

☐ **Reno Endoscopy Center**  
880 Ryland Street  
Reno, Nevada 89502  
(775) 329-1009

☐ **South Meadows Endoscopy Center**  
10619 Professional Circle  
Reno, Nevada 89521  
(775) 852-1886

☐ **Carson Endoscopy**  
707 N. Minnesota Street  
Carson City, Nevada 89703  
(775) 884-8818

For Scheduling Changes, please call:

Reno (775) 329-4600 South Meadows (775) 852-4848 Carson (775) 884-4567 Gardnerville (775) 783-4818

Patient Name: \_\_\_\_\_ Appointment Date: \_\_\_\_\_

Check-in Time: \_\_\_\_\_

**Pre-Procedure, EGD/Gastroscopy : Instructions for Diabetic Patients with Insulin Pumps**

1. Ensure you are scheduled for an appointment in the morning.
2. Contact your doctor or clinic that manages your insulin pump and notify them of your upcoming procedure, diet restrictions and bowel prep (if having a bowel prep).
3. Obtain instructions on how to adjust your insulin pump dosing and follow those orders. Please bring a copy of the orders with you to your procedure.
4. If you are unable to contact your doctor or clinic managing your insulin pump, then follow the guidelines below:

**Day before procedure:**

- a. **Change insulin pump to basal rate at bedtime.**
- b. Check your blood sugar at this time, notify the physician managing your insulin pump if your blood sugar is out of your normal range.
- c. Report any hypoglycemic, hyperglycemic problems or questions to your Provider or Clinic managing your diabetes and insulin pump.

**Day of Procedure:**

- a. Nothing to eat or drink four hours prior to procedure.
- b. Four hours before your procedure, change insulin pump **to temporary basal rate (80% of your basal rate).**
- c. Check your blood sugar at time of change to temporary basal rate and at least every four hours until procedure complete.
- d. If having your procedure at **Carson Endoscopy Center**, please bring glucometer and supplies for checking blood sugar with you.
- e. Resume your diet and normal insulin pump routine upon discharge and return home.