

## IF NOT FOR MTU HYPNOSIS - I'D STILL BE A SMOKER!

"HAVEN'T GAINED WEIGHT AND EVEN WITH FRIENDS WHO SMOKE IN FRONT OF ME – STILL I DO NOT SMOKE." -Kathy .... Smoked 37 years, 1 ½ packs daily, tried 10x to quit – including patch and Chantix.

"I AM ABSOLUTELY SHOCKED. I don't feel that I lost my best friend (cigarette) and NO CRAVINGS!!... and it was GUARANTEED." - Kim ... Quit smoking after 25 years with hypnosis.

\* Individual results vary

Mental training coach

• Professional board certified hypnotherapist

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\*Based on preponderance of positive feedback from MTU Hypnosis clients who successfully quit smoking.

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