

Wild & Scenic Rogue River 3-Day Rafting Trip

(Lodge Trip - Grave Creek to Foster Bar - 33 Miles)

Trip Planner

Thank you for choosing Ouzel Outfitters. This trip planner contains detailed information designed to prepare you for your trip. To finish your reservation we'll need to collect certain details about each person in your group. You may provide this information by phone or online. Use the link provided in your <u>confirmation email</u> to establish your trip account and fill out the <u>Guest Registration Form</u>. If you already have an account, click <u>HERE</u> to access your information.

Meeting Location & Time

When & Where: 8:30 am at the Galice Resort.

PLEASE DO NOT BE LATE. Orientation and packing takes about an hour. If we have not heard from you the trip will depart on schedule. Service at the Galice Restaurant is slow, so please plan accordingly. Being late affects the entire group and the first day's itinerary. If you will be late please let us know. **Ouzel: 800-788-7238 or 541-815-4273**; *Galice: 541-815-4273* To reach the Galice Resort from I-5, take exit 61. Follow the Merlin-Galice Road west for 15 miles. The Merlin/Galice Road follows the Rogue River closely starting a few miles west of Merlin. After crossing over the high bridge in Hellgate Canyon, stay on the main road and keep the river on your right. The Galice Resort is on the road and hard to miss. Watch out for deer and cross traffic.

Drive Times to Galice: Portland - 5 HRS; San Francisco - 8 HRS; Bend - 4.5 HRS.

Find the Galice Resort on **Google Maps**

Local Accommodations

Camping: For those wishing to camp along the river prior to the trip, RV and tent sites are available at <u>Indian Mary</u> or <u>Almeda Campgrounds</u>, west of I-5 on the Merlin-Galice Road, 12 and 18 miles respectively. Services are close by in Merlin or at the Galice Resort.

Lodging

Galice Resort (Our meeting location) Rustic Cabins and a nice lodge, restaurant, lounge, fuel, store and souvenirs. Larger groups should consider renting the entire lodge (8 bedrooms) or one of the houses (3 to 5 bedrooms) available at or near the resort. (541) 476-3818

Riverside Inn - Downtown Grants Pass, OR. 30 minutes from Galice. (541) 476-6873

Morrison's Rogue River Lodge - Upscale riverside lodge with an excellent restaurant about 5 minutes from Galice. (541) 476-3825.

Roque Regency Inn - Medford. 5 min from Medford airport. 1 hour from Galice (800) 535-5805

Transportation Information

Airport Info: We highly recommend being in the area the night before the trip and not making departing flight arrangements until the morning after the last day of the trip. If flying, make connections to Medford, OR. Car rentals are available at the airport. Shuttle services are offered by the Galice Resort (541) 476-3818. Grants Pass is 30 minutes from the Medford Airport. The Galice Resort (our meeting location) is one hour from the Airport and 30 minutes from Grants Pass. **Vehicle Security:** During the trip your vehicle will be left at the Galice Resort. We cannot guarantee the safety of your vehicles and valuables during the trip. We recommend leaving valuable items such as jewelry and laptop computers at home and packing wallets, keys and other valuables in your overnight dry bag. Separate parking is provided for Ouzel guests by Galice. **Shuttles:** The shuttle from our take-out back to Galice is by 15-passenger van and takes about 2 hours. The drive is very scenic but the road is narrow and windy. For folks intending to continue to the coast after the trip, we recommend having your vehicle shuttled to Foster Bar. Please let us know if you would like to have your car shuttled. Your trip leader will help you arrange this with Galice's shuttle service during the morning orientation. Please bring an extra set of keys. Call our office for current rates.

Trip Itinerary

Orientation & Packing

Our day begins at 8:30 am at the Galice Resort. You should have eaten breakfast before this time. Look for your trip leader outside where the parking area adjoins the patio. The trip leader will give each guest an overnight dry bag and provide instructions on how to pack your belongings and seal your dry bag. Once your trip leader has reviewed how and what to pack you will have a limited amount of time to pack your dry bag and make last minute purchases.

