

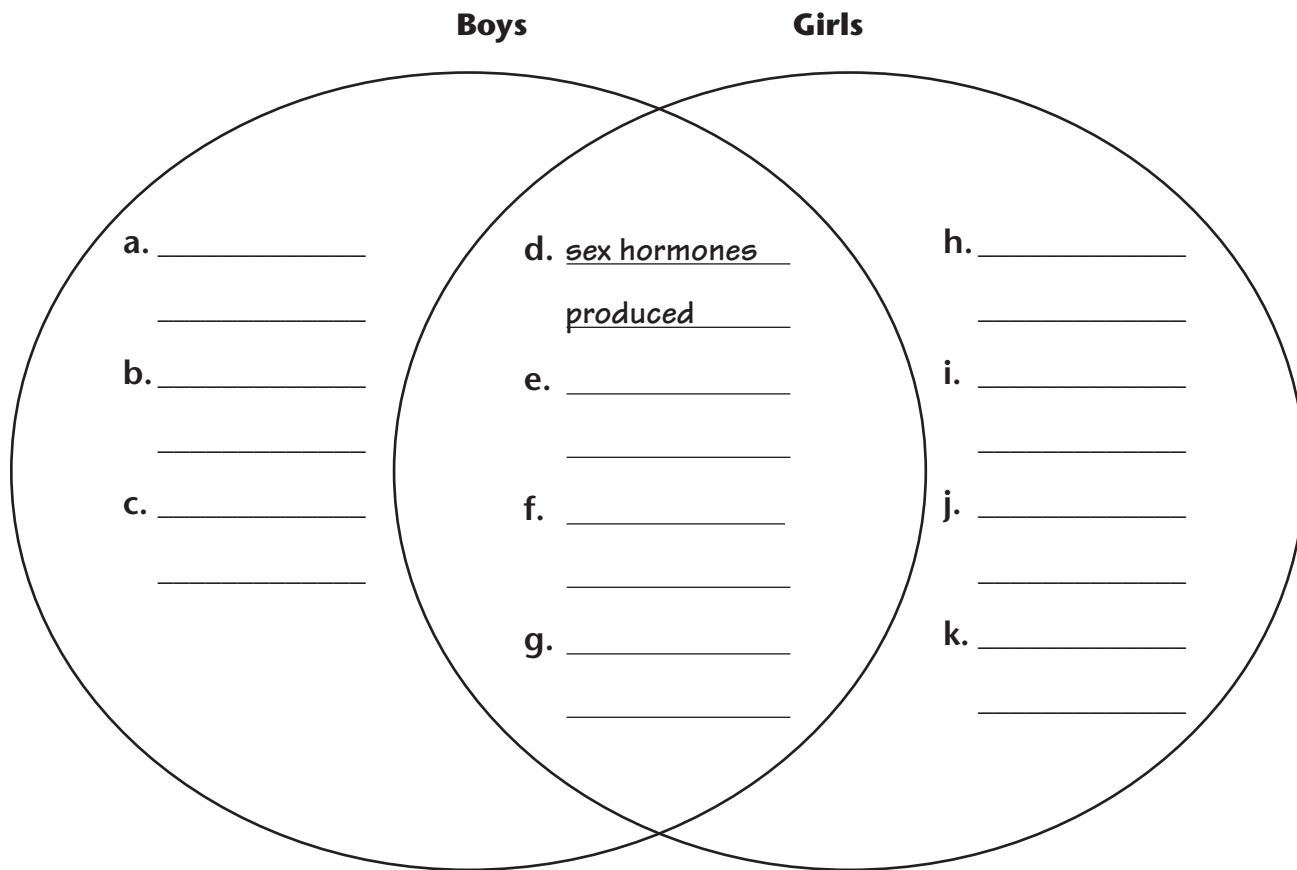
Section 20-1

Note Taking Guide

Adolescence: A Time of Change (pp. 514–521)

Changes in Your Body

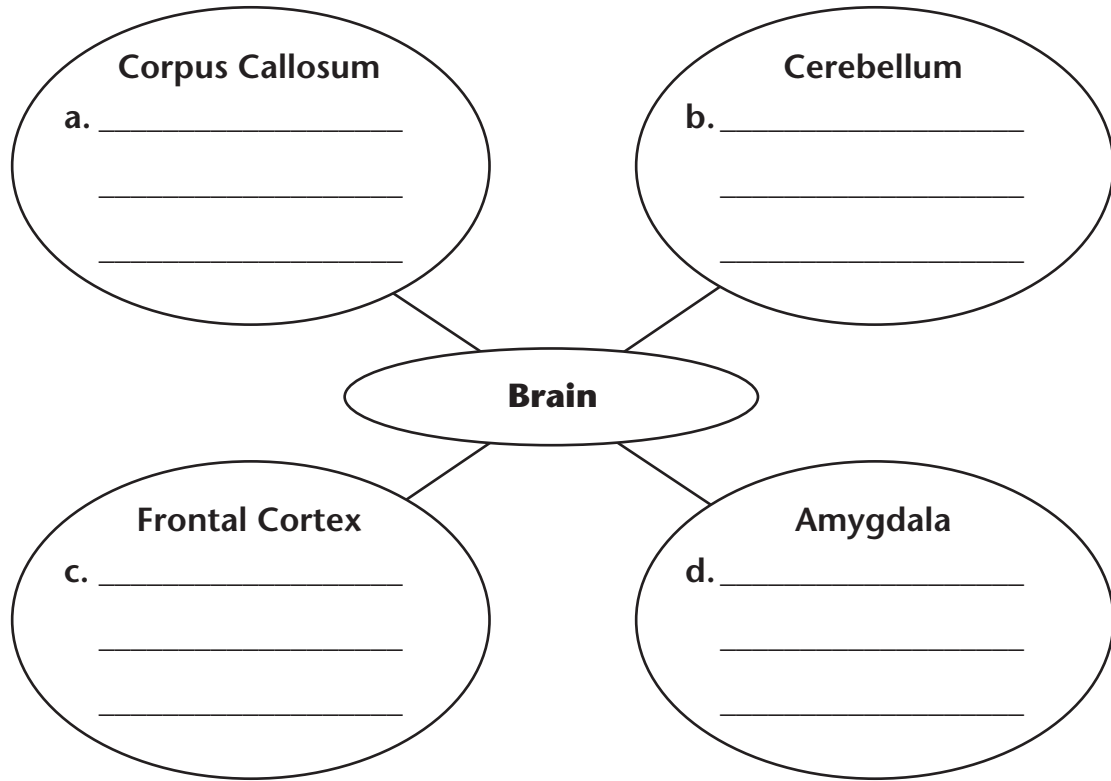
1. Compare changes in the body for girls and boys during puberty by completing the Venn diagram. Write similarities where the circles overlap, and differences on the left and right sides.



