# Health \& Wellness Coalition of Wichita Survey 

# Wichitans Perceptions of Healthy Eating and Physical Activity 

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## Key Responses

The Health \& Wellness Coalition of Wichita contracted with the Center for Economic Development and Business Research, W. Frank Barton School of Business, Wichita State University (CEDBR), to conduct a survey of Wichita residents to determine perceptions of Wichita relative to healthy eating and physical activity. The survey was designed to provide results that inform the Coalition's programs and efforts toward its mission of promoting physical activity and good nutrition in the Wichita area.

More than 2,250 surveys were completed. The respondents provided answers to questions about the image of Wichita as a community that supports healthy eating and physical activity both indoors and outdoors. The cross-tabulations allow more specific targeting of educational and promotional messages by demographic groups.

See page 21 for detailed question responses.

## Survey Question Summary

- Demographics
- The survey asked demographic questions about:
- Gender
- Race and ethnicity
- Age
- Household income
- Marital status
- Education level
- The demographic profile of respondents closely matched the demographic profile of Wichita with the exception of gender. More than two-thirds of all respondents were female; 1,528 females and 628 males. (Significant differences in responses between females and males, as well as by other demographic groups, are provided in the cross-tabulation summary and results sections.)
- Healthy Eating and Nutrition
- While more than 80 percent of respondents felt that they eat healthy foods, only half ( 49.5 percent) felt that Wichita was a community that supports healthy eating.
- Respondents did not feel that Wichitans could find healthy foods at work (60.1 percent), although they were positive about finding healthy foods at home, in schools and in restaurants.
- Respondents did not feel that convenience stores made it easy for Wichitans to eat healthy foods ( 73.8 percent), although they were positive that grocery stores, superstores and restaurants made it easy for Wichitans to eat healthy foods.
- The price of meat and fish presented the most difficulty in paying for healthy foods ( 81.1 percent), closely followed by the price of fresh fruits and vegetables ( 80.2 percent). The price of dairy products and the price of bread and other grains were less problematic.
- Lack of knowledge of healthy eating was reported as the most important issue ( 82.5 percent) compared with cost of transportation and public transportation routes that made it difficult for Wichitans to eat healthy foods.
- Physical Activity and Exercise
- Nearly three-fourths of respondents reported doing some sort of physical activity three times a week or more.
- Respondents were more positive about Wichita as a community that valued physical activity ( 60.4 percent) than about Wichita as a community that supported healthy eating ( 49.5 percent).
- Respondents were very positive about outdoor physical activity options at public parks, city-operated facilities, non-profits such as the YMCA and for-profits such as Genesis and Curves ( 76.2 percent to 93.2 percent). However, fewer than half (43.4 percent) felt that neighborhoods were designed to encourage outdoor activities.
- Respondents were well aware of mall walking as an off-hours indoor activity option ( 85.6 percent) but fewer than half were aware of churches ( 36 percent) or schools ( 41.5 percent) as locations that support off-hours activities.
- Respondents were aware of a number of barriers to physical activity, including cost, transportation, child care and facility hours and schedules.
- Two-thirds of respondents ( 67.8 percent) found that outdoor activity in parks and open spaces was a problem due to lighting, about half found that overall condition and the condition of paths and walkways made it difficult, and about 40 percent felt that there are not enough parks.
- Neighborhoods were reported as being even more difficult than parks and open spaces for physical activity due to personal safety concerns ( 85.2 percent), with about three-fourths finding that neighborhood lighting, absence of sidewalks and the condition of sidewalks made outdoor activity difficult.


## Cross-tabulation Summary

Cross-tabulation (crosstabs) of the survey results by demographic groupings allowed analysis of responses by groups within the total response pool. In this case, crosstabs were based on gender, race, age, income, marital status and education groups. These results can be used to further target education and promotional messages.

It is important to keep in mind that demographic groups do not explain the different results, but only compare results by groups. There may be other issues underlying the response patterns that were not captured by the survey.

Some survey response patterns changed with increasing or decreasing age, income or education, although this was not always the case. Gender and marital status results simply compared the two categories (male/female and married/not married). Race categories were similar to gender and marital status in that they are simply categories. Although it was not uncommon to see white/Caucasian results differ from all minority categories, this was also not a consistent pattern.

See page 35 for detailed crosstab results.

## Healthy Eating and Nutrition

Question 1. Overall, I eat healthy foods.

- Respondents aged 60 and over were most likely to agree. Aged 18 to 29 and 30 to 44 were very close in being less likely to agree. Those aged 45 to 59 fell in the middle.
- Respondents with household income $\$ 100,000$ and over were most likely to agree. Those with incomes up to $\$ 49,000$ and $\$ 50,000$ to $\$ 99,000$ were less likely to agree.
- Married respondents were more likely to eat healthy foods than non-married.
- Respondents in the middle education level, with some college or an associate's degree, were least likely to eat healthy foods, although not by a large margin.
- There were no significant differences by other demographic groups to Question 1.

Question 2. Compared with other communities that I know of, Wichita is a community that values healthy eating.

- Hispanic and black respondents were more likely to agree than whites or other minorities.
- The older the respondents, the more likely they were to agree.
- Respondents with incomes up to $\$ 49,000$ were most likely to agree, while the two higher income groups were less likely to agree.
- The higher the education level, the less likely respondents were to agree.
- There were no significant differences by other demographic groups to Question 2.

Question 3. I believe that most people in Wichita can find healthy food choices in the following places: at home, in restaurants, at school, at work.

- At home
- The highest income group, $\$ 100,000$ and above, was least likely to agree. The difference was not large, but was statistically significant.
- In restaurants
- Females were more likely to agree than males.
- At school
- Hispanics and blacks were more likely to agree than other racial groups.
- Level of agreement decreased with increasing income.
- Level of agreement decreased with increasing education.
- At work
- There were no significant differences by any demographic group to this segment.
- There were no significant differences by other demographic groups to Question 3.

Question 4. I believe that most people in Wichita can find good value when shopping for: meats/fish; milk, cheese and other dairy products; breads, cereals, rice and other grain products; fresh fruits and vegetables.

- Meats/fish
- Respondents with a high school education or lower were most likely to agree, but respondents with some college or an associate's degree were least likely to agree.
- Breads, cereals, rice and other grain products
- There were no significant differences by any demographic group to this segment.
- Milk, cheese and other dairy products
- Respondents aged 30 to 44 were least likely to agree and those aged 60 and over were most likely to agree.
- Fresh fruits and vegetables
- Females were less likely to agree.
- Blacks were most likely to agree, whites were least likely to agree.
- Agreement increased with age, with those aged 18 to 29 and 30 to 44 about the same.
- Respondents with a high school diploma or lower were most likely to agree while those with some college or associate's degree and those with a bachelor's degree or higher were about the same.
- There were no significant differences by other demographic groups to Question 4.

Question 5. The following businesses make it easy for people in Wichita to eat healthy foods: grocery stores such as Dillons; superstores such as SuperTarget or Wal-Mart; convenience stores such as QuikTrip or Kwik Shop; restaurants

- Grocery stores such as Dillons
- There were no significant differences by any demographic group to this segment.
- Superstores such as SuperTarget or Wal-Mart
- Whites were less likely than all other racial groups to agree that superstores such as SuperTarget or Wal-Mart made it easy for Wichitans to eat healthy foods
- Respondents with a high school diploma or lower were most likely to agree that superstores such as SuperTarget or Wal-Mart made it easy for Wichitans to eat healthy foods. Other education groups were less likely to agree.
- Convenience stores such as QuikTrip or Kwik Shop
- Males were more likely to disagree than females that convenience stores such as QuikTrip or Kwik Shop made it easy for Wichitans to eat healthy foods.
- Whites were most likely to disagree that convenience stores such as QuikTrip or Kwik Shop made it easy for Wichitans to eat healthy foods compared with all other racial groups.
- The higher the income, the more likely respondents were to disagree that convenience stores such as QuikTrip or Kwik Shop made it easy for Wichitans to eat healthy foods.
- Married respondents were more likely to disagree that convenience stores such as QuikTrip or Kwik Shop made it easy for Wichitans to eat healthy foods.
- The higher the education level, the more likely respondents were to disagree that convenience stores such as QuikTrip or Kwik Shop made it easy for Wichitans to eat healthy foods.
- Restaurants
- Females were more likely to agree than males that restaurants made it easy for Wichitans to eat healthy foods.
- Blacks were much more likely than other minorities or whites to agree that restaurants made it easy for Wichitans to eat healthy foods.
- Respondents with a bachelor's degree or higher were less likely to agree that restaurants made it easy for Wichitans to eat healthy foods. Respondents with both high school and some college were more likely to agree.
- There were no significant differences by other demographic groups to Question 5.

Question 6. Wichitans have a difficult time paying for healthy food items because of the price of: meats/fish; breads, cereals, rice and other grain products

- Meats/fish
- Females were more likely to agree that the price of meats/fish made it difficult to pay for healthy food items.
- All minorities were more likely than whites to agree that the price of meats/fish made it difficult to pay for healthy food items.
- As income levels decreased, respondents were more likely to agree that the price of meats/fish made it difficult to pay for healthy food items.
- Respondents with a bachelor's degree or higher were less likely to agree that the price of meats/fish made it difficult to pay for healthy food items than respondents with less education.
- Breads, cereals, rice and other grain products
- All minority groups were more likely than whites to agree that the price of breads, cereals, rice and other grain products made it difficult to pay for healthy food items.
- Respondents aged 60 and over were most likely to agree and aged 18 to 29 were least likely to agree that the price of breads, cereals, rice and other grain products made it difficult to pay for healthy food items.
- As income increased, respondents were less likely to agree that the price of breads, cereals, rice and other grain products made it difficult to pay for healthy food items.
- Married respondents were less likely to agree that the price of breads, cereals, rice and other grain products made it difficult to pay for healthy food items.
- As education increased, respondents were less likely to agree that the price of breads, cereals, rice and other grain products made it difficult to pay for healthy food items.
- Milk, cheese and other dairy products
- Females were more likely than males to agree that the price of milk, cheese and other dairy products made it difficult to pay for healthy food items.
- All minorities were more likely than whites to agree that the price of milk, cheese and other dairy products mad it difficult to pay for healthy food items.
- Respondents age 60 and over were most likely to agree that the price of milk, cheese and other dairy products made it difficult to pay for healthy food items. Those aged 45 to 49 were least likely to agree that the price of milk, cheese and other dairy products made it difficult to pay for healthy food items.
- As income increased, respondents were less likely to agree that the price of milk, cheese and other dairy products made it difficult to pay for healthy food items.
- Respondents with a bachelor's degree or higher were less likely than respondents with less education to agree that the price of milk, cheese and other dairy products made it difficult to pay for healthy food items.
- Fresh fruits and vegetables
- Females were more likely to agree that the price of fresh fruits and vegetables made it difficult to pay for healthy food items.
- There were no significant differences by other demographic groups to Question 6.

Question 7. Other issues make it difficult for Wichitans to eat healthy foods such as: public transportation routes, cost of transportation, lack of knowledge/don't know enough about healthy eating.

- Public transportation routes
- Females were more likely to agree that public transportation routes made it difficult for Wichitans to eat healthy foods.
- As age increased, respondents were more likely to agree that public transportation routes made it difficult for Wichitans to eat healthy foods, with those aged 60 and over much more likely to agree.
- Cost of transportation
- Females were more likely than males to agree that the cost of transportation made it difficult for Wichitans to eat healthy foods.
- Blacks and other minorities were more likely than whites or Hispanics to agree that the cost of transportation made it difficult for Wichitans to eat healthy foods.
- Respondents age 60 and over were most likely to agree that the cost of transportation made it difficult for Wichitans to eat healthy foods. Other responses were not consistent by age.
- As income increased, respondents were less likely to agree that the cost of transportation made it difficult for Wichitans to eat healthy foods.
- Respondents who were not married were more likely than married respondents to agree that the cost of transportation made it difficult for Wichitans to eat healthy foods.
- As education level increased, respondents were less likely to agree that the cost of transportation made it difficult for Wichitans to eat healthy foods.
- Lack of knowledge/don't know enough about healthy eating
- There were no significant differences by any demographic group to this segment.
- There were no significant differences by other demographic groups to Question 7.
(Question 8 is an open ended question.)


## Physical Activity and Exercise

Question 9. I do some sort of physical exercise or activity three times a week or more.

- Males were more likely than females to agree that they did some form of physical exercise or activity three times a week or more.
- Respondents aged 60 and over were more likely to agree that they do some sort of physical exercise or activity three times a week or more. Those aged 30 to 44 were least likely to agree.
- Those with incomes of $\$ 100,000$ and over were more likely to agree that they do some sort of physical exercise or activity three times a week or more. Other responses were not consistent by income.
- Respondents with some college or an associate's degree were least likely to agree that they do some sort of physical exercise or activity three times a week or more. Other responses were not consistent by education level.
- There were no significant differences by other demographic groups to Question 9.

Question 10. Compared with other communities that I know of, Wichita is a community that values physical activity.

- Hispanic and black respondents were more likely than other racial groups to agree that Wichita is a community that values physical activity.
- As age increased, respondents were more likely to agree that Wichita is a community that values physical activity. Those aged 60 and up were far more likely than all other age groups to agree.
- As education level increased, respondents were less likely to agree that Wichita is a community that values physical activity.
- There were no significant differences by other demographic groups to Question 10.

Question 11. I believe that most people in Wichita find good physical activity options in or at: open spaces such as public parks, tennis courts, bike paths, sidewalks; city-operated facilities such as recreation centers and pools; not-for-profit agencies such as the YMCA; for-profit facilities such as Genesis and Curves.

- Public parks, tennis courts, bike paths, sidewalks
- Hispanic respondents were most likely and whites were least likely to feel that Wichitans can find good physical activity options in open spaces such as parks, tennis courts and sidewalks.
- As income level increases, respondents were less likely to agree that most people in Wichita find good physical activity options in public parks, tennis courts, bike paths, sidewalks.
- As education level increased, respondents were less likely to agree that most people in Wichita find good physical activity options in public parks, tennis courts, bike paths, sidewalks.
- City-operated facilities such as recreation centers and pools
- Females were more likely than males to agree that most people in Wichita find good physical activity options at city-operated facilities such as recreation centers and pools.
- White respondents were less likely than all other racial groups to agree that most people in Wichita find good physical activity options at city-operated facilities such as recreation centers and pools.
- Respondents aged 18 to 29 were more likely and those aged 45 to 59 were less likely than other age groups to agree that most people in Wichita find physical activity options at city-operated facilities such as recreation centers and pools.
- As income increased, respondents were less likely to agree that most people in Wichita find good physical activity options at city-operated facilities such as recreation centers and pools.
- Married respondents were less likely to agree that most people in Wichita find good physical activity options in or at physical activity options at city-operated facilities such as recreation centers and pools.
- As education level increased, respondents were less likely to agree that most people in Wichita find good physical activity options at city-operated facilities such as recreation centers and pools.
- Not-for-profit agencies such as the YMCA
- (Overall, respondents were highly likely, at 93.3 percent, to agree that most people in Wichita could find good physical activity options at non-for-profit agencies such as the YMCA.)
- Respondents aged 45 to 59 were least likely to agree. Other responses were not consistent by age.
- For-profits facilities such as Genesis and Curves
- There were no significant differences by any demographic group to this segment.
- There were no significant differences by other demographic groups to Question 11.

Question 12. Neighborhoods in Wichita are designed to encourage walking, biking, etc.

- Hispanic and black respondents were more likely than whites or other minorities to agree that neighborhoods in Wichita are designed to encourage walking, biking, etc.
- As income increased, respondents are less likely to agree that neighborhoods in Wichita were designed to encourage walking, biking, etc.
- As education increased, respondents were less likely to agree that neighborhoods in Wichita were designed to encourage walking, biking, etc.
- There were no significant differences by other demographic groups to Question 12.

Question 13. Wichita supports indoor activities (like walking) for the public during off-hours in places such as: malls; school gymnasiums; churches and other faith-based centers.

- Malls
- As age increased respondents were more likely to agree that Wichita supports indoor activities (like walking) for the public during off-hours in places such as malls.
- School gymnasiums
- Whites were less likely than other racial groups to agree that Wichita supports indoor activities (like walking) for the public during off-hours in places such as school gymnasiums.
- Respondents aged 18 to 29 were most likely and aged 45 to 59 were least likely to agree that Wichita supports indoor activities (like walking) for the public during off-hours in places such as school gymnasiums.
- As income increased, respondents were less likely to agree that Wichita supports indoor activities (like walking) for the public during off-hours in places such as school gymnasiums.
- Married respondents were less likely than unmarried respondents to agree that Wichita supports indoor activities (like walking) for the public during off-hours in places such as school gymnasiums.
- The higher the education level the less likely respondents were to agree that that Wichita supports indoor activities (like walking) for the public during off-hours in places such as school gymnasiums. Respondents with a high school diploma or less were more than twice as likely as respondents with a bachelor's degree or higher to agree.
- Churches and other faith-based centers
- Minority respondents were more likely than whites to agree that Wichita supports indoor activities (like walking) for the public during off-hours in places such as churches and other faith-based centers.
- Respondents aged 18 to 29 and 60 and over were more likely to agree that Wichita supports indoor activities (like walking) for the public during off-hours in places such as churches and other faith-based centers than the age groups in between.
- Respondents with incomes up to $\$ 49,999$ were more likely than higher income groups to agree that Wichita supports indoor activities (like walking) for the public during off-hours in places such as churches and other faith-based centers.
- Unmarried respondents were somewhat more likely to agree that Wichita supports indoor activities (like walking) for the public during off-hours in places such as churches and other faith-based centers.
- As education level increased, respondents were less likely to agree that Wichita supports indoor activities (like walking) for the public during off-hours in places such as churches and other faith-based centers.
- There were no significant differences by other demographic groups to Question 13.

