's release at the cheerleader/mascot's expense.

### **Transportation**

- A. All cheerleaders/mascots must travel to and from scheduled competitive events on school-authorized transportation. With the coach's permission, parents/guardians may have their student athlete leave the activity with them after having given the coach a written "release of responsibility." At no time shall a student be permitted to ride to or from an event with another student or non-parent/guardian.
- B. A cheerleader/mascot cannot participate until they have a completed travel card and/or travel form on file.

## **X. Consequences**

Infractions of the rules may result in extra conditioning, added responsibilities, benching, probation, suspension, or dismissal from the squad depending on the severity/frequency of the incident(s). The cheerleader/mascot coach may elevate consequences depending on the situation and frequency of different actions. Cheerleaders/mascots may receive additional consequences through our organization for disciplinary infractions that result in school-assigned consequences.

- A. Extra conditioning:  
For non-severe, infrequent violations, extra conditioning may be assigned. Examples of conditioning are as follows: running, crunches, push-ups, sprints, lunges, squats, stamina jumps.
- B. Benchings:  
When a cheerleader/mascot is "benched", he/she is expected to report -- in full uniform -- to the assigned event and sit with the coach. The cheerleader/mascot is to yell with the cheerleaders and follow all rules he/she would have to follow if cheering. Benchings are counted as unexcused absences in the cheerleader/mascot's discipline file -- however, these unexcused absences do not result in extra benchings (see unexcused absence policy).  
When a cheerleader/mascot is benched for two complete events, the Cheerleader/Mascot, the parents/guardians, the coach, and an administrator will meet to determine corrective action.
- C. Probation:  
For more serious offenses, cheerleaders/mascots may be placed on probation. Probation is a period of time in which a cheerleader/mascot must not commit any infractions or automatic dismissal will result.
- D. Suspension:  
The cheerleading coaches can place a cheerleader/mascot on suspension from the squad for up to three weeks (fifteen school days). Only the Cheerleader Advisory Board may suspend a cheerleader/mascot for longer than three weeks.

- E. Dismissal/Forfeiture of Membership:  
All cheerleaders/mascots shall be eligible to try out for the next cheerleading season regardless of standing. A cheerleader/mascot may receive point deductions -- from zero to the maximum number -- in the coach's evaluation section (30%) of the tryout score if he/she was benched, suspended, had school or cheerleading disciplinary infractions, had failing grades or failed to maintain eligibility, had poor attendance, did not complete the cheerleading season, did not fulfill assigned responsibilities, or pay financial obligations.
- F. Cheerleader Advisory Board:  
The Advisory Board is comprised of one school administrator, a counselor, and a teacher.
- G. Appeals
  1. Appeals involving long-term disciplinary action need to be made to the Advisory Board.
  2. Only decisions involving suspension or dismissal from the squad may be appealed to the campus principal.
  3. The decision of the campus principal is final.

**XI. Amendments**

- A. In the event that a situation arises that is not covered by the procedures set forth in this document, the coach and an administrator shall make the decision regarding that situation.
- B. Additions or deletions to campus procedures may be made at any time with the approval of the campus principal. If any changes are made, the parents and members shall be notified in writing.

**XII. Lettering/Awards (high school only)**

- A. A cheerleader/mascot who has successfully completed one full year in good standing on the Varsity squad will be awarded their letter/letter jacket at the beginning of the following year. "Good standing" is considered participating in 90% of all games with no more than one benching throughout the year. Senior varsity members selected to the cheerleading squad for the first time and are in good standing may be awarded their letter jacket at the end of the first six weeks of school or at the time of the first scheduled fitting. If the senior does not meet their obligations, they will be responsible for financially reimbursing the cheerleading program for the cost of the jacket and letter.
- B. A cheerleader/mascot on probation or suspension for any reason shall not receive a letter or award.
- C. A cheerleader/mascot who has not been in attendance, fully participating, for 90% of the events is not eligible to receive a letter or award.