Section 20-1: Note Taking Guide *(continued)*

Mental Changes

2. Complete the concept map about structures in the brain that change significantly during adolescence. Fill in the function of each structure.



Emotional Changes

3. List three things individuals begin to search for during adolescence.
- a. _____
- b. _____
- c. _____

Section 20-2

Note Taking Guide

Adolescence and Responsibility (pp. 524–528)

Responsibilities to Yourself

1. Complete the table with details about responsibilities to yourself.

Responsibility	Description
<p>Making everyday decisions</p>	<p>a. _____ _____ _____ _____</p>
<p>Resisting negative influences</p>	<p>b. _____ _____ _____ _____</p>
<p>Thinking about your future</p>	<p>c. _____ _____ _____ _____</p>

Name _____ Class _____ Date _____

Section 20-2: Note Taking Guide *(continued)*

Responsibilities to Others

2. Complete the outline about your responsibilities to others during adolescence.

I. Responsibilities to Others

A. Your role in the family

B. Responsibility to family

C. Responsibility to friends

D. Responsibility to community

Section 20-3

Note Taking Guide

Adulthood and Marriage (pp. 529–536)

Young Adulthood

1. List three signs of physical maturity.
 - a. _____
 - b. _____
 - c. _____

2. List three signs of emotional maturity.
 - a. _____
 - b. _____
 - c. _____

3. What three questions should a young adult consider when beginning to plan for a career?
 - a. _____
 - b. _____
 - c. _____

Name _____ Class _____ Date _____

Section 20-3: Note Taking Guide *(continued)*

Marriage

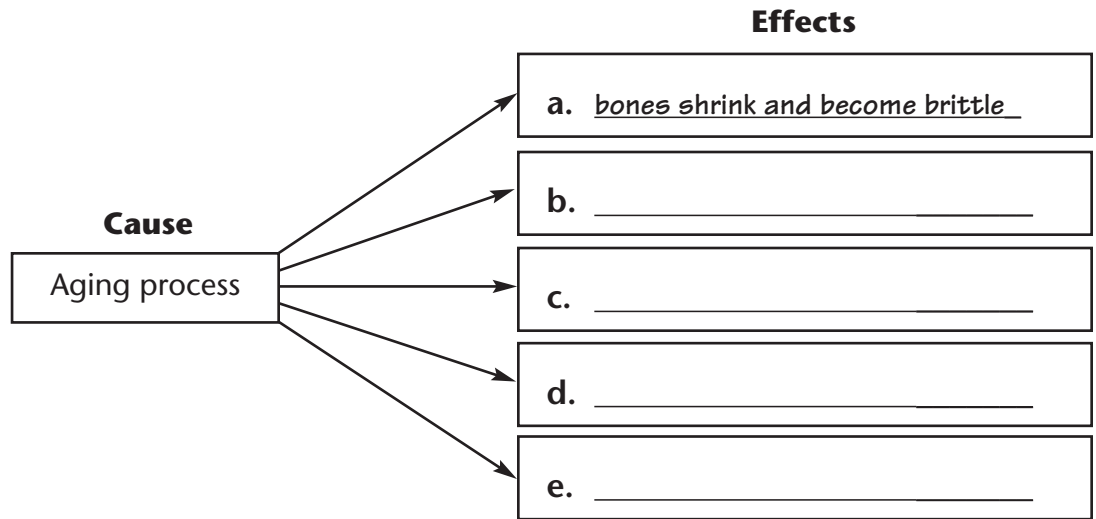
4. Complete the table with details about marriage.

Main Idea	Details
Why people marry	a. _____ _____ _____
Successful marriages	b. _____ _____ _____
Stresses in marriage	c. _____ _____ _____
Parenthood	d. _____ _____ _____
Teens and marriage	e. _____ _____ _____

Section 20-3: Note Taking Guide *(continued)*

Healthy Aging

5. Complete the graphic organizer with details about the effects of aging.



6. Complete the table with details about common diseases of older adulthood.

Disease	Description
Arthritis	a. _____ _____
Osteoporosis	b. _____ _____
Parkinson's disease	c. _____ _____
Dementia	d. _____ _____
Alzheimer's disease	e. _____ _____

Section 20-4

Note Taking Guide

Death and Dying (pp. 537–540)

Dying With Dignity

Coping Skills

1. Complete the outline with details about dying with dignity and coping skills.

I. Dying With Dignity

A. Care for the dying

B. Stages of dying

II. Coping Skills

A. Emotional support

B. Grieving after death

C. Helping others through their grief
