

# Royal College of Psychiatrists



## Trainees, New Consultants, Nurses and other Allied Health Professionals (TNC-NAHP)

### 16<sup>th</sup> Annual Meeting

### *Bridging the Gap*

23-24 November 2017

**Wellcome Genome Campus, Hinxton, Cambridge CB10 1RQ**



Early bird rates available

Discounted places are available for trainees and non-medical staff

### Booking

Please book in advance using the form below. Due to the venue being part of a science park, all delegates will have to give their name to the security office staff when they arrive and we need to let the staff know the names of the delegates 2 days in advance, so **all bookings need to be made before 21<sup>st</sup> November 2017.**

### Abstract submissions

We welcome submissions for poster presentations. Abstracts should be submitted in advance by Monday 9<sup>th</sup> October 2017. Candidates will be informed if their poster has been accepted by Monday 23<sup>rd</sup> October 2017.

- Please email your abstract as a word document to: [elenabaker-glenn@nhs.net](mailto:elenabaker-glenn@nhs.net) with the subject reference 'your name – TNC-NAHP 2017.
- Abstracts should be a maximum of 400 words and should clearly state the aims, methods and results of the study. Do not include any bibliographic references, graphs, tables or appendices.

- Include the following information in your email message: name of main presenting author, e-mail address, name of author's work organisation.
- There will be a prize awarded for the best poster on Friday 24<sup>th</sup> November 2017.

We are unable to offer free places to those presenting posters. In order to present your poster, you will have to register to attend at least one day of the conference.

### **Accommodation**

Please note that the accommodation is on site at the venue. Accommodation should be booked directly with the venue – it is advisable to book early as they are only able to hold the rooms until 21st July 2017. Some room availability may be available after that, but it cannot be guaranteed as other events will be held on the campus who also use the accommodation.

Rooms are currently £89.40 including VAT per night for single occupancy and breakfast is included. Rooms are currently held for both 22<sup>nd</sup> November and 23<sup>rd</sup> November 2017.

**To book accommodation, please email: [Conference.reception@wellcomegenomecampus.org](mailto:Conference.reception@wellcomegenomecampus.org) or call 01224 495123 and state that it is one of the reserved rooms.**

Other nearby accommodation can also get booked up quickly.

- Holiday Inn, Duxford:  
[https://www.ihg.com/holidayinnexpress/hotels/gb/en/cambridge/cbgdk/hoteldetail?cm\\_mmc=GoogleMaps-\\_-EX-\\_-GBR-\\_-CBGDK](https://www.ihg.com/holidayinnexpress/hotels/gb/en/cambridge/cbgdk/hoteldetail?cm_mmc=GoogleMaps-_-EX-_-GBR-_-CBGDK)
- The Crown House Hotel: <http://www.crownhousehotel.com/>
- Duxford Lodge Hotel: <http://www.duxfordlodgehotel.co.uk/>
- The Red Lion Hotel <http://www.redlionwhittlesfordbridge.com/>

### **Dinner**

There will be a conference dinner at the venue. There will be a bar there and, if there are enough people staying for the conference, a bar can also be opened up in the accommodation area. The cost of the meal is £40 and can be paid at the time of booking.

### **Transport and parking**

There is a large car park on site. There are 180 car parking spaces available to conference delegates.

The venue is only a short distance from Cambridge and has ready access to the M11. The venue is 20 minutes drive from Stanstead airport and 5 minutes drive from both Great Chesterford and Whittlesford Park train stations (approx. 1 hour – 1 hour 15 mins train journey from London Liverpool Street).

For more information please see:

<https://conferencecentre.wellcomegenomecampus.org/contact/getting-here/>

### Booking form

| I wish to reserve the following (please indicate)  | Full Conference*   | Thursday only         | Friday only   | Conference Dinner |
|--|--|-----------------------|---|-------------------|
| Standard Rate (early bird discount before 1/10/17)   | £200 (£190 early bird)   | £100 (£95 early bird) | £100 (£95 early bird)   | £40               |
| 10% Discount for psychiatric trainees  | £180   | £90                   | £90   | £40               |
| 20% Discount for nurses, allied health professionals & students  | £160   | £80                   | £80   | £40               |
| <b>***FREE PLACES FOR STUDENTS***</b>  | There are a limited number of free places available for students in any healthcare discipline (e.g. medicine, nursing, psychology). Please contact Dr Elena Baker-Glenn (Trainees and New Consultant Committee Chair) for details:<br><a href="mailto:elenabaker-glenn@nhs.net">elenabaker-glenn@nhs.net</a><br>Please note there may need to be competitive applications for the free places. |                       |   |                   |
| <b>Name</b>  |  |                       |   |                   |
| <b>Discipline (e.g. doctor/nurse etc)</b>  |  |                       |   |                   |
| <b>Full Title (e.g. Consultant/ST6/Band 6) [please state if trainee/student]</b>   |  |                       |   |                   |
| <b>Team &amp; Hospital [University if student]</b>   |  |                       |   |                   |
| <b>Correspondence address:</b>   |  |                       | <b>Contact No:</b>  |                   |
| <b>Special Requirements:</b><br>e.g. Vegetarian food   |  |                       |   |                   |
| <input type="checkbox"/> I enclose a cheque payable to "Trainees and New Consultants Group of Liaison Psychiatry"  |  |                       | A cheque is enclosed to the amount of:<br>£ _____   |                   |
| <input type="checkbox"/> I confirm that have made a bank transfer to <b>NatWest SC: 52-21-63 Acc No. 29025443</b> and referenced the transfer using the following format: <b>TNC (initial and surname)</b>   |  |                       | I transferred:<br>£ _____   |                   |
| Signature _____  |  |                       | Date _____  |                   |
| <b>Please send completed forms by post (if sending cheque) or email (if doing bank transfer) to:</b><br>Dr Marc Mandell<br>RAID Team<br>Shrodells Unit<br>Watford General Hospital<br>Vicarage Road<br>Watford<br>WD18 0HB<br>Email <a href="mailto:Marc.Mandell@hpft.nhs.uk">Marc.Mandell@hpft.nhs.uk</a> |  |                       | <ul style="list-style-type: none"> <li>Full refund is available in the event of cancellation more than 4 weeks before the conference.</li> <li>50% refund is available in the event of cancellation up to 2 weeks before the conference.</li> <li>There is no refund if the place is cancelled up to 2 weeks before the conference</li> <li>BOOK EARLY to avoid disappointment! All bookings need to be received by 21<sup>st</sup> November 2017</li> <li>Sorry we are unable to accept card payments</li> </ul> |                   |

