



Bike Rodeo Letter to Parents

Hey Ashland Falcons,

We are looking to become a **Safe Routes to School** Walking/**Biking** community this year. Our goal is to encourage more students to be active while learning basic bicycle safety, maintenance and some rules of the road. We will be holding a Bike Rodeo on October 4th for Ashland 1st-5th graders, in the bus loop parking lot. Participants must be registered prior to attending by 9/30/14. All participants are responsible for bringing their own bikes and helmets to the rodeo. Parents are required to stay during their rider's session.

We are partnering with ENDORPHIN FITNESS of Prince William County, a local Cycling and Triathlon coaching company, in hosting our first Bike Rodeo. Bike Stop Warrenton will also be on site to give a basic bike safety check before participating in the rodeo.

If you are planning on allowing your student to ride a bike to school at any time this year, we highly recommend that you take advantage of this opportunity.

Hope to see you there!

Trey McKinnon and Patty Swanson

-----**CUT HERE/SEND BACK PERMISSION SLIP**-----

Please fill out the form below and **return to PE DEPT. by 9/30/14**

BIKERS NAME: _____

GRADE: _____ TEACHER: _____

PHONE # _____ EMAIL: _____

Session 1: 8:00AM-9:30AM _____ **OR Session 2:** 9:30AM-11:00AM _____
(50 biker limit) (50 biker limit)

In consideration of the application being accepted, I hereby, for myself, my heirs, and executors, waive, release and forever discharge and all rights and claims for damages, demands, or actions which I may have hereafter accrue to against Ashland Elementary School, Ashland PTO, Endorphin Fitness, Prince William County Schools, and all sponsors for the Ashland Bike Rodeo, for any and all injuries suffered by me, in any manner, in said event.

Signature of Participant: _____

Signature of Parent: _____