



## KEYNOTE

### DR. RONALD E. KLEINMAN, MD



Physician in Chief of the Massachusetts General Hospital for Children  
 Chair of the Department of Pediatrics and Chief of the Pediatric Gastroenterology and Nutrition Unit,  
 Charles Wilder Professor of Pediatrics at Harvard Medical School.

His major areas of research interest include gastrointestinal immunology, nutrition support of infants and children, and nutrition and public health policy. Dr. Kleinman's professional affiliations include the American Gastroenterological Association, American Association for the Study of Liver Disease, North American Association for the Gastroenterology and Nutrition, Society for Pediatric Research and the American Pediatric Society.

He is the author of more than 150 peer reviewed publications, chapters, monographs and textbooks. He has been a member of the Medical Advisory Group on Diet and Nutrition Guidelines in Cancer for the American Cancer Society, National Cholesterol Advisory Committee, and a member of the Board of Trustees for the Global Child Nutrition Foundation and Project Bread. Dr. Kleinman served as Chair of the Committee on Nutrition for the American Academy of Pediatrics and is the editor of the fourth, fifth, and sixth editions of the Academy's Pediatric Nutrition Handbook. He consults for the Grain Food Foundation, Sesame Street Foundation, Beech Nut, the Burger King External Advisory Board, and General Mills. A graduate of Trinity College in Hartford, Connecticut, Dr. Kleinman earned his MD from New York Medical College, and completed his residency and chief residency in Pediatrics at the Albert Einstein College of Medicine in New York, and his fellowship in Pediatric Gastroenterology and Nutrition at the Massachusetts General Hospital, Harvard Medical School, Boston, MA.

## CONFERENCE AGENDA

7:30-8:15	Registration & Exhibits
8:15-8:30	Welcome
8:30-9:45	Keynote <b>Dr. Ronald E. Kleinman, MD</b> <i>"Biotechnology, Nutrition &amp; Agriculture: A Perspective and Implications for Child &amp; Family Health"</i>
9:45-10:15	Exhibits & Networking
10:15-11:30	Breakout Sessions I <b>Some Popular Beliefs about Childhood Nutrition that are Hard to Swallow</b> <i>Dr. Ronald Kleinman, MD</i>  <b>Feeding the Developing Brain</b> <i>Scott Noyes</i>  <b>Probiotics and Digestive Health</b> <i>Patsy Catsos, MS, RDN, LD</i>
11:40 –12:00	SNAP-Ed update
12:00 – 12:45	Lunch & Exhibits
12:45 – 1:00	Awards and Dessert
1:00 - 1:20	The Maine Food Strategy <i>Mark Lapping, PhD</i>
1:30- 2:45	Breakout Sessions II (repeat of morning sessions)
2:55-3:15	Closing Remarks
3:15 – 3:30	Evaluations & Door Prizes

# Maine Nutrition Council

ANNUAL CONFERENCE

## FUELING THE MIND AND BODY: NUTRITION CONNECTIONS



**APRIL 8, 2015**  
**GOVERNOR HILL MANSION**  
 136 STATE ST,  
 AUGUSTA, ME 04330  
 (207) 629-4052

# BREAKOUT SESSION SPEAKERS

## SCOTT NOYES



Empowering Programs started in 1986. Scott was a preschool teacher and enjoyed presenting evening parent workshops, now he presents more than 150 sessions each year throughout North America. Scott has been

professionally working, playing, writing and talking about children for thirty years. He teaches a graduate level course in "Challenging Behaviors," and an undergraduate course in "Positive Discipline." Scott's first book Positive Discipline - That Works! is in its fourth publishing. His newest reader, "This Child is Driving Us Crazy - What Should We Do?" helps adults develop an effective behavior plan for children with feisty behaviors.

## MARK LAPPING, PHD



Professor Lapping teaches Introduction to Community Planning, Planning History and Theory, Foundations of Public Policy and Management, Intellectual Foundations of Public Policy, and Food Systems Planning and Policy. He is currently working on an initiative to build a strong, abundant, and resilient food system strategy to enhance value-added production, processing, and distribution of Maine food throughout the state called the Maine Food Strategy Program.

## PATSY CATSOS, MS, RDN, LD

Patsy Catsos is a medical nutrition therapist, FODMAP expert, and author. The focus of her Portland, Maine practice is digestive health,



including irritable bowel syndrome, gluten-related disorders, and inflammatory bowel disease. Patsy completed her undergraduate studies at Cornell University and earned a Master's degree in Nutrition at Boston University; she interned at Boston's Beth Israel Hospital.

Patsy wrote IBS—Free at Last!, her first book, in 2008 and it launched in January, 2009. The book introduced the FODMAP approach to many thousands of IBS patients, dietitians and physicians. Over the next few years, studies continued to be published, gastroenterologists heard about FODMAPs at professional events, IBS sufferers around the globe became ever more connected via internet, and Patsy began to train other dietitians on the delivery of the diet. A second edition of IBS—Free at Last! was published in 2012, a Spanish language edition in 2013, and the Flavor without FODMAPs Cookbook in 2014. She is the publisher of the FODMAP Practice Kit for RDs, a 32-page collection of forms and handouts for dietitian delivery of the FODMAP elimination diet.



# MAINE DAIRY PROMOTION BOARD

We extend our gratitude to the Maine Dairy and Nutrition Council for co-sponsoring today's keynote speaker.

### CONFERENCE REGISTRATION FORM

FUELING THE MIND AND BODY: NUTRITION CONNECTIONS APRIL 8, 2015

Name/Title: \_\_\_\_\_ Organization: \_\_\_\_\_

Address: \_\_\_\_\_ zip \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail \_\_\_\_\_

Fee (includes lunch):  Member \$85 (includes dues)  Non-member \$100 (includes dues)  Student/retired \$50  
Special Dietary or Other Accommodations: \_\_\_\_\_

### Breakout Sessions: Please Number top 2 choices

\_\_\_\_\_ Some Popular Beliefs about Childhood Nutrition that are Hard to Swallow, Dr. Ronald Kleinman, MD

\_\_\_\_\_ Feeding the Developing Brain, Scott Noyes

\_\_\_\_\_ Probiotics and Digestive Health, Patsy Catsos, RD

Registration Deadline: March 20, 2015. Please mail form and check payable to: The Maine Nutrition Council, To: MNC, c/o Mary Ellen Doyle, P.O. Box 246, Augusta, ME 04330 For exhibitor information contact Info@mainenutritioncouncil.org or go to www.mainenutritioncouncil.org