Packing Your Dry Bag

The dry bag provides 3.8 cu. ft. of storage. When closed the bag is 16 inches in diameter and 33 inches tall. Most guests find it useful to separate clothes and belongings into smaller bags for easier packing and better organization. Small, collapsible duffels, laundry bags and even pillowcases work well. Large or rigid duffel bags are difficult to work into and out of your dry bag. Pack toiletries and liquid items in a Ziploc or waterproof container in case they leak inside your bag. Your overnight dry bag will not be accessible during the day, but additional shared dry bags and waterproof boxes will be available on the rafts for belongings such as sunscreen, cameras and extra clothing that you'll want accessible during the day. Your trip leader will help you decide what to keep out. If you have special photography equipment or unusual items please call our office for packing suggestions. Many guests find that owning their own small dry bag for day-use is convenient and eliminates the need to share.

Getting Ready to Launch

Once your bag is packed our guides will collect it along with any other items that need to be stowed on our equipment rafts - this includes personal soft drinks, beer or other items that do not go into your dry bag and that you will not need during the day. Make sure that you have made any last minute purchases at the Galice Resort and that your car is parked in the proper place before packing your wallet and keys in your overnight bag. By 9:30 am, the trip leader will depart with your overnight bags and vans will arrive to transport all guests to our launch location a few miles away. At the launch location, your overnight dry bags will be loaded on to our equipment rafts and the items you want accessible can be packed into the smaller bags and boxes available on each raft. Once everyone is packed and ready to raft, the orientation will continue with a discussion about safety, the environment and what to expect on the trip. We try to be on the river by 10:30 am.

Day 1

Our first day begins with a few easy warm up rapids before the action starts at Grave Creek Rapids and Grave Creek Falls. Shortly before or after lunch we will arrive at Rainie Falls. Here, the guides will maneuver the rafts through the falls while guests walk around. This is a great place for photographing the falls and spotting leaping salmon and steelhead. We'll arrive at the lodge this afternoon with plenty of time for hiking and relaxing. The guides will deliver your dry bags to your room or cabin and take extra time this afternoon to make sure that everyone is settled in comfortably and familiar with all lodge facilities. Dinner is typically served at 7:00 pm but Ouzel guests will have the opportunity for a little wine & cheese appetizer provided by your guides before dinner.

Daily Schedule

Each day the lodges have coffee on by 7:00 am and breakfast is served at 8:00. We start packing up at 9:00 am and try to be on the river by 10:00 am. Each day on the river is different and actual activities are chosen according to the general interests of the group. There are a wide variety of short hikes, swimming holes on side creeks, historic sites and places of interest to linger. You'll also have the opportunity to move from raft to raft, relaxing in the oar raft, joining a crew in a paddle raft or going solo in an inflatable kayak.

Day 3

Typically, we reach our take-out point at Foster Bar at about 2:30 pm and try to have you back to Galice between 5:00 pm and 6:00 pm.

Weather Conditions

The weather is usually warm and sunny between mid-June and mid-September with daytime temperatures between 85 and 95 degrees. Water temperatures in July and August range in the 60s with 70 degrees not uncommon in late July and early August. Swimming is pleasant and popular on the Rogue. Nights are cool but not cold between 50 and 60 degrees. Brief rain showers and thunderstorms are always possible during the summer months, so it is important to be prepared with the proper clothing. Follow the packing lists below and make sure to check the weather before you go. The trick is to be well prepared, but not to over pack. Don't hesitate to call us if you have any questions. Check the Rogue River weather.

What to Pack for Wearing on the River

■ AVOID COTTON on the river during cold trips!

