

Living Draft

# 4-H FLING & EXPO HANDBOOK



# Overview

## **Description of the event**

The 4-H fling and Expo is a field day intended to provide a variety of fun and positive educational experiences. 4-H members can exhibit projects, practice judging skills, learn about science, technology, crafts, home arts, and more.

4-H members of all ages can enter items to be judged/displayed or simply attend and participate in the many interactive stations.

This event is intended to provide exposure to the many project options 4-H offers and give youth the chance to explore a range of sample activities. It is also intended to provide leadership opportunities for teen and junior leaders who may design, chair, or supervise specific stations/ activities or serve as judges.

**Entry categories and activities are subject to change each year to ensure the event's appeal to returning participants.**

**Note: All SEWN/NEEDLEWORK, All GARMENTS, Photography, Resume & Cover letter** must be delivered to the 4-H office by the specified date for judging (see entry form) prior to the event date.

**All other items** must be checked in at the **site of the event during the registration period.**

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**\*Some of the categories are not offered each year. Consult the current year entry form for specific options.**



# 4-H Fling & Expo

A Lake County Field Day

March 23, 2013 Presbyterian Church, Kelseyville

Open To All Lake County 4-H Members



**All entry forms due to the 4-H office March 15, 2013**

Sewn/Needlework/resume/photography projects are due for prejudging to the 4-H Office by: **March 19, 2013**

**before 5 pm**

**All other items bring to the event between 8:30-9:00 (CHECK IN)**

Name: \_\_\_\_\_ Club: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

## Complete entry form below.

(see attached sheet for category descriptions)

**Categories :** (for more details see category descriptions)

**Cloverbuds age 5-8 (non-competitive) ♦ Juniors age 9-10 ♦ Intermediates age 11-13 ♦ Seniors age 14-19**

### YOUTH Fashions: Sewn/needlework

- Sewn item: (ID which)
  - Traditional Garment
  - Accessory
  - Remade garment
  - Quilt or Quilted item (must be stitched)
- Needle Arts (knitted/woven, etc)
- Outfit on a Budget
- Decorated Duds
- Home Arts (stitched, knitted, crafted)

### YOUTH Foods/HomeArts

- Decorated cake (people's choice)
- My Plate 4-H Challenge 2013
- Creative snack Contest
- Themed place setting
- Fruit smoothie blend off

### OTHER

- Photography: 4 seasons, story board
- Interview Contest (pre-entry please)
- Resume & cover letter contest
- Educational display-not judged (describe)

### YOUTH Fun (open for all members, no need to pre-register)

- People's choice voting
- Test your taste and smell skills
- Play with electric currents
- make a crafts
- Win door prizes
- and MORE!!

Entry Category	Description:	itemized cost total

# Category Descriptions

Cloverbuds age 5-8 (non-competitive) ♦ Juniors age 9-10 ♦ Intermediates age 11-13 ♦ Seniors age 14-19

**Sewn– Traditional (list expenses):** Item(s) sewn by the 4-H member with itemized expense list.

Categories:

1. Garment – something sewn using a pattern (skirt, PJ's, apron, etc)
2. Accessories - non-garment item, sewn from scratch: bag, hat, gloves, backpack, etc...
3. **Quilting:** any item that incorporates quilting techniques. (stitched)

**Needle Arts (list expenses)** knit, crochet or weave a garment or accessory. Include itemized expense list.

Categories:

1. Garment – a poncho, skirt, shirt, dress, coat etc....
2. Accessories - scarf, hat, belt, gloves, blanket, etc...



**Outfit on a Budget (include all receipts)**

- Members create a complete outfit for \$35 or less purchased at a secondhand store. The outfit is something you would actually wear to a special event or outing./set up as a display
- The focus is on how complete the outfit is and wise consumer purchasing.

**Decorated Duds (list expenses)**

- Decorate a garment(s) using arts and crafts techniques, embellish to taste.
- This category focuses on creative techniques and workmanship.



**Home Arts** An item sewn or crafted for use in or around the home.

Categories:

1. New – using a pattern or knitted/sewn from scratch: blankets, quilts, pillows, pillowcases, tablecloths, placemats, table runner, tool bag, etc.
2. Re-designed – creating something from old garments or material: flowerpot, vase, home or holiday decoration, etc....

**Photography:** 5x7 mounted or matted. Must be titled. (limit 3 entries total) Categories: The four seasons (one photo each representing spring, summer, winter, fall) .StoryBoard---3-5 photos mounted on mat or card stock that visually convey a story

**Resume & Cover Letter Contest:** Create a formal resume based on your real life skills and achievements. Write a cover letter requesting an interview for a job position. See the CA 4-H Interview Contest Manual for more details (<http://www.ca4h.org/files/51307.pdf>). Please submit to 4-H office March 16<sup>th</sup> for advance judging. (no interview)

**Interview Contest:** Includes resume & and cover letter as well as an interview with the judges. See manual and link above for more information. Pre-entry recommended. Bring cover letter and resume. Dress in 4-H whites or business attire. Questions can be emailed to Joanna at [lqcandle@yahoo.com](mailto:lqcandle@yahoo.com)

Here are the model jobs you can apply for:

Jr. Div	Intermediate Div	Senior Div
Dog Walker	Stand attendant	Server
Leaf Remover	Lost and Found Assistant	Elderly Companion
Petting Zoo Helper	Recycling Assistant	Design Member

**All SEWN/NEEDLEWORK, All GARMENTS, Resume & Cover letter & photography** must be delivered to the 4-H office by 5pm Tues. March 19<sup>th</sup> for judging.

**All other items** must be checked in at the **Presbyterian Church, 8:30-9 am. Sat. 3/23/13.**

## Fun Activities and Judging Contests

Cloverbuds age 5-8 (non-competitive) ♦ Juniors age 9-10 ♦ Intermediates age 11-13 ♦ Seniors age 14-19

**Decorated Cake Competition:** The cake and everything on it has to be edible. **Cakes with non-edible decorations or foreign objects will be for display only.** Please create a title for your cake. Example: “St. Patrick cake.” Put the name of your cake on the plate for all to see. (People’s Choice—Top 3 Winners)

### Creative Muffin Contest (Danish System)

Muffins will be judged much as they will be for a fair entry, except our emphasis will include high nutritive value. Recipes should include ingredients representing the 4 food groups. See the example below:

- meat group: eggs, nuts or seeds
- breads & cereals group: oatmeal or flour
- fruits & vegetables group: raisins, apples, carrots, etc
- milk group: milk, fluid or dry (butter is fat/oil, not a milk item)

Muffins will be judged on how they look both outside and inside on things such as colors, uniformity of size, texture and moisture as expected for product, as well as how they taste.

Bring 6 muffins on a paper plate (enclose in clear plastic zip bag) for judging and sampling. Write your name, age, and 4-H club on the bottom side of the plate. Bring 2 copies of your recipe on file cards (3x5 or 4x6). Your muffins will be displayed in a special area. This event does not require you to talk to the judges.

**Smoothie Blend off**---bring your blender and ingredients (2 batches) and compete for the best fruit smoothie. Judged and People’s choice.

**Sailboat design/Race Challenge:** Using the materials provided, craft a boat powered by wind that can travel 4 feet. Enter solo or with a partner. (no advance entry required)

**Themed place setting:** Pick a specific theme (birthday, holiday, western, storybook, insects, etc.) Creativity; homemade touches are encouraged! (Danish System—Judged and people choice)

1. Pre-registration for the contest is required.
2. Table settings are to be constructed and displayed on the day of the event.
3. You will have up to 30 minutes to set up your display. Only exhibitors will be allowed in contest area.
4. One place setting is to be displayed, including a table covering, dinnerware, glassware, flatware, centerpiece all arranged according to table setting guidelines and appropriate to theme/occasion.
5. Centerpieces or decorative accessories are acceptable if appropriate. Each contestant will have 20 x 25 inches to work within. Practice at home to be sure you don’t exceed your space.
6. Follow guidelines in Fling handbook---using proper layout and utensils.
7. **Have fun with this!** The idea is that it is fun to make a table artful and pleasant and that having meals at the table is a great way to spend time with family and friends.

