



NATURAL  
*Family*  
PLANNING

**Christ the King Retreat Center**  
802 Ford Street, San Angelo, TX 76905  
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Natural Family Planning (NFP) teaches couples about their combined fertility. It is a shared method where both husband and wife take responsibility for family planning. Teaching couples to understand and chart the women's cyclical patterns, enables them to identify their window of fertility in each cycle.

For classes by appointment, please call Amy Perez at 325-277-2548 (cell) or 325-658-4480 (home)

**2015 Class Schedule**

Sunday	January 25, 2015	2:00 p.m.- 4:00 p.m.
Sunday	February 22, 2015	2:00 p.m.- 4:00 p.m.
Sunday	March 22, 2015	2:00 p.m.- 4:00 p.m.
Sunday	May 3, 2015	2:00 p.m.- 4:00 p.m.
Sunday	August 30, 2015	2:00 p.m.- 4:00 p.m.
Sunday	October 18, 2015	2:00 p.m.- 4:00 p.m.

His name: \_\_\_\_\_ Her name: \_\_\_\_\_  
 Address: \_\_\_\_\_ Address: \_\_\_\_\_  
 City: \_\_\_\_\_ City: \_\_\_\_\_  
 State: \_\_\_\_\_ State: \_\_\_\_\_  
 Zip: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
 Work Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
 Religion: \_\_\_\_\_ Religion: \_\_\_\_\_  
 Age \_\_\_\_\_ Age: \_\_\_\_\_

NFP Date: \_\_\_\_\_

**Office Use Only:**

Date Received \_\_\_\_\_ Couple # \_\_\_\_\_  
 Notes: \_\_\_\_\_