## Save the Date!



## HOW TO BE WELL...

Whole Health for the Funeral Professional

Tuesday, May 17<sup>th</sup>, 2016 9:00 a.m. - 4:00 p.m.

**Humber College North Campus** 



## A Humber College Professional Development Event

Facilitated By

Pam Moss, B.Th. ATC

Bereavement

Education & Grief Coach, Minister, Professional Life Coach & Celebrant

Addressing concerns over the mental and physical health of funeral professionals, topics will include:

- Anxiety
- Compassion Fatigue
- StressManagement
- Trauma Recovery
- Peer support
- PTSD
- Work and Family
- Nutrition

Further details regarding presenters, registration cost and procedures will be distributed soon.