Question 14. Wichitans have a difficult time being physically active because of: cost; transportation; child care; facility hours and schedules.

- Cost
- Females were far more likely to agree than males that Wichitans have a difficult time being physically active because of cost.
- All minorities were more likely than whites to agree that Wichitans have a difficult time being physically active because of cost.
- As age increased, respondents were less likely to agree that Wichitans have a difficult time being physically active because of cost.
- As income increased, respondents were less likely to agree that Wichitans have a difficult time being physically active because of cost.
- Unmarried respondents were more likely than married respondents to agree that Wichitans have a difficult time being physically active because of cost.
- Respondents with a bachelor's degree or higher were the least likely to agree that Wichitans have a difficult time being physically active because of cost. Other education groups were more likely to agree.
- Transportation
- Females were more likely than males to agree that Wichitans have a difficult time being physically active because of transportation.
- As income increased, respondents were less likely to agree that Wichitans have a difficult time being physically active because of transportation.
- Unmarried respondents were more likely than married respondents to agree that Wichitans have a difficult time being physically active because of transportation.
- As education increased, respondents were less likely to agree that Wichitans have a difficult time being physically active because of transportation.
- Child care
- Female respondents were more likely than males to agree that Wichitans have a difficult time being physically active because of child care.
- Whites were less likely than all other racial groups to agree that Wichitans have a difficult time being physically active because of child care.
- Respondents aged 45 and over were less likely than younger respondents to agree that Wichitans have a difficult time being physically active because of child care.
- Unmarried respondents were more likely to agree that Wichitans have a difficult time being physically active because of child care.
- Facility hours and schedules
- White respondents were less likely than all other racial groups to agree that Wichitans have a difficult time being physically active because of facility hours and schedules. Hispanics were the most likely to agree.
- Respondents aged 45 and over were less likely than younger respondents to agree that Wichitans have a difficult time being physically active because of facility hours and schedules.
- Respondents with incomes up to $\$ 49,999$ were most likely to agree that Wichitans have a difficult time being physically active because of facility hours and schedules. The two higher income groups were less likely to agree.
- Unmarried respondents were more likely than married to agree that Wichitans have a difficult time being physically active because of facility hours and schedules.
- As education level increased, respondents were less likely to agree that Wichitans have a difficult time being physically active because of facility hours and schedules.
- There were no significant differences by other demographic groups to Question 14.

Question 15. Wichitans have a difficult time being physically active in parks and open spaces because of: not enough parks; lighting; personal safety concerns; overall condition; condition of paths and walkways.

- Not enough parks
- Respondents aged 60 and over were most likely to agree that Wichitans have a difficult time being physically active in parks and open spaces because of not enough parks. Other responses were not consistent by age.
- As income increased, respondents were more likely to agree that Wichitans have a difficult time being physically active in parks and open spaces because of not enough parks.
- Respondents with some college or associate's degrees were least likely to agree that Wichitans have a difficult time being physically active in parks and open spaces because of not enough parks. Other education groups were more likely to agree.
- Lighting
- Female respondents were more likely than males to agree that Wichitans have a difficult time being physically active in parks and open spaces because of lighting.
- As age increased, respondents were more likely to agree that Wichitans have a difficult time being physically active in parks and open spaces because of lighting.
- Personal safety concerns
- Females were more likely than males to agree that Wichitans have a difficult time being physically active in parks and open spaces because of personal safety concerns.
- Respondents aged 18 to 29 were least likely to agree that Wichitans have a difficult time being physically active in parks and open spaces because of personal safety concerns. Other responses were not consistent by age.
- Overall condition
- White respondents were least likely to agree that Wichitans have a difficult time being physically active in parks and open spaces because of overall condition.
- As education level increased, respondents were more likely to agree that Wichitans have a difficult time being physically active in parks and open spaces because of overall condition.
- Condition of paths and walkways
- Whites were less likely than all other racial groups to agree that Wichitans have a difficult time being physically active in parks and open spaces because of the condition of paths and walkways. Other groups were more likely to agree.
- Married respondents were more likely than unmarried to agree that Wichitans have a difficult time being physically active in parks and open spaces because of the condition of paths and walkways.
- Respondents with a high school diploma and below were most likely to agree that Wichitans have a difficult time being physically active in parks and open spaces because of the condition of paths and walkways than other education groups.
- There were no significant differences by other demographic groups to Question 15.

Question 16. Wichitans have a difficult time being physically active in neighborhoods because of: absence of sidewalks; condition of sidewalks; lighting; personal safety concerns.

- Absence of sidewalks
- Females were more likely to agree than males that Wichitans have a difficult time being physically active in neighborhoods because of the absence of sidewalks.
- Respondents aged 18 to 29 were least likely to agree that Wichitans have a difficult time being physically active in neighborhoods because of the absence of sidewalks.
- Condition of sidewalks
- Females were more likely to agree that Wichitans have a difficult time being physically active in neighborhoods because of condition of sidewalks.
- Respondents aged 60 and over were most likely to agree that Wichitans have a difficult time being physically active in neighborhoods because of condition of sidewalks.
- Lighting
- Females were more likely than males to agree that Wichitans have a difficult time being physically active in neighborhoods because of condition of lighting.
- Respondents aged 60 and over were most likely to agree and respondents aged 18 to 29 were least likely to agree that Wichitans have a difficult time being physically active in neighborhoods because of lighting. Other responses were not consistent by age.
- Personal safety concerns
- Females were more likely than males to agree that Wichitans have a difficult time being physically active in neighborhoods because of personal safety concerns.
- As age increased, respondents were more likely to agree that Wichitans have a difficult time being physically active in neighborhoods because of personal safety concerns, with respondents aged 60 and over much more likely to agree.


## Introduction

The Health \& Wellness Coalition of Wichita contracted with the Center for Economic Development and Business Research (CEDBR), W. Frank Barton School of Business, Wichita State University, to conduct a survey of Wichita residents to determine perceptions of Wichita relative to healthy eating and physical activity. The survey results are expected to inform the Coalition's programs and efforts toward its mission:

We will promote physical activity and good nutrition for every generation living in the Greater Wichita Area through people, programs and policies.

## Methodology

The survey for Wichita residents was created based on input from the Health \& Wellness Coalition of Wichita and prepared for both on-line and paper administration. The paper and online surveys were created in English and the paper survey was translated into Spanish. Survey links were posted on the Health \& Wellness Coalition's website, the CEDBR website and made available through Health \& Wellness Coalition volunteer websites. Paper surveys were made available at numerous locations throughout the city such as YMCA facilities and other participating Coalition member organizations. Paper survey responses were entered by Health \& Wellness Coalition of Wichita staff.

Both scaled attitude questions and open-ended questions were used. This allows comparative analysis of different topics as well as inviting input from respondents. Demographic questions included age, gender, race, education and household income. Respondents were able to skip any questions they did not choose to answer.

There were more than 2,000 responses to each individual scaled attitude question, assuring a 95 percent confidence level that the responses accurately represent the attitudes of the overall population within $a+/-2.2$ percent margin of error ${ }^{2}$. For demographic subgroups, the following margins of error would be applicable:

| Responses | Margin of Error |
| :--- | :---: |
| 1,000 | $+/-3.1$ percent |
| 750 | $+/-3.6$ percent |
| 400 | $+/-4.9$ percent |
| 250 | $+/-6.2$ percent |
| 200 | $+/-6.9$ percent |

[^0]In order to compare responses by demographic groups, cross-tabulations (crosstabs) were used. By using crosstabs, it is possible to statistically determine if respondents in different demographic groups answer questions differently. Only those crosstabs with statistically significant differences among the subgroups are included. Significant patterns are highlighted for clarity. Subgroups were created within each demographic group to allow for clarity as well as to reduce the margin of error. In addition, responses were collapsed from four (Strongly Agree, Agree, Disagree, Strongly Disagree) to two (Agree or Strongly Agree, Disagree or Strongly Disagree) to allow clearer identification of the response direction.

## Survey Results

The survey generated more than 2,250 completed surveys, with more than 2,000 responses to each individual multiple response question. The number of responses to open-ended questions ranged from just under 500 to more than 1,200.

In addition, demographic groups, with the exception of gender, were generally representative of the Wichita population. More women than men responded, however, 628 men responded, allowing an acceptably small margin of error regarding male attitudes. Overall, these results provide high levels of confidence that the responses represent population attitudes for both the total population and for demographic subgroups. Differences in response patterns between and among demographic groups are captured by the cross-tabulations, summarized on pages 9 through 19 , and in full starting on page 35.

## Demographics

As with most surveys, demographic questions were presented at the end, but the data are presented here at the beginning of this discussion.

What is your gender?

|  | Frequency | Percent | Cumulative <br> Percent |
| :--- | ---: | ---: | ---: |
| Male | 628 | 29.1 | 29.1 |
| Female | 1,528 | 70.9 | 100 |
| Total | 2,156 | 100 |  |

The gender mix in the city of Wichita is 49.4 percent male and 50.6 percent female. While the respondent mix was quite different, the large number of males allowed detailed analysis of results by gender.

## What is your race?

|  | Frequency | Percent | Cumulative <br> Percent |
| :--- | ---: | ---: | ---: |
| White, Caucasian | 1,486 | 69.4 | 69.4 |
| Hispanic or Latino | 227 | 10.6 | 80.0 |
| Black or African American | 305 | 14.2 | 94.2 |
| American Indian or Alaskan Native | 37 | 1.7 | 95.9 |
| Asian | 35 | 1.6 | 97.6 |
| Native Hawaiian or Other Pacific Islander | 9 | 0.4 | 98.0 |
| Multi-racial | 43 | 2.0 | 100 |
| Total | 2,142 | 100 |  |

The racial mix in the city of Wichita is 72.2 percent white, 13 percent Latino (may be any race), 11.0 percent black, 1.2 percent American Indian, 4.6 percent Asian, less than 0.1 percent Native Hawaiian and 3.4 percent multi-racial. While not an exact match, the mix of respondents was not significantly different from the population as a whole. The response rates of minorities allowed detailed analysis of results by major racial and ethnic categories.

## What is your age?

|  | Frequency | Percent | Cumulative <br> Percent |
| :--- | ---: | ---: | ---: |
| 18 to 21 years | 78 | 3.6 | 3.6 |
| 22 to 29 years | 423 | 19.8 | 23.4 |
| 30 to 44 years | 740 | 34.6 | 58.0 |
| 45 to 59 years | 652 | 30.5 | 88.5 |
| 60 to 74 years | 196 | 9.2 | 97.7 |
| 75 years and over | 49 | 2.3 | 100 |
| Total | 2,138 | 100 |  |

The age mix according to the 2000 Census of Wichitans age 18 and over is 7.7 percent 18 to 21 years, 16.9 percent 22 to 29 years, 31.4 percent 30 to 44 years, 23.3 percent 45 to 59 years, 12.6 percent 60 to 74 years and 8.1 percent 75 years and over. As with the racial mix, this was not an exact match, but was not significantly different from the population as a whole. The response rates in all ages allowed detailed analysis of results by major age groups.

## What is your household income?

|  | Frequency | Percent | Cumulative <br> Percent |
| :--- | ---: | ---: | ---: |
| Less than $\$ 24,999$ | 361 | 17.6 | 17.6 |
| $\$ 25,000$ to $\$ 49,000$ | 583 | 28.4 | 45.9 |
| $\$ 50,000$ to $\$ 74,999$ | 451 | 21.9 | 67.9 |
| $\$ 75,000$ to $\$ 99,999$ | 298 | 14.5 | 82.4 |
| $\$ 100,000$ to $\$ 149,999$ | 250 | 12.2 | 94.5 |
| $\$ 150,000$ to $\$ 199,999$ | 65 | 3.2 | 97.7 |
| $\$ 200,000$ or more | 47 | 2.3 | 100 |
| Total | 2,055 | 100 |  |

The income distribution for Wichita households according to Claritas estimates is 26.3 percent under $\$ 25,000,30.8$ percent $\$ 25,000$ to $\$ 49,999,20.5$ percent $\$ 50,000$ to $\$ 74,999,10.8$ percent $\$ 75,000$ to $\$ 99,999,8.0$ percent $\$ 100,000$ to $\$ 149,999$ and 3.6 percent $\$ 150,000$ and above. The respondent income distribution was very similar to the Wichita income distribution. The response rates in all income categories allowed detailed analysis of results by major income groups.

What is your marital status?

|  | Frequency | Percent | Cumulative |
| :--- | ---: | ---: | ---: |
| Percent |  |  |  |
| Now married | 1,282 | 59.7 | 59.7 |
| Widowed | 71 | 3.3 | 63.0 |
| Divorced | 265 | 12.3 | 75.4 |
| Separated | 50 | 2.3 | 77.7 |
| Never married | 479 | 22.3 | 100 |
| Total | 2,147 | 100 |  |

According to the 2000 Census, nearly half of Wichita households were married-couple families, similar to the respondent percent of just under 60 percent. The marital status response rate allowed detailed analysis by married or non-married responses.

## What is the highest degree or level of school you have completed?

|  | Frequency | Percent | Cumulative <br> Percent |
| :--- | ---: | ---: | ---: |
| No high school diploma | 142 | 6.6 | 6.6 |
| High school graduate/GED | 313 | 14.5 | 21.1 |
| Some college, no degree | 443 | 20.6 | 41.7 |
| Associate degree (i.e. AA or AS) | 160 | 7.4 | 49.1 |
| Bachelors degree | 672 | 31.2 | 80.4 |
| Masters degree or higher | 423 | 19.6 | 100 |
| Total | 2,153 | 100 |  |

According to the 2000 Census, educational attainment for Wichitans age 25 and older was 16.2 percent with no high school diploma, 28.6 percent with high school diploma or GED, 250 percent with some college but no degree, 5 percent with an Associate's degree, 17.2 percent with a Bachelor's degree and 8.1 percent with a Master's degree or higher. While not an exact match, the mix of respondent education levels was not significantly different from the population as a whole. The response rates of different education levels allowed detailed analysis of results by major education categories.

## Please indicate the zip code of your residence? Open-ended.

Of the 2,085 respondents who provided a zip code, 1,849 were actual Wichita zip codes. All responses were included, based on the assumption that any non-Wichita residents who took the time to fill out the survey had some other reason to be highly interested in Wichita's image regarding healthy eating and physical activity. There were not enough non-Wichita zip codes to either strongly influence response patterns or to provide significant comparison by crosstabs.

See Excel file "Open ended responses compiled" for complete responses.

## Healthy Foods and Nutrition

Question 1. Overall, I eat healthy foods.

|  | Frequency | Percent | Cumulative <br> Percent |
| :--- | ---: | ---: | ---: |
| Strongly agree | 394 | 17.7 | 17.7 |
| Agree | 1,422 | 63.9 | 81.5 |
| Disagree | 388 | 17.4 | 99.0 |
| Strongly disagree | 23 | 1.0 | 100 |
| Total | 2,227 | 100 |  |

Respondents were generally positive ( 81.5 percent) in reporting that they eat healthy foods.

Question 2. Compared with other communities that I know of, Wichita is a community that values healthy eating.

|  | Frequency | Percent | Cumulative <br> Percent |
| :--- | ---: | ---: | ---: |
| Strongly agree | 105 | 4.8 | 4.8 |
| Agree | 985 | 44.7 | 49.5 |
| Disagree | 1,013 | 46.0 | 95.5 |
| Strongly disagree | 100 | 4.5 | 100 |
| Total | 2,203 | 100 |  |

Nearly half of respondents felt that Wichita was a community that valued healthy eating.
Question 3. I believe that most people in Wichita can find healthy food choices in the following places:

|  | Strongly <br> agree | Agree | Positive <br> total | Disagree | Strongly <br> disagree | Negative <br> total | Total |
| :---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| At home | 975 | 998 | 1,973 | 226 | 15 | 241 | 2,214 |
| At home percent | $44.0 \%$ | $45.1 \%$ | $89.1 \%$ | $10.2 \%$ | $0.7 \%$ | $10.9 \%$ | $100 \%$ |
| In restaurants | 290 | 1,262 | 1,552 | 517 | 74 | 591 | 2,143 |
| In restaurants <br> percent | $13.5 \%$ | $58.9 \%$ | $72.4 \%$ | $24.1 \%$ | $3.5 \%$ | $27.6 \%$ | $100 \%$ |
| At work | 142 | 693 | 835 | 1,027 | 230 | 1,257 | 2,092 |
| At work percent | $6.8 \%$ | $33.1 \%$ | $39.9 \%$ | $49.1 \%$ | $11.0 \%$ | $60.1 \%$ | $100 \%$ |
| At school | 268 | 979 | 1,247 | 691 | 160 | 851 | 2,098 |
| At school percent | $12.8 \%$ | $46.7 \%$ | $59.4 \%$ | $32.9 \%$ | $7.6 \%$ | $40.6 \%$ | $100 \%$ |

The overwhelming majority of respondents (89.1 percent) felt they could find healthy food choices at home and more than two-thirds ( 72.4 percent) felt they could find healthy food choices in restaurants. However, only 59.4 percent felt that healthy food choices were available in schools, and even fewer, just 39.9 percent, felt they could find healthy food choices at work.