\*Accommodation should be booked directly with the venue and booking as soon as possible is strongly recommended

## Conference Programme

| <b>Thursday 23<sup>rd</sup> November 2017</b> |   |
|---|---|
| 9am   | Registration and coffee   |
| 10am  | <b>Welcome</b><br>Dr Elena Baker–Glenn  |
| 10:05am                                       | Chair: Dr Myles Doyle<br><b>Addictions and liaison psychiatry</b>   |
| 10:35am                                       | Dr Jonathan Wood<br><b>Persistent physical symptoms</b>   |
| 11:05am                                       | Dr Nikki Scheiner<br><b>Hypnotherapy and liaison psychiatry</b>   |
| 11:35am                                       | Dr Hani Ghanem<br><b>Questions</b>  |
| 11:45am                                       | Coffee  |
| 12pm  | Chair: Dr Abhijeeth Shetty<br><b>Organic psychiatry of cancer and cancer treatments</b>   |
| 12:30pm                                       | Dr Andrew Hodgkiss<br><b>End of Life</b>  |
| 1pm   | Dr Annabel Price<br><b>Questions</b>  |
| 1:15pm  | Lunch   |
| 2pm   | Chair: Dr Marc Mandell<br><b>Epilepsy for the liaison psychiatrist</b>  |
| 2:35pm  | Marc Manford<br><b>Psychodermatology (TBC)</b>  |
| 3:10pm  | Dr Anthony Bewley<br><b>Genetics of psychiatric illness</b>   |
| 3:45pm  | Dr Anna Need  |
| 3:45pm  | Coffee  |
| 4:00pm  | Chair: Dr Elena Baker-Glenn<br><b>Music therapy</b>   |
| 5:00pm  | Professor Helen Odell-Miller OBE<br><b>Treating sexual dysfunction in women with mindfulness/ hypnosis and for complex presentations EMDR</b> |
| 5:20pm  | Kate Chatres<br><b>Role of other AHP in liaison psychiatry</b>  |
| 5:40pm  | Carmel Ruane<br><b>New consultant</b>   |
|   | Ruaidhri McCormack  |
| 6pm   | Business meeting and elections  |
| 6:30pm  | Close   |
| 7pm   | Dinner  |

| <b>Friday 24<sup>th</sup> November 2017</b> |   |
|---|---|
| 8:30am                                      | Registration  |
| 9am   | Chair: Dr Abhijeeth Shetty<br><b>Clinical leadership and management in liaison psychiatry</b><br>Dr Cathy Walsh                             |
| 9:30am                                      | <b>National updates and policy in liaison psychiatry</b><br>Dr Tim Kendall  |
| 10:00am                                     | <b>Eating disorders and MARSIPAN for liaison psychiatry</b><br>Professor John Morgan and Dr Rhys Jones                                      |
| 11:00am                                     | Coffee  |
| 11:15am                                     | Chair: Dr Elena Baker-Glenn<br><b>Suicide prevention for liaison psychiatrists</b><br>Professor Louis Appleby                               |
| 12noon                                      | <b>Suicide Prevention through - The Art and Science Behind True Health &amp; Happiness</b><br>Robert Stringer, Lotte Stringer, Paul Malekos |
| 1pm   | Lunch   |
| 1:45pm                                      | Chair: Dr Marc Mandell<br><b>Inquests</b><br>Dr Rob Poole   |
| 2:30pm                                      | <b>Psychiatric consequences of hyperemesis</b><br>Dr Caitlin Dean   |
| 3:05pm                                      | Coffee  |
| 3:20pm                                      | Chair: Dr Myles Doyle<br><b>Neuropsychiatric symptoms of Huntington's disease</b><br>Dr George El-Nimr                                      |
| 3:55pm                                      | <b>Brain injury in the Acute Trust: the role of the liaison psychiatrist</b><br>Dr Rafey Faruqui  |
| 4:30pm                                      | <b>Poster prize winner and close</b>  |