	t to Fack for Wearing on the River
On Coo	Hat for sun protection Sunglasses (w/strap) Shorts or swimsuit (most women prefer wearing shorts over bikini bottoms) Rafting Shoes: Sandals w/heel strap or sneakers (No flip flops, crocs or bare feet) Lip Balm (with SPF protection) & Sunscreen (spray sunscreen runs out quickly) If you are sensitive to the sun, you might consider wearing pants and a long-sleeve shirt made from a lightweight, quick-drying material. Dier Days Add a Second Layer Polypro, rashguard, etc. tops and bottoms (synthetic fabrics – NOT cotton). Being prepared with light to mid weight layers of synthetic clothing takes the chill out of cooler days.
replace	provides a limited supply of splash jackets & pants for use on cooler days, but this does not the need to pack appropriate river clothing. Dressing in layers allows easy adjustment to ag conditions. The best way to keep warm on the river is to AVOID WEARING COTTON .
recomn allows	provides a limited supply of splash jackets & pants for use on cooler days. We also nend that you have good quality rain gear for inclement conditions. Dressing in layers easy adjustment to changing conditions. The best way to keep warm on the river is to WEARING COTTON on the river!
	t to Pack for the Lodge T-Shirts and Shorts Long sleeve shirts (cotton okay) Long pants (cotton okay) Sweatshirt or fleece top Socks and underwear Sneakers or light hikers (light hiking boots are fine for hiking) Toiletries Insect Repellent Flashlight or headlamp
you rea	se to assume that every article of clothing you wear on the river will be soaked by the time ach the lodge in the afternoon. You should be prepared to change into a completely dry set ees each afternoon (including socks & shoes).
	Weather Clothing Suggestions Check the weather before your trip! Footwear. On cold trips we recommend having neoprene socks or booties. Booties have a built in sole. Neoprene socks are designed to be worn with a sandal or sneaker. Neoprene gloves (optional but nice to have) Warm and waterproof hat. Good quality rain top and pants. Fabrics that are waterproof and breathable work best. Extra polypropylene or fleece tops and bottoms (non-cotton). Wear these in layers under your rain gear or our splash gear.

Opti	ional Items to Pack for your Trip
	Camera and Film (disposable waterproof cameras work great)
	Extra batteries (for flashlight, camera, etc.)
Ш	Hi-Tech Clothing. Hydroskin, Hydrosilk or Rash Guard shirts are designed for water
	activities. Many of these stretchy nylon/spandex fabrics offer UV protection, protect against chaffing from your life jacket and help keep you warm on cooler days.
П	Soda, beer, wine or your favorite spirits—we'll keep your drinks on ice if desired. (The
_	availability of beverages at the lodges is not always predictable)
	Binoculars
	Personal amenities such as a journal, book, deck of cards, Frisbee, football, etc
	Small personal dry bag for day use. (eliminates having to share with others – 9.5" X 18" is
П	good for two people) Kayaking gloves. If you plan do spend a lot of time in the inflatable kayak, gloves will keep
Ц	your hands from chaffing. Fingerless cycling gloves or neoprene gloves will do the trick.
	Small first aid kit with Band-Aids, ibuprofen, etc All trips carry major and minor kits and
	each guide has their own supplies, but it can be handy to have your own "ouch pouch".
	Extra sunglasses
	Sarong
R	ecommendations for Kids
	A pair of river shoes or river sandals (designed for water sports) that wrap around the toes
	and provide extra protection for the feet. Avoid slip-on water socks and crocs. Hydrosilk or rashguard tops. These fabrics are warm and comfortable when wet, help avoid
Ц	chaffing from the life jacket and are "cool".
	Hat & sunglasses with a strap. Kids can tire easily in the sun and protecting the eyes and
	face helps avoid over-exposure. Since kids often lose or break sunglasses, inexpensive
_	pairs are recommended.
Ц	Games. While there are plenty of activities for kids on our trips, we recommend bringing
	diversions that your kids or family can enjoy. Card games, compact board games, books, paints and other activities can provide occasional evening entertainment. Our game bags
	usually include bocce, horseshoes and other games, but if your family enjoys throwing a
	football or Frisbee around you should consider bringing one. We highly discourage
	electronic games and gadgets as they can be easily damaged and run counter to the
	wilderness experience.
	Bring plenty of sunscreen for kids and encourage them to drink lots of water.
	On colder trips make sure that the kids have neoprene footwear, a warm and waterproof hat and plenty of polyester/fleece tops and bottoms for layering.
	hat and pienty of polyester/heece tops and bottoms for layering.
W	hat Ouzel Outfitters will Provide
П	Souvenir T-shirt
	Water bottle with the Ouzel logo – yours to keep.
	Splash Jackets & Pants (Our supply is limited and does not replace the need to bring good
	rain/wind tops and bottoms)
	Small library with books and information about the area
Ц	Delicious riverside lunches for all three days. Wine (we plan for two glasses per adult per
	evening) and appetizers prior to dinner at the lodges. Healthy snacks are always available. All rafting and safety equipment.
	Arrangements for accommodations and meals at Black Bar and Paradise Lodge.

