

Northumberland, Tyne and Wear



NHS Foundation Trust

**Mental Health Leadership in the North
with Dr Geraldine Strathdee
Tuesday 26 January 2016
The Biscuit Factory, Newcastle upon Tyne**

Shining a light on the future



Welcome to the 'Mental Health Leadership in the North' conference. Like many others this is being recorded so that a conference report can be published after the event to assist those who were unable to attend in person. If you would prefer your comments not to be recorded please let us know in advance and we will respect your wishes.

This conference offers the opportunity to celebrate and showcase the work that is taking place in the field of mental health in the North of England. We will hear from inspired leaders who have made a difference in their communities promoting mental health resilience. Examples of excellence in mental health provision will be shared and there will be the opportunity to hear about and discuss ideas for future models of mental health care.

The aims from the day are not only to showcase work from the North of England but importantly to commit to an action plan to build on our work to date and develop a Northern Powerhouse for Mental Health.

Our hosts

Northumberland, Tyne and Wear NHS Foundation Trust (NTW) is one of the largest mental health and disability care providers in England, employing more than 6,000 staff, serving a population of approximately 1.4 million, providing services across an area totalling 2,200 square miles.

The Trust works from over 60 sites across Northumberland, Newcastle, North Tyneside, Gateshead, South Tyneside and Sunderland, offering services which include:

- Inpatient care services
- Community services
- Specialist care services

In partnership with:



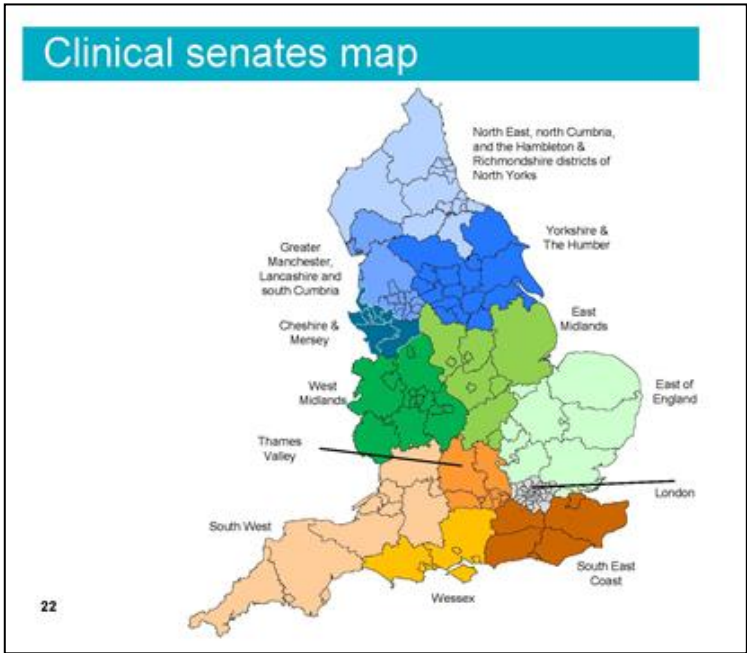
**Northern England
Strategic Clinical Networks**

Conference organisers

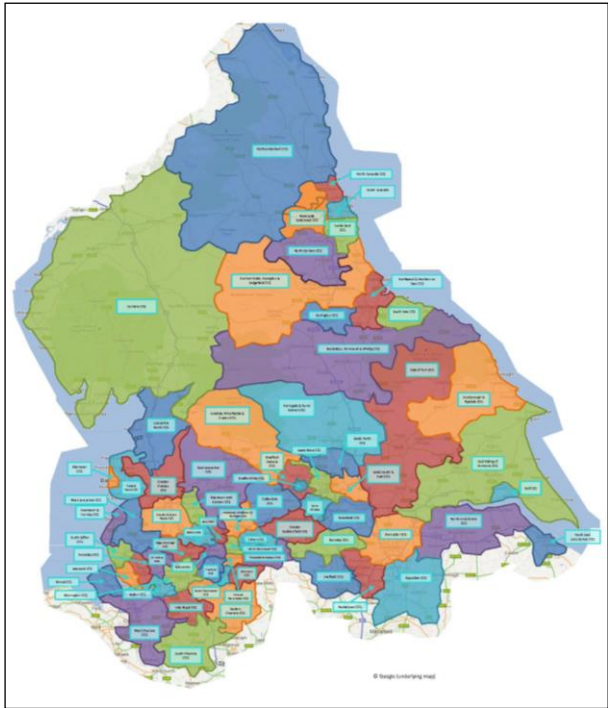
Dr Jane Carlile, Clinical Director NTW, Royal College of Psychiatrists Outcomes Lead.

