

Sunnyvale Spartan Athletics

Dear Athletes and Parents,

Congratulations! Welcome to our after-school sports program. As coaches, we feel it is necessary to explain in some detail what is expected of our student-athletes.

GPA: California State law mandates that student-athletes maintain a 2.0 Grade Point Average. If the students fail to meet the 2.0 GPA from the previous report card period, they will be unable to participate in sports. The students receiving a "U" mark in their citizenship grade will also be unable to participate.

PRACTICE: All of our student-athletes are expected to be present at all practices held at Sunnyvale Middle School. Please note the following expectations regarding practice:

- 1. If a student-athlete cannot attend practice/game for any reason(s), it is his/her responsibility to notify the coach.
- 2. One unexcused absence results in not playing the following game. Two unexcused absences generally lead to dismissal from the team.
- 3. Please make dental, medical, etc. appointments after practice or on another day.
- 4. All student-athletes will help with set-up and clean-up of the equipment.

FEE: A check made out to the <u>CITY OF SUNNYVALE</u> in the amount of \$60 must be submitted to your coach along with all the paperwork. Your son/daughter cannot play until all paperwork and a check is submitted. If this fee is difficult for you to manage, please contact the coach of the team or our Athletic Directors. Please understand that a refund will NOT be given if:

- 1. An athlete is dropped from the team due to misbehavior, missed practice or discipline.
- 2. An athlete decides to quit the team.
- 3. After gaining playing privileges through probationary grade check, subsequent grade checks render the athlete ineligible.

UNIFORM: All of our student-athletes will be issued a uniform and it is his/her responsibility to return the full uniform to his/her coach by ______. If a uniform is lost or damaged due to negligence, the athlete or the parent must pay for the uniform. Please, take care of them!

GOOD SPORTSMANSHIP: Student-athletes must realize they represent their school, coaches, family, and themselves by their conduct. Therefore, $good\ sportsmanship\ is\ mandatory$. An athlete who exhibits poor sportsmanship may be eliminated from the team.

TRANSPORTATION: We rely on parent-volunteers to transport our student-athletes to our away games/meets. We greatly appreciate all the parents who can volunteer for this important duty. If you are available to drive, please fill out and turn in a "School Driver Certification Form."

Finally, we look forward to a great season and a positive experience for all involved. Whether you win or lose, improve your skills and have fun! Good Luck!

Sincerely,

Mr. Hernandez & Mr. Barelli, Athletic Directors thomas.hernandez@sesd.org | rob.barelli@sesd.org



2012 - 2013 SMS Sports Schedule

Sports	First day through Season final	
Cross Country (Boys/Girls) Coach(s): Hernandez/Kim	8/27/12 – 10/3/12	
Girls Softball Coach(s): Realini/Roberts, Meeks		
Boys Volleyball/Girls Softball Coach(s): Chau/Regidor, Barelli, Free	8/27/12 - 10/8/12	
Wrestling (Boys/Girls) Coach(s): Hernandez, Regidor	10/8/12 - 12/6/12	
Girls Volleyball Coach(s): Barelli, Free, Chau (8th)	10/8/12 - 12/4/12	
Cheerleading (session #1) Coach(s): Free	12/3/12 – 2/7/13	
Boys Soccer Coach(s): Hernandez (8), Morales (6/7)	12/3/12 - 2/7/13	
Girls Basketball Coach(s):Reynolds, Stevens, (Chau?)		
Cheerleading (session #2) Coach(s): Free	2/5/13 - 4/4/13	
Girls Soccer/Boys Basketball: Coach(s): Morales (6/7), Hernandez (8th)	2/5/13 - 4/4/13	
Tennis (Boys/Girls) Coach(s): Tierney	March – May, 2013 (see Athletic Director for exact dates; schedule has not been released)	
Track & Field (Boys/Girls) Coach(s): Barelli, Reynolds, Carrington, Chau, Stevens	4/3/13 – TBA (typically concludes by 5/25)	

VALLEY JUNIOR HIGH SCHOOL ATHLETIC LEAGUE (VJHSAL)

The VJHSAL Sport Program has been organized to provide students with the opportunity to participate in formal, organized athletic events.

The guiding philosophy of this sports program is: "Students interested in participation in an athletic endeavor should have the opportunity to do so under responsible supervision."

'The development and display of good sportsmanship ...is the prime objective of ... our athletic program. No action by a coach, official, player, or spectator which downgrades, embarrasses, or ridicules any other player, coach, official, or spectator can or should be tolerated or encouraged."