**Educational Display** EDUCATIONAL POSTERS –Not judged (People’s choice)

1. Home Economics
2. Agriculture
3. Going Green (recycling, conservation etc.)
4. Promoting 4-H
5. Any other (describe)

**Fun Activities & Skills Events (drop in activities for everyone; no need to pre-register)**

Learn to judge: evaluate the best cookie. Taste and score baked good/smoothies.  
Learn to use a sewing machine . Make a wind powered boat or a cool pencil craft  
Vote for people’s choice awards---decorated cake contest, place setting and educational display contest ...  
Take the OJ taste test. Make and sample unique fingerfood

**Win prizes!**

**\*Creative Snack:** Creative snack will be judged much like a fair entry food item, except our emphasis will include high nutritive value.

Snacks will be judged on how they look both outside and inside on things such as creativity, colors, uniformity of size, texture, as expected for product, as well as how they taste.

Bring 4 of the “snacks” on a paper plate (enclose in clear plastic zip bag) for judging and sampling. Write your name, age, and 4-H club on the bottom side of the plate. Bring 2 copies of your recipe on file cards (3x5 or 4x6). Your snack will be displayed in a special area.- This event does not require you to talk to the judges.

(used to replace muffins when rotating entry categories)

PEOPLE'S CHOICE

**Themed Place Setting**

w/food Entry ID \_\_\_\_\_

without food Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Themed Place Setting**

w/food Entry ID \_\_\_\_\_

without food Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Themed Place Setting**

w/food Entry ID \_\_\_\_\_

without food Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Themed Place Setting**

w/food Entry ID \_\_\_\_\_

without food Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Themed Place Setting**

w/food Entry ID \_\_\_\_\_

without food Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Themed Place Setting**

w/food Entry ID \_\_\_\_\_

without food Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Themed Place Setting**

w/food Entry ID \_\_\_\_\_

without food Entry ID \_\_\_\_\_



PEOPLE'S CHOICE

**Photography**      Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Decorated Cake**      Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Photography**      Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Decorated Cake**      Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Photography**      Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Decorated Cake**      Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Photography**      Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Decorated Cake**      Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Photography**      Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Decorated Cake**      Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Photography**      Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Decorated Cake**      Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Photography**      Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Decorated Cake**      Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Smoothie** Contestant ID \_\_\_\_\_

PEOPLE'S CHOICE

**Educational Display** Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Smoothie** Contestant ID \_\_\_\_\_

PEOPLE'S CHOICE

**Educational Display** Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

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PEOPLE'S CHOICE

**Educational Display** Entry ID \_\_\_\_\_

PEOPLE'S CHOICE

**Smoothie** Contestant ID \_\_\_\_\_

PEOPLE'S CHOICE

**Educational Display** Entry ID \_\_\_\_\_

# Sewn Item - Traditional or Remade Garment

**Circle Category:**    traditional garment       remade garment

Age \_\_\_\_\_ Years in Sewing \_\_\_\_\_ Item \_\_\_\_\_

Item Construction & Appearance	Excellent 4	Good 3	Fair 2	Needs Improvement 1
• Difficulty of fabric; Fabric appropriate for project				
• Hemline even and straight				
• Straight even/consistent stitches, and finished seams				
• Gathering, Zippers, buttonholes, Set in sleeves, set in bands				
• Care (laundered, clean, pressed)				
• Originality/Creativity				
• Overall Impression				
• Level of difficulty				
<b>BONUS POINTS</b>	1-2 possible			
• Submitted - pattern, material sample, and receipts/costs				

**Total Points Overall: 32**                    \_\_\_\_\_                    \_\_\_\_\_                    \_\_\_\_\_                    \_\_\_\_\_ **Total** \_\_\_\_\_

COMMENTS:

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\_\_\_\_\_  
Judge Signature

<b>Score Key</b>	
<b>Medal</b>	<b>32-30</b>
<b>Blue</b>	<b>29-24</b>
<b>Red</b>	<b>23-8</b>

Entry ID \_\_\_\_\_ Name \_\_\_\_\_ Club \_\_\_\_\_

# Sewn Item - Traditional or Remade Garment

## CLOVERBUD

**Circle Category:**    traditional garment       remade garment

Age \_\_\_\_\_ Years in Sewing \_\_\_\_\_ Item \_\_\_\_\_

Item Construction & Appearance	COMMENTS
<ul style="list-style-type: none"> <li>• Difficulty of fabric; Fabric appropriate for project</li> </ul>	
<ul style="list-style-type: none"> <li>• Hemline even and straight</li> </ul>	
<ul style="list-style-type: none"> <li>• Straight even/consistent stitches, and finished seams</li> </ul>	
<ul style="list-style-type: none"> <li>• Gathering, Zippers, buttonholes, Set in sleeves, set in bands</li> </ul>	
<ul style="list-style-type: none"> <li>• Care (laundered, clean, pressed)</li> </ul>	
<ul style="list-style-type: none"> <li>• Originality/Creativity</li> </ul>	
<ul style="list-style-type: none"> <li>• Overall Impression</li> </ul>	
<ul style="list-style-type: none"> <li>• Level of difficulty</li> </ul>	

\_\_\_\_\_  
Judge Signature

Entry ID \_\_\_\_\_ Name \_\_\_\_\_ Club \_\_\_\_\_

# Photography & Storyboard

Name \_\_\_\_\_

age \_\_\_\_\_

	Excellent 5	Good 3	Could improve 2
<b>IMPACT</b> Impact is the sense one gets upon viewing an image for the first time. Compelling images evoke laughter, sadness, anger, pride, wonder or another intense emotion.			
<b>CREATIVITY</b> Creativity is original, fresh, imaginative use of photography to convey an idea, a thought, or tell a story..			
<b>COMPOSITION/PERSPECTIVE</b> Composition is design of an image, bringing all of the visual elements together in concert. Balance: uses rule of thirds. Perspective enhances the image. No unnecessary details or distractions.			
<b>LIGHTING</b> Lighting - the use and control of light Whether the light applied to an image is manmade or natural, proper use of it should enhance an image. Proper exposure.			
<b>PRINT QUALITY</b> Appropriate part of image in sharp focus. Steady camera, sharp image. Clean print (no smudges/fingerprints).			
<b>SUBJECT MATTER</b> Subject Matter should always be interesting and engaging			
<b>COLOR BALANCE/CONTRAST</b> Color Balance supplies harmony to an image when the tones work together, effectively supporting the image and enhancing its emotional appeal. Color balance is not always harmonious and can be used for powerful discordant effect.			
<b>PRINT PRESENTATION</b> Print Presentation gives the photo a finished look. The mats and borders used should support and enhance the image, not distract from it. Clean, neatly mounted.			
Total score			

**Blue 34-40 points    Red 26-33 points    White: 16-25**

Judge's additional Comments:

Judge's Signature \_\_\_\_\_

# Photography & Storyboard Cloverbud

Name \_\_\_\_\_

age \_\_\_\_\_

	COMMENTS
<p><b>IMPACT</b> Impact is the sense one gets upon viewing an image for the first time. Compelling images evoke laughter, sadness, anger, pride, wonder or another intense emotion.</p>	
<p><b>CREATIVITY</b> Creativity is original, fresh, imaginative use of photography to convey an idea, a thought, or tell a story.</p>	
<p><b>COMPOSITION/PERSPECTIVE</b> Composition is design of an image, bringing all of the visual elements together in concert. Balance: uses rule of thirds. Perspective enhances the image. No unnecessary details or distractions.</p>	
<p><b>LIGHTING</b> Lighting - the use and control of light. Whether the light applied to an image is manmade or natural, proper use of it should enhance an image. Proper exposure.</p>	
<p><b>PRINT QUALITY</b> Appropriate part of image in sharp focus. Steady camera, sharp image. Clean print (no smudges/fingerprints).</p>	
<p><b>SUBJECT MATTER</b> Subject Matter should always be interesting and engaging.</p>	
<p><b>COLOR BALANCE/CONTRAST</b> Color Balance supplies harmony to an image when the tones work together, effectively supporting the image and enhancing its emotional appeal. Color balance is not always harmonious and can be used for powerful discordant effect.</p>	
<p><b>PRINT PRESENTATION</b> Print Presentation provides the photo with a finished look. The mats and borders used should support and enhance the image, not distract from it. Clean, neatly mounted.</p>	

Evaluator's Signature \_\_\_\_\_

# Creative Muffin Contest

**Age Categories: Cloverbuds age 5-8 (non-competitive) ♦ Juniors age 9-10**

**♦ Intermediates age 11-13 ♦ Seniors age 14-19**

Muffins will be judged much as they will be for a fair entry, except our emphasis will include high nutritive value.

Recipes should include ingredients representing the 4 food groups. See the example below:

- meat group: eggs, nuts or seeds
- breads & cereals group: oatmeal or flour
- fruits & vegetables group: raisins or carrots
- milk group: milk, fluid or dry (butter is fat/oil, not a milk item)

Muffins will be judged on how they look both outside and inside on things such as colors, uniformity of size, texture and moisture as expected for product, as well as how they taste.

Bring 6 muffins on a paper plate (enclose in plastic bag) for judging and sampling. Put your name, age, and 4-H club underneath the plate. Bring 2 copies of your recipe on file cards (3x5 or 4x6). Your muffins will be displayed in a special area.

## 4-H Creative Muffin Contest Score Sheet

**Muffin Variety** \_\_\_\_\_

Evaluation Criteria	Excellent 4	Good 3	Fair 2	Needs Improvement 1
<b>I. How it Looks</b>				
<u>Outside:</u> • uniform shape, size and thickness, crisp/tender crust				
proper handling/baking, even color				
<u>Inside:</u> even color, moist (not dry or soggy)				
tender crumb				
<b>II. Food Value</b>				
Ingredients include foods from four food groups				
<b>III. How it tastes</b>				
Pleasing taste and aroma.				
Soft, tender, moist, (depending on variety)				
<b>IV. Following directions</b>				
6 muffins provided, on paper plate, enclosed in plastic 2 copies of recipe included				

**Total Points Overall : 32**

\_\_\_\_\_ **Total** \_\_\_\_\_

Comments:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Score Key	
Blue	30-32
Red	26-29
White	20-26

Entry ID \_\_\_\_\_ Name \_\_\_\_\_ Club \_\_\_\_\_

Judge's Signature \_\_\_\_\_

# Creative Muffin Cloverbud

Muffins will be evaluated much as they will be for a fair entry, except our emphasis will include high nutritive value.

Recipes should include ingredients representing the 4 food groups. See the example below:

- meat group: eggs, nuts or seeds
- breads & cereals group: oatmeal or flour
- fruits & vegetables group: raisins or carrots
- milk group: milk, fluid or dry (butter is fat/oil, not a milk item)

Muffins will be evaluated on how they look both outside and inside on things such as colors, uniformity of size, texture and moisture as expected for product, as well as how they taste.

Bring 6 muffins on a paper plate (enclose in plastic bag) for evaluation and sampling. Put your name, age, and 4-H club underneath the plate. Bring 2 copies of your recipe on file cards (3x5 or 4x6). Your muffins will be displayed in a special area.

**Muffin Variety** \_\_\_\_\_

Evaluation Criteria	Comments
<b>I. How it Looks</b> <u>Outside:</u> • uniform shape, size and thickness, crisp/tender crust proper handling/baking, even color	
<u>Inside:</u> even color, moist (not dry or soggy) tender crumb	
<b>II. Food Value</b> Ingredients include foods from four food groups	
<b>III. How it tastes</b> Pleasing taste and aroma. Soft, tender, moist, (depending on variety)	
<b>IV. Following directions</b> 6 muffins provided, on paper plate, enclosed in plastic 2 copies of recipe included	

Entry ID \_\_\_\_\_ Name \_\_\_\_\_ Club \_\_\_\_\_

Evaluator's Signature \_\_\_\_\_



## 4-H MyPlate Challenge at 4-H fling and 2013 State Field Day

We invite you to submit a photograph illustrating how you're creating healthy meals using MyPlate as a guide.. More details about this contest can be found at:

[http://www.ca4h.org/Programs/Events/SFD/4-H\\_MyPlate\\_Challenge/](http://www.ca4h.org/Programs/Events/SFD/4-H_MyPlate_Challenge/)



In 2011 the U.S. Department of Agriculture (USDA) unveiled the federal government's new food icon, MyPlate, to serve as a reminder to help consumers make healthier food choices. We invite you to submit a photograph illustrating how you're creating healthy meals using MyPlate as a guide.

### Here's how to participate:

1. Create a meal (breakfast, lunch or dinner) that shows how you can build a healthy plate using the USDA's MyPlate recommendations.
  2. Take a high-quality color photo of your plate (8x10)
  3. Write a maximum one-page description about your plate.
  4. Submit your photo and one-page description at the 4-h Fling (and/or 2012 State 4-H Field Day.)
- **Photo & description** must be hand-delivered to 4-H fling 2013 prior to 9 am.
  - Participants may only submit one entry.

#### Divisions:

- Division I: Junior (age 9-11)
- Division II: Intermediate (age 12-14)
- Division III: Senior (ages 15-19)

Photographs & description must be the work of the 4-H member entering the contest.

Judging Criteria/rubrics: (see following pages)



**Judging Criteria  
Division I: Junior (age 9-11)**

<b>Gold seal entries will...</b>	<b>Blue seal entries will...</b>	<b>Red seal entries will...</b>	<b>Green seal entries will...</b>
Include a photo that depicts MyPlate food group proportions accurately.	Include a photo that depicts MyPlate food group proportions somewhat accurately.	Include a photo that inaccurately depicts MyPlate food group proportions.	Include a photo that makes no attempt to depict MyPlate food group proportions.
Include a typed description with few spelling and grammar errors.	Include a legible handwritten or typed description with some spelling and grammar errors.	Include a legible handwritten or typed description with many spelling and grammar errors.	Include an illegible handwritten description.
Provide a detailed ingredient list, including exact measurements AND preparation notes.	Provide a detailed ingredient list, including exact measurements OR preparation notes.	Provide a detailed ingredient list.	Provide an ingredient list.
Feature a meal that was mostly prepared at home.	Feature a meal that was mostly prepared purchased "ready-to-eat" from a grocery store.	Feature a meal with few items purchased at a fast food chain or restaurant.	Feature a meal purchased at a fast food chain or restaurant.
Include a clear, high-resolution, and creative photo.	Include a clear, high-resolution photo.	Include a lower resolution photo.	Show little or no effort to create a high quality photo.
Feature a meal that is both attractive and appetizing.	Feature a meal that is somewhat attractive and appetizing.	Show some effort in featuring a meal that is attractive and appetizing.	Show no effort in featuring a meal that is attractive and appetizing.
Include intermediate nutrition information, such as food groups and nutritional benefits.	Include intermediate nutrition information, nutritional benefits.	Include basic nutrition information, such as food groups.	Include little or inaccurate nutrition information.

If basic entry requirements are not met, participants will automatically receive a green seal. Entries will be judged using the division-appropriate standards for each level of performance (gold, blue, red, green). An entry may include qualities from each level of performance and will be judged accordingly.



**Judging Criteria  
Division II: Intermediate (age 12-14)**

<b>Gold seal entries will...</b>	<b>Blue seal entries will...</b>	<b>Red seal entries will...</b>	<b>Green seal entries will...</b>
Include a photo that depicts MyPlate food group proportions accurately.	Include a photo that depicts MyPlate food group proportions somewhat accurately.	Include a photo that inaccurately depicts MyPlate food group proportions.	Include a photo that makes no attempt to depict MyPlate food group proportions.
Include a well-organized typed description with no spelling or grammatical errors.	Include a well-organized typed description with few spelling or grammatical errors.	Include a typed description with few spelling or grammatical errors.	Include a typed description.
Provide a detailed ingredient list, including exact measurements AND preparation notes.	Provide a detailed ingredient list, including exact measurements OR preparation notes.	Provide a detailed ingredient list.	Provide an ingredient list.
Feature a meal prepared at home, with limited processed foods.	Feature a meal that was mostly prepared at home.	Feature a meal that was mostly prepared purchased "ready-to-eat" from a grocery store.	Feature a meal purchased at a fast food chain or restaurant.
Include a clear, high-resolution, and creative photo.	Include a clear, high-resolution photo.	Include a lower resolution photo.	Show little effort to create a high quality photo.
Feature a meal that is original, attractive and appetizing.	Feature a meal that is attractive and appetizing.	Feature a meal that is attractive and appetizing.	Show little effort in featuring a meal that is attractive and appetizing.
Include thorough nutrition information, such as food groups, nutritional benefits, calories, and fat.	Include intermediate nutrition information, such as food groups and nutritional benefits,	Include basic nutrition information, such as food groups.	Include little or inaccurate nutrition information.

If basic entry requirements are not met, participants will automatically receive a green seal. Entries will be judged using the division-appropriate standards for each level of performance (gold, blue, red, green). An entry may include qualities from each level of performance and will be judged accordingly.



**Judging Criteria  
Division III: Senior (ages 15-19)**

<b>Gold seal entries will...</b>	<b>Blue seal entries will...</b>	<b>Red seal entries will...</b>	<b>Green seal entries will...</b>
Include a photo that depicts MyPlate food group proportions accurately.	Include a photo that depicts MyPlate food group proportions somewhat accurately.	Include a photo that inaccurately depicts MyPlate food group proportions.	Include a photo that makes no attempt to depict MyPlate food group proportions.
Include an easy-to-read, typed description.	Include a typed description.	Include a typed description.	Include a handwritten description.
Provide a detailed ingredient list, including exact measurements AND preparation notes.	Provide a detailed ingredient list, including exact measurements OR preparation notes.	Provide a detailed ingredient list.	Provide an ingredient list.
Feature a meal prepared at home, with limited processed foods.	Feature a meal that was mostly prepared at home.	Feature a meal that was mostly prepared purchased "ready-to-eat" from a grocery store.	Feature a meal purchased at a fast food chain or restaurant.
Include a clear, high-resolution, and creative photo.	Include a clear, high-resolution photo.	Include a lower resolution photo.	Show little effort to create a high quality photo.
Feature a meal that is original, attractive and appetizing.	Feature a meal that is attractive and appetizing.	Feature a meal that is attractive and appetizing.	Show little effort in featuring a meal that is attractive and appetizing.
Include thorough nutrition information, such as food groups, nutritional benefits, calories, fat and vitamins.	Include intermediate nutrition information, such as food groups, nutritional benefits, calories and fat.	Include intermediate nutrition information, such as food groups and nutritional benefits.	Include basic nutrition information, such as food groups.

If basic entry requirements are not met, participants will automatically receive a green seal. Entries will be judged using the division-appropriate standards for each level of performance (gold, blue, red, green). An entry may include qualities from each level of performance and will be judged accordingly.

# Creative Cookie Contest

**Age Categories: Cloverbuds age 5-8 (non-competitive) ♦ Juniors age 9-10 ♦ Intermediates age 11-13 ♦ Seniors age 14-19**

You may make either bar, drop, rolled, or shaped cookies. Cookies will be judged much as they will be for a fair entry, except our emphasis will include high nutritive value.

Recipes should include ingredients representing the 4 food groups. See the example below:

- meat group: eggs, nuts or seeds
- breads & cereals group: oatmeal or flour
- fruits & vegetables group: raisins or carrots
- milk group: milk, fluid or dry (butter is fat/oil, not a milk item)

Cookies will be judged on how they look both outside and inside on things such as colors, uniformity of size, texture and moisture as expected for product, as well as how they taste.

Bring 6 cookies on a paper plate (enclose in plastic bag) for judging and sampling. Put your name, age, and 4-H club underneath the plate. Bring 4 copies of your recipe on file cards (3x5 or 4x6). Your cookies will be displayed in a special area. This event does not require you to talk to the judges.

4-H member's Age \_\_\_\_\_ **Cookie Variety/name** \_\_\_\_\_

<b>4-H Creative Cookie Contest Score Sheet</b>				
<b>I. How it Looks</b>	excellent	good	fair	Needs improve.
<u>Outside:</u> • uniform shape, size and thickness, , crisp/tender crust	4	3	2	1
proper handling/baking, even color	4	3	2	1
<u>Inside:</u> even color, moist (not dry or soggy)	4	3	2	1
tender crumb	4	3	2	1
<b>II. Food Value</b>	4	3	2	1
Ingredients include foods from four food groups				
<b>III. How it tastes</b>	4	3	2	1
Pleasing taste and aroma.				
Soft, tender, moist, chewy texture (depending on variety)	4	3	2	1
<b>IV. Following directions</b>	4	3	2	1
½ dozen cookies provided.				
Recipe included				
<b>Total overall (32)</b>				

**Judges Comments:**

Judge signature \_\_\_\_\_

<b>Score Key</b>	
Blue	30-32
Red	26-29-
White	20-26

Name \_\_\_\_\_ Club \_\_\_\_\_

### \*Creative Snack:

Creative snack will be judged much like a fair entry food item, except our emphasis will include high nutritive value.

Snacks will be judged on how they look both outside and inside on things such as creativity, colors, uniformity of size, texture, as expected for product, as well as how they taste.

Bring 4 of the “snacks” on a paper plate (enclose in clear plastic zip bag) for judging and sampling. Write your name, age, and 4-H club on the bottom side of the plate. Bring 2 copies of your recipe on file cards (3x5 or 4x6). Your snack will be displayed in a special area.- This event does not require you to talk to the judges.

4-H member’s Age \_\_\_\_\_ **Snack Variety/name** \_\_\_\_\_

4-H Creative Snack Contest Score Sheet				
<b>I. How it Looks</b> <u>Outside:</u> • attractive layout/design, appealing color	excellent	good	fair	Needs improve.
	4	3	2	1
<b>II. Food Value</b> Ingredients healthy/nutritional	4	3	2	1
<b>III. How it tastes</b> Pleasing taste and aroma.	4	3	2	1
<b>IV. Following directions</b> 4 snacks provided. Recipe included	4	3	2	1
<b>Total overall (16)</b>				

**Judges Comments:**

Judge signature \_\_\_\_\_

<b>Score Key</b>	
Blue	16-14
Red	13-11-
White	10 or less

Name \_\_\_\_\_ Club \_\_\_\_\_

(used to replace muffins when rotating entry categories)

# Youth Cookie Judging Activity

Offered only at the 4-H Fling & Expo

name \_\_\_\_\_

club \_\_\_\_\_

3-4 plates of cookies (4 per plate) will be on display. Each plate will be accompanied by sampler cookies for taste and testing by participants. Each plate will be identified by a letter (A,B,C, D).

## Cookie Contest Criteria

- excellent (30-33/34 pts)
- good (26-29 pts)
- fair (23-25 pts)
- needs improvement (22 or less)

### External Features: 33 points

- Size: uniform for 4 cookies
- Golden brown color
- Uniform shape
- Crisp/tender crust
- Breaks easily

### Internal Features: 34 points

- Crumb breaks easily
- Tender crumb
- No streaks or layers
- Moist (not dry or soggy)
- Color – even throughout

### Flavor/Taste Characteristics: 33 points

- Pleasant taste
- Pleasing texture
- Pleasing aroma

**Score Key**  
100-95 Gold  
94-80 Blue  
79-50 Red

## Cookie Scoring Card

excellent (30-33/34)

good (26-29)

fair (23-25)

needs improvement (22 or less total)

Item	A	B	C	D
<b>External Features Score</b>				
<b>Internal Features Score</b>				
<b>Flavor/Taste Score</b>				
<b>Totals</b>				

**Rank:**

**Explanation/comments**

Cloverbuds age 5-8 (non-competitive) ♦ Juniors age 9-10 ♦ Intermediates age 11-13 ♦ Seniors age 14-19

# Youth Muffin Judging Event

Offered only at the 4-H Fling

name \_\_\_\_\_

club \_\_\_\_\_

3-4 plates of muffins (4 per plate) will be on display. Each plate will be accompanied by sampler cookies for taste and testing by participants. Each plate will be identified by a letter (A,B,C, D).

## Scoring:

### Muffin Contest Criteria

#### Muffin Contest Criteria

excellent (22 ½ - 25 points)

good (20-22 pts)

fair (17 ½ -19 ½ pts)

needs improvement (17 or less)

#### Shape: 25 points

- Size: uniform for 4
- Rounded top

#### Crust: 25 points

- Thin
- Tender
- Crisp
- Color – even brown

#### Texture 25 points

Moist  
Tender  
Even grain inside

#### Flavor: 25 points

- Pleasant taste
- Pleasing texture
- Pleasing aroma

**Score Key**  
100-95 Gold  
94-80 Blue  
79-50 Red

#### Muffin Scoring Card

excellent (22 ½ - 25 pts)

good (20-22)

fair (17 ½ -19 ½ pts)

needs improvement (17 or less)

Item	A	B	C	D
<b>External Features Score</b>				
<b>Internal Features Score</b>				
<b>Flavor/Taste Score</b>				
<b>Totals</b>				

**Rank:**

**Explanation/comments**

Cloverbuds age 5-8 (non-competitive) ♦ Juniors age 9-10 ♦ Intermediates age 11-13 ♦ Seniors age 14-19



# Home Arts (stitched, knitted, crafted)

**Circle Category:**      quilt (stiched only)                  placemat                  pillowcase                  other

Age \_\_\_\_\_ Years in Sewing \_\_\_\_\_ Item \_\_\_\_\_

Item Construction & Appearance	Excellent 4	Good 3	Fair 2	Needs Improvement 1
• Difficulty of fabric; Fabric appropriate for project				
• Straight even/consistent stitches/handiwork, and finished seams				
• Care (laundered, clean, pressed)				
• Originality/Creativity				
• Overall Impression				
• Level of difficulty				
<b>BONUS POINTS</b>	1-2 additional pts possible			
• Submitted - pattern, material sample, and receipts/costs				

**Total Points Overall 24**      \_\_\_\_\_      \_\_\_\_\_      \_\_\_\_\_      \_\_\_\_\_      **Total** \_\_\_\_\_

COMMENTS:

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\_\_\_\_\_  
Judge Signature

<b>Score Key</b>	
<b>Medal</b>	<b>24-22</b>
<b>Blue</b>	<b>21-18</b>
<b>Red</b>	<b>17-6</b>

Entry ID \_\_\_\_\_ Name \_\_\_\_\_ Club \_\_\_\_\_

# Home Arts (stitched, knitted, crafted) CLOVERBUD

**Circle Category:**      quilt (tie quilts ok)                  placemat                  pillowcase                  other

Age \_\_\_\_\_ Years in Sewing \_\_\_\_\_ Item \_\_\_\_\_

Item Construction & Appearance	COMMENTS
• Fabric appropriate for project	
• Even/consistent stitches/handiwork, and finished seams	
• Care (laundered, clean, pressed)	
• Originality/Creativity	
• Overall Impression	
• Submitted - pattern, material sample, and receipts/costs	

\_\_\_\_\_  
Judge Signature

Entry ID \_\_\_\_\_ Name \_\_\_\_\_ Club \_\_\_\_\_

# THEMED PLACE SETTING CONTEST

EVALUATION CRITERIA	Excellent 4	Good 3	Fair 2	Needs Improvement 1
Originality/overall impression				
Table cloth and/or placemat choice and placement				
Choice of dishes				
Placement of silverware				
Placement of napkin				
Placement of dishes				
Placement of glasses and cups				
Centerpiece/decoration – height (lower than eye level) –compliments theme				
Color coordination of all elements				
Neat and clean				
Fits designated space				
Theme clearly conveyed				
<b>Total Points Overall: (48 possible)</b>				

**COMMENTS:**

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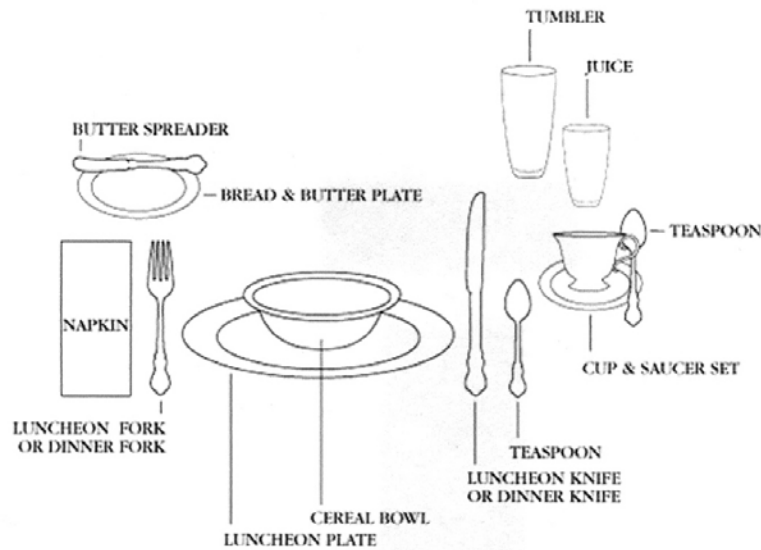
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**Judges Signature:** \_\_\_\_\_

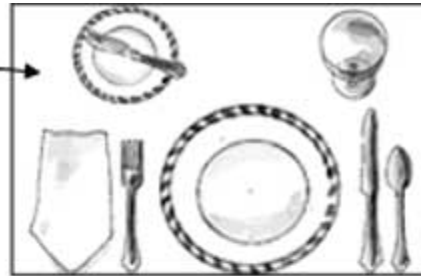
<b>Score Key</b>	
<b>44-48</b>	<b>Blue</b>
<b>40-43</b>	<b>Red</b>
<b>31-39</b>	<b>White</b>

## Table Setting Guide



### Casual table setting

A typical setting, the fork is on the left while the knife and spoon are placed to the right of the plate. The knife blade must be facing the plate. The napkin is placed to the left of the plate, the fork may be on top of the napkin. The bread plate and butter knife is optional.



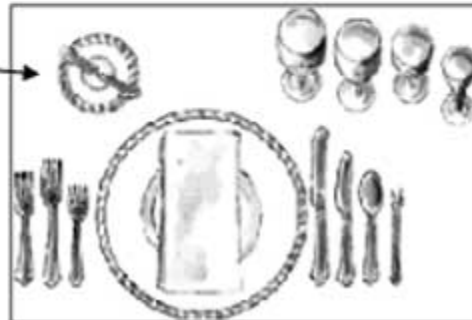
### Informal Setting

This is a common place setting found in restaurants. It includes utensils for a soup course, salad course, entrée, and dessert. The dessert spoon or fork could be placed horizontally above the top of the plate, or brought with the dessert.



### Formal Setting

This place setting is set for a menu of oyster appetizer, soup or fruit course, fish course, entrée, and salad. There can be up to 5 glasses at the setting for water, red/white wine, champagne flute, and sherry.



## THEMED PLACE SETTING CONTEST CLOVERBUD

EVALUATION CRITERIA	COMMENTS
Originality/overall impression	
Table cloth and/or placemat choice and placement	
Choice of dishes	
Placement of : silverware, napkin, dishes, glasses and cups	
Centerpiece/decoration – height (lower than eye level) –compliments theme	
Color coordination of all elements	
Neat and clean	

\_\_\_\_\_  
**Evaluator's Signature**

Entry ID \_\_\_\_\_ Name: \_\_\_\_\_ Club \_\_\_\_\_

## THEMED PLACE SETTING WITH FOOD CONTEST

EVALUATION CRITERIA	Excellent 4	Good 3	Fair 2	Needs Improvement 1
Originality/overall impression				
Table cloth and/or placemat choice and placement				
Choice of dishes				
Placement of silverware				
Placement of napkin				
Placement of dishes				
Placement of glasses and cups				
Centerpiece/decoration – height (lower than eye level) –compliments theme				
Color coordination of all elements				
Neat and clean				
Fits designated space				
Theme clearly conveyed				
<b>FAVORITE FOOD</b>				
Appearance				
Flavor and texture				
Fits menu theme				
<b>Total Points Overall: (60 possible)</b>				

**COMMENTS:**

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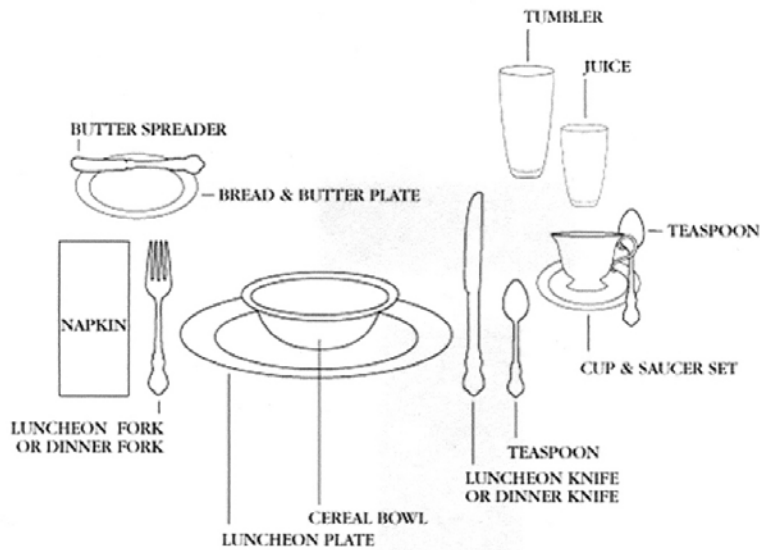
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Judges Signature: \_\_\_\_\_

<b>Score Key</b>	
<b>55-60</b>	<b>Blue</b>
<b>54-50</b>	<b>Red</b>
<b>49-15</b>	<b>White</b>

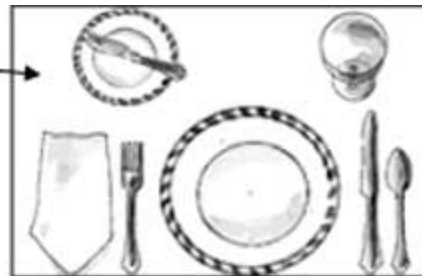
Entry ID \_\_\_\_\_ Name: \_\_\_\_\_ Club \_\_\_\_\_

# Table Setting Guide



## Casual table setting

A typical setting, the fork is on the left while the knife and spoon are placed to the right of the plate. The knife blade must be facing the plate. The napkin is placed to the left of the plate, the fork may be on top of the napkin. The bread plate and butter knife is optional.



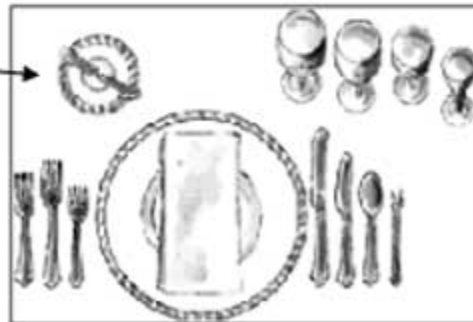
## Informal Setting

This is a common place setting found in restaurants. It includes utensils for a soup course, salad course, entrée, and dessert. The dessert spoon or fork could be place horizontally above the top of the plate, or brought with the dessert



## Formal Setting

This place setting is set for a menu of oyster appetizer, soup or fruit course, fish course, entrée, and salad. There can be up to 5 glasses at the setting for water, red/white wine, champagne flute, and sherry.



# THEMED PLACE SETTING CONTEST WITH FOOD

## CLOVERBUD

EVALUATION CRITERIA	COMMENTS
Originality/overall impression	
Table cloth and/or placemat choice and placement	
Choice of dishes	
Placement of : silverware, napkin, dishes, glasses and cups	
Centerpiece/decoration – height (lower than eye level) –compliments theme	
Color coordination of all elements	
Neat and clean	
<b>FAVORITE FOOD</b> Appearance Flavor & Texture Fits menu theme	

\_\_\_\_\_  
**Evaluator's Signature**

Entry ID \_\_\_\_\_ Name: \_\_\_\_\_

Club \_\_\_\_\_



# Smoothie Blend Off

Contestant's Name: \_\_\_\_\_

Evaluation Criteria	Excellent 6-7	Good 4-5	Fair 2-3
use of mixer: proper assembling and speeds			
use of measuring utensils/recipe:			
Appearance: color, eye appeal			
body: not too thick or thin; appealing texture			
Flavor: good blend of ingredients			
Creativity: choice of ingredients			
Overall Impression			
<b>BONUS: Healthy Nutritional 2-3 bonus points</b>			
<b>Total Points Overall:</b>			
<b>Comments:</b>			