Will Green MCIPR, Head of Communications, NTW.

Fiona Kettle, Events Co-ordinator, NTW



CLINICAL SENATES MAP



CCG MAP (Revised April 2015)



AHSNs



NORTH OF ENGLAND –
LOCAL AUTHORITIES



NHS Commissioning Board regions

Speaker profiles

Dr Geraldine Strathdee OBE



Geraldine is NHS England's National Clinical Director for Mental Health and a consultant psychiatrist at Oxleas NHS FT. She co-chairs the National Mental Health System Board, which brings the new system partners together to implement the national mental health strategy. She is the clinical lead for the mental health intelligence network and the national CCG mental health leadership programme. Her passionate commitment is to the translation of best practice standards into routine clinical practice. Current programmes which seek to do just that include: the national reducing premature mortality CQUIN, introduction of access and waits standards for early intervention psychosis, crisis and IAPT, Crisis Concordat, Primary care mental health development, promotion of positive mental health and resilience and employment. She is privileged to have the expertise and support of many networks of exceptional mental health leaders to help achieve the ambitions for mental health care in England's Five-year Forward view. Previous roles included National Professional Adviser to the Healthcare Commission and CQC, London Strategic Health Authority mental health lead and she was awarded the prestigious Psychiatrist of the Year in 2012.

John Lawlor



John joined the NHS Providers Board on 1 July 2015 to help increase the profile of mental health and learning disability services nationally.

He was appointed Chief Executive of NTW in June 2014, having worked previously as Chief Executive of Leeds Primary Care Trust and then of the Airedale, Bradford and Leeds Primary Care Trust between January 2010 and March 2013.

His earlier career in the NHS included roles as Chief Executive of Harrogate and District NHS Foundation Trust between 2006 and 2009 and, prior to that, as Deputy Chief Executive of Calderdale and Huddersfield NHS Trust between 1999 and 2005.

He has also worked as a civil servant, in the Department of Health between 1992 and 1999, as well as a period between 2012 and 2014 working for NHS England.

Sam Monaghan



Sam originally qualified as a graphic designer, but re-trained as a social worker in 1988. Over the first 15 years he worked as a child care practitioner, manager and senior manager in three Midlands local authorities. Whilst gaining his MBA, Sam moved to work in the voluntary sector, joining children's charity NCHJ as Deputy Director in 2003. In 2006 he moved to take up the post of Director with Barnardo's in the Midlands.

Sam took up the position of Interim Director of Children's Services UK in January 2013. He was appointed to the position of Executive Director of Children's Services (now Corporate Director Children's Services, England) on 1 September 2014.

Judith Lockhart



Judith Lockhart is a qualified Occupational Health Nurse with over 20 years experience in Occupational health. She has practiced within a variety of settings including the oil industry, Rolls Royce, NHS, and most recently 5 years with Procter and Gamble.

Judith has been actively involved in Proctor and Gambles, Healthy Minds project and their proactive response to managing mental health in the workplace. She has a great passion for mental wellbeing, and has been successful in implementing innovative ideas in the workplace.

Dr Damian Robinson



Dr Robinson qualified from the University of Cambridge and Middlesex Hospital Medical School. He chose psychiatry as a future career but took a break in the middle of his training to qualify in Public Health Medicine. Having returned to mental health he finished his training in adult and old age psychiatry and started his consultant career in the Centre for the Health of the Elderly in Newcastle upon Tyne in 1998. During his time in NTW he has worked in leadership and management posts and is currently the Group Medical Director for inpatient services. Until recently he utilised his public health skills in the role of

Director of Infection Prevention and Control and the Director of Emergency Planning, Resilience and Response. He is now the Deputy Medical Director for Safety and Quality. He has an ongoing interest in health improvement and is working to take the Trust smoke free from March 2016.

