

Weekly Progress Report

| Date: | | | | |
|-------|--|--|--|--|
| | | | | |

| What worked best this week? | What are our goals and accadines for next week. |
|-----------------------------|---|
| What worked best this week: | Monday |
| | |
| | Tuesday |
| | Wednesday |
| A di | Thursday |
| Adjustments? | <u> </u> |
| | Friday |
| | Saturday |
| | Sunday |
| Action Stans for novt wook | |
| Action Steps for next week: | |
| 1 | |
| 2 | |
| 3 | |
| 4 | |
| 5 | |
| 6 | |
| 7 | |