Where to Purchase Items on the Packing List

Items listed in the packing list and other useful "river wear" such as fleece and polypropylene tops and bottoms can be purchased at most local sporting goods stores. Neoprene socks and gloves are also available at sporting good stores and dive shops. Don't hesitate to call us if you have questions. You can also find a useful tutorial on layering for a river trip as well as order clothes and equipment at www.rivertraveler.com. Or call Cascade Outfitters at 888-748-3717 for a free catalog.

Lodges on the Rogue River

The availability of lodges in the River Canyon is a unique aspect of the Rogue River. Wilderness lodges allow river travelers to experience the scenery, sites and activities offered by a river trip without having to deal with camping. The only way to visit the lodges we use is by boat. Black Bar Lodge and Paradise Lodge are each unique, but all offer rustic but comfortable accommodations in a quiet and scenic setting. Accommodations include cabins or rooms off of the main lodge. In each room you'll find beds made up with fresh linens, bathrooms stocked with plenty of towels and plenty of hot water for showers. Electricity is general only available until about 10:00 pm when the generators are shut down for the evening. Propane heaters in the rooms will keep you comfortable. Hairdryers and other appliances that draw a lot of power are not allowed. Meals are served buffet or family style in the main lodge and Ouzel will make sure that good quality wines are available for our guests.

Meals & Dietary Restrictions

Meals at the lodges are hearty and delicious. Several main dishes are offered with each meal and there is usually a vegetarian option. Please indicate on the Guest Registration Form if you have specific dietary restrictions of food allergies. We will relay this information to the lodge prior to the trip. If you have concerns about ingredients or how meals might be prepared we recommend that you talk to the kitchen staff at the lodge once you arrive. Our guides will also be happy to speak to the kitchen staff on your behalf – please talk to your trip leader about any dietary concerns.

Ouzel will provide healthy and delicious lunches during the trip. As an added bonus we also offer our guests appetizers and wines prior to dinner at the lodges. Healthy snacks will also be available. Please record any dietary allergies or restrictions on the Guest Registration Form. We purchase food for our trips the day before departure and do not have the ability to significantly adjust menus or add alternate dishes once the trip has begun. Don't hesitate to call or email if you have any questions.

Toilet Facilities

For many, the most apprehensive aspect of a river trip is the "toilet situation". Many campsites along the Rogue River offer permanent outhouses. Please let your guide know if you need to make a stop. We are very often within 30 minutes of one of these outhouses. When an outhouse is not available, current environmental ethics recommend that urination take place in the river or wet sand. In these cases we will select stops with privacy as the main consideration. For "number two" we carry a state-of-the-art "River Bank" toilet system on all of our trips. The River Bank system offers a large, double-hulled container with a molded seat that is about the same size and height of a normal household toilet. The lodges offer regular flush toilets.

Feminine Hygiene Information

Most of our river trips have female guides on them so it is easy to ask questions. Our male guides are also fully aware of issues specific to women, so if you are comfortable speaking with them, they are comfortable addressing your concerns. Sometimes, however, they need to be reminded that you may need more "stops" than they might have anticipated.

A helpful hint from past guests—having a comfy, casual skirt or wrap-around sarong handy makes urinating in the wet sand much more comfortable. You can wear it over your swimsuit during the day and/or rap it around you in the evening. Frequent stops for urination are common and locations are selected to maximize privacy. Don't hesitate to ask your guide for a "potty stop". If you are expecting your period during the trip, we suggest that you pack a small amount of toilet tissue, a few Ziploc bags (small and large sizes), a few small paper bags, a small bottle of hand sanitizer and your napkins/tampons into one large Ziploc bag. Each day, pack a day's supply of tissue, pads/tampons, small Ziplocs and a paper bag in a large zip lock and put this in your daybag or in one of the watertight boxes that is available during the trip. During the day when you change a napkin/tampon, place the used one in a small Ziploc bag and put that in the paper bag with everything going back into the large zip lock. You can dispose of used products in trash bins at the lodge. Do NOT flush used products in the toilets at the lodges – they are a long way from the plumber! Feel free to ask any of your guides for assistance. We carry extra feminine supplies on each trip as well as zip locks and plenty of toilet paper to help restock your kit.