Lisa Matthews



Lisa is currently a consultant/trainer at Resilience and Wellbeing Consultancy. She has used mental health services for over 16 years. Over this time period she has experienced both good and bad service from mental health professions, police, ambulance and accident and emergency services. She has vast experience in educating people in mental health and recovery, and uses her own experiences to support this. Her passion for shaping and changing service provision is not just for a better service for future needs, it's also for the future needs of us all, as nobody can ever say it couldn't or wouldn't happen to them.

She has worked and volunteered over the past 16 years. Currently she is working on many projects, she's a volunteer researcher with Northumbria University, guest lecturer at Northumbria and Newcastle Universities, a WRAP Educator (Wellness Recovery Action Plan), whilst a volunteer WRAP educator within NTW Foundation Trust she helped deliver wrap training to over two thousand staff over a two year period. Although she no longer volunteers directly with NTW, her volunteering continues as a lived experience representative with Time to Change looking at discrimination and stigma within mental health services where NTW is one of two pilot sites. She derives great pleasure in the fact that she no longer needs secondary mental health services after being discharged in September 2015. Lisa now runs her own business, delivering wellbeing training and offering wellbeing consultancy to other businesses. Wellbeing for all is what she strives for.

Caroline Kemp



Caroline has been involved for over three years, as a co researcher, with the Recovery Project 'Is there a pathway to recovery through care coordination' at Northumbria University. Her background is in mental health, she has over twenty years' experience, her daughter has severe psychosis and Caroline has been closely involved in her care throughout this time.

Caroline is/has been involved with:

- Launchpad steering group of the NTW Service User and Carer Network.
- A member of NIHR PPI panel, which evaluated new research proposals.
- National carer representative for the Clinical research in its previous structure.
- Helped draw up national guidelines on how to involve service users and carers in research, jointly with NW hub of the CRN, which was updated in 2014.
- Given numerous talks to Northumbria students and AMHP's over the last six years on carer perspectives and many issues around mental health.
- Has been published in Launchpad and Rethink and an American Journal of Progressive Science. She also writes poetry and has been published in various poetry journals.
- Featured in NIHR video on how research changed her life, this is widely used as a teaching tool.

Clair Carson



Clair is an experienced, current PhD student, master's degree educated, senior nurse and manager with effective leadership skills and a proven track record of achievement and change in a wide variety of settings and services. Currently working as the Assistant Director of Operations for Pennine Care NHS Foundation Trust she qualified as a Registered General Nurse in 1987 went on to complete her RMN in 1992. Her current Doctorate studies are focussed on the management of the mental health service user in a crisis and the use of a street triage approach. Clair is a strong advocate for service user centred services and a champion of the service user, carer and staff voice in equal measures.

Clair has had a wide ranging career to date and is widely respected for the work undertaken in the development of mental health services, especially within the acute service line, acute adult wards, A and E liaison as well as Home Treatment Teams teams and Crisis Services such as RAID (Rapid Assessment Interface and Discharge) .

Clair is constantly accessing ways in which to personally develop including a recent trip to New Zealand on a research scholarship with the Florence Nightingale Foundation researching the management of the service user in a crisis via emergency services. More recently Clair has worked with Greater Manchester Police and North West Ambulance Service in developing an innovative approach to Street Triage that is both hospitals based and uses telephone support designed to maximise capacity through the current RAID A and E provision. Clair is also the mother of two teenage girls and also manages the Girls Rugby section at the local community rugby club, known as the Pink Warriors. She is a Trustee and a clinical advisor to the State of Mind rugby league charity dedicated to the mental wellbeing of males in the sport of Rugby league and is a huge season ticket holding Wigan Warriors fan.

Angus Bell



Dr Bell was appointed consultant psychiatrist in 1994 in Teesside with a special interest in cognitive behaviour therapy. He has been involved in medical management since 1996. In 2007 his thinking about medical leadership completely changed by being exposed to Lean Thinking in Healthcare in Seattle and application of Toyota Production Theory through strategic service change.

In 2008 he led service redesign of inpatient care in Tees, Esk and Wear Valleys Trust which has led to a system wide reduction in violence and aggression, bed occupancy and length of stay, enabling closure of beds after demonstrating improved service delivery. In 2011 he was awarded Medical Manager Leader of the Year by the Royal College of Psychiatrists. His current post is Senior Clinical Director for Working Age Adult Services in Tees, Esk and Wear Valleys Trust. Since 2007 he has been involved in regional clinical leadership and currently is the Clinical Lead for Mental Health for the Northern Strategic Clinical Network.