Question 4. I believe that most people in Wichita can find good value when shopping for:

|  | Strongly <br> agree | Agree | Positive <br> total | Disagree | Strongly <br> disagree | Negative <br> total | Total |
| :---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Meats/fish | 502 | 1,228 | 1,730 | 387 | 46 | 433 | 2,163 |
| Meats/fish percent | $23.2 \%$ | $56.8 \%$ | $80.0 \%$ | $17.9 \%$ | $2.1 \%$ | $20.0 \%$ | $100 \%$ |
| Breads, cereals, rice, <br> beans and other grain <br> products | 634 | 1,373 | 2,007 | 168 | 19 | 187 | 2,194 |
| Breads, cereals, etc. <br> percent | $28.9 \%$ | $62.6 \%$ | $91.5 \%$ | $7.7 \%$ | $0.9 \%$ | $8.5 \%$ | $100 \%$ |
| Milk, cheese and other <br> dairy products | 561 | 1,261 | 1,822 | 319 | 45 | 364 | 2,186 |
| Milk, cheese and <br> dairy percent | $25.7 \%$ | $57.7 \%$ | $83.3 \%$ | $14.6 \%$ | $2.1 \%$ | $16.7 \%$ | $100 \%$ |
| Fresh fruits and <br> vegetables | 540 | 1,073 | 1,613 | 476 | 96 | 572 | 2,185 |
| Fresh fruits and <br> vegetables percent | $24.7 \%$ | $49.1 \%$ | $73.8 \%$ | $21.8 \%$ | $4.4 \%$ | $26.2 \%$ | $100 \%$ |

While respondents overall felt that people in Wichita could find good value in all major food groups, they were more certain about finding good value when shopping for breads, cereals and grain products, at 91.5 percent, than about finding good value in fresh fruits and vegetables, at 73.8 percent.

Question 5. The following businesses make it easy for people in Wichita to eat healthy foods:

|  | Strongly <br> agree | Agree | Positive <br> total | Disagree | Strongly <br> disagree | Negative <br> total | Total |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Grocery stores such as <br> Dillons | 859 | 1,163 | 2,022 | 152 | 26 | 178 | 2,200 |
| Grocery stores <br> percent | $39.0 \%$ | $52.9 \%$ | $91.9 \%$ | $6.9 \%$ | $1.2 \%$ | $8.1 \%$ | $100 \%$ |
| Superstores such as <br> SuperTarget and <br> Walmart | 645 | 1,223 | 1,868 | 275 | 32 | 307 | 2,175 |
| Superstores percent | $29.7 \%$ | $56.2 \%$ | $85.9 \%$ | $12.6 \%$ | $1.5 \%$ | $14.1 \%$ | $100 \%$ |
| Convenience stores <br> such as Quik Trip or <br> Kwik Shop | 126 | 432 | 558 | 1,172 | 402 | 1,574 | 2,132 |
| Convenience stores <br> percent | $5.9 \%$ | $20.3 \%$ | $26.2 \%$ | $55.0 \%$ | $18.9 \%$ | $73.8 \%$ | $100 \%$ |
| Restaurants | 199 | 1,135 | 1,334 | 689 | 117 | 806 | 2,140 |
| Restaurants percent | $9.3 \%$ | $53.0 \%$ | $62.3 \%$ | $32.2 \%$ | $5.5 \%$ | $37.7 \%$ | $100 \%$ |

Similar percentages of respondents felt that grocery stores ( 91.9 percent) and superstores (85.9 percent) made it easy for people in Wichita to eat healthy foods. It is perhaps not surprising that only 26.2 percent felt that convenience stores made it easy for people to eat healthy foods. However, while 72.4 percent felt that it was possible to find healthy choices in restaurants (Question 3, above), only 62.3 percent felt that restaurants made it easy to eat healthy foods.

## Question 6. Wichitans have a difficult time paying for healthy food items because of the price of:

|  | Strongly <br> agree | Agree | Positive <br> total | Disagree | Strongly <br> disagree | Negative <br> total | Total |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Meats/fish | 743 | 1,006 | 1,749 | 365 | 43 | 408 | 2,157 |
| Meats/fish percent | $34.4 \%$ | $46.6 \%$ | $81.1 \%$ | $16.9 \%$ | $2.0 \%$ | $18.9 \%$ | $100 \%$ |
| Breads, cereals, rice, <br> beans and other grain <br> products | 385 | 836 | 1,221 | 842 | 70 | 912 | 2,133 |
| Breads, cereals, etc. <br> percent | $18.0 \%$ | $39.2 \%$ | $57.2 \%$ | $39.5 \%$ | $3.3 \%$ | $42.8 \%$ | $100 \%$ |
| Milk, cheese and other <br> dairy products | 535 | 1,032 | 1,567 | 519 | 52 | 571 | 2,138 |
| Milk, cheese and <br> dairy percent | $25.0 \%$ | $48.3 \%$ | $73.3 \%$ | $24.3 \%$ | $2.4 \%$ | $26.7 \%$ | $100 \%$ |
| Fresh fruits and <br> vegetables | 815 | 903 | 1,718 | 372 | 51 | 423 | 2,141 |
| Fresh fruits and <br> vegetables percent | $38.1 \%$ | $42.2 \%$ | $80.2 \%$ | $17.4 \%$ | $2.4 \%$ | $19.8 \%$ | $100 \%$ |

It may be somewhat surprising that meats/fish and fresh fruits and vegetables were so closely perceived as being difficult to pay for, at 81.1 and 80.2 percent respectively, while 73.3 percent of respondents felt that dairy products were difficult to pay for. Not surprisingly, breads and other grain products were least likely to be perceived as difficult to pay for, at 57.2 percent. However, more than half of respondents agreed or strongly agreed that all healthy foods did present difficulties in being affordable.

Question 7. Other issues make it difficult for Wichitans to eat healthy foods, such as:

|  | Strongly <br> agree | Agree | Positive <br> total | Disagree | Strongly <br> disagree | Negative <br> total | Total |
| :---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Public transportation routes | 409 | 710 | 1,119 | 842 | 85 | 927 | 2,046 |
| Public transportation <br> routes percent | 20.0 | 34.7 | 54.7 | 41.2 | 4.2 | 45.3 | 100 |
| Cost of transportation | 520 | 870 | 1,390 | 614 | 68 | 682 | 2,072 |
| Cost of transportation <br> percent | 25.1 | 42.0 | 67.1 | 29.6 | 3.3 | 32.9 | 100 |
| Lack of knowledge/don't <br> know enough about healthy <br> eating | 849 | 921 | 1,770 | 321 | 54 | 375 | 2,145 |
| Lack of knowledge/don't <br> know enough about <br> healthy eating percent | 39.6 | 42.9 | 82.5 | 15.0 | 2.5 | 17.5 | 100 |

Respondents clearly felt that lack of knowledge and not knowing enough about healthy eating were greater barriers to healthy eating ( 82.5 percent) than either the cost of transportation ( 67.1 percent) or public transportation routes ( 54.7 percent).

## Question 7. Open-ended. Please describe any other issues that make it difficult for Wichitans to eat healthy foods.

There were 768 responses to the question: Please describe any other issues that make it difficult for Wichitans to eat healthy foods. A quick review of these responses indicates that high cost, poor quality, time to prepare and knowledge of healthy foods as well as very easy access to less healthy food options were challenges to eating a healthy diet.

See Excel file "Open ended responses compiled" for complete responses.

## Question 8. Open-ended. Fresh fruits and vegetables are very important to healthy eating. Please tell us what you think would encourage people in Wichita to eat more fresh fruits and vegetables.

More than half of respondents, 1,216 , entered responses to the question: Fresh fruits and vegetables are very important to healthy eating. Please tell us what you think would encourage people in Wichita to eat more fresh fruits and vegetables. A quick review of responses indicates that lowering cost, increasing access, especially to locally grown produce, education about both the importance of fresh fruits and vegetables and preparation (especially of vegetables) as well as city/neighborhood gardens and support of local produce would be helpful in encouraging people to eat more fresh fruits and vegetables.

See Excel file "Open ended responses compiled" for complete responses.

## Physical Activity and Exercise

Question 9. I do some sort of physical exercise or activity three times a week or more.

|  | Frequency | Percent | Cumulative <br> Percent |
| :--- | ---: | ---: | ---: |
| Strongly agree | 767 | 34.9 | 34.9 |
| Agree | 839 | 38.2 | 73.2 |
| Disagree | 524 | 23.9 | 97.0 |
| Strongly disagree | 65 | 3.0 | 100 |
| Total | 2,195 | 100 |  |

Nearly three fourths ( 73.2 percent) of respondents reported that they exercised or did some sort of physical activity three times a week or more.

Question 10. Compared with other communities that I know of, Wichita is a community that values physical activity.

|  | Frequency | Percent | Cumulative <br> Percent |
| :--- | ---: | ---: | ---: |
| Strongly agree | 192 | 8.8 | 8.8 |
| Agree | 1,122 | 51.6 | 60.4 |
| Disagree | 749 | 34.4 | 94.9 |
| Strongly disagree | 112 | 5.1 | 100 |
| Total | 2,175 | 100 |  |

More than half of respondents ( 60.4 percent) felt that Wichita was a community that valued physical activity.

Question 11. I believe that most people in Wichita find good physical activity options in or at:

|  | Strongly <br> agree | Agree | Positive <br> total | Disagree | Strongly <br> disagree | Negative <br> total | Total |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Open spaces such as public <br> parks, tennis courts, bike paths, <br> sidewalks | 701 | 1,104 | 1,805 | 318 | 56 | 374 | 2,179 |
| Open spaces such as public <br> parks, tennis courts, bike <br> paths, sidewalks percent | 32.2 | 50.7 | 82.8 | 14.6 | 2.6 | 17.2 | 100 |
| City-operated facilities such as <br> recreation centers and pools | 497 | 1,123 | 1,620 | 443 | 64 | 507 | 2,127 |
| City-operated facilities such <br> as recreation centers and <br> pools percent | 23.4 | 52.8 | 76.2 | 20.8 | 3.0 | 23.8 | 100 |
| Not-for-profit agencies such as <br> the YMCA | 953 | 1,037 | 1,990 | 121 | 25 | 146 | 2,136 |
| Not-for-profit agencies such <br> as the YMCA percent | 44.6 | 48.5 | 93.2 | 5.7 | 1.2 | 6.8 | 100 |
| For-profit such as Genesis and <br> Curves | 617 | 1,141 | 1,758 | 272 | 68 | 340 | 2,098 |
| For-profit such as Genesis <br> and Curves percent | 29.4 | 54.4 | 83.8 | 13.0 | 3.2 | 16.2 | 100 |

Respondents felt most strongly ( 93.2 percent) that good physical activity options were available at not for profit agencies, and least strongly that good physical activity options were available at city-operated facilities ( 76.2 percent) with similar response rates to open spaces such as parks, tennis courts, bike paths and sidewalks ( 82.8 percent) and for-profit facilities such as Genesis and Curves ( 83.8 percent).

Question 12. Neighborhoods in Wichita are designed to encourage walking, biking, etc.

|  | Frequency | Percent | Cumulative <br> Percent |
| :--- | ---: | ---: | ---: |
| Strongly agree | 183 | 8.5 | 8.5 |
| Agree | 746 | 34.8 | 43.4 |
| Disagree | 939 | 43.8 | 87.2 |
| Strongly disagree | 274 | 12.8 | 100 |
| Total | 2,142 | 100 |  |

Less than half (43.4 percent) felt that neighborhoods in Wichita were designed to encourage walking, biking and other physical activities.

Question 13. Wichita supports indoor activities (like walking) for the public during off hours in places such as:

|  | Strongly <br> agree | Agree | Positive <br> total | Disagree | Strongly <br> disagree | Negative <br> total | Total |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Malls | 575 | 1226 | 1,801 | 271 | 33 | 304 | 2,105 |
| Malls percent | 27.3 | 58.2 | 85.6 | 12.9 | 1.6 | 14.4 | 100 |
| School gymnasiums | 174 | 545 | 719 | 1,061 | 217 | 1,278 | 1,997 |
| School gymnasiums <br> percent | 8.7 | 27.3 | 36.0 | 53.1 | 10.9 | 64.0 | 100 |
| Churches and other faith- <br> based centers | 137 | 679 | 816 | 996 | 155 | 1,151 | 1,967 |
| Churches and other <br> faith-based centers <br> percent | 7.0 | 34.5 | 41.5 | 50.6 | 7.9 | 58.5 | 100 |

Responses to this question indicated that an overwhelming majority of respondents (85.6 percent) were aware of malls as a location for indoor activities, while fewer than half were aware of school gymnasiums as a location for indoor activities ( 36 percent) or of churches and other faith-based centers as a location for indoor activities ( 41.5 percent).
(Please note that this question asked about support for indoor activities at these locations, not whether indoor activities are actually available at these locations.)

Question 13. Open-ended. Please describe other places that support indoor activities (like walking) for the public.

Approximately 20 percent of respondents, 437, entered responses to this question.
A quick review of responses, as well as the relatively low number, showed that few people are options for indoor activities, while expressing general concern about cost.

See Excel file "Open ended responses compiled" for complete responses.

Question 14. Wichitans have a difficult time being physically active because of:

|  | Strongly <br> agree | Agree | Positive <br> total | Disagree | Strongly <br> disagree | Negative <br> total | Total |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Cost | 553 | 885 | 1,438 | 540 | 102 | 642 | 2,080 |
| Cost percent | 26.6 | 42.5 | 69.1 | 26.0 | 4.9 | 30.9 | 100 |
| Transportation | 338 | 843 | 1,181 | 757 | 95 | 852 | 2,033 |
| Transportation <br> percent | 16.6 | 41.5 | 58.1 | 37.2 | 4.7 | 41.9 | 100 |
| Child care | 488 | 1,080 | 1,568 | 429 | 59 | 488 | 2,056 |
| Child care percent | 23.7 | 52.5 | 76.3 | 20.9 | 2.9 | 23.7 | 100 |
|  <br> schedules | 437 | 816 | 1,253 | 694 | 108 | 802 | 2,055 |
|  <br> schedules percent | 21.3 | 39.7 | 61.0 | 33.8 | 5.3 | 39.0 | 100 |

Child care was reported as the greatest difficulty in being physically active by 76.3 percent of respondents, with cost as the second most important barrier at 69.1 percent. Transportation and facility hours and schedules were also difficulties according to 58.1 and 61 percent of respondents respectively. It was clear that respondents felt there were many difficulties in being physically active.

Question 15. Wichitans have a difficult time being physically active in parks and open spaces because of:

|  | Strongly <br> agree | Agree | Positive <br> total | Disagree | Strongly <br> disagree | Negative <br> total | Total |
| :---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Not enough parks | 305 | 555 | 860 | 1,026 | 164 | 1,190 | 2,050 |
| Not enough parks <br> percent | 14.9 | 27.1 | 42.0 | 50.0 | 8.0 | 58.0 | 100 |
| Lighting | 417 | 966 | 1,383 | 584 | 72 | 656 | 2,039 |
| Lighting percent | 20.5 | 47.4 | 67.8 | 28.6 | 3.5 | 32.2 | 100 |
| Overall condition | 328 | 782 | 1,110 | 825 | 68 | 893 | 2,003 |
| Overall condition <br> percent | 16.4 | 39.0 | 55.4 | 41.2 | 3.4 | 44.6 | 100 |
|  <br> walkways | 352 | 745 | 1,097 | 834 | 91 | 925 | 2,022 |
|  <br> walkways percent | 17.4 | 36.8 | 54.3 | 41.2 | 4.5 | 45.7 | 100 |

More than half of respondents ( 58 percent) felt there were enough parks for Wichitans to be physically active. However, more than two-thirds ( 67.8 percent) of respondents felt lighting in parks and open spaces was a problem and more than half felt overall condition was a problem ( 55.4 percent) or that the condition of paths and walkways was a problem ( 54.3 percent).

Question 16. Wichitans have a difficult time being physically active in neighborhoods because of:

|  | Strongly agree | Agree | Positive total | Disagree | Strongly disagree | Negative total | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Absence of sidewalks | 758 | 819 | 1,577 | 446 | 45 | 491 | 2,068 |
| Absence of sidewalks percent | 36.7 | 39.6 | 76.3 | 21.6 | 2.2 | 23.7 | 100 |
| Condition of sidewalks | 599 | 886 | 1,485 | 514 | 49 | 563 | 2,048 |
| Condition of sidewalks percent | 29.2 | 43.3 | 72.5 | 25.1 | 2.4 | 27.5 | 100 |
| Lighting | 647 | 933 | 1,580 | 439 | 40 | 479 | 2,059 |
| Lighting percent | 31.4 | 45.3 | 76.7 | 21.3 | 1.9 | 23.3 | 100 |
| Personal safety concerns | 831 | 947 | 1,778 | 279 | 29 | 308 | 2,086 |
| Personal safety concerns percent | 39.8 | 45.4 | 85.2 | 13.4 | 1.4 | 14.8 | 100 |

Overall, neighborhoods fared less well than parks and open spaces in terms of being seen as supporting physical activity, with 85.2 percent of respondents feeling that physical safety concerns were an issue that made it difficult to be physically active. More than three-fourths ( 76.7 percent) responded that lighting was an issue, 76.3 percent that absence of sidewalks was an issue and 72.5 percent that the condition of sidewalks was an issue that mde it difficult for Wichitans to be physically active in neighborhoods.

Question 17. Open-ended. People in Wichita would be more physically active if:

More than one-third of respondents entered answers to this question. A quick review of responses showed several recurring themes, such as more bike paths, parks and sidewalks, increased safety, education, attitude and cost.

