<u>COUNTY CROSS-COUNTRY CHAMPIONSHIPS</u> <u>SATURDAY 3RD JANUARY 2015</u>

AT

LAKERS SCHOOL, BERRY HILL, COLEFORD, GL16 7JT (BY KIND PERMISSION OF FOREST OF DEAN ATHLETIC CLUB) Held Under UKA Rules

The 2015 Gloucestershire AAA County Cross-Country Championships will be held at Lakers School, Berry Hill, Coleford in the Forest of Dean on Saturday, 3rd January 2015. Car parking at Lakers School and the nearby Leisure Centre. Registration, entries on the day and prize giving at the school in the Blue Gym. Changing and showers at the Leisure Centre (£1.00 charge for use of showers and changing facilities). Toilets at the gym and the leisure centre. See the county website www.glosaaa.org.uk for full details, directions and course map.

ENTRY FEES: £3.00 (for Senior and Veteran Men and Senior and Veteran Ladies) £2.00 (for all other age categories) SEND ENTRIES TO: Mick Morris, 20 Chelmsford Avenue, Warden Hill, Cheltenham, Glos. GL51 3DN. (Tel: 01242 - 260798). CHEQUES SHOULD BE MADE PAYABLE TO "GLOUCESTERSHIRE AAA". PLEASE ENCLOSE A SAE FOR RETURN OF NUMBER AND TIMETABLE. TIMETABLE: Under 11 Girls 12.00 am 2.00 kmUnder 11 Boys 12.15 pm 2.00 kmUnder 13 Girls 12.30 pm 2.95 km Under 13 Boys 13.00 pm 2.95 km Under 15 Girls/U17 Ladies 13.30 pm 4.47 km Under 15 Boys/U17 Men 13.55 pm 4.47 km Junior/Senior/Vet Ladies 14.20 pm 5.90 km Junior/Senior/Vet Men 15.15 pm 8.85 km

ENTRY FORM

GLOUCESTERSHIRE COUNTY CROSS-COUNTRY CHAMPIONSHIPS SATURDAY 3rd JANUARY 2015

FULL NAME:	
ADDRESS:	
TEL NO:	EMAIL ADDRESS:
CLUB:	(Optional - for inter-counties notification) MALE/FE15MALE (delete as appropriate)
DATE OF BIRTH:	AGE CATEGORY ENTERED:
PLACE OF BIRTH:	(AGES AS AT 31 AUG 14 except for Veterans - age on the day of the championships) GLOUCESTERSHIRE/NOT-GLOUCESTERSHIRE (DELETE AS APPROPRIATE) (INFORMATION REQUIRED FOR INTER-COUNTIES ENTRY FORM)

FOR ALL AGE GROUPS EXCEPT UNDER 11: IF SELECTED, DO YOU WISH TO COMPETE FOR GLOUCESTERSHIRE IN THE 2015 INTER-COUNTIES CROSS-COUNTRY CHAMPIONSHIPS - at Cofton Park, Birmingham on Saturday 7th March 2015 - (NOTE: THIS IS ALSO THE FINAL RACE IN THE UK CHALLENGE SERIES. IF YOU ARE NOT ENTERED BY THE COUNTY YOU WILL NOT BE ABLE TO RUN IN CHALLENGE SERIES RACE.)

YES/NO (delete as appropriate)

To be eligible to compete in the county championships or the Inter-counties championships athletes must either have been born in Gloucestershire, resident in Gloucestershire for 9 months or more, or have served in Gloucestershire in HM Forces for 9 months or more. Above information required for completion of inter-countries entry forms and for contact of athletes and for no other purpose. These forms are destroyed after use for that purpose.