## Discipline Guidelines

ACTION	CONSEQUENCES	Initials/Date
Unexcused tardy to practice OR Untidy or incomplete uniform* OR All jewelry, hair, gum, and nail infractions OR Failure to turn in funds, paperwork, or meet deadlines* OR Failure to turn off cellular phone during practices/games	1 <sup>st</sup> – conditioning 2 <sup>nd</sup> – conditioning 3 <sup>rd</sup> – run one mile 4 <sup>th</sup> – benched for next major event 5 <sup>th</sup> – benched for next major event  3 tardies = one full benching (unexcused absence)  Day-to-day infractions will be handled with conditioning unless they are habitual  * will be benched until situation is corrected	
Insufficient knowledge of cheers and chants at games and events	will be benched until knowledge is proven	
Disrespect to coaches/fellow teammates OR Failure to be picked up within 15 minutes of ending of event/practice OR Failure to follow transportation rule	1 <sup>st</sup> – conditioning 2 <sup>nd</sup> – conditioning 3 <sup>rd</sup> – benched for one period/quarter/half/game of major event 4 <sup>th</sup> – benched for next major event	
Unexcused tardy to game or event <i>Reporting time is 30 minutes prior to game time unless otherwise noted.</i> OR Leaving practice early without pre-arranged permission	1 <sup>st</sup> – benched for one period or quarter 2 <sup>nd</sup> – benched for first half of the event 3 <sup>rd</sup> – benched entire event 4 <sup>th</sup> – benched entire event	
Unexcused absence from practice	1 <sup>st</sup> – benched for event to be determined by coaches <i>Cheerleader/Mascot may not participate in any performances over material covered during absence.</i>	
Unexcused absence from game/event OR Leaving game early	1 <sup>st</sup> – benched for one or more major events <i>Meeting with parents required; unexcused absences from games/events are unacceptable.</i>	
Unsportsmanlike conduct (failure to stand at attention/participate in School Song, National Anthem, booing other teams, cheering at inappropriate times) Profanity in uniform	1 <sup>st</sup> – conditioning 2 <sup>nd</sup> – conditioning 3 <sup>rd</sup> – benched for major event 4 <sup>th</sup> – benched for major event	
School Detentions	Count against future tryout score	
SAC or RA - OSS	May not participate in any game or event while serving; will lose points of future tryout score <i>Meeting with parents/Advisory Board required</i>	
Smoking, Alcohol, Drug Use MySpace or Facebook-type web site advertisement associated with smoking, alcohol, drug use or inappropriate material of a sexual nature	Subject to dismissal	
Grades ineligible for UIL	May not cheer; twice may result in dismissal	

Please note that consequences will be based on a cheerleader/mascot's cumulative cheerleader/mascot discipline history for the school year. The cheerleader/mascot coach may elevate consequences depending on the situation and frequency/severity of actions.

When a cheerleader/mascot is benched two (2) times, there shall be a meeting between the cheerleading coaches and the parents to determine corrective action.

The above is intended to be a guideline and are not all-inclusive. In the event this document does not cover a situation, the consequence will be based on all pertinent and available information and will be evaluated by coaches and administrators. Coaches reserve the right to set expectations and apply disciplinary consequences as appropriate.

*Major events are to be determined by coach – can include games, parades, pep rallies, and special appearances.*

**Addendum A**  
CISD Coach's Evaluation

The main purpose of the tryout process is to select the best overall individual to represent each high school and junior high school. When selecting the cheerleading squad, we are looking for individuals who can generate school spirit and pride, demonstrate proper technique and skill, and model positive student behaviors in the student body.

Cheerleading tryouts are not based on performance alone, but also on the qualities of cooperation, teamwork, leadership, and being a positive role model. These qualities shall be considered as 30 percent of the candidates score as a whole.

Each category is worth 10 points to total 30 points. The coach's evaluation (30 points) will be multiplied times the number of judges to equal 30% of the tryout score.

The following are some of the evaluation criteria considered in the selection process of making the squad:

**Positive Role Model**

- Administration evaluation of discipline
- Sportsmanlike behavior
- Cheerleading discipline file

**Cooperation/Dedication**

- Attendance
- Cooperative
- Willingness to learn (ability to accept constructive criticism verbal/nonverbal)
- Appearance (aware of appearance that conforms to school policies and regulations)
- Demonstrates respectful and positive attitude towards others

**Leadership/Teamwork**

- Academic performance
- Responsibility
- Self Discipline
- Spirit/Enthusiasm
- Team Player

Each category will be rated as follows:

Superior 10

Above Average 7.5

Average 5

Below Average 2.5

Unacceptable 0



## ***Conroe Independent School District Guidelines Commitment***

I have received, read, and understand the Cheerleader/Mascot guidelines and procedures. My signature below indicates my agreement to adhere to all the guidelines and procedures outlined. I also understand that that the guidelines are not all inclusive and that the cheerleader/mascot coach and/or administration may impose additional guidelines and procedures. Each Cheerleader/Mascot will receive addenda to the guidelines and procedures as they are made. I am also aware that in the event of a safety issue, the cheer coach may implement a guideline and procedure so the cheerleaders/mascots are safe.