See Excel file "Open ended responses compiled" for complete responses.
Questions 17 through 24 were demographics, with results reported starting on page 20.

## Question 25. Open-ended. Please feel free to make any additional comments.

Two hundred seventy-six respondents entered answers to this question. A quick review of responses showed a number of longer discussions about the overall issues of nutrition and exercise, gratitude for being given the opportunity to weigh in on these topics and interest in seeing the results.

See Excel file "Open ended responses compiled" for complete responses.

## Cross-tabulation Results

## Introduction

Cross-tabulations (crosstabs) analyze response patterns, in this case by demographics subgroups. It is possible to statistically determine if respondents in different demographic groups answer questions differently by using crosstabs. Only those crosstabs with statistically significant differences among the subgroups are included. Significant patterns are highlighted in green.

To use these crosstabs, compare the percent within each group to the total percent for each response. The larger the difference, the more significant that response pattern is. The use of percentages within each subgroup eliminates weighting due to larger or smaller numbers within each group. For example, there were more than twice as many female as male respondents, so response patterns are weighted toward the female responses. Analyzing responses by percent of female versus percent of male responses where statistically significant eliminates that possible error in interpreting the results. These finding may be used to guide educational and promotional messages to better address the issues.

In order to create effective crosstabs, age, income, race, marital status and income responses were compiled into groups as follows:

1. Age
a. $\quad 18$ to 29 years -501 respondents
b. 30 to 44 years -740 respondents
c. 45 to 59 years -652 respondents
d. 60 years and over -245 respondents
2. Gender
a. Male -628 respondents
b. Female $-1,528$ respondents
3. Household income
a. Up to $\$ 49,999$ - 944 respondents
b. $\$ 50,000$ to $\$ 99,999-749$ respondents
c. $\$ 100,000$ and over -315 respondents
4. Race
a. White, Caucasian $-1,486$ respondents
b. Hispanic - 227 respondents
c. Black, African American - 305 respondents
d. All other races - 124 respondents
5. Marital Status
a. Married $-1,282$ respondents
b. Not married -865 respondents

## 6. Education

a. Some high school, GED, high school diploma - 455 respondents
b. Some college, associate's degree -603 respondents
c. Bachelor's degree or higher $-1,095$ respondents

In addition, responses were collapsed from four (Strongly Agree, Agree, Disagree, Strongly Disagree) to two (Agree or Strongly Agree, Disagree or Strongly Disagree) to allow clearer identification of the response direction.

Three colors have been used in the tables to highlight the different levels of agreement with the question/statement (Row 3 in each table; \% within $\qquad$ groups). The gender and marital status tables only have two colors, since there are only two groups to compare.

|  | Group A: Least <br> likely to agree | Group B: Most <br> likely to agree | Group C: <br> Somewhere in <br> the middle | Total |
| :--- | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 100 | 150 | 125 | 375 |
| \% within $A B C$ <br> groups | 33.3 | 50 | 41.7 | 41.7 |
| Disagree or strongly <br> disagree | 200 | 150 | 175 | 525 |
| \% within $A B C$ <br> groups | 66.7 | 50 | 58.3 | 58.3 |
| Total | 300 | 300 | 300 | 900 |
| \% within $A B C$ <br> groups | 100 | 100 | 100 | 100 |

In this example, 41.7 percent of all respondents agree with the question/statement. However, Group A is least likely to agree at 33.3 percent and is colored yellow. Group B is most likely to agree at 50 percent and is colored blue. Group C is in the middle at 41.7 percent and is colored green.

It is important to remember that crosstabs to not explain the responses. Being in one demographic group or another does not cause respondents to answer differently. There may be any number of reasons for the response patterns that are observed.

## Healthy Foods and Nutrition

## Question 1. Overall, I eat healthy foods.

By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 394 | 570 | 547 | 222 | 1,733 |
| \% within Age groups | 79.1 | 77.7 | 84.3 | 91.4 | 81.6 |
| Disagree or strongly disagree | 104 | 164 | 102 | 21 | 391 |
| \% within Age groups | 20.9 | 22.3 | 15.7 | 8.6 | 18.4 |
| Total | 498 | 734 | 649 | 243 | 2,124 |
| $\%$ within Age groups | 100 | 100 | 100 | 100 | 100 |

Respondents aged 60 and over were far more likely to eat healthy foods. The 30 to 35 age group was least likely to eat healthy foods, with the 18 to 29 year old respondents only slightly more likely to eat healthy foods.

## By Income:

|  | Up to <br> $\mathbf{\$ 4 9 , 9 9 9}$ | $\mathbf{\$ 5 0 , 0 0 0}$ to <br> $\mathbf{\$ 9 9 , 9 9 9}$ | $\mathbf{\$ 1 0 0 , 0 0 0}$ <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 747 | 596 | 274 | 1,617 |
| \% within Income groups | 79.9 | 79.9 | 87.3 | 81.1 |
| Disagree or strongly disagree | 188 | 150 | 40 | 378 |
| \% within Income groups | 20.1 | 20.1 | 12.7 | 18.9 |
| Total | 935 | 746 | 314 | 1,995 |
| \% within Income groups | 100 | 100 | 100 | 100 |

Respondents with income of $\$ 100,000$ and over were more likely to eat healthy foods than other income groups.

## By Marital Status:

|  | Married | Not married | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 1,074 | 665 | 1,739 |
| \% within Married / not married | 84.4 | 77.1 | 81.5 |
| Disagree or strongly disagree | 198 | 197 | 395 |
| \% within Married / not married | 15.6 | 22.9 | 18.5 |
| Total | 1,272 | 862 | 2,134 |
| \% within Married / not married | 100 | 100 | 100 |

Married respondents were more likely to eat healthy foods than non-married respondents.

## By Education:

|  | Some high <br> school, GED, <br> high school <br> diploma | Some <br> college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 360 | 465 | 918 | 1,743 |
| \% within Education groups | 80.7 | 77.5 | 84.0 | 81.5 |
| Disagree or strongly disagree | 86 | 135 | 175 | 396 |
| \% within Education groups | 19.3 | 22.5 | 16.0 | 18.5 |
| Total | 446 | 600 | 1,093 | 2,139 |
| $\%$ within Education groups | 100 | 100 | 100 | 100 |

While respondents with a bachelor's degree or higher were more likely to eat healthy foods, respondents with some college or an associate's degree were less likely than either the respondents with a bachelor's degree or respondents with a high school diploma or less.

Question 2. Compared with other communities that I know of, Wichita is a community that values healthy eating.

## By Race:

|  | White, <br> Caucasian | Hispanic <br> or Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | :---: | ---: | ---: | ---: |
| Agree or strongly agree | 644 | 148 | 184 | 68 | 1,044 |
| \% within Race groups | 43.9 | 67.6 | 61.7 | 55.3 | 49.5 |
| Disagree or strongly disagree | 823 | 71 | 114 | 55 | 1,063 |
| $\%$ within Race groups | 56.1 | 32.4 | 38.3 | 44.7 | 50.5 |
| Total | 1,467 | 219 | 298 | 123 | 2,107 |
| $\%$ within Race groups | 100 | 100 | 100 | 100 | 100 |

Hispanic and Black respondents were far more likely than white respondents to view Wichita as a community that values healthy eating. Other minorities were also more likely than whites to view Wichita as a community that values healthy eating.

By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 223 | 354 | 310 | 150 | 1,037 |
| \% within Age groups | 45.0 | 48.6 | 48.5 | 63.0 | 49.3 |
| Disagree or strongly disagree | 273 | 375 | 329 | 88 | 1,065 |
| \% within Age groups | 55.0 | 51.4 | 51.5 | 37.0 | 50.7 |
| Total | 496 | 729 | 639 | 238 | 2,102 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

Respondents aged 60 and over were more likely than all other age groups to view Wichita as a community that values healthy eating.

## By Income:

|  | Up to <br> $\mathbf{\$ 4 9 , 9 9 9}$ | $\mathbf{\$ 5 0 , 0 0 0}$ to <br> $\mathbf{\$ 9 9 , 9 9 9}$ | $\mathbf{\$ 1 0 0 , 0 0 0}$ and <br> over |  |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 516 | 326 | 136 | Total |
| \% within Income groups | 55.5 | 44.2 | 43.7 | 49.4 |
| Disagree or strongly disagree | 413 | 412 | 175 | 1,000 |
| \% within Income groups | 44.5 | 55.8 | 56.3 | 50.6 |
| Total | 929 | 738 | 311 | 1,978 |
| \% within Income groups | 100 | 100 | 100 | 100 |

In this set of responses, lower income respondents were more likely than the overall response rate to perceive Wichita as a community that values healthy eating when compared with other communities, while both middle and higher income respondents were less likely to see Wichita as a community that values healthy eating.

## By Education:

|  | Some high <br> school, GED, <br> high school <br> diploma | Some college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | :---: | ---: | ---: |
| Agree or strongly agree | 291 | 299 | 453 | 1,043 |
| \% within Education groups | 66.0 | 50.6 | 41.8 | 49.3 |
| Disagree or strongly disagree | 150 | 292 | 632 | 1,074 |
| \% within Education groups | 34.0 | 49.4 | 58.2 | 50.7 |
| Total | 441 | 591 | 1,085 | 2,117 |
| \% within Education groups | 100 | 100 | 100 | 100 |

The lower the education level, the more likely respondents were to view Wichita as a community that values healthy eating.

Question 3. I believe that most people in Wichita can find healthy food choices in the following places: At home.

## By Income:

|  | Up to <br> $\mathbf{\$ 4 9 , 9 9 9}$ | $\mathbf{\$ 5 0 , 0 0 0}$ to <br> $\mathbf{\$ 9 9 , 9 9 9}$ | $\mathbf{\$ 1 0 0 , 0 0 0}$ <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 838 | 666 | 263 | 1,767 |
| $\%$ within Income groups | 90.3 | 89.5 | 84.0 | 89.0 |
| Disagree or strongly disagree | 90 | 78 | 50 | 218 |
| $\%$ within Income groups | 9.7 | 10.5 | 16.0 | 11.0 |
| Total | 928 | 744 | 313 | 1,985 |
| $\%$ within Income groups | 100 | 100 | 100 | 100 |

While all groups strongly agree that Wichitans can find healthy food at home, the highest income group was less likely than other income groups to agree.

Question 3. I believe that most people in Wichita can find healthy food choices in the following places: In restaurants.

## By Gender:

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 414 | 1,090 | 1,504 |
| \% within Gender groups | 68.4 | 74.3 | 72.6 |
| Disagree or strongly disagree | 191 | 377 | 568 |
| \% within Gender groups | 31.6 | 25.7 | 27.4 |
| Total | 605 | 1,467 | 2,072 |
| \% within Gender groups | 100 | 100 | 100 |

Females were more likely than males to feel that Wichitans can find healthy food choices in restaurants.

Question 3. I believe that most people in Wichita can find healthy food choices in the following places: At school

## By Race:

|  | White, <br> Caucasian | Hispanic <br> or Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | :---: | ---: | ---: | ---: |
| Agree or strongly agree | 774 | 136 | 211 | 78 | 1,199 |
| \% within Race groups | 54.5 | 72.3 | 72.8 | 66.1 | 59.5 |
| Disagree or strongly disagree | 646 | 52 | 79 | 40 | 817 |
| \% within Race groups | 45.5 | 27.7 | 27.2 | 33.9 | 40.5 |
| Total | 1,420 | 188 | 290 | 118 | 2,016 |
| \% within Race groups | 100 | 100 | 100 | 100 | 100 |

Hispanic and Black respondents were more likely than white or other minority respondents to agree that Wichitans can find healthy foods in schools.

## By Income:

|  | Up to <br> $\mathbf{\$ 4 9 , 9 9 9}$ | $\mathbf{\$ 5 0 , 0 0 0}$ to <br> $\mathbf{\$ 9 9 , 9 9 9}$ | $\mathbf{\$ 1 0 0 , 0 0 0}$ <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 569 | 412 | 153 | 1,134 |
| \% within Income groups | 64.6 | 56.8 | 52.4 | 59.7 |
| Disagree or strongly disagree | 312 | 313 | 139 | 764 |
| \% within Income groups | 35.4 | 43.2 | 47.6 | 40.3 |
| Total | 881 | 725 | 292 | 1,898 |
| \% within Income groups | 100 | 100 | 100 | 100 |

It is interesting that lower income respondents were more likely and higher income respondents were less likely to agree that Wichitans can find healthy foods in schools.

## By Education:

|  | Some high school, <br> GED, high school <br> diploma | Some college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 301 | 354 | 547 | 1,202 |
| \% within Education groups | 75.6 | 61.6 | 52.0 | 59.4 |
| Disagree or strongly disagree | 97 | 221 | 504 | 822 |
| \% within Education groups | 24.4 | 38.4 | 48.0 | 40.6 |
| Total | 398 | 575 | 1,051 | 2,024 |
| \% within Education groups | 100 | 100 | 100 | 100 |

The more highly educated the respondents, the less likely they were to agree that Wichitans could find healthy foods in schools. More than 75 percent of respondents with a high school diploma or less agreed that Wichitans could find healthy foods in schools compared with 52 percent of respondents with a bachelor's degree or higher.

Question 4. I believe that most people in Wichita can find good value when shopping for: meats/fish.

## By Education:

|  | Some high <br> school, GED, <br> high school <br> diploma | Some <br> college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 346 | 451 | 863 | 1,660 |
| \% within Education groups | 83.8 | 76.7 | 79.8 | 79.7 |
| Disagree or strongly disagree | 67 | 137 | 218 | 422 |
| \% within Education groups | 16.2 | 23.3 | 20.2 | 20.3 |
| Total | 413 | 588 | 1,081 | 2,082 |
| \% within Education groups | 100 | 100 | 100 | 100 |

Respondents with a high school diploma or less were more likely than college educated respondents to feel that people in Wichita can find good value when shopping for meats and fish. Respondents with some college or an associate's degree were least likely to agree.

Question 4. I believe that most people in Wichita can find good value when shopping for: Breads, cereals, rice and other grain products.

- There were no significant differences by any demographic group to this segment.


## Total Responses

|  | Strongly <br> agree | Agree | Positive <br> total | Disagree | Strongly <br> disagree | Negative <br> total | Total |
| :---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Breads, cereals, rice, <br> beans and other grain <br> products | 634 | 1,373 | 2,007 | 168 | 19 | 187 | 2,194 |
| Breads, cereals, etc. <br> percent | $28.9 \%$ | $62.6 \%$ | $91.5 \%$ | $7.7 \%$ | $0.9 \%$ | $8.5 \%$ | $100 \%$ |

Question 4. I believe that most people in Wichita can find good value when shopping for: milk, cheese and other dairy products.

By Age:

|  | 18 to 29 <br> years | 30 to 44 <br> years | 45 to 59 <br> years | 60 years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 416 | 568 | 544 | 210 | 1,738 |
| \% within Age groups | 83.5 | 79.2 | 85.0 | 89.4 | 83.2 |
| Disagree or strongly <br> disagree | 82 | 149 | 96 | 25 | 352 |
| \% within Age groups | 16.5 | 20.8 | 15.0 | 10.6 | 16.8 |
| Total | 498 | 717 | 640 | 235 | 2,090 |
| $\%$ within Age groups | 100 | 100 | 100 | 100 | 100 |

Respondents aged 30 to 44 were least likely to agree that people in Wichita can find good value when shopping for milk, cheese and other dairy products.

Question 4. I believe that most people in Wichita can find good value when shopping for: fresh fruits and vegetables.

## By Gender:

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 492 | 1,059 | 1,551 |
| \% within Gender groups | 79.7 | 70.9 | 73.5 |
| Disagree or strongly disagree | 125 | 434 | 559 |
| \% within Gender groups | 20.3 | 29.1 | 26.5 |
| Total | 617 | 1,493 | 2,110 |
| \% within Gender groups | 100 | 100 | 100 |

Female respondents were less likely than males to feel that people in Wichita can find good value when shopping for fresh fruits and vegetables.

## By Race:

|  | White, <br> Caucasian | Hispanic <br> or Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 1,055 | 158 | 239 | 92 | 1,544 |
| \% within Race groups | 71.7 | 77.5 | 80.7 | 75.4 | 73.7 |
| Disagree or strongly disagree | 417 | 46 | 57 | 30 | 550 |
| \% within Race groups | 28.3 | 22.5 | 19.3 | 24.6 | 26.3 |
| Total | 1,472 | 204 | 296 | 122 | 2,094 |
| \% within Race groups | 100 | 100 | 100 | 100 | 100 |

Black respondents were most likely to agree and white respondents least likely to agree that people in Wichita can find good value when shopping for fresh fruits and vegetables.

## By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 350 | 517 | 474 | 192 | 1,533 |
| \% within Age groups | 71.4 | 71.6 | 74.1 | 80.7 | 73.3 |
| Disagree or strongly disagree | 140 | 205 | 166 | 46 | 557 |
| \% within Age groups | 28.6 | 28.4 | 25.9 | 19.3 | 26.7 |
| Total | 490 | 722 | 640 | 238 | 2,090 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

Respondents aged 60 and over were most likely to agree that people in Wichita can find good value when shopping for fresh fruits and vegetables.

## By Education:

|  | Some high school, <br> GED, high school <br> diploma | Some college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 347 | 423 | 778 | 1,548 |
| \% within Education groups | 82.2 | 71.7 | 71.2 | 73.6 |
| Disagree or strongly disagree | 75 | 167 | 314 | 556 |
| \% within Education groups | 17.8 | 28.3 | 28.8 | 26.4 |
| Total | 422 | 590 | 1,092 | 2,104 |
| \% within Education groups | 100 | 100 | 100 | 100 |

Respondents with high school diploma or lower were most likely to agree that most people in Wichita can find good value when shopping for fresh fruits and vegetables.