Jo Davison

Jo is a professionally qualified youth worker and advocate with a specialism in youth mental health. Her particular interests are youth participation and youth engagement in academic research and mental health services to young people are actively involved in decisions and processes that affect their lives. She has experience of delivering support to young people with mental health and emotional wellbeing issues, developing national youth mental health training and conducting academic research in the youth mental health field.

Jennifer Kilcoyne



Dr Jennifer Kilcoyne is a Lead Consultant Clinical Psychologist who leads the No Force First and Positive and Proactive Care Programmes at Mersey Care NHS Trust. Jennifer works in clinical practice at Ashworth High Secure Hospital where she leads the Ward Interventions and Admission Service and the Positive Intervention Programme, a specialist team who work with individuals in long term segregation. For much of her career she has focussed on engaging people and systems with complex needs and accompanying them on their journey towards recovery.

Iris Benson – Mersey Care NHS Trust

Gary O'Hare



Gary O'Hare, Executive Director of Nursing and Operations, NTW, which is one of the largest mental health and disability trusts in the UK, provides local, regional and national services. Many of these services are provided for some of the most complex and challenging patients in the country.

Gary has worked in the NHS for over 30 years and held a number of nursing and managerial positions during this time and has been a Director of Nursing for the last 11 years. During this period he spent four years at the Department of Health advising senior civil servants and ministers in relation to the recognition, prevention and management of violence and aggression, and led a number of national initiatives in this field.

Dr Stewart Findlay



GP Partner at Bishopgate Medical Centre since 1983.

Current posts:

- Chief Clinical Officer –Durham Dales, Easington and Sedgefield (DDES) CCG since 1/4/13
- Member of NHS Clinical Commissioners leadership Group, representing the North East.
- Chair of County Durham and Darlington System Resilience Group
- Chair of the North East and Cumbria U&EC Network and Vanguard.
- Vice Chair of Durham Health and Wellbeing Board

DDES CCG is made up of three localities to form the Durham Dales, Easington and Sedgefield CCG. It covers a large geographical area and have a total population of 280,000.

All 40 member practices meet on a monthly basis to take forward the business of the CCG. Each locality has a clinical locality lead responsible for practice and patient engagement and financial control within each locality. Our practices are all members of one of our 3 established Federations. I have been involved in commissioning since the early 1990s as lead fund holder for my practice, locality lead, PCG Chair, PEC Chair for the Durham Dales PCT and lead for practice based commissioning for my locality as part of County Durham and Darlington PCT.

Dr John Howarth MBBS, DTM&H, FRCGP, FFPH



John was a GP in Cockermouth for 24 years. He was Clinical Director for community services and elderly care lead for NHS Cumbria. Prior to this he spent 7 years as medical director of Cumbria's GP out of hours cooperative, chaired the primary care research group and was a GP trainer for over 10 years. He was medical adviser to the local hospice at home charity and co-authored a textbook in Palliative Care.

During the 1990s he trained in tropical medicine and worked in 11 different wars and natural disasters. He became medical director and head of operations of an international disaster relief charity. In 2010 he was a runner up in the national NHS Leadership Awards from over 1000 entries. In 2011 he received a Fellowship in Public Health through distinction and in 2013 he received a Fellowship to the Royal College of General Practitioners.

Jonathan Richardson



Dr Richardson is currently working as a Consultant Old Age Psychiatrist and Group Medical Director - Community Services, in NTW.

He was appointed, as a consultant in 2007. He is an educational and clinical supervisor and has a Diploma in Medical Education. He was involved in research via the DeNDRoN network. He was one of the first North East Leadership Academy Clinical Leadership Fellows. He has an MSc in Integrated Service Improvement and has completed the

NHS Leadership Academy Nye Bevan Programme.

He has an active involvement in the development of clinical informatics nationally, regionally and locally. He is currently on secondment, with NHS England, working part time as National Clinical Advisor for Mental Health Informatics. He is Deputy Chair of the National Mental Health Informatics Special Interest Group, Chair of the RCPsych Informatics Committee and is the RCPsych Special Adviser on Informatics. He was the Chair of the North East Clinical Health Information Network, 2011-2014 which has over 300 members. He was previously Clinical Lead for the National Mental Health Clinical Dashboard Pilot and is an active supporter of the E-health insider Chief Clinical Information Officer (CCIO) campaign. He was one of the first CCIOs in Mental Health, whilst Clinical Director of Informatics in NTW 2011-2014.