Parent Initials: \_\_\_\_\_

Candidate Initials: \_\_\_\_\_

I am aware that the expenses involved in cheerleading can surpass \$1000.00 at the high school level and \$500.00 at the junior high school level. I further understand that all expenses must be paid prior to camp, according to due dates set by the coaches. I agree to pay the expenses involved in this sport by the due dates.

I understand that summer camp and fall football practices are **mandatory**. My daughter/son is able to attend practices and camp for the full time. Failure to attend camp will result in dismissal from the squad.

Parent Initials: \_\_\_\_\_

Candidate Initials: \_\_\_\_\_

I understand that cheerleading is a time-consuming activity, and that if my son/daughter makes a squad cheerleading activities must take priority. I have reviewed the attached calendar, but I understand that dates will be added as game/event schedules are finalized.

Parent Initials: \_\_\_\_\_

Candidate Initials: \_\_\_\_\_

My child has my permission to be a Cheerleader/Mascot in the Conroe Independent School District. I understand that my child cannot try out at more than one CISD school per year. I understand that my daughter/son will be evaluated by qualified judges and evaluated by coaches; we agree to abide by the decision of the judges and coaches. I understand that by the very nature of the activity, cheerleading carries risk of physical injury or death. No matter how careful the participant and coaches are, how many spotters are used, or what type of landing surface is used, this risk cannot be eliminated. I understand these risks and will not hold any CISD personnel responsible in the case of accident of injury.

*Note: A cheerleader/mascot will not be allowed to participate in cheerleader/mascot activities until this acknowledgement form is on file with the cheerleader/mascot coach.*

\_\_\_\_\_  
Cheerleader/Mascot's Name (Printed)

\_\_\_\_\_  
Cheerleader/Mascot's Signature

\_\_\_\_\_  
Parent(s) Name (Printed)

\_\_\_\_\_  
Parent(s) Signature

\_\_\_\_\_  
Date

# **C.I.S.D. Cheerleader Try-out Evaluation (Addendum A)**

*The main purpose of the tryout process is to select the best overall individual to represent each high school and junior high school. When selecting the cheerleading squad we are looking for individuals who can generate school spirit and pride, demonstrate proper technique skill, and model positive student behaviors to the student body.*

Cheerleading tryouts are not based on performance alone, but also on qualities of cooperation, teamwork, leadership and being a positive role model. These qualities shall be considered as 30 points of the candidates score as a whole.

The following are some of the evaluation criteria considered in the selection process of making the squad:

## **POSITIVE ROLE MODEL**

- Administration Evaluation (including discipline, tardiness and absences)
- Sportsmanlike behavior

## **COOPERATION**

- Cooperative
- Willingness to learn (ability to accept constructive criticism verbal/nonverbal)
- Appearance (aware of appearance and habits that confirm to school policies and school regulations)

## **LEADERSHIP/TEAMWORK**

- Dedication/Commitment
- Responsible
- Self discipline
- Spirit/Enthusiasm
- Team Player

## ***ABILITY***

- Proper techniques
  - Motion
  - Jumps
  - Tumbling
  - Voice
  - Expression
  - Stunting

*NOTE: Each school may determine the different techniques to be judged and how each shall be weighted in the scoring process with the approval of the campus principal.*

Candidate Name: \_\_\_\_\_ F S J V

C.I.S.D. Cheerleading Try-Out Evaluation

Coach Form

POSITIVE ROLE MODEL 10 POINTS			Score:	
10 Superior	7 Above Average	5 Average	3 Below Average	1 Poor
Never Assigned Superior Sportsmanlike Behavior		Attended 1 or 3 ASD Average-----Sportsmanlike Behavior		Attended 4 or more ASD 1 or more SD Poor Sportsmanlike Behavior

- Administration Evaluation, Sportsmanlike Behavior

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

COOPERATION 10 POINTS			Score:	
10 Superior	7 Above Average	5 Average	3 Below Average	1 Poor