Question 5. The following businesses make it easy for people in Wichita to eat healthy foods: grocery stores such as Dillons.

There were no significant differences by any demographic group to this segment of Question 5.
Total Responses

|  | Strongly <br> agree | Agree | Positive <br> total | Disagree | Strongly <br> disagree | Negative <br> total | Total |
| :---: | :---: | :---: | :---: | ---: | ---: | ---: | ---: |
| Grocery stores such as <br> Dillons | 859 | 1,163 | 2,022 | 152 | 26 | 178 | 2,200 |
| Grocery stores <br> percent | $39.0 \%$ | $52.9 \%$ | $91.9 \%$ | $6.9 \%$ | $1.2 \%$ | $8.1 \%$ | $100 \%$ |

Question 5. The following businesses make it easy for people in Wichita to eat healthy foods: superstores such as SuperTarget or Wal-Mart.

## By Race:

|  | White, <br> Caucasian | Hispanic <br> or Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 1,223 | 189 | 268 | 111 | 1,791 |
| \% within Race groups | 83.7 | 90.0 | 91.2 | 91.7 | 85.8 |
| Disagree or strongly disagree | 239 | 21 | 26 | 10 | 296 |
| \% within Race groups | 16.3 | 10.0 | 8.8 | 8.3 | 14.2 |
| Total | 1,462 | 210 | 294 | 121 | 2,087 |
| \% within Race groups | 100 | 100 | 100 | 100 | 100 |

White respondents were least likely to agree than any other race that superstores such as SuperTarget or Wal-Mart businesses made it easy for people in Wichita to eat healthy foods.

## By Education:

|  | Some high school, <br> GED, high school <br> diploma | Some college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | :---: | ---: | ---: |
| Agree or strongly agree | 394 | 502 | 902 | 1,798 |
| \% within Education groups | 91.8 | 85.4 | 83.5 | 85.7 |
| Disagree or strongly disagree | 35 | 86 | 178 | 299 |
| \% within Education groups | 8.2 | 14.6 | 16.5 | 14.3 |
| Total | 429 | 588 | 1,080 | 2,097 |
| $\%$ within Education groups | 100 | 100 | 100 | 100 |

Respondents with high school diploma or lower were more likely to agree that superstores such as SuperTarget or Wal-Mart made it easy for Wichitans to eat healthy foods.

Question 5. The following businesses make it easy for people in Wichita to eat healthy foods: convenience stores such as QuikTrip or Kwik Shop

## By Gender:

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 131 | 396 | 527 |
| \% within Gender groups | 21.7 | 27.2 | 25.6 |
| Disagree or strongly disagree | 473 | 1,059 | 1,532 |
| \% within Gender groups | 78.3 | 72.8 | 74.4 |
| Total | 604 | 1,455 | 2,059 |
| \% within Gender groups | 100 | 100 | 100 |

Male respondents were more likely than females to disagree that convenience stores such as QuikTrip or Kwik Shop made it easy for Wichitans to eat healthy foods.

## By Race:

|  | White, <br> Caucasian | Hispanic <br> or <br> Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 328 | 57 | 98 | 44 | 527 |
| \% within Race groups | 22.5 | 31.3 | 34.1 | 36.7 | 25.7 |
| Disagree or strongly disagree | 1,130 | 125 | 189 | 76 | 1,520 |
| \% within Race groups | 77.5 | 68.7 | 65.9 | 63.3 | 74.3 |
| Total | 1,458 | 182 | 287 | 120 | 2,047 |
| \% within Race groups | 100 | 100 | 100 | 100 | 100 |

Whites were most likely to disagree that convenience stores such as QuikTrip or Kwik Shop made it easy for Wichitans to eat healthy foods.

## By Income:

|  | Up to <br> $\mathbf{\$ 4 9 , 9 9 9}$ | $\mathbf{\$ 5 0 , 0 0 0}$ to <br> $\mathbf{\$ 9 9 , 9 9 9}$ | $\mathbf{\$ 1 0 0 , 0 0 0}$ <br> and 0ver | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 269 | 165 | 60 | 494 |
| \% within Income groups | 30.6 | 22.4 | 19.2 | 25.6 |
| Disagree or strongly disagree | 611 | 570 | 252 | 1,433 |
| \% within Income groups | 69.4 | 77.6 | 80.8 | 74.4 |
| Total | 880 | 735 | 312 | 1,927 |
| \% within Income groups | 100 | 100 | 100 | 100 |

The higher the income the more likely respondents were to disagree that convenience stores such as QuikTrip or Kwik Shop made it easy for Wichitans to eat healthy foods.

## By Marital Status:

|  | Married | Not married | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 289 | 238 | 527 |
| \% within Marital groups | 23.8 | 28.5 | 25.7 |
| Disagree or strongly disagree | 927 | 597 | 1,524 |
| \% within Marital groups | 76.2 | 71.5 | 74.3 |
| Total | 1,216 | 835 | 2,051 |
| \% within Marital groups | 100 | 100 | 100 |

Married respondents were more likely to disagree that convenience stores such as QuikTrip or Kwik Shop made it easy for Wichitans to eat healthy foods.

## By Education:

|  | Some high school, <br> GED, high school <br> diploma | Some college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 145 | 170 | 215 | 530 |
| \% within Education groups | 36.7 | 29.3 | 19.9 | 25.8 |
| Disagree or strongly disagree | 250 | 411 | 866 | 1,527 |
| \% within Education groups | 63.3 | 70.7 | 80.1 | 74.2 |
| Total | 395 | 581 | 1,081 | 2,057 |
| \% within Education groups | 100 | 100 | 100 | 100 |

The higher the education level, the more likely respondents were to disagree that convenience stores made it easy for people to eat healthy foods.

Question 5. The following businesses make it easy for people in Wichita to eat healthy foods: restaurants

## By Gender:

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 358 | 930 | 1,288 |
| \% within Gender groups | 58.8 | 63.7 | 62.3 |
| Disagree or strongly disagree | 251 | 529 | 780 |
| \% within Gender groups | 41.2 | 36.3 | 37.7 |
| Total | 609 | 1,459 | 2,068 |
| \% within Gender groups | 100 | 100 | 100 |

Female respondents were more likely than male respondents to feel that restaurants made it easy for Wichitans to eat healthy foods.

## By Race:

|  | White, <br> Caucasian | Hispanic <br> or Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | :---: | ---: | ---: | ---: |
| Agree or strongly agree | 892 | 113 | 204 | 71 | 1,280 |
| \% within Race groups | 60.9 | 62.1 | 70.3 | 59.7 | 62.3 |
| Disagree or strongly disagree | 572 | 69 | 86 | 48 | 775 |
| \%within Race groups | 39.1 | 37.9 | 29.7 | 40.3 | 37.7 |
| Total | 1,464 | 182 | 290 | 119 | 2,055 |
| \% within Race groups | 100 | 100 | 100 | 100 | 100 |

More blacks agreed that restaurants made it easy to eat healthy foods than other racial groups.

## By Education:

|  | Some high <br> school, GED, <br> high school <br> diploma | Some <br> college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 257 | 385 | 643 | 1,285 |
| \% within Education groups | 65.1 | 65.6 | 59.3 | 62.2 |
| Disagree or strongly disagree | 138 | 202 | 441 | 781 |
| \% within Education groups | 34.9 | 34.4 | 40.7 | 37.8 |
| Total | 395 | 587 | 1,084 | 2,066 |
| \% within Education groups | 100 | 100 | 100 | 100 |

Respondents with higher education levels were less likely to agree that restaurants made it easy to eat healthy foods.

Question 6. Wichitans have a difficult time paying for healthy food items because of the price of: meats/fish.

## By Gender:

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 445 | 1,245 | 1,690 |
| \% within Gender groups | 73.0 | 84.6 | 81.2 |
| Disagree or strongly disagree | 165 | 226 | 391 |
| \% within Gender groups | 27.0 | 15.4 | 18.8 |
| Total | 610 | 1,471 | 2,081 |
| \% within Gender groups | 100 | 100 | 100 |

Female respondents were more likely to feel that Wichitans have a difficult time paying for healthy food items because of the price of meats/fish.

## By Race:

|  | White, <br> Caucasian | Hispanic <br> or Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 1,157 | 172 | 246 | 102 | 1,677 |
| \% within Race groups | 79.4 | 86.4 | 84.5 | 87.2 | 81.2 |
| Disagree or strongly disagree | 301 | 27 | 45 | 15 | 388 |
| \% within Race groups | 20.6 | 13.6 | 15.5 | 12.8 | 18.8 |
| Total | 1,458 | 199 | 291 | 117 | 2,065 |
| \% within Race groups | 100 | 100 | 100 | 100 | 100 |

Minority groups were more likely than white respondents to agree that the price of meats and fish made it difficult to eat healthy foods.

## By Income:

|  | Up to <br> $\mathbf{\$ 4 9 , 9 9 9}$ | $\mathbf{\$ 5 0 , 0 0 0}$ to <br> $\mathbf{\$ 9 9 , 9 9 9}$ | $\mathbf{\$ 1 0 0 , 0 0 0}$ <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 770 | 576 | 229 | 1,575 |
| \% within Income groups | 85.4 | 78.4 | 75.3 | 81.1 |
| Disagree or strongly disagree | 132 | 159 | 75 | 366 |
| \% within Income groups | 14.6 | 21.6 | 24.7 | 18.9 |
| Total | 902 | 735 | 304 | 1,941 |
| \% within Income groups | 100 | 100 | 100 | 100 |

Lower income respondents were more likely to find price a problem and higher income respondents were less likely to find the price of meats and fish a difficulty.

## By Education:

|  | Some high <br> school, GED, <br> high school <br> diploma | Some college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 352 | 486 | 847 | 1,685 |
| \% within Education groups | 84.4 | 83.1 | 78.8 | 81.1 |
| Disagree or strongly disagree | 65 | 99 | 228 | 392 |
| \% within Education groups | 15.6 | 16.9 | 21.2 | 18.9 |
| Total | 417 | 585 | 1,075 | 2,077 |
| \% within Education groups | 100 | 100 | 100 | 100 |

The lower the education level, the more likely respondents were to find that the price of meats and fish made it difficult to pay for healthy food items.

Question 6. Wichitans have a difficult time paying for healthy food items because of the price of: breads, cereals, rice and other grain products.

## By Race:

|  | White, <br> Caucasian | Hispanic <br> or Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 768 | 123 | 200 | 75 | 1,166 |
| \% within Race groups | 52.9 | 66.5 | 68.3 | 65.2 | 57.0 |
| Disagree or strongly disagree | 683 | 62 | 93 | 40 | 878 |
| \% within Race groups | 47.1 | 33.5 | 31.7 | 34.8 | 43.0 |
| Total | 1,451 | 185 | 293 | 115 | 2,044 |
| \% within Race groups | 100 | 100 | 100 | 100 | 100 |

All minority groups were significantly more likely than white respondents to find the price of breads, cereals and grains a difficulty when paying for healthy foods.

## By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 251 | 403 | 357 | 156 | 1,167 |
| \% within Age groups | 52.1 | 57.7 | 56.6 | 68.1 | 57.2 |
| Disagree or strongly disagree | 231 | 295 | 274 | 73 | 873 |
| \% within Age groups | 47.9 | 42.3 | 43.4 | 31.9 | 42.8 |
| Total | 482 | 698 | 631 | 229 | 2,040 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

While respondents under age 30 were less likely than all respondents to report that the price of bread and grain products is a difficulty in paying for healthy foods, respondents aged 60 and over were far more likely to find the price of breads, cereals and other grain products to be a difficulty in paying for healthy foods.

## By Income:

|  | Up to \$49,999 | $\mathbf{5 0 , 0 0 0}$ to <br> $\mathbf{\$ 9 9 , 9 9 9}$ | $\mathbf{\$ 1 0 0 , 0 0 0}$ <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 561 | 396 | 140 | 1,097 |
| \% within Income groups | 63.3 | 54.1 | 45.9 | 57.0 |
| Disagree or strongly disagree | 325 | 336 | 165 | 826 |
| \% within Income groups | 36.7 | 45.9 | 54.1 | 43.0 |
| Total | 886 | 732 | 305 | 1,923 |
| \% within Income groups | 100 | 100 | 100 | 100 |

As income increases, respondents were less likely to agree that that the price of breads, cereals, rice and other grain products made it difficult to pay for healthy food items than whites.

## By Marital Status:

|  | Married | Not married | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 667 | 504 | 1,171 |
| $\%$ within Married / not married | 54.9 | 60.3 | 57.1 |
| Disagree or strongly disagree | 547 | 332 | 879 |
| $\%$ within Married / not married | 45.1 | 39.7 | 42.9 |
| Total | 1,214 | 836 | 2,050 |
| $\%$ within Married / not married | 100 | 100 | 100 |

Married respondents were less likely to find that the price of breads and grain products made it difficult for Wichitans to pay for healthy food items than unmarried respondents.

## By Education:

|  | Some high <br> school, GED, <br> high school <br> diploma | Some college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 281 | 366 | 524 | 1,171 |
| \% within Education groups | 70.3 | 62.8 | 48.9 | 57.0 |
| Disagree or strongly disagree | 119 | 217 | 547 | 883 |
| \% within Education groups | 29.8 | 37.2 | 51.1 | 43.0 |
| Total | 400 | 583 | 1,071 | 2,054 |
| $\%$ within Education groups | 100 | 100 | 100 | 100 |

Respondents with higher education levels were less likely to agree that the price of breads, cereals and grains made it difficult for Wichitans to pay for healthy foods than other education groups.

Question 6. Wichitans have a difficult time paying for healthy food items because of the price of: milk, cheese and other dairy products.

## By Gender

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 404 | 1,106 | 1,510 |
| \% within Gender groups | 66.4 | 75.9 | 73.1 |
| Disagree or strongly disagree | 204 | 351 | 555 |
| \% within Gender groups | 33.6 | 24.1 | 26.9 |
| Total | 608 | 1,457 | 2,065 |
| \% within Gender groups | 100 | 100 | 100 |

Females were more likely than males to agree that the milk, cheese and other dairy products made it difficult for Wichitans to pay for healthy foods.

## By Race:

|  | White, <br> Caucasian | Hispanic <br> or Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 1,027 | 149 | 233 | 90 | 1,499 |
| \% within Race groups | 70.6 | 79.3 | 79.8 | 78.9 | 73.2 |
| Disagree or strongly disagree | 427 | 39 | 59 | 24 | 549 |
| \% within Race groups | 29.4 | 20.7 | 20.2 | 21.1 | 26.8 |
| Total | 1,454 | 188 | 292 | 114 | 2,048 |
| \% within Race groups | 100 | 100 | 100 | 100 | 100 |

All minority groups were more likely than white respondents to agree that the price of milk, cheese and other dairy products made it difficult for Wichitans to pay for healthy food items.

By Age:

|  | $\mathbf{c}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 350 | 516 | 447 | 188 | 1,501 |
| \% within Age groups | 72.2 | 74.4 | 70.4 | 81.0 | 73.4 |
| Disagree or strongly disagree | 135 | 178 | 188 | 44 | 545 |
| \% within Age groups | 27.8 | 25.6 | 29.6 | 19.0 | 26.6 |
| Total | 485 | 694 | 635 | 232 | 2,046 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

Respondents aged 60 and over were more likely than other age groups to feel that the price of milk, cheese and other dairy products made it difficult for Wichitans to pay for healthy foods.

## By Income:

|  | Up to <br> $\mathbf{\$ 4 9 , 9 9 9}$ | $\mathbf{\$ 5 0 , 0 0 0}$ to <br> $\mathbf{\$ 9 9 , 9 9 9}$ | $\mathbf{\$ 1 0 0 , 0 0 0}$ <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 701 | 515 | 199 | 1,415 |
| \% within Income groups | 78.2 | 70.6 | 65.7 | 73.4 |
| Disagree or strongly disagree | 195 | 214 | 104 | 513 |
| \% within Income groups | 21.8 | 29.4 | 34.3 | 26.6 |
| Total | 896 | 729 | 303 | 1,928 |
| \% within Income groups | 100 | 100 | 100 | 100 |

As income level increased, respondents were less likely to feel that the price of milk, cheese and other dairy products made it difficult for Wichitans to pay for healthy foods.

## By Education:

|  | Some high <br> school, GED, <br> high school <br> diploma | Some <br> college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 317 | 453 | 736 | 1,506 |
| \% within Education groups | 78.1 | 77.2 | 69.0 | 73.1 |
| Disagree or strongly disagree | 89 | 134 | 331 | 554 |
| \% within Education groups | 21.9 | 22.8 | 31.0 | 26.9 |
| Total | 406 | 587 | 1,067 | 2,060 |
| \% within Education groups | 100 | 100 | 100 | 100 |

As education level increased, respondents were less likely to agree that the price of milk, cheese and other dairy products made it difficult for Wichitans to pay for healthy foods.

Question 6. Wichitans have a difficult time paying for healthy food items because of the price of: fresh fruits and vegetables.

## By Gender:

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 436 | 1,228 | 1,664 |
| $\%$ within Gender groups | 71.6 | 84.2 | 80.5 |
| Disagree or strongly disagree | 173 | 230 | 403 |
| $\%$ within Gender groups | 28.4 | 15.8 | 19.5 |
| Total | 609 | 1,458 | 2,067 |
| $\%$ within Gender groups | 100 | 100 | 100 |

Female respondents were more likely than male respondents to feel that Wichitans have a difficult time paying for healthy food items because of the price of: fresh fruits and vegetables.