Johannes Dalhuijsen - GP Commissioner Sunderland

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10.15am	Registration and coffee on arrival	
11am	Welcome and introduction – The importance of good mental health and how inspired leadership means the North is leading the way in excellence in mental health care.	John Lawlor Chief Executive, NTW
11.15am	Chair's opening remarks – The importance of resilient communities	Dr Geraldine Strathdee National Clinical Director for Mental Health
11.30am	Projects that exemplify resilience within communities - Resilience in childhood	Sam Monaghan Corporate Director of Children's Services (England)
11.50am	Projects that exemplify resilience within communities - Resilience within schools	Johannes Dalhuijsen GP Commissioner Sunderland
12.10pm	Projects that exemplify resilience within communities - Resilience in the employment setting	Judith Lockhart Occupational Health Nurse, Procter and Gamble
12.30pm	Reflection from local discussant Action planning Table groups From what you have heard this morning what does that mean for you, your team and the development of the Northern Powerhouse for Mental Health? 1 min feedback from tables outlining their action plan	Dr Damian Robinson Group Medical Director – Inpatient Services
1pm	Lunch	
1.30pm	Chair's opening remarks: Achieving excellence in access, quality and outcomes in acute mental health care provision	Lisa Matthews Expert by experience, resilience and wellbeing consultant Caroline Kemp Co researcher
1.40pm	Example of excellence in access, quality and outcomes in acute mental health care provision – Evaluation of street triage	Clair Carson Acute services manager, Mental Health North division, Pennine Care
2pm	Example of excellence in access, quality and outcomes in acute mental health care provision – New access screening tests for 1 st episode of psychosis	Angus Bell Consultant Psychiatrist, Tees, Esk and Wear Valleys Foundation NHS Trust

2.20pm	Example of excellence in acute mental health care provision – The Transition from youth to adult services	Jo Davison Peer co-ordinator, Youth Focus Gateshead
2.40pm	Example of excellence in quality & outcomes in acute mental health care provision – No force first	Jennifer Kilcoyne Consultant Clinical Psychologist, Ashworth Hospital and Iris Benson , Mersey Care NHS Trust
3 pm	Reflection by local discussant Action planning Table groups From what you have heard what does that mean for you, your team and to develop the Northern Powerhouse for Mental Health best outcomes and quality? 1 min feedback from tables outlining their action plan	Gary O'Hare Director of Nursing, NTW
3.15pm	Mid-afternoon break	
3.30pm	The future	Dr Geraldine Strathdee National Clinical Director for Mental Health
3.40pm	The future – Urgent and emergency care network North East	Dr Stewart Findlay Chief Clinical Officer, NHS Durham Dales, Easington and Sedgefield CCG, Chair of North East Urgent Care Operational Network
4pm	The future – Cumbria with focus on system design	John Howarth Director of Service Improvement, Interim Deputy CEO, Cumbria Partnership NHS Foundation Trust
4.20pm	The future- facing commissioning challenges- maintaining quality & improving outcomes	Johannes Dalhuijsen GP Commissioner Sunderland
4.40pm	Questions opened by local discussant	Dr Jonathan Richardson Group Medical Director, NTW
5pm	Close of conference	John Lawlor Chief Executive, NTW

Travel and parking

Parking is limited at the venue, if you are thinking of coming by car please let Fiona Kettle know when booking so that the venue may organise parking.

