Online Registration provided by SPORTSSIGNUP www.SportsSignup.com

OFFICIAL REGISTRATION FORM

FREIHOFER'S KIDS' RUN • SATURDAY, JUNE 4, 2016 • Washington Ave., Albany, NY

Don't forget, you must be signed up and present 20 minutes before the start of your age group run.

NAME *First* *Last*

MAILING ADDRESS

CITY, STATE, ZIP

PHONE (HOME) ( ) – AGE ON 6/4/16 Email: _____

YES! I will be entering the Freihofer's Kids' Run.
Please register me in the following age group run:

NOON START
- ☐ 4 & Under • 50m
- ☐ 4-6 years • 100m

NOON START
- ☐ 4-8 years • 200m
- ☐ 4-10 years • 400m

11 A.M. START
- ☐ 9-11 years • 1 mile

In consideration of the acceptance of my entry, I, on behalf of myself, my heirs, executors. administrators and assignees, hereby release myself and discharge: the Charles Freihofer Baking Company, Inc., the Office of General Services, State of New York, Albany County, the City of Albany, the Adirondack Association of USA Track & Field and all other sponsors or beneficiaries and their representatives, successors and assignees from any and all claims of damages and causes of action arising from or out of my participation in the Freihofer's Kid's Run. I attest that I am physically fit and that my condition has been verified by a physician. I am aware that the medical support for this event will be volunteer medical personnel who will be prepared to administer first aid only. I hereby grant permission to the Charles Freihofer Co., Inc. and any other sponsors of this event to use all information submitted in this application, and any record of this race containing my likeness, as well as race results including my name and competition time, for any purpose whatsoever, including, but not limited to, pre-race publicity. I hereby certify that I have read all the items and conditions of this release and intend to be legally bound thereby.

SIGNATURE DATE

SIGNATURE OF GUARDIAN

INCOMPLETE OR UNSIGNED ENTRIES CANNOT BE ACCEPTED.

Mail to: USATF Adirondack, P.O. Box 1200, Troy NY 12181