Question 7. Other issues make it difficult for Wichitans to eat healthy foods, such as: public transportation routes.

## By Gender:

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 296 | 785 | 1,081 |
| \% within Gender groups | 49.6 | 56.9 | 54.7 |
| Disagree or strongly disagree | 301 | 594 | 895 |
| \% within Gender groups | 50.4 | 43.1 | 45.3 |
| Total | 597 | 1,379 | 1,976 |
| \% within Gender groups | 100 | 100 | 100 |

Females were more likely than males to feel that public transportation routes made it difficult for Wichitans to eat healthy foods.

## By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 224 | 333 | 351 | 164 | 1,072 |
| \% within Age groups | 46.9 | 50.1 | 58.4 | 76.6 | 54.7 |
| Disagree or strongly disagree | 254 | 332 | 250 | 50 | 886 |
| \% within Age groups | 53.1 | 49.9 | 41.6 | 23.4 | 45.3 |
| Total | 478 | 665 | 601 | 214 | 1,958 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

As age level increased, respondents were more likely to feel that public transportation routes made it difficult for Wichitans to eat healthy foods.

Question 7. Other issues make it difficult for Wichitans to eat healthy foods, such as: cost of transportation

## By Gender:

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 354 | 992 | 1,346 |
| \% within Gender groups | 59.1 | 70.7 | 67.2 |
| Disagree or strongly disagree | 245 | 411 | 656 |
| \% within Gender groups | 40.9 | 29.3 | 32.8 |
| Total | 599 | 1,403 | 2,002 |
| \% within Gender groups | 100 | 100 | 100 |

Females were more likely than males to feel the cost of transportation made it difficult for Wichitans to eat healthy foods.

## By Race:

|  | White, <br> Caucasian | Hispanic <br> or Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 928 | 117 | 209 | 85 | 1,339 |
| \% within Race groups | 65.4 | 68.0 | 72.6 | 75.2 | 67.2 |
| Disagree or strongly <br> disagree | 492 | 55 | 79 | 28 | 654 |
| $\%$ within Race groups | 34.6 | 32.0 | 27.4 | 24.8 | 32.8 |
| Total | 1,420 | 172 | 288 | 113 | 1,993 |
| $\%$ within Race groups | 100 | 100 | 100 | 100 | 100 |

Black and other minority (not Hispanic) respondents were more likely to feel that the cost of transportation made it difficult for Wichitans to eat healthy foods.

By Age:

|  | 8 to 29 <br> years | 30 to 44 <br> years | 45 to 59 <br> years | 60 years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 326 | 432 | 402 | 172 | 1,332 |
| \% within Age groups | 67.5 | 64.5 | 65.6 | 78.5 | 67.1 |
| Disagree or strongly disagree | 157 | 238 | 211 | 47 | 653 |
| \% within Age groups | 32.5 | 35.5 | 34.4 | 21.5 | 32.9 |
| Total | 483 | 670 | 613 | 219 | 1,985 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

Respondents aged 60 and over were more likely to feel that the cost of transportation made it difficult for Wichitans to eat healthy foods.

## By Income:

|  | Up to $\mathbf{\$ 4 9 , 9 9 9}$ | $\mathbf{\$ 5 0 , 0 0 0}$ to <br> $\mathbf{\$ 9 9 , 9 9 9}$ | $\mathbf{\$ 1 0 0 , 0 0 0}$ <br> and 0ver | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 620 | 463 | 180 | 1,263 |
| \% within Income groups | 72.0 | 64.8 | 59.8 | 67.3 |
| Disagree or strongly disagree | 241 | 252 | 121 | 614 |
| $\%$ within Income groups | 28.0 | 35.2 | 40.2 | 32.7 |
| Total | 861 | 715 | 301 | 1,877 |
| $\%$ within Income groups | 100 | 100 | 100 | 100 |

As income level increased, respondents were less likely to feel that the cost of transportation made it difficult for Wichitans to eat healthy foods.

## By Marital Status:

|  | Married | Not married | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 762 | 579 | 1341 |
| \% within Married / not married | 64.8 | 70.7 | 67.2 |
| Disagree or strongly disagree | 414 | 240 | 654 |
| \% within Married / not married | 35.2 | 29.3 | 32.8 |
| Total | 1,176 | 819 | 1,995 |
| $\%$ within Married / not married | 100 | 100 | 100 |

Non-married respondents were more likely than married respondents to feel that the cost of transportation made it difficult for Wichitans to eat healthy foods.

## By Education:

|  | Some high <br> school, GED, <br> high school <br> diploma | Some <br> college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 280 | 388 | 675 | 1,343 |
| \% within Education groups | 71.8 | 68.3 | 64.8 | 67.2 |
| Disagree or strongly disagree | 110 | 180 | 367 | 657 |
| \% within Education groups | 28.2 | 31.7 | 35.2 | 32.9 |
| Total | 390 | 568 | 1,042 | 2000 |
| \% within Education groups | 100 | 100 | 100 | 100 |

Respondents with lower education levels were more likely than respondents with higher education levels to feel that the cost of transportation made it difficult for Wichitans to eat healthy foods.

## Physical Activity and Exercise

Question 9. I do some sort of physical exercise or activity three times a week or more.

## By Gender:

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 482 | 1,075 | 1,557 |
| \% within Gender groups | 77.9 | 71.6 | 73.4 |
| Disagree or strongly disagree | 137 | 427 | 564 |
| \% within Gender groups | 22.1 | 28.4 | 26.6 |
| Total | 619 | 1,502 | 2,121 |
| \% within Gender groups | 100 | 100 | 100 |

Male respondents were more likely than females to do some sort of physical activity three times a week or more.

By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | 30 to 44 <br> years | 45 to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 368 | 506 | 471 | 191 | 1,536 |
| \% within Age groups | 74.3 | 69.6 | 73.4 | 79.9 | 73.0 |
| Disagree or strongly disagree | 127 | 221 | 171 | 48 | 567 |
| \% within Age groups | 25.7 | 30.4 | 26.6 | 20.1 | 27.0 |
| Total | 495 | 727 | 642 | 239 | 2,103 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

Respondents aged 30 to 44 were less likely and respondents aged 60 and over were more likely to do some sort of physical activity three times a week or more.

## By Income:

|  | Up to <br> $\mathbf{\$ 4 9 , 9 9 9}$ | $\mathbf{8 5 0 , 0 0 0}$ to <br> $\mathbf{\$ 9 9 , 9 9 9}$ | $\mathbf{8 1 0 0 , 0 0 0}$ <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 663 | 524 | 251 | 1,438 |
| \% within Income groups | 71.7 | 70.7 | 81.2 | 72.8 |
| Disagree or strongly disagree | 262 | 217 | 58 | 537 |
| \% within Income groups | 28.3 | 29.3 | 18.8 | 27.2 |
| Total | 925 | 741 | 309 | 1,975 |
| \% within Income groups | 100 | 100 | 100 | 100 |

Higher income respondents were more likely to do some sort of physical activity three times a week or more while the response rates of the two lower income groups were not significantly different from each other.

## By Education:

|  | Some high <br> school, GED, <br> high school <br> diploma | Some <br> college, <br> associate's <br> degre | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 327 | 405 | 822 | 1,554 |
| \% within Education groups | 73.5 | 68.3 | 76.1 | 73.4 |
| Disagree or strongly disagree | 118 | 188 | 258 | 564 |
| \% within Education groups | 26.5 | 31.7 | 23.9 | 26.6 |
| Total | 445 | 593 | 1,080 | 2,118 |
| $\%$ within Education groups | 100 | 100 | 100 | 100 |

Interestingly, respondents with some college or an associate's degree were least likely to do some sort of exercise three times a week or more than the other education groups.

Question 10. Compared with other communities that I know of, Wichita is a community that values physical activity.

## By Race:

|  | White, <br> Caucasian | Hispanic <br> or Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 828 | 150 | 215 | 69 | 1,262 |
| \% within Race groups | 56.9 | 68.5 | 73.4 | 58.5 | 60.5 |
| Disagree or strongly disagree | 627 | 69 | 78 | 49 | 823 |
| \% within Race groups | 43.1 | 31.5 | 26.6 | 41.5 | 39.5 |
| Total | 1,455 | 219 | 293 | 118 | 2,085 |
| $\%$ within Race groups | 100 | 100 | 100 | 100 | 100 |

Both Hispanic and black respondents were more likely than whites and other minorities to see Wichita as a community that values physical activity.

## By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | 45 to 59 <br> years | 60 years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 276 | 427 | 387 | 165 | 1,255 |
| $\%$ within Age groups | 55.8 | 59.1 | 61.3 | 70.2 | 60.2 |
| Disagree or strongly disagree | 219 | 295 | 244 | 70 | 828 |
| $\%$ within Age groups | 44.2 | 40.9 | 38.7 | 29.8 | 39.8 |
| Total | 495 | 722 | 631 | 235 | 2,083 |
| $\%$ within Age groups | 100 | 100 | 100 | 100 | 100 |

As age increased, respondents were more likely to see Wichita as a community that values physical activity.

## By Education:

|  | Some high school, <br> GED, high school <br> diploma | Some college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 317 | 360 | 588 | 1,265 |
| $\%$ within Education groups | 71.9 | 61.6 | 54.8 | 60.3 |
| Disagree or strongly disagree | 124 | 224 | 485 | 833 |
| $\%$ within Education groups | 28.1 | 38.4 | 45.2 | 39.7 |
| Total | 441 | 584 | 1,073 | 2,098 |
| $\%$ within Education groups | 100 | 100 | 100 | 100 |

As education levels increased, respondents were less likely to see Wichita as a place that values physical activity.

Question 11. I believe that most people in Wichita find good physical activity options in or at: open spaces such as public parks, tennis courts, bike paths, sidewalks.

## By Race:

|  | White, <br> Caucasian | Hispanic <br> or Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 1,181 | 199 | 254 | 99 | 1,733 |
| \% within Race groups | 80.6 | 91.7 | 87.0 | 83.2 | 82.8 |
| Disagree or strongly <br> disagree | 284 | 18 | 38 | 20 | 360 |
| \% within Race groups | 19.4 | 8.3 | 13.0 | 16.8 | 17.2 |
| Total | 1,465 | 217 | 292 | 119 | 2,093 |
| \% within Race groups | 100 | 100 | 100 | 100 | 100 |

Hispanic respondents were most likely and whites were least likely to feel that Wichitans can find good physical activity options in open spaces such as parks, tennis courts and sidewalks.

## By Income:

|  | Up to $\mathbf{\$ 4 9 , 9 9 9}$ | $\mathbf{\$ 5 0 , 0 0 0}$ to <br> $\mathbf{\$ 9 9 , 9 9 9}$ | $\mathbf{\$ 1 0 0 , 0 0 0}$ and <br> over | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 787 | 603 | 238 | 1,628 |
| $\%$ within Income groups | 86.2 | 81.3 | 77.3 | 82.9 |
| Disagree or strongly disagree | 126 | 139 | 70 | 335 |
| $\%$ within Income groups | 13.8 | 18.7 | 22.7 | 17.1 |
| Total | 913 | 742 | 308 | 1,963 |
| $\%$ within Income groups | 100 | 100 | 100 | 100 |

As income level increased, respondents were less likely to feel that Wichitans can find good physical activity options in open spaces such as parks, tennis courts and sidewalks.

## By Education:

|  | Some high <br> school, GED, <br> high school <br> diploma | Some college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | :---: | ---: | ---: |
| Agree or strongly agree | 396 | 496 | 848 | 1,740 |
| $\%$ within Education groups | 90.8 | 84.2 | 78.7 | 82.7 |
| Disagree or strongly disagree | 40 | 93 | 230 | 363 |
| $\%$ within Education groups | 9.2 | 15.8 | 21.3 | 17.3 |
| Total | 436 | 589 | 1,078 | 2,103 |
| $\%$ within Education groups | 100 | 100 | 100 | 100 |

As education levels increased, respondents were less likely to feel that Wichitans can find good physical activity options in open spaces such as parks, tennis courts and sidewalks.

Question 11. I believe that most people in Wichita find good physical activity options in or at: city-operated facilities such as recreation centers and pools

## By Gender:

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 431 | 1,138 | 1,569 |
| \% within Gender groups | 71.7 | 78.1 | 76.2 |
| Disagree or strongly disagree | 170 | 320 | 490 |
| \% within Gender groups | 28.3 | 21.9 | 23.8 |
| Total | 601 | 1,458 | 2,059 |
| \% within Gender groups | 100 | 100 | 100 |

Female respondents were more likely than male respondents to feel that most people in Wichita can find good physical activity options in or at city-operated facilities such as recreation centers and pools.

By Race:

|  | White, <br> Caucasian | Hispanic <br> or Latino | Black or African <br> American | All other <br> minorities | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 1,069 | 159 | 240 | 94 | 1,562 |
| \% within Race groups | 73.6 | 86.4 | 82.5 | 81.0 | 76.4 |
| Disagree or strongly disagree | 384 | 25 | 51 | 22 | 482 |
| \% within Race groups | 26.4 | 13.6 | 17.5 | 19.0 | 23.6 |
| Total | 1,453 | 184 | 291 | 116 | 2,044 |
| \% within Race groups | 100 | 100 | 100 | 100 | 100 |

White respondents were least likely and Hispanic respondents were most likely to feel that most people in Wichita can find good physical activity options in or at city-operated facilities such as recreation centers and pools.

By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 387 | 526 | 457 | 178 | 1,548 |
| \% within Age groups | 79.6 | 76.0 | 72.4 | 77.4 | 75.9 |
| Disagree or strongly disagree | 99 | 166 | 174 | 52 | 491 |
| \% within Age groups | 20.4 | 24.0 | 27.6 | 22.6 | 24.1 |
| Total | 486 | 692 | 631 | 230 | 2,039 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

Respondents aged 18 to 29 were most likely and respondents aged 45 to 59 were least likely to feel that most people in Wichita can find good physical activity options in or at city-operated facilities such as recreation centers and pools.

## By Income:

|  | Up to <br> $\mathbf{\$ 4 9 , 9 9 9}$ | $\mathbf{\$ 5 0 , 0 0 0}$ to <br> $\mathbf{\$ 9 9 , 9 9 9}$ | $\mathbf{\$ 1 0 0 , 0 0 0}$ <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 710 | 549 | 217 | 1,476 |
| \% within Income groups | 80.5 | 74.2 | 71.6 | 76.7 |
| Disagree or strongly disagree | 172 | 191 | 86 | 449 |
| \% within Income groups | 19.5 | 25.8 | 28.4 | 23.3 |
| Total | 882 | 740 | 303 | 1,925 |
| \% within Income groups | 100 | 100 | 100 | 100 |

As income levels increased, respondents were less likely to feel that people in Wichita find good physical activity options in or at city-operated facilities such as recreation centers and pools.

## By Marital Status:

|  | Married | Not married | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 894 | 671 | 1,565 |
| \% within Married / not married | 73.6 | 80.3 | 76.3 |
| Disagree or strongly disagree | 320 | 165 | 485 |
| \% within Married / not married | 26.4 | 19.7 | 23.7 |
| Total | 1,214 | 836 | 2,050 |
| \% within Married / not married | 100 | 100 | 100 |

Married respondents were less likely and unmarried respondents were more likely to feel that people in Wichita can find good physical activity options in or at: city-operated facilities such as recreation centers and pools.

## By Education:

|  | Some high <br> school, GED, <br> high school <br> diploma | Some <br> college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 331 | 462 | 771 | 1,564 |
| \% within Education groups | 83.8 | 79.1 | 71.7 | 76.1 |
| Disagree or strongly disagree | 64 | 122 | 304 | 490 |
| \% within Education groups | 16.2 | 20.9 | 28.3 | 23.9 |
| Total | 395 | 584 | 1,075 | 2,054 |
| $\%$ within Education groups | 100 | 100 | 100 | 100 |

As education level increased, respondents were less likely to agree that people in Wichita can find good physical activity options in or at city-operated facilities such as recreation centers and pools.

Question 11. I believe that most people in Wichita find good physical activity options in or at: not-for-profit agencies such as the YMCA.

By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 458 | 663 | 579 | 211 | 1,911 |
| \% within Age groups | 94.2 | 94.8 | 90.9 | 93.0 | 93.3 |
| Disagree or strongly disagree | 28 | 36 | 58 | 16 | 138 |
| \% within Age groups | 5.8 | 5.2 | 9.1 | 7.0 | 6.7 |
| Total | 486 | 699 | 637 | 227 | 2,049 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

Overall, respondents clearly feel that people in Wichita can find good physical activity options at non-profit agencies such as the YMCA. However, respondents age 45 to 59 years were less likely than any other age group to agree with this perception.

Question 11. I believe that most people in Wichita find good physical activity options in or at: for-profit facilities such as Genesis and Curves.

There were no significant differences by any demographic group to this segment of Question 11.
Total Responses

|  | Strongly <br> agree | Agree | Positive <br> total | Disagree | Strongly <br> disagree | Negative <br> total | Total |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| For-profit such as Genesis and <br> Curves | 617 | 1,141 | 1,758 | 272 | 68 | 340 | 2,098 |
| For-profit such as Genesis <br> and Curves percent | 29.4 | 54.4 | 83.8 | 13.0 | 3.2 | 16.2 | 100 |

Question 12. Neighborhoods in Wichita are designed to encourage walking, biking, etc.

