

OXYGEN INTERNATIONAL

TRY OUT & Application forms

OXYGEN INTERNATIONAL- TRYOUT INFO - CHEER

The Oxygen All Stars would like to announce the selection of two International cheer teams to represent the Oxygen All Stars of Australia in the Jan/Feb 2015 Duel In The Dessert at Palm Springs USA. Oxygen staff will be conducting a search for some of the best cheerleaders for 2 Teams and stunt and partner stunts. Levels we are taking are Level 3 & 4. (but not limited to depends on applications). See level Guidelines on page 3.

Do you have what it takes to take on the World? Oxygen All Stars would like to invite you to try out for Oxygen International and experience the pride of representing your country and Oxygen at a high level of competition! Oxygen Nation... who is keen?

Application Requirements For Team Cheer-

- Applicants must submit an email application before October 1st 2013
- Applicants must be at least 8 years by dec. 2013
- Applicants must be at the tryout to be selected for the team.
- Applicants, if selected for a team, must attend all mandatory training and practice sessions at training facility throughout 2014. Training TBA in December 2013.
- Applicants must have passport by March 2014.
- Applicants, if selected will be responsible for \$500 deposit (non refundable) by 1st December 2013. Plus be responsible all other travel costs. (see Quote attached). Costumes & Entry fees will be covered by Oxygen All Stars Fundraising. \$5 per week for training (subsidised).

Selection Process

Cheer Tryout Info

Date: Saturday 19th October 2013

Cheer Team Tryouts- \$10 to Apply! Pay cash on Team Tryout Day.

Time: 9:30 am - 12:00 (Note: Tryouts start at 9;30, participants can arrive at 9 to start stretching and warmup)

Location: Francis Greenway High School Beresfield.

Partner & Group Stunt Tryouts - Free to apply

Participants wanting to tryout for the Coed or All Girl Partner Stunt division must submit a video to courtney@oxygenallstars.com 1st October 2013. Video submission will not guarantee your group staying as a team but it is very likely.

Contact Details for more Questions.

Name: Ryan & Courtney Turton

Email: courtney@oxygenallstars.com

Phone: 0408341640

Office Address (postal only): 25 Capital Terrace Bolwarra Heights NSW 2320

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Level Skill Guideline Checklist

Level 2

Tumbling, Jumps & Stunts –

- Each student must have a standing back handspring .
- Running round off backhand spring.
- Jumps – Each student must demonstrate technical mastery of jumps (pointed toes, landing with feet together) including a double jump combination.
- Stunts – Each student must demonstrate a level 2 stunt (examples: prep level liberty variations, extension)

Level 3

Tumbling , Jumps & Stunts–

- Each student must have a standing back handspring series (2 or more) and
- A running round off tuck.
- Higher level skills desired are round off handspring tuck, round off series (2 or more) to tuck and/or a specialty pass through to tuck. (Example: front handspring, punch front forward roll, or handspring step-out half turn through to tuck.)
- Jumps – Each student must demonstrate technical mastery of jumps including a triple jump combination with at least a level toe touch.
- Stunts – Each student must demonstrate a level 3 stunt (examples: extended liberty variations, extension full down cradle, inversion to sponge level, full up to prep level).

Level 4

Tumbling, Jumps and Stunts –

- Each student must have a standing back tuck or
- Toe touch back handspring back tuck or
- layout or
- Running 2 handsprings to tuck or
- A specialty pass through to a layout. (Example: front handspring, punch front, or whip through to layout)
- Jumps – Each student must demonstrate technical mastery of jumps including a triple jump combination with an above level toe touch.
- Stunts – Each student must demonstrate a level 4 stunt. (Examples: Extended liberty Stunts – Each student must demonstrate a level stunt. (Examples: Extended liberty variations with a full down cradle, inversion to prep level stunt, full up to extended stunt, double down from 2 legged stunt, and kick single baskets)

Level 5

IMPORTANT: Students WITHOUT standing tumbling, and without running FULL or specialty pass will be eligible for Level 4 only.

- Standing Tumbling – Triple whip jump combo to tuck or standing full.
- Running Tumbling – Two step hurdle round off full/double, and a specialty pass through to a full or double full.
- Jumps – Each student must demonstrate technical mastery of jumps including a triple (whip) jump combination with a back tuck, variety and an above level toe touch.
- Stunts – Each student must demonstrate a level 5 stunt (examples: extended liberty variations including an overstretch with double down dismounts, full up to extended liberty variation, and kick double baskets).

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OXYGEN INTERNATIONAL APPLICATION & BOOKING FORM

Due back via email 1st October 2013- courtney@oxygenallstars.com

Athletes Name	
Age Turning in by Dec. 2014	
Date of Birth	
Desired Level	2 3 4 5 Please circle
Experience	

Medical conditions listed if any?

Parents Emergency Contact-

Please Pay \$10 Cash on the Try Out Day.