- Cooperative, Willingness to Learn, Appearance

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

LEADERSHIP/TEAM WORK 10 POINTS			Score:	
10 Superior	7 Above Average	5 Average	3 Below Average	1 Poor

- Dedication, Commitment, Responsibility, Self-Discipline, Spirit, Enthusiasm, Team Player

**Note: Failure to complete the prior cheerleading season shall result in (0) points out of a possible (30) points on the coaches tryout evaluation.**

PERFORMANCE 70 POINTS			Score:	
100 Superior	49 Above Average	35 Average	21 Below Average	14 Poor

- Proper techniques

Motion \_\_\_\_\_

Jumps \_\_\_\_\_

Tumbling \_\_\_\_\_

Voice \_\_\_\_\_

Expression \_\_\_\_\_

Stunting \_\_\_\_\_

*NOTE: This is a guideline for judges. Judges may use any number within the range. Coaches and the campus principals will determine the techniques and the weight of each for the scoring process.*

## C.I.S.D. Cheerleading Performance Evaluation

*Each campus shall use an integrated system in judging performance. Categories shall be divided to total 70 points. This system shall be developed with the approval of the campus principal.*

### Example 1

Motion 24 points					
Superior	Above Average	Average	Below Average	Poor	
24	16.8	12	7.2	4.8	
100%	70%	50%	30%	10%	
Jumps 23 points					
Superior	Above Average	Average	Below Average	Poor	
23	16.1	11.5	6.9	4.6	
100%	70%	50%	30%	10%	
Tumbling 23 points					
Superior	Above Average	Average	Below Average	Poor	
24	16.8	12	7.2	4.8	
100%	70%	50%	30%	10%	

### Example 2

Motion 35 points					
Superior	Above Average	Average	Below Average	Poor	
35	24.5	17.5	10.5	7.0	
100%	70%	50%	30%	10%	
Jumps 18 points					
Superior	Above Average	Average	Below Average	Poor	
18	12.6	9.0	5.4	3.6	
100%	70%	50%	30%	10%	
Tumbling 17 points					
Superior	Above Average	Average	Below Average	Poor	
17	11.9	8.5	5.1	3.4	
100%	70%	50%	30%	10%	

Performance of 70 points and coaching evaluation of 30 points shall be added together to obtain a total score. Scores will be ranked from highest to lowest.

# Transfers from CISD Schools

Students currently attending CISD secondary campuses are permitted to try out at only one campus. Students who have been approved for a transfer to a different district campus are eligible to tryout at the school he/she will be attending in the fall if known and approved prior to the tryout date.

Students who make a cheerleading squad at one campus and then transfer to another campus are not placed on the new school's squad.

Because tryout standards and competition may be different from school to school, students who move from one attendance zone to another during the school year or during the summer and transfer to a different secondary campus within the school district will not be automatically placed on a team. However, because changing addresses is frequently beyond the control of the family, it is our desire to allow transfer students who have been a member of another campus squad within our school district to be considered for audition or tryout for the squad of his/her new school as a courtesy. However, the final decision as to whether to allow a student to audition will be the principal's.

If permitted to tryout, the receiving cheerleader sponsor, with the approval of the campus principal, will determine whether the student who transferred is eligible for membership on one of the teams based on the student's tryout performances.

The Conroe Independent School District does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following persons have been designated to handle inquiries regarding these non-discrimination policies:

**Title IX Coordinator, 3205 W. Davis, Conroe, Texas 77304; (936)-709-7700 and the Section 504/ADA Coordinator, 3205 W. Davis, Conroe, Texas 77304; (936) 709-7670.**

El Distrito Escolar Independiente de Conroe no discrimina por motivos de raza, color, nación de procedencia, sexo, discapacidad o edad, de sus programas y actividades y ofrece acceso igualitario a los programas de Escultismo (*Boy Scouts*) y otros grupos juveniles autorizados. Las personas siguientes han sido designadas para atender las preguntas relacionadas con estas políticas antidiscriminatorias:

**Coordinador del Título IX, cito en el 3205 W. Davis, Conroe, Texas 77304; (936) 709-7700 y Coordinador de la Sección 504/ADA, cito en el 3205 W. Davis, Conroe, Texas 77304; (936) 709-7670.**