Environmental Concerns

Whether you are on the river for a day or five days, you will be exposed to the elements. Exposure to the sun is our most common concern, but cold days are also possible at any time of year. Pay special attention to the clothing suggestions in your trip planner and CHECK THE WEATHER before you trip.

The Rogue is home to a few pesky plants and insects. Poison oak is very common, so keep on the lookout. Our guides will help you identify it if you're not sure what to look for. If you've come in contact it is very important to wash with soap and water as quickly as possible. Keep in mind that the irritating oils from the plant are easily transferred from you, your clothing or equipment to other persons or equipment, so even if you're not sensitive it is important to consider others. While most guests never encounter them, rattle snakes are present in the Rogue River Canyon. It is important while on shore to watch where you put your hands and feet. Ticks are present in the spring and early summer - check yourself after hiking through grass or brush. Mosquitoes, when present, are not abundant, but we recommend bringing insect repellant. Yellow jackets (bees) become more numerous as the summer moves on. They like to hang out around the lunch table, so if you're sensitive to bee stings, have a friend or one of the guides prepare your lunch for you. Black bears and mountain lions are present in the Rogue River Canyon. While it is extremely rare to see a mountain lion, most guests will have the opportunity to see a bear. The forest service is extremely good at managing the bear population and "problem bears" are rare and quickly removed. The guides will take you through a few extra precautions with regard to bears.

How Strenuous is the Trip

Our Rogue River trips include <u>paddle rafts</u>, oar <u>rafts and inflatable kayaks</u>. In a paddle raft, all participants are expected to assist with paddling. In most cases, paddling involves intermittent bursts of moderately strenuous paddling in the rapids, although several rapids require short bursts of strong paddling. Optional inflatable kayaks require much more upper body strength and endurance. Oar rafts do not require paddling. Preference for riding the oar raft is usually given to folks who have difficulty paddling, require a back-rest or have other limitations. Hiking involves negotiating rocky and uneven ground especially during our walk around Rainie Falls where it is necessary to negotiate large boulders and a few short, but steep "step downs". The only lifting required is what you have packed in your bag. Days on the river can be long, and so preparing for extended exposure to the elements is vitally important.

Assumption of Risk & Guest Responsibility

Whitewater rafting is an outdoor activity that requires moderate physical exertion and exposure to the elements. There are risks associated with whitewater rafting and trip-related activities that are impossible to eliminate. While we take all reasonable steps to minimize the risks associated with the activity, it is vitally important for our guests to understand what is required of them and to appreciate and assume the risks of participation. Guests are expected to be prepared for their trip, to follow all instructions provided by Ouzel guides and staff and to act responsibly. Each participant is required to sign an Assumption of Risk Form prior to departure. Only parents or legal guardians can sign for minor children. Please let us know ahead of time if there will be minors on your trip who will NOT be accompanied by a parent or legal guardian. Feel free to review our full participation requirements and don't hesitate to call or email if you have any questions or concerns.

Fishing on the Rogue River

While the Rogue is famous for Salmon and Steelhead fishing in the spring and fall, the summer rafting season lies between seasonal fish runs. While its possible to see a few salmon jumping at Rainie falls in June and again in August, the Rogue doesn't offer great fishing opportunities during the summer. The river is too warm to support a large trout population. A lightweight rod and spinning reel are adequate for the occasional whitefish, trout or sucker. Heavy weight rods are recommended for sturgeon. Please pack rods in unbreakable cases. You must have the proper Oregon angling license and/or tag during the trip. This is available at the Galice Resort.

Raft Types

Oar Rafts, Paddle Rafts, Inflatable Kayaks- Get a description of our raft types.

Gratuities for Guides

If you have enjoyed your trip and feel that your guides have done an outstanding job, it is customary to thank them with a gratuity. The amount is up to you, but a gratuity of between 15% and 20% of your trip fare is typical for Ouzel guests. The guides share their gratuities and will appreciate any expression of thanks you care to offer.

