



Spokane Nordic Challenge 20/30/50km Loppet

Set a distance challenge this ski season by entering the 9th annual Selkirk Challenge Loppet at the Mt. Spokane Cross-Country Ski Park. Pick the distance that matches your goals, then aim for speed or set a relaxed pace with friends. The 35km and 50km courses include the entire 31.4 km perimeter of the Ski Park. *Proceeds benefit Spokane Nordic Ski Association.*

Sunday, March 2, 2014 - Mt. Spokane Cross-Country Ski Park

Start times: 50 km: 9:00 a.m. / 35 km: 9:45 a.m. / 20 km: 10:30 a.m.

* Check-in at Selkirk Lodge at least 30 minutes prior to race start time.

Registration:	by Feb 15	After Feb 15
	\$20	\$30
	\$25	\$35
	\$30	\$40

*(no guarantee of shirt after Feb 15)

Entry Form (or register online at spokanenordic.org/challenge)

Name: _____

Address: _____ City: _____ P.C. _____

Age: _____ Gender: _____(m/f)

Phone: (____) _____ - _____ email address: _____

Event (circle 1): 20km 35km 50km

Shirt Size: men's adult s m l xl
 or women's adult xs s m l xl

Make check out to SNSA and mail to: Spokane Nordic Ski Association, PO Box501, Spokane WA, 99210

In signing and submitting this form, I recognize that cross-country skiing involves strenuous activities, is potentially hazardous, and involves inherent risk. I knowingly and voluntarily assume all responsibility and risk for my actions and my family's actions while cross-country skiing, during travel related to Spokane Nordic activities or during use of Spokane Nordic facilities and equipment. This includes, but is not limited to, falls collisions, effects of weather, conditions of equipment and trails and other areas while skiing or participating in Spokane Nordic activities. I hereby for myself, my heir, administrators, or anyone else who may bring claims on my or my family members' behalf, covenant not to sue, release and discharge Spokane Nordic, its Board and Committee members, and all related organizations or individuals, for any and all claims of liability for death, personal injury, or property damage arising from my or my family members' participation in Spokane Nordic activities.

Signature

Date