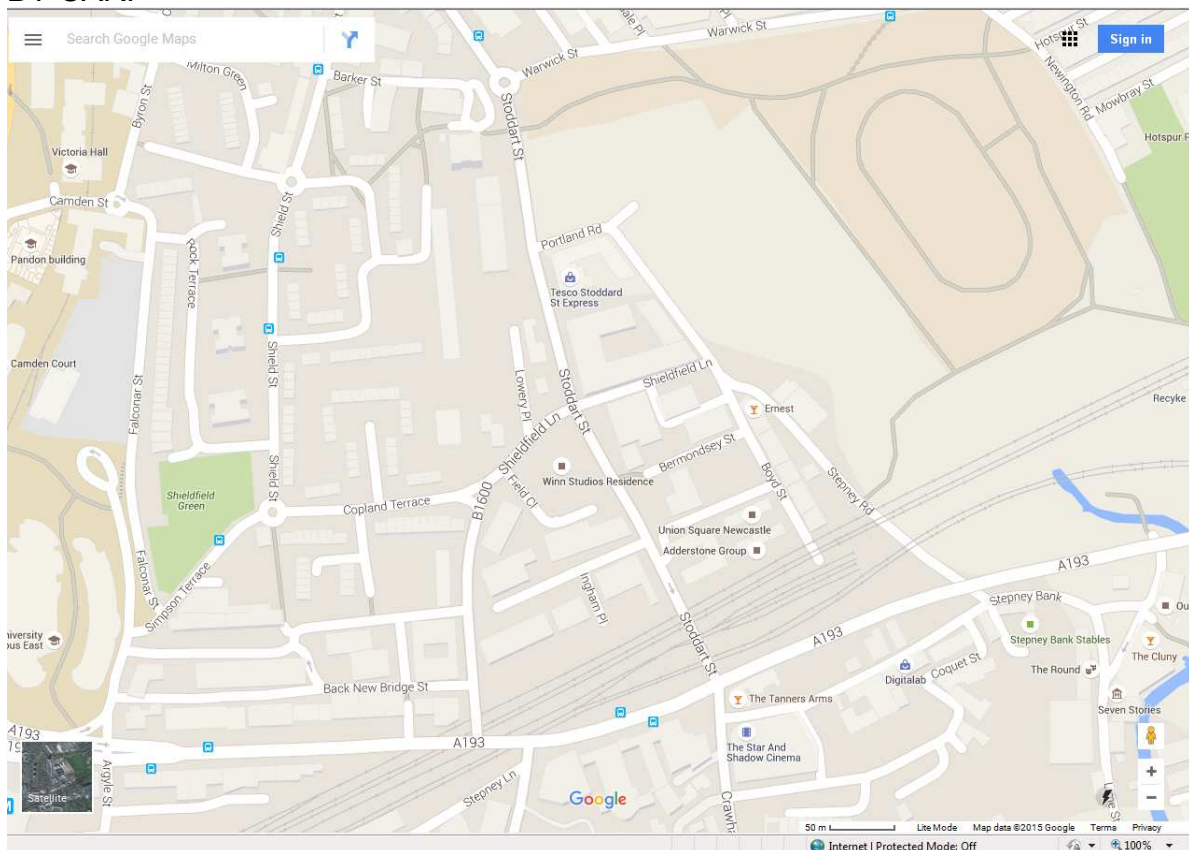
TRAIN: Newcastle Central Station

METRO: Tyne and Wear Metro system – Manors (5 mins walk to gallery) Jesmond (10 mins walk to gallery)

BUS: Stagecoach bus no: 1, 12, 15, 15A, 22, 32, 39, 40, 62, 63, 91
Go North East bus no: 1, 1A
Nexus bus no: 6

Bus stops are on Warwick Street, Portland Road and New Bridge Street

BY CAR:



There is one disabled parking space located in the private car park of the venue. Additional parking is available at the Holy Biscuit, located on Clarence Street.

APPLICATION FORM

**Mental health leadership in the North
Tuesday 26 January 2016
The Biscuit Factory, Newcastle upon Tyne**

PERSONAL INFORMATION

Title First Name Surname

Place of work

Mailing address

..... Postcode.....

Email address

Telephone number

Vegetarian Yes / No Any special dietary requirements

.....

REGISTRATION FEES

Conference fees £90.00 inclusive of VAT per person

PAYMENT METHODS

Places can only be reserved on receipt of the completed application form. No telephone bookings will be taken.

Please tick box:

☐

I enclose a cheque for £

(Made payable to Northumberland, Tyne and Wear NHS Foundation Trust)

☐

I would like the following organisation to be invoiced (name and address)

.....

.....

Are you coming by car and require parking:

☐

Yes

☐

No

Please print off this form and return completed with your payment to: Fiona Kettle,
Events Co-ordinator, Communications Department, St. Nicholas Hospital, Jubilee
Road, Gosforth, Newcastle upon Tyne, NE3 3XT. Many thanks.

For more information please contact either:

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