## By Race:

|  | White, <br> Caucasian | Hispanic <br> or Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 564 | 120 | 153 | 52 | 889 |
| \% within Race groups | 39.2 | 56.1 | 52.2 | 44.8 | 43.1 |
| Disagree or strongly disagree | 874 | 94 | 140 | 64 | 1,172 |
| \% within Race groups | 60.8 | 43.9 | 47.8 | 55.2 | 56.9 |
| Total | 1,438 | 214 | 293 | 116 | 2,061 |
| \% within Race groups | 100 | 100 | 100 | 100 | 100 |

Hispanic respondents were most likely, while white respondents were least likely to feel that neighborhoods in Wichita are designed to encourage walking, biking, etc.

## By Income:

|  | Up to <br> $\mathbf{\$ 4 9 , 9 9 9}$ | $\mathbf{\$ 5 0 , 0 0 0}$ to <br> $\mathbf{\$ 9 9 , 9 9 9}$ | $\mathbf{\$ 1 0 0 , 0 0 0}$ <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 434 | 290 | 106 | 830 |
| \% within Income groups | 48.2 | 40.0 | 34.6 | 43.0 |
| Disagree or strongly disagree | 467 | 435 | 200 | 1102 |
| \% within Income groups | 51.8 | 60.0 | 65.4 | 57.0 |
| Total | 901 | 725 | 306 | 1,932 |
| \% within Income groups | 100 | 100 | 100 | 100 |

As income increased, respondents were less likely to feel that neighborhoods in Wichita were designed to encourage walking, biking, etc.

## By Education:

|  | Some high <br> school, GED, <br> high school <br> diploma | Some <br> college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 246 | 257 | 385 | 888 |
| \% within Education groups | 56.9 | 44.6 | 36.4 | 43.0 |
| Disagree or strongly disagree | 186 | 319 | 674 | 1,179 |
| \% within Education groups | 43.1 | 55.4 | 63.6 | 57.0 |
| Total | 432 | 576 | 1,059 | 2,067 |
| $\%$ within Education groups | 100 | 100 | 100 | 100 |

As education level increased, respondents were less likely to feel that neighborhoods in Wichita were designed to encourage walking, biking, etc.

Question 13. Wichita supports indoor activities (like walking) for the public during off hours in places such as: malls.

By age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 389 | 600 | 534 | 207 | 1,730 |
| \% within Age groups | 80.2 | 85.7 | 87.4 | 91.2 | 85.5 |
| Disagree or strongly disagree | 96 | 100 | 77 | 20 | 293 |
| \% within Age groups | 19.8 | 14.3 | 12.6 | 8.8 | 14.5 |
| Total | 485 | 700 | 611 | 227 | 2,023 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

Older respondents were more likely and younger respondents were less likely to feel that Wichita supports indoor activities (like walking) for the public during off-hours in places such as malls.

Question 13. Wichita supports indoor activities (like walking) for the public during off hours in places such as: school gymnasiums.

## By Race

|  | White, <br> Caucasian | Hispanic <br> or Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 385 | 102 | 139 | 57 | 683 |
| \% within Race groups | 28.6 | 56.0 | 49.3 | 49.1 | 35.5 |
| Disagree or strongly disagree | 960 | 80 | 143 | 59 | 1,242 |
| \% within Race groups | 71.4 | 44.0 | 50.7 | 50.9 | 64.5 |
| Total | 1,345 | 182 | 282 | 116 | 1,925 |
| $\%$ within Race groups | 100 | 100 | 100 | 100 | 100 |

White respondents were far less likely than all other racial groups to feel that Wichita supports indoor activities (like walking) for the public during off-hours in places such as school gymnasiums.

By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 211 | 224 | 167 | 72 | 674 |
| \% within Age groups | 44.2 | 33.5 | 29.2 | 35.5 | 35.1 |
| Disagree or strongly disagree | 266 | 445 | 404 | 131 | 1246 |
| \% within Age groups | 55.8 | 66.5 | 70.8 | 64.5 | 64.9 |
| Total | 477 | 669 | 571 | 203 | 1,920 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

Respondents aged 18 to 29 were most likely and respondents aged 45 to 59 were least likely to feel that Wichita supports indoor activities (like walking) for the public during off-hours in places such as school gymnasiums.

## By Income:

|  | Up to <br> $\mathbf{\$ 4 9 , 9 9 9}$ | $\mathbf{8 5 0 , 0 0 0}$ to <br> $\mathbf{\$ 9 9 , 9 9 9}$ | $\mathbf{\$ 1 0 0 , 0 0 0}$ <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 365 | 206 | 72 | 643 |
| $\%$ within Income groups | 43.7 | 29.5 | 24.8 | 35.3 |
| Disagree or strongly disagree | 470 | 493 | 218 | 1,181 |
| \% within Income groups | 56.3 | 70.5 | 75.2 | 64.7 |
| Total | 835 | 699 | 290 | 1,824 |
| \% within Income groups | 100 | 100 | 100 | 100 |

The higher the income, the less likely respondents were to feel that Wichita supports indoor activities (like walking) for the public during off-hours in places such as school gymnasiums.

## By Marital Status:

|  | Married | Not married | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 363 | 327 | 690 |
| $\%$ within Married / not married | 31.8 | 41.4 | 35.7 |
| Disagree or strongly disagree | 779 | 463 | 1,242 |
| \% within Married / not married | 68.2 | 58.6 | 64.3 |
| Total | 1,142 | 790 | 1,932 |
| $\%$ within Married / not married | 100 | 100 | 100 |

Married respondents were less likely than unmarried respondents to feel that Wichita supports indoor activities (like walking) for the public during off-hours in places such as school gymnasiums.

## By Education:

|  | Some high <br> school, GED, <br> high school <br> diploma | Some college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 220 | 203 | 260 | 683 |
| \% within Education groups | 57.9 | 37.7 | 25.6 | 35.3 |
| Disagree or strongly disagree | 160 | 336 | 756 | 1,252 |
| \% within Education groups | 42.1 | 62.3 | 74.4 | 64.7 |
| Total | 380 | 539 | 1,016 | 1,935 |
| \% within Education groups | 100 | 100 | 100 | 100 |

As education levels increased, respondents were less likely to feel that Wichita supports indoor activities (like walking) for the public during off-hours in places such as school gymnasiums.

Question 13. Wichita supports indoor activities (like walking) for the public during off hours in places such as: churches and other faith-based centers.

## By Race:

|  | White, <br> Caucasian | Hispanic <br> or Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | :---: | ---: | ---: | ---: |
| Agree or strongly agree | 495 | 81 | 150 | 55 | 781 |
| \% within Race groups | 37.1 | 47.4 | 53.8 | 49.1 | 41.2 |
| Disagree or strongly disagree | 839 | 90 | 129 | 57 | 1115 |
| \% within Race groups | 62.9 | 52.6 | 46.2 | 50.9 | 58.8 |
| Total | 1,334 | 171 | 279 | 112 | 1,896 |
| \% within Race groups | 100 | 100 | 100 | 100 | 100 |

Minority respondents, especially black respondents were more likely than white respondents to feel that Wichita supports indoor activities (like walking) for the public during off-hours in places such as churches and other faith-based centers.

## By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 219 | 255 | 210 | 89 | 773 |
| \% within Age groups | 46.8 | 39.0 | 37.4 | 43.4 | 40.9 |
| Disagree or strongly disagree | 249 | 399 | 352 | 116 | 1116 |
| \% within Age groups | 53.2 | 61.0 | 62.6 | 56.6 | 59.1 |
| Total | 468 | 654 | 562 | 205 | 1,889 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

Respondents aged 18 to 29 were most likely and respondents aged 45 to 59 were least likely to feel that Wichita supports indoor activities (like walking) for the public during off-hours in places such as churches and other faith-based centers.

## By Income:

|  | Up to <br> $\mathbf{\$ 4 9 , 9 9 9}$ | $\mathbf{\$ 5 0 , 0 0 0}$ to <br> $\mathbf{\$ 9 9 , 9 9 9}$ | $\mathbf{\$ 1 0 0 , 0 0 0}$ <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 387 | 252 | 101 | 740 |
| \% within Income groups | 47.7 | 36.5 | 34.9 | 41.3 |
| Disagree or strongly disagree | 425 | 438 | 188 | 1051 |
| \% within Income groups | 52.3 | 63.5 | 65.1 | 58.7 |
| Total | 812 | 690 | 289 | 1,791 |
| \% within Income groups | 100 | 100 | 100 | 100 |

As income levels increased, respondents were less likely to feel that Wichita supports indoor activities (like walking) for the public during off-hours in places such as churches and other faith-based centers.

## By Marital Status:

|  | Married | Not married | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 443 | 341 | 784 |
| \% within Married / not married | 39.2 | 44.3 | 41.3 |
| Disagree or strongly disagree | 687 | 429 | 1,116 |
| \% within Married / not married | 60.8 | 55.7 | 58.7 |
| Total | 1,130 | 770 | 1,900 |
| \% within Married / not married | 100 | 100 | 100 |

Married respondents were somewhat less likely to agree than non-married respondents that Wichita supports indoor activities (like walking) for the public during off-hours in places such as churches and other faith-based centers.

## By Education:

|  | Some high <br> school, GED, <br> high school <br> diploma | Some college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 203 | 230 | 347 | 780 |
| \% within Education groups | 54.9 | 42.8 | 34.8 | 40.9 |
| Disagree or strongly disagree | 167 | 307 | 651 | 1,125 |
| \% within Education groups | 45.1 | 57.2 | 65.2 | 59.1 |
| Total | 370 | 537 | 998 | 1,905 |
| \% within Education groups | 100 | 100 | 100 | 100 |

As education levels increased, respondents were less likely to agree that Wichita supports indoor activities (like walking) for the public during off-hours in places such as churches and other faith-based centers.

Question 14. Wichitans have a difficult time being physically active because of: cost.

## By Gender:

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 343 | 1,047 | 1,390 |
| \% within Gender groups | 58.7 | 73.1 | 68.9 |
| Disagree or strongly disagree | 241 | 385 | 626 |
| \% within Gender groups | 41.3 | 26.9 | 31.1 |
| Total | 584 | 1,432 | 2,016 |
| \% within Gender groups | 100 | 100 | 100 |

Female respondents were more likely than males to agree that Wichitans have a difficult time being physically active because of cost.

## By Race:

|  | White, <br> Caucasian | Hispanic or <br> Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 933 | 139 | 220 | 90 | 1,382 |
| \% within Race groups | 65.8 | 76.0 | 77.5 | 76.3 | 69.0 |
| Disagree or strongly disagree | 484 | 44 | 64 | 28 | 620 |
| \% within Race groups | 34.2 | 24.0 | 22.5 | 23.7 | 31.0 |
| Total | 1,417 | 183 | 284 | 118 | 2,002 |
| \% within Race groups | 100 | 100 | 100 | 100 | 100 |

White respondents were less likely and all minority groups were more likely to agree that Wichitans have a difficult time being physically active because of cost.

## By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | 60 years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 350 | 489 | 405 | 136 | 1,380 |
| \% within Age groups | 72.5 | 70.6 | 66.7 | 63.3 | 69.1 |
| Disagree or strongly disagree | 133 | 204 | 202 | 79 | 618 |
| \% within Age groups | 27.5 | 29.4 | 33.3 | 36.7 | 30.9 |
| Total | 483 | 693 | 607 | 215 | 1,998 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

As age increased, respondents were less likely to agree that Wichitans have a difficult time being physically active because of cost.

## By Income:

|  | Up to <br> $\mathbf{\$ 4 9 , 9 9 9}$ | $\mathbf{\$ 5 0 , 0 0 0}$ to <br> $\mathbf{\$ 9 9 , 9 9 9}$ | $\mathbf{\$ 1 0 0 , 0 0 0}$ <br> and 0ver | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 646 | 482 | 182 | 1,310 |
| \% within Income groups | 75.3 | 66.8 | 59.9 | 69.5 |
| Disagree or strongly disagree | 212 | 240 | 122 | 574 |
| \% within Income groups | 24.7 | 33.2 | 40.1 | 30.5 |
| Total | 858 | 722 | 304 | 1,884 |
| $\%$ within Income groups | 100 | 100 | 100 | 100 |

Not surprisingly, the lower the income level, the more likely respondents were to feel that Wichitans have a difficult time being physically active because of cost.

## By Marital Status:

|  | Married | Not married | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 786 | 596 | 1382 |
| \% within Married / not married | 66.1 | 72.9 | 68.9 |
| Disagree or strongly disagree | 404 | 221 | 625 |
| \% within Married / not married | 33.9 | 27.1 | 31.1 |
| Total | 1,190 | 817 | 2,007 |
| \% within Married / not married | 100 | 100 | 100 |

While not very different, unmarried respondents were more likely to agree that Wichitans have a difficult time being physically active because of cost.

## By Education:

|  | Some high school, <br> GED, high school <br> diploma | Some college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 292 | 432 | 660 | 1,384 |
| \% within Education groups | 73.9 | 75.5 | 63.2 | 68.8 |
| Disagree or strongly disagree | 103 | 140 | 384 | 627 |
| \% within Education groups | 26.1 | 24.5 | 36.8 | 31.2 |
| Total | 395 | 572 | 1,044 | 2,011 |
| \% within Education groups | 100 | 100 | 100 | 100 |

Respondents with bachelor's degrees or higher were less likely to agree that Wichitans have a difficult time being physically active because of cost.

Question 14. Wichitans have a difficult time being physically active because of: transportation

## By Gender:

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 304 | 845 | 1,149 |
| $\%$ within Gender groups | 53.0 | 60.3 | 58.2 |
| Disagree or strongly disagree | 270 | 556 | 826 |
| $\%$ within Gender groups | 47.0 | 39.7 | 41.8 |
| Total | 574 | 1,401 | 1,975 |
| $\%$ within Gender groups | 100 | 100 | 100 |

Female respondents were more likely than males to agree that Wichitans have a difficult time being physically active because of transportation.

## By Income:

|  | Up to <br> $\mathbf{\$ 4 9 , 9 9 9}$ | $\mathbf{\$ 5 0 , 0 0 0}$ to <br> $\mathbf{\$ 9 9 , 9 9 9}$ | $\mathbf{\$ 1 0 0 , 0 0 0}$ <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 534 | 400 | 148 | 1,082 |
| \% within Income groups | 63.9 | 55.9 | 49.7 | 58.5 |
| Disagree or strongly disagree | 302 | 315 | 150 | 767 |
| \% within Income groups | 36.1 | 44.1 | 50.3 | 41.5 |
| Total | 836 | 715 | 298 | 1,849 |
| \% within Income groups | 100 | 100 | 100 | 100 |

Respondents with incomes below $\$ 50,000$ were more likely, while respondents with higher incomes were less likely to feel that Wichitans have a difficult time being physically active because of transportation.

## By Marital Status:

|  | Married | Not married | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 624 | 521 | 1,145 |
| \% within Married / not married | 53.9 | 64.2 | 58.2 |
| Disagree or strongly disagree | 534 | 290 | 824 |
| \% within Married / not married | 46.1 | 35.8 | 41.8 |
| Total | 1,158 | 811 | 1,969 |
| \% within Married / not married | 100 | 100 | 100 |

Respondents who were not married were more likely to agree that Wichitans have a difficult time being physically active because of transportation.

## By Education:

|  | Some high <br> school, GED, <br> high school <br> diploma | Some <br> college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 245 | 336 | 568 | 1,149 |
| \% within Education groups | 64.8 | 59.7 | 55.1 | 58.3 |
| Disagree or strongly disagree | 133 | 227 | 463 | 823 |
| \% within Education groups | 35.2 | 40.3 | 44.9 | 41.7 |
| Total | 378 | 563 | 1,031 | 1,972 |
| \% within Education groups | 100 | 100 | 100 | 100 |

Respondents with lower education were more likely to agree that Wichitans have a difficult time being physically active because of transportation.

Question 14. Wichitans have a difficult time being physically active because of: child care.

## By Gender:

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 417 | 1,112 | 1,529 |
| \% within Gender groups | 72.3 | 78.3 | 76.5 |
| Disagree or strongly disagree | 160 | 309 | 469 |
| $\%$ within Gender groups | 27.7 | 21.7 | 23.5 |
| Total | 577 | 1,421 | 1,998 |
| \% within Gender groups | 100 | 100 | 100 |

Female respondents were more likely than males to agree that Wichitans have a difficult time being physically active because of child care.

## By Race:

|  | White, <br> Caucasian | Hispanic <br> or Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 1,056 | 155 | 220 | 91 | 1,522 |
| \% within Race groups | 74.9 | 84.7 | 79.4 | 80.5 | 76.8 |
| Disagree or strongly disagree | 354 | 28 | 57 | 22 | 461 |
| \% within Race groups | 25.1 | 15.3 | 20.6 | 19.5 | 23.2 |
| Total | 1,410 | 183 | 277 | 113 | 1,983 |
| \% within Race groups | 100 | 100 | 100 | 100 | 100 |

Hispanic, black and other minority respondents were more likely than white respondents to agree that Wichitans have a difficult time being physically active because of child care.

## By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 387 | 539 | 434 | 153 | 1,513 |
| \% within Age groups | 79.6 | 78.8 | 72.2 | 73.2 | 76.4 |
| Disagree or strongly disagree | 99 | 145 | 167 | 56 | 467 |
| \% within Age groups | 20.4 | 21.2 | 27.8 | 26.8 | 23.6 |
| Total | 486 | 684 | 601 | 209 | 1,980 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

It is probably not surprising that respondents aged 45 and over were less likely to agree that Wichitans have a difficult time being physically active because of child care, although the differences in response rates were not large.