More about the Roque River

In 1968 Congress passed the National Wild & Scenic Rivers Act. This act was designed to protect America's most cherished and scenic rivers. The Roque was one of the original eight charter rivers included in the act and remains one of America's best river trips. The Roque begins its journey near Crater Lake National Park and flows 250 miles to the Pacific Ocean. The famous wilderness section where we run our trips is set in the rugged Siskiyou Mountains of Southern Oregon where the Roque carves a dramatic and isolated canyon. Cascading side streams, slippery rock slides, fernhung grottoes and inviting sandy beaches create a setting straight out of a Disney movie—the only difference is that it's real! Wildlife abounds, and watchful rafters may see everything from stately blue heron to powerful osprey, playful otter, black-tailed deer and wily coyote. If you're very lucky, you may even spot a black bear on the prowl. Douglas fir blankets the steep canyon walls and misty mornings create unforgettable images. Bring your camera to record the stunning scenery and your sense of adventure to tackle the fun rapids on this wilderness run. The Rogue River Canyon offers exciting tales of Indian battles, pioneer perseverance and the wild lives of hermit gold miners. We'll visit early twentieth century adventure novelist, Zane Grey's, cabin and if time allows, Roque River Ranch, the canyons oldest and most well preserved pioneer homestead. For many, tales of the hermits and misfits who lived alone in the canyon provide the most entertaining historical lore the Roque has to offer. Hermit feuds, escaped convicts and famous river runners provide plenty of color to the historical backdrop.

Area Attractions

Southern Oregon provides a wide variety of attractions and activities and is a great place to extend your vacation. Here are a few of our favorite attractions. View our River Info Links Page to find more area attractions, accommodations, river maps and much more!

Southern Oregon Coast

The rugged and scenic Oregon coast provides great opportunities for beach combing, whale watching tours, chartered fishing trips camping and beach-front accommodations and dining. Drive just a little further south into California and you can visit the giant redwoods and sequoias of Redwood National Park. 30 minutes for our take-out at Foster Bar.

Oregon Caves National Monument

3.5 miles of marble canyons with diverse geological formations and a unique underground habitat for special cave-dwelling critters. Regular Tours. One hour southwest of Grants Pass.

Wildlife Images

A wildlife rehabilitation center that offers regular tours. See bears, mountain lions, wolves, a variety of eagles and hawks, coyotes, bobcats and other unique wildlife. Tours are free, but donations are appreciated. 20 minutes from Grants Pass near Merlin, OR.

Crater Lake National Park

Oregon's only national park. Formed from the cataclysmic collapse of Mt. Mazama over 7000 years ago, Crater Lake is the United State's deepest, coldest and clearest lake. Very scenic with a lodge, visitor's center, boat tours and hiking opportunities. 2.5 hours east of Grants Pass.

Oregon Shakespeare Festival

The nationally recognized Oregon Shakespeare festival takes place in Ashland Oregon each summer. Shakespeare fans love the outdoor Elizabethan theater and other venues. A wide variety of plays are offered each summer. Ashland is also a great place for site seeing, dining and shopping. 45 minutes south of Grants Pass.

Historic Jacksonville

Oregon's first state capital offers excellent lodging, dining and site seeing amidst historic architecture and ponderosa forests. Quaint and cozy, Jacksonville also hosts the Britt Music Festival in an outdoor amphitheater. Famous bands and artists deliver a wide variety of performances which include jazz, classical, folk, rock, country and more. 40 minutes south of Grants Pass.

Suggested Reading List for Rogue River Trips

Best of Zane Grey Outdoorsman: Hunting and Fishing (Classics of American Sports Series) Zane Grey, George Reiger (Editor). Stackpoole Books, 1992.

Illahe: The Story of Settlement in the Rogue River Canyon. Kay Atwood. Gandec Printing Center, 1978.

The Rogue - A River to Run. (Story of Legendary Boatman Glenn Wooldridge and Rogue River History) Florence Arman. Wildwood Press, 1982

Rogue River Float Guide. Dept of Interior, Bureau of Land Management, Medford, OR (541-618-2200) Call to order.

Requiem for A People. (Native American History in the Rogue Canyon) Stephen Dow Beckham. University of Oklahoma Press, 1971.

Plants of the Pacific NW Coast. Jim Pojar and Andy MacKinnon. Lone Pine Publishing, 1994.

Roadside Geology of Oregon. David D. Alt, Donald Hyndman. Mountain Press Publishing Co., Inc. 1981

Fun and useful links for your Rogue River Trip

Rogue River Photo Gallery

Rogue River Video on YouTube

River Info Links – Links to activities, accommodations, maps and more.

Ouzel Outfitters

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