Judges Signature: \_\_\_\_\_

<b>SCORE KEY</b>
<b>BLUE - 40-49</b>
<b>RED - 30-39</b>
<b>White - 14-29</b>

Entry ID \_\_\_\_\_ Name: \_\_\_\_\_ Club: \_\_\_\_\_

## Cover Letter & Resume Rubric

CRITERIA	EXCELLENT	GOOD	SATISFACTORY	MINIMUM	SCORE & COMMENTS
Points	4	3	2	1	
<b>RESUME &amp; Letter PRESENTATION/FORMAT</b>	<ul style="list-style-type: none"> <li>▪ Typed or computer generated</li> <li>▪ Balanced margins with eye appeal</li> <li>▪ Format highlights strengths and information</li> <li>▪ Appropriate fonts and point size used with variety</li> <li>▪ Consistent business letter format, signed</li> </ul>	<ul style="list-style-type: none"> <li>▪ Typed or computer generated</li> <li>▪ Balanced margins</li> <li>▪ Format identifies strengths and information</li> <li>▪ Appropriate fonts and point size used</li> <li>▪ business letter format and signed</li> </ul>	<ul style="list-style-type: none"> <li>▪ Typed or computer generated</li> <li>▪ Somewhat balanced margins</li> <li>▪ Format identifies strengths and information</li> <li>▪ No variation in fonts and/or point size</li> <li>▪ Business letter format; may omit signature</li> </ul>	<ul style="list-style-type: none"> <li>▪ Typed or computer generated</li> <li>▪ Unbalanced margins</li> <li>▪ Format detracts from strengths and information</li> <li>▪ Fonts/smudges distract from readability</li> <li>▪ Business letter format not used, may omit signature</li> </ul>	
<b>RESUME CONTENT</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Heading, objective, skills, experience, and education covered in detail</li> <li><input type="checkbox"/> Extra information given to enhance resume</li> <li><input type="checkbox"/> All action phrases used to describe duties and skills</li> <li><input type="checkbox"/> Information demonstrates ability to perform the job</li> <li><input type="checkbox"/> Professional terminology used when describing skills</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Heading, objective, skills, experience, and education covered in some detail</li> <li><input type="checkbox"/> Extra information given to enhance resume</li> <li><input type="checkbox"/> 1-2 duties/skills lack action phrases</li> <li><input type="checkbox"/> Information demonstrates ability to perform the job</li> <li><input type="checkbox"/> Some professional terminology used when describing skills</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Heading, objective, skills, experience, and education covered with little detail</li> <li><input type="checkbox"/> Minimal extra information given to enhance resume</li> <li><input type="checkbox"/> 3-4 duties/skills lack action phrases</li> <li><input type="checkbox"/> Some information demonstrates ability to perform the job</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Missing one of the following: heading, objective, experience, or education</li> <li><input type="checkbox"/> No extra information given to enhance resume</li> <li><input type="checkbox"/> 5-6 duties/skills lack action phrases</li> <li><input type="checkbox"/> Information does not clearly demonstrate ability to perform the job</li> </ul>	
<b>Cover Letter Content</b>	<ul style="list-style-type: none"> <li>▪ Includes proper salutation</li> <li>▪ Opening explains purpose</li> <li>▪ Elaborates on skills and value to the company, creative, professional, tailored to position</li> <li>▪ Request for interview with specific contact info</li> <li>▪ Mentions resume</li> <li>▪ Includes statement of appreciation</li> </ul>	<ul style="list-style-type: none"> <li>▪ Includes proper salutation</li> <li>▪ Opening explains purpose</li> <li>▪ Mentions skills and experience tailored to position</li> <li>▪ Request for interview with contact details</li> <li>▪ Mentions resume, included statement of appreciation</li> </ul>	<ul style="list-style-type: none"> <li>▪ Included salutation</li> <li>▪ Identifies position applied for</li> <li>▪ Skills relate to position, mentions qualifications and education</li> <li>▪ May omit statement of appreciation</li> <li>▪ May omit mention of resume</li> </ul>	<ul style="list-style-type: none"> <li>▪ Improper or missing salutation, does not state position applying for,</li> <li>▪ skills do not relate to position, does not mention education or experience,</li> <li>▪ no statement of appreciation or request for interview</li> <li>▪ No contact details</li> </ul>	
<b>SPELLING &amp; GRAMMAR (both docs)</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> No spelling errors</li> <li><input type="checkbox"/> No grammar errors</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> 1-2 spelling errors</li> <li><input type="checkbox"/> 1-2 grammar errors</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> 3-4 spelling errors</li> <li><input type="checkbox"/> 3-4 grammar errors</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> 5-6 spelling errors</li> <li><input type="checkbox"/> 5-6 grammar errors</li> </ul>	
					<b>Total Score:</b>

**Scoring Key: Blue 15-16, Red 9-14, White 4-8**

Comments:

Judge's signature \_\_\_\_\_

## Cover Letter Rubric

CRITERIA	EXCELLENT	GOOD	SATISFACTORY	MINIMUM	SCORE & COMMENTS
<b>PRESENTATION/ FORMAT</b>	<ul style="list-style-type: none"> <li>▪ Typed/computer generated</li> <li>▪ Visually appealing</li> <li>▪ Business letter format consistently used</li> <li>▪ Business-like font, 10-12 point size used</li> </ul>	<ul style="list-style-type: none"> <li>▪ Typed/computer generated</li> <li>▪ Clean and neat</li> <li>▪ Business letter format</li> <li>▪ Business-like font, 10-12 point size used</li> </ul>	<ul style="list-style-type: none"> <li>▪ Typed/computer generated</li> <li>▪ Clean and neat</li> <li>▪ Business letter format</li> <li>▪ Inappropriate font or point size</li> </ul>	<ul style="list-style-type: none"> <li>▪ Typed/computer generated, faint or smudged</li> <li>▪ Business letter format not used</li> <li>▪ Inappropriate font and point size</li> </ul>	
<b>Ranking Points</b>	<b>10</b>	<b>9</b>	<b>8</b>	<b>7</b>	
<b>CONTENT – INTRODUCTION</b>	<ul style="list-style-type: none"> <li>▪ Includes proper salutation</li> <li>▪ Opening paragraph establishes a purpose and details position applying for</li> </ul>	<ul style="list-style-type: none"> <li>▪ Includes proper salutation</li> <li>▪ Opening paragraph establishes a purpose and states position applying for</li> </ul>	<ul style="list-style-type: none"> <li>▪ Includes salutation</li> <li>▪ Opening paragraph states position applying for</li> </ul>	<ul style="list-style-type: none"> <li>▪ Salutation missing for improper</li> <li>▪ Does not state position applying for</li> </ul>	
<b>Ranking Points</b>	<b>10</b>	<b>8</b>	<b>7</b>	<b>6</b>	
<b>CONTENT – MAIN BODY</b>	<ul style="list-style-type: none"> <li>▪ Elaborates on skills for position</li> <li>▪ Explains how he/she will be valuable to company</li> <li>▪ Qualifications highlight education, experience, and training</li> </ul>	<ul style="list-style-type: none"> <li>▪ Skills relate to position</li> <li>▪ Explains how he/she will be valuable to company</li> <li>▪ Mentions education, experience and training</li> </ul>	<ul style="list-style-type: none"> <li>▪ Skills relate to position</li> <li>▪ Mentions education, experience and training</li> </ul>	<ul style="list-style-type: none"> <li>▪ Skills do not relate to position</li> <li>▪ Does not mention education, or experience, or training</li> </ul>	
<b>Ranking Points</b>	<b>10</b>	<b>9</b>	<b>8</b>	<b>6</b>	
<b>CONTENT – CLOSING</b>	<ul style="list-style-type: none"> <li>▪ Includes well-written statement of appreciation</li> <li>▪ Request for interview with specific contact details</li> <li>▪ Mentions resume</li> </ul>	<ul style="list-style-type: none"> <li>▪ Includes statement of appreciation</li> <li>▪ Request for interview with contact details</li> <li>▪ Mentions resume</li> </ul>	<ul style="list-style-type: none"> <li>▪ Includes statement of appreciation</li> <li>▪ Request for interview with contact details</li> <li>▪ No mention of resume</li> </ul>	<ul style="list-style-type: none"> <li>▪ No statement of appreciation</li> <li>▪ Closure does not include request for interview</li> <li>▪ No mention of resume or contact details</li> </ul>	
<b>Ranking Points</b>	<b>10</b>	<b>8</b>	<b>7</b>	<b>6</b>	
<b>SPELLING &amp; GRAMMAR</b>	<ul style="list-style-type: none"> <li>▪ No spelling errors</li> <li>▪ No grammar errors</li> </ul>	<ul style="list-style-type: none"> <li>▪ 1-2 spelling errors</li> <li>▪ 1-2 grammar errors</li> </ul>	<ul style="list-style-type: none"> <li>▪ 3-4 spelling errors</li> <li>▪ 3-4 grammar errors</li> </ul>	<ul style="list-style-type: none"> <li>▪ 5-6 spelling errors</li> <li>▪ 5-6 grammar errors</li> </ul>	
<b>Ranking Points</b>	<b>10</b>	<b>8</b>	<b>6</b>	<b>5</b>	
<i>Teacher Note: Ranking Points may vary according to your grading system</i>					<b>TOTAL SCORE:</b>

Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Resume Rubric

CRITERIA	EXCELLENT	GOOD	SATISFACTORY	MINIMUM	SCORE & COMMENTS
<b>Points</b>	<b>10</b>	<b>8</b>	<b>7</b>	<b>6</b>	
<b>PRESENTATION/ FORMAT</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Typed or computer generated</li> <li><input type="checkbox"/> Balanced margins with eye appeal</li> <li><input type="checkbox"/> Format highlights strengths and information</li> <li><input type="checkbox"/> Appropriate fonts and point size used with variety</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Typed or computer generated</li> <li><input type="checkbox"/> Balanced margins</li> <li><input type="checkbox"/> Format identifies strengths and information</li> <li><input type="checkbox"/> Appropriate fonts and point size used</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Typed or computer generated</li> <li><input type="checkbox"/> Somewhat balanced margins</li> <li><input type="checkbox"/> Format identifies strengths and information</li> <li><input type="checkbox"/> No variation in fonts and/or point size</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Typed or computer generated</li> <li><input type="checkbox"/> Unbalanced margins</li> <li><input type="checkbox"/> Format detracts from strengths and information</li> <li><input type="checkbox"/> Fonts distract from readability</li> </ul>	
<b>Points</b>	<b>15</b>	<b>12</b>	<b>11</b>	<b>10</b>	
<b>JOB-SPECIFIC INFORMATION</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> All action phrases used to describe duties and skills</li> <li><input type="checkbox"/> Information demonstrates ability to perform the job</li> <li><input type="checkbox"/> Professional terminology used when describing skills</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> 1-2 duties/skills lack action phrases</li> <li><input type="checkbox"/> Information demonstrates ability to perform the job</li> <li><input type="checkbox"/> Some professional terminology used when describing skills</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> 3-4 duties/skills lack action phrases</li> <li><input type="checkbox"/> Some information demonstrates ability to perform the job</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> 5-6 duties/skills lack action phrases</li> <li><input type="checkbox"/> Information does not clearly demonstrate ability to perform the job</li> </ul>	
<b>Points</b>	<b>15</b>	<b>12</b>	<b>11</b>	<b>10</b>	
<b>RESUME CONTENT</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Heading, objective, skills, experience, and education covered in detail</li> <li><input type="checkbox"/> Extra information given to enhance resume</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Heading, objective, skills, experience, and education covered in some detail</li> <li><input type="checkbox"/> Extra information given to enhance resume</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Heading, objective, skills, experience, and education covered with little detail</li> <li><input type="checkbox"/> Minimal extra information given to enhance resume</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Missing one of the following: heading, objective, experience, or education</li> <li><input type="checkbox"/> No extra information given to enhance resume</li> </ul>	
<b>Ranking Points</b>	<b>10</b>	<b>8</b>	<b>6</b>	<b>4</b>	
<b>SPELLING &amp; GRAMMAR</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> No spelling errors</li> <li><input type="checkbox"/> No grammar errors</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> 1-2 spelling errors</li> <li><input type="checkbox"/> 1-2 grammar errors</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> 3-4 spelling errors</li> <li><input type="checkbox"/> 3-4 grammar errors</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> 5-6 spelling errors</li> <li><input type="checkbox"/> 5-6 grammar errors</li> </ul>	
					<b>Total Score:</b>

Comments:

Judge's signature \_\_\_\_\_

**Passport  
4-H Fling 2011:  
Fashion, Food, & Fun**

**Check in 8:30-9  
Judging & events start at 9:20  
Interview Contest (ongoing)  
Muffin Judging 10 am  
Smoothie Blend Off 10:30 am  
Awards to follow**

**Activity Stations:**

- 1. Youth judging—decision skills
- 2. Stitching Project
- 3. Rockets & Pinwheels
- 4. Trivia Quiz Bowl
- 5. Veggie ID quiz
- 6. Cola Taste Test
- 7. Fingerknitting
- 8. Youth Muffin Judging
- 9. Dot Painting/Aborigine Art
- 10. view & vote best categories:  
place setting, ed display, cake deco, smoothie,  
photo

**Complete 7+ for chance at a prize!**

**Drawing at awards ceremony.  
(11:30 approx)**

**Must be present to win.**

*Turn passport in at registration table.*

\_\_\_\_\_ name

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## Fling & Expo Committee Details

### Timeline:

Sept/Oct	reserve the site for the event Solicit committee members
Oct-Jan	design and/or assign stations including snack booth (club assignment) Update entry form
Jan-Feb	Promote the event (visit clubs, council, newsletter) Inventory/order awards and prizes Identify judges and teen helpers/chairs (solicit volunteers all clubs) Set up site/date for prejudged items
March	Confirm event staff and materials Confirm set up/clean up Orientation for MC and awards presenters Confirm prejudging completed Transport prejudged items and supplies to event site
April	Debrief and address issues to improve the event

### Stations Options (past & future items)

Wind project—sail boat races	Rock ID quiz
Veggie ID quiz	Simple plant/leaf ID quiz
Quiz bowl (trivia)	Plant sunflowers or pumpkin seed
Minute to win it challenges	ID sewing tools/fabrics
Ice cream in a bag	Speed threading sewing machine
Cup cake decorating	ID cooking tools
Aborigine dot art	pinwheels
Marshmallow spaghetti tower	Finger knitting
Seltzer pop rockets	Soldier quilt (stitching seams)
Insect ID quiz	Id berries and nuts
Taste test judging (cookies/muffins)	ID fruits
Taste test ID (generic cola, brand cola, diet cola)	Marble painting
Mud babies	Spaghetti marshmallow tower
Germs and handwashing	
Judging/decision making	
Origami	
Chocolate art	
Food art or craft	
Bean/seed mosaic	
Build a catapult	

**8-9 am---set up and registration** **TBA**  
 registration table/welcome: 8:30+ \_\_\_\_\_  
 Set up chairs for award audience/hang signs \_\_\_\_\_  
 set up speaker system \_\_\_\_\_  
 set up sewing/textile displays \_\_\_\_\_  
 Assist set up of activity stations & signage \_\_\_\_\_  
 Judge orientation (9am) \_\_\_\_\_ Coordinator orientation \_\_\_\_\_  
 set up snack/refreshment table \_\_\_\_\_

**9-11 am Judging and Activities**

Coordinator Station 1: decision making (judging) TBA \_\_\_\_\_  
 Coordinator Station 2: Stitching project/soldier quilt Anderson Marsh  
 Coordinator Station 3: sailboat construction TBA \_\_\_\_\_  
 Coordinator Station 4: angel/pencil pal craft TBA \_\_\_\_\_  
 Coordinator Station 5: berries & nuts id TBA \_\_\_\_\_  
 Coordinator Station 6: garden potting/plants TBA \_\_\_\_\_  
 Coordinator Station 7: Make artsy finger food TBA \_\_\_\_\_  
 Coordinator Station 8: youth cookie judging TBA \_\_\_\_\_  
 Coordinator Station 9 themed place settings/  
 cakes (supervise/direct set up) TBA \_\_\_\_\_  
 (AND coordinate people's choice voting, one per person cakes, placesettings)  
 Coordinator Station 10: OJ taste test??? TBA \_\_\_\_\_  
 Coordinator Job Interview Joanna