Valley Junior High School Athletic League Handbook

The following behaviors are unacceptable at VJHSAL events: violators will be requested to leave the premises; repeated instances of unacceptable behavior will result in permanent suspension from VJHSAL events:

- 1. Verbally berating players, coaches, officials or spectators.
- 2. Obscene language or gestures directed at players, coaches, officials or spectators.
- 3. Physical violence or the threat of physical violence directed at players, coaches, officials or spectators.

Parent/guardian and student signatures ARE REQUIRED for participation in the After-School Sports Programs in the VJHSAL.

Parent signature:	 Date:
Student signature:	 Date:
Parent/guardian email address: _	

For more information about VJHSAL, please go to http://www.vjhsal.org/.



EMERGENCY CARD AND WAIVER FORM

		Progr	am Name:		
Participant's Name: First:			Last:		
Address:			City/State/Zip:		
Home Phone:			Birth Date: /	1	
Parent/Guardian 1: Name:			Relationship:		
Status: ☐ Married ☐ Divorced	☐ Legal Guardian	☐ Caregiver			
Address:			City/State/Zip:		
Home Phone:			Cell Phone:		
E-Mail:			Work Phone:		
Parent/Guardian 2: Name:			Relationship:		
Status: ☐ Married ☐ Divorced	☐ Legal Guardian	☐ Caregiver			
Address:			City/State/Zip:		
Home Phone			Cell Phone:		
E-Mail:			Work Phone:		
EMERGENCY CONTACTS WITH F	PERSONS AUTHOR	RIZED TO PICK UP PA	ARTICIPANT (must b	pe local)	
Name:	Cell Phone:		Alternate #:		Relationship:
Name:	Cell Phone:		Alternate #:		Relationship:
PERSONS NOT AUTHORIZE	D TO PICK UP PARTI	CIPANT			
Name:	Relationship	:	Name:		Relationship:
INDEPENDENT DISMISSAL					
Youth may be allowed to sign thems		. •		rdian's consent to do) SO.
□ No, my child may not sign himself/herself in and out		y sign himself/herself: [ent/guardian if permis			
MEDICAL HISTORY	Oignature or par	enryuardian'n permis	ssion is given/		
Allergies: ☐ Pollen ☐ Hay Fever	☐ Bee Stings [☐ Other Insect ☐ F	oods ☐ Other alle	ergies 🗆 Carries	Bee Sting/Epinephrine Kit
List other allergies here:				<u> </u>	
List dietary restrictions here:					
List current medications and purpose	e:				
Please explain any other health cond		have: e.g. ADHD:			
r lease explain any other nealth cont	anions your crima may	nave, e.g., ADIID.			
Does your child require special acco	mmodations? □ No	☐ Yes; please expla	in:		
• • • •		two weeks prior to the		if special accommod	ations are required

I have completed the "Waiver of Liability & Photo Release" on the other side of this registration form





Program Name:	

WAIVER OF LIABILITY & PHOTO RELEASE

In consideration of participation in a class or activity offered by the City of Sunnyvale Department of Library and Community Services – Community Services Division, I, the undersigned and the parent/guardian of the Minor named on the other side of this document (hereinafter, "Minor"), hereby agree to allow the Minor to participate in this class or activity and agree to indemnify and hold the City of Sunnyvale harmless and hereby waive, release and discharge any and all claims for damage, for death, personal injury, bodily injury or property damage which Minor and/or I may have or which hereinafter may accrue to Minor and/or myself against the City of Sunnyvale, its City Council, employees, agents, volunteers, independent contractors, and instructors from and against any liability arising out of or connected in any way with Minor's participation in this class or activity, even though that liability may arise out of negligence or carelessness on the part of the person or entities mentioned above.

I understand that accidents and injuries can arise from participation in this class or activity; knowing the risks, nevertheless, I hereby agree to assume those risks on behalf of Minor and/or myself and to release and to hold harmless all of the persons or entities mentioned above whom (through negligence or carelessness) might otherwise be liable to Minor and/or myself (or Minor's and/or my heirs or assignees) for damages. It is further understood and agreed that this waiver, release and assumption of risks has been freely entered into and is to be binding on Minor's and/or my heirs and assigns.

I have read and agree to the registration and program policies. Further, I agree to allow use of my image and/or that of the named minor, which may be captured through video, photo, digital camera or other media, for City of Sunnyvale promotional materials and publications. By my signature below, I acknowledge that I have read this document and understand its contents.

Parent/Guardian Name (printed):
Parent/Guardian Signature:
Date:

VALLEY JUNIOR HIGH SCHOOL ATHLETIC LEAGUE (VJHSAL)