## By Marital Status:

|  | Married | Not married | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 881 | 647 | 1528 |
| \% within Married / not married | 74.8 | 79.5 | 76.7 |
| Disagree or strongly disagree | 297 | 167 | 464 |
| \% within Married / not married | 25.2 | 20.5 | 23.3 |
| Total | 1,178 | 814 | 1,992 |
| \% within Married / not married | 100 | 100 | 100 |

Respondents who were not married were more likely to agree that Wichitans have a difficult time being physically active because of child care, perhaps due to the influence of single parents.

Question 14. Wichitans have a difficult time being physically active because of: facility hours and schedules.

## By Race:

|  | White, <br> Caucasian | Hispanic <br> or Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 791 | 145 | 195 | 77 | 1,208 |
| \% within Race groups | 56.1 | 78.8 | 70.4 | 69.4 | 60.9 |
| Disagree or strongly <br> disagree | 620 | 39 | 82 | 34 | 775 |
| \% within Race groups | 43.9 | 21.2 | 29.6 | 30.6 | 39.1 |
| Total | 1,411 | 184 | 277 | 111 | 1,983 |
| \% within Race groups | 100 | 100 | 100 | 100 | 100 |

Hispanic respondents were the most likely and white respondents were least likely to feel that Wichitans have a difficult time being physically active because of facility hours and schedules.

By Age:

|  | 18 to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | 60 years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 317 | 423 | 332 | 123 | 1,195 |
| $\%$ within Age groups | 65.9 | 62.2 | 55.3 | 56.7 | 60.4 |
| Disagree or strongly disagree | 164 | 257 | 268 | 94 | 783 |
| $\%$ within Age groups | 34.1 | 37.8 | 44.7 | 43.3 | 39.6 |
| Total | 481 | 680 | 600 | 217 | 1,978 |
| $\%$ within Age groups | 100 | 100 | 100 | 100 | 100 |

Respondents aged 45 to 59 were least likely and respondents aged 18 to 29 were most likely to agree that Wichitans have a difficult time being physically active because of facility hours and schedules.

## By Income:

|  | Up to <br> $\mathbf{\$ 4 9 , 9 9 9}$ | $\mathbf{\$ 5 0 , 0 0 0}$ to <br> $\mathbf{\$ 9 9 , 9 9 9}$ | $\mathbf{\$ 1 0 0 , 0 0 0}$ <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 585 | 392 | 158 | 1,135 |
| \% within Income groups | 68.8 | 55.1 | 52.8 | 61.0 |
| Disagree or strongly disagree | 265 | 320 | 141 | 726 |
| \% within Income groups | 31.2 | 44.9 | 47.2 | 39.0 |
| Total | 850 | 712 | 299 | 1,861 |
| \% within Income groups | 100 | 100 | 100 | 100 |

As income increased, respondents were less likely to agree that Wichitans have a difficult time being physically active because of facility hours and schedules.

## By Marital Status:

|  | Married | Not married | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 667 | 543 | 1,210 |
| \% within Married / not married | 56.7 | 66.9 | 60.8 |
| Disagree or strongly disagree | 510 | 269 | 779 |
| \% within Married / not married | 43.3 | 33.1 | 39.2 |
| Total | 1,177 | 812 | 1,989 |
| \% within Married / not married | 100 | 100 | 100 |

Respondents who were unmarried were more likely to agree that Wichitans have a difficult time being physically active because of facility hours and schedules.

## By Education:

|  | Some high <br> school, GED, <br> high school <br> diploma | Some college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 289 | 358 | 565 | 1,212 |
| \% within Education groups | 73.2 | 63.6 | 54.5 | 60.8 |
| Disagree or strongly disagree | 106 | 205 | 471 | 782 |
| \% within Education groups | 26.8 | 36.4 | 45.5 | 39.2 |
| Total | 395 | 563 | 1,036 | 1,994 |
| \% within Education groups | 100 | 100 | 100 | 100 |

As education level increased, respondents were less likely to feel that Wichitans have a difficult time being physically active because of facility hours and schedules.

Question 15. Parks and Open Spaces: Wichitans have a difficult time being physically active in parks and open spaces because of: not enough parks.

By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | 45 to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 190 | 260 | 270 | 107 | 827 |
| \% within Age groups | 39.4 | 38.3 | 45.2 | 50.2 | 41.9 |
| Disagree or strongly disagree | 292 | 419 | 328 | 106 | 1,145 |
| \% within Age groups | 60.6 | 61.7 | 54.8 | 49.8 | 58.1 |
| Total | 482 | 679 | 598 | 213 | 1,972 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

Older respondents, age 60 and above, were most likely to agree that Wichitans have a difficult time being physically active in parks and open spaces because of not enough parks, while respondents aged 30 to 44 years were least likely to agree.

## By Income:

|  | Up to <br> $\mathbf{\$ 4 9 , 9 9 9}$ | $\mathbf{\$ 5 0 , 0 0 0}$ to <br> $\mathbf{\$ 9 9 , 9 9 9}$ | $\mathbf{\$ 1 0 0 , 0 0 0}$ <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 338 | 291 | 150 | 779 |
| \% within Income groups | 39.9 | 40.6 | 49.8 | 41.8 |
| Disagree or strongly disagree | 510 | 425 | 151 | 1,086 |
| \% within Income groups | 60.1 | 59.4 | 50.2 | 58.2 |
| Total | 848 | 716 | 301 | 1,865 |
| \% within Income groups | 100 | 100 | 100 | 100 |

As income levels increased, respondents over were more likely to agree that Wichitans have a difficult time being physically active in parks and open spaces because of not enough parks.

## By Education:

|  | Some high <br> school, GED, <br> high school <br> diploma | Some college, <br> associate, <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 171 | 210 | 454 | 835 |
| \% within Education groups | 44.1 | 37.4 | 43.7 | 42.0 |
| Disagree or strongly disagree | 217 | 351 | 584 | 1,152 |
| \% within Education groups | 55.9 | 62.6 | 56.3 | 58.0 |
| Total | 388 | 561 | 1,038 | 1,987 |
| $\%$ within Education groups | 100 | 100 | 100 | 100 |

Respondents with some college or an associate's degree were less likely than either less well educated or more highly educated respondents to agree that Wichitans have a difficult time being physically active in parks and open spaces because of not enough parks.

Question 15. Parks and Open Spaces: Wichitans have a difficult time being physically active in parks and open spaces because of: lighting.

## By Gender:

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 361 | 982 | 1,343 |
| \% within Gender groups | 62.7 | 69.9 | 67.8 |
| Disagree or strongly disagree | 215 | 422 | 637 |
| \% within Gender groups | 37.3 | 30.1 | 32.2 |
| Total | 576 | 1,404 | 1,980 |
| \% within Gender groups | 100 | 100 | 100 |

Female respondents were more likely than male respondents to agree that Wichitans have a difficult time being physically active in parks and open spaces because of lighting.

By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 298 | 462 | 420 | 161 | 1,341 |
| \% within Age groups | 62.0 | 67.8 | 71.3 | 75.9 | 68.3 |
| Disagree or strongly disagree | 183 | 219 | 169 | 51 | 622 |
| \% within Age groups | 38.0 | 32.2 | 28.7 | 24.1 | 31.7 |
| Total | 481 | 681 | 589 | 212 | 1,963 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

As age levels increased, respondents were more likely to agree that Wichitans have a difficult time being physically active in parks and open spaces because of lighting.

Question 15. Parks and Open Spaces: Wichitans have a difficult time being physically active in parks and open spaces because of: personal safety concerns.

## By Gender:

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 443 | 1,225 | 1,668 |
| \% within Gender groups | 75.3 | 84.6 | 81.9 |
| Disagree or strongly disagree | 145 | 223 | 368 |
| \% within Gender groups | 24.7 | 15.4 | 18.1 |
| Total | 588 | 1,448 | 2,036 |
| \% within Gender groups | 100 | 100 | 100 |

Female respondents were more likely than male respondents to feel that Wichitans have a difficult time being physically active in parks and open spaces because of personal safety concerns.

By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 367 | 581 | 514 | 190 | 1,652 |
| \% within Age groups | 76.3 | 83.1 | 84.3 | 83.7 | 81.9 |
| Disagree or strongly disagree | 114 | 118 | 96 | 37 | 365 |
| \% within Age groups | 23.7 | 16.9 | 15.7 | 16.3 | 18.1 |
| Total | 481 | 699 | 610 | 227 | 2,017 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

Younger respondents, aged 18 to 29, were less likely than all other age groups to feel that Wichitans have a difficult time being physically active in parks and open spaces because of personal safety concerns, while respondents aged 45 to 59 were most likely to agree.

Question 15. Parks and Open Spaces: Wichitans have a difficult time being physically active in parks and open spaces because of: overall condition

## By Race:

|  | White, <br> Caucasian | Hispanic <br> or Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 708 | 115 | 171 | 81 | 1,075 |
| \% within Race groups | 51.3 | 68.9 | 61.7 | 71.7 | 55.5 |
| Disagree or strongly disagree | 671 | 52 | 106 | 32 | 861 |
| \% within Race groups | 48.7 | 31.1 | 38.3 | 28.3 | 44.5 |
| Total | 1,379 | 167 | 277 | 113 | 1,936 |
| \% within Race groups | 100 | 100 | 100 | 100 | 100 |

Hispanic and other minority respondents were more likely to agree and white respondents were least likely to agree that Wichitans have a difficult time being physically active in parks and open spaces because of overall condition.

## By Education:

|  | Some high <br> school, GED, <br> high school <br> diploma | Some college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 235 | 308 | 534 | 1,077 |
| \% within Education groups | 62.5 | 56.3 | 52.3 | 55.4 |
| Disagree or strongly disagree | 141 | 239 | 488 | 868 |
| \% within Education groups | 37.5 | 43.7 | 47.7 | 44.6 |
| Total | 376 | 547 | 1,022 | 1,945 |
| \% within Education groups | 100 | 100 | 100 | 100 |

The more highly educated the respondent, the less likely they were to agree that Wichitans have a difficult time being physically active in parks and open spaces because of overall condition.

Question 15. Parks and Open Spaces: Wichitans have a difficult time being physically active in parks and open spaces because of: condition of paths and walkways.

## By Race:

|  | White, <br> Caucasian | Hispanic <br> or Latino | Black or <br> African <br> American | All other <br> minorities | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 708 | 106 | 170 | 73 | 1,057 |
| \% within Race groups | 51.0 | 60.6 | 62.0 | 65.8 | 54.2 |
| Disagree or strongly disagree | 681 | 69 | 104 | 38 | 892 |
| \% within Race groups | 49.0 | 39.4 | 38.0 | 34.2 | 45.8 |
| Total | 1,389 | 175 | 274 | 111 | 1,949 |
| \% within Race groups | 100 | 100 | 100 | 100 | 100 |

White respondents were least likely, while Hispanic, black and other minority respondents were more likely, to feel that Wichitans have a difficult time being physically active in parks and open spaces because of condition of paths and walkways.

## By Marital Status:

|  | Married | Not married | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 603 | 457 | 1,060 |
| \% within Married / not married | 52.2 | 57.0 | 54.1 |
| Disagree or strongly disagree | 553 | 345 | 898 |
| \% within Married / not married | 47.8 | 43.0 | 45.9 |
| Total | 1,156 | 802 | 1,958 |
| $\%$ within Married / not married | 100 | 100 | 100 |

Married respondents were less likely than unmarried respondents to feel that Wichitans have a difficult time being physically active in parks and open spaces because of condition of paths and walkways.

## By Education:

|  | Some high <br> school, GED, <br> high school <br> diploma | Some college, <br> associate's <br> degree | Bachelor's <br> degree or <br> higher | Total |
| :---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 235 | 297 | 530 | 1,062 |
| \% within Education groups | 60.9 | 54.0 | 51.7 | 54.1 |
| Disagree or strongly disagree | 151 | 253 | 496 | 900 |
| \% within Education groups | 39.1 | 46.0 | 48.3 | 45.9 |
| Total | 386 | 550 | 1,026 | 1,962 |
| \% within Education groups | 100 | 100 | 100 | 100 |

The lower the education level, the more likely respondents were to agree that Wichitans have a difficult time being physically active in parks and open spaces because of condition of paths and walkways.

Question 16. Neighborhoods: Wichitans have a difficult time being physically active in neighborhoods because of: absence of sidewalks.

## By Gender:

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 405 | 1,132 | 1,537 |
| \% within Gender groups | 69.2 | 79.5 | 76.5 |
| Disagree or strongly disagree | 180 | 292 | 472 |
| \% within Gender groups | 30.8 | 20.5 | 23.5 |
| Total | 585 | 1,424 | 2,009 |
| \% within Gender groups | 100 | 100 | 100 |

Female respondents were more likely than males to agree that Wichitans have a difficult time being physically active in neighborhoods because of absence of sidewalks.

By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 343 | 539 | 464 | 177 | 1,523 |
| \% within Age groups | 71.5 | 78.6 | 76.6 | 80.8 | 76.5 |
| Disagree or strongly disagree | 137 | 147 | 142 | 42 | 468 |
| \% within Age groups | 28.5 | 21.4 | 23.4 | 19.2 | 23.5 |
| Total | 480 | 686 | 606 | 219 | 1,991 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

Younger respondents, aged 18 to 29 were least likely to agree that Wichitans have a difficult time being physically active in neighborhoods because of absence of sidewalks, compared tol other age groups.

Question 15. Neighborhoods: Wichitans have a difficult time being physically active in neighborhoods because of: condition of sidewalks

## By Gender:

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 382 | 1,070 | 1,452 |
| \% within Gender groups | 65.4 | 76.1 | 73.0 |
| Disagree or strongly disagree | 202 | 336 | 538 |
| \% within Gender groups | 34.6 | 23.9 | 27.0 |
| Total | 584 | 1,406 | 1,990 |
| \% within Gender groups | 100 | 100 | 100 |

Female respondents were more likely than male respondents to agree that Wichitans have a difficult time being physically active in neighborhoods because of condition of sidewalks.

By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 336 | 487 | 435 | 179 | 1,437 |
| \% within Age groups | 70.1 | 71.5 | 73.1 | 82.5 | 72.9 |
| Disagree or strongly disagree | 143 | 194 | 160 | 38 | 535 |
| \% within Age groups | 29.9 | 28.5 | 26.9 | 17.5 | 27.1 |
| Total | 479 | 681 | 595 | 217 | 1,972 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

As age increased, respondents were more likely to agree that Wichitans have a difficult time being physically active in neighborhoods because of condition of sidewalks.

Question 15. Neighborhoods: Wichitans have a difficult time being physically active in neighborhoods because of: lighting.

## By Gender:

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 406 | 1,132 | 1,538 |
| \% within Gender groups | 69.9 | 79.7 | 76.9 |
| Disagree or strongly disagree | 175 | 288 | 463 |
| \% within Gender groups | 30.1 | 20.3 | 23.1 |
| Total | 581 | 1,420 | 2,001 |
| \% within Gender groups | 100 | 100 | 100 |

Female respondents were more likely than males to agree that Wichitans have a difficult time being physically active in neighborhoods because of lighting.

By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 347 | 542 | 462 | 180 | 1,531 |
| \% within Age groups | 72.3 | 78.7 | 77.6 | 82.2 | 77.2 |
| Disagree or strongly disagree | 133 | 147 | 133 | 39 | 452 |
| \% within Age groups | 27.7 | 21.3 | 22.4 | 17.8 | 22.8 |
| Total | 480 | 689 | 595 | 219 | 1,983 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

Respondents aged 18 to 29 were least likely to agree that Wichitans have a difficult time being physically active in neighborhoods because of lighting, while respondents aged 60 and over were most likely to agree.

Question 16. Neighborhoods: Wichitans have a difficult time being physically active in neighborhoods because of: personal safety concerns.

## By Gender:

|  | Male | Female | Total |
| :---: | ---: | ---: | ---: |
| Agree or strongly agree | 464 | 1,268 | 1,732 |
| \% within Gender groups | 79.3 | 88.1 | 85.6 |
| Disagree or strongly disagree | 121 | 171 | 292 |
| \% within Gender groups | 20.7 | 11.9 | 14.4 |
| Total | 585 | 1,439 | 2,024 |
| \% within Gender groups | 100 | 100 | 100 |

Female respondents were more likely than males to agree that Wichitans have a difficult time being physically active in neighborhoods because of personal safety concerns.

By Age:

|  | $\mathbf{1 8}$ to 29 <br> years | $\mathbf{3 0}$ to 44 <br> years | $\mathbf{4 5}$ to 59 <br> years | $\mathbf{6 0}$ years <br> and over | Total |
| :---: | ---: | ---: | ---: | ---: | ---: |
| Agree or strongly agree | 399 | 592 | 524 | 198 | 1,713 |
| \% within Age groups | 82.8 | 84.9 | 85.9 | 91.2 | 85.4 |
| Disagree or strongly disagree | 83 | 105 | 86 | 19 | 293 |
| \% within Age groups | 17.2 | 15.1 | 14.1 | 8.8 | 14.6 |
| Total | 482 | 697 | 610 | 217 | 2,006 |
| \% within Age groups | 100 | 100 | 100 | 100 | 100 |

As age increased, respondents were more likely to agree that Wichitans have a difficult time being physically active in neighborhoods because of personal safety concerns.


[^0]:    ${ }^{1}$ Health \& Wellness Coalition of Wichita website, www.hwcwichita.org
    ${ }^{2}$ Sample Size Calculator, www.surveysystem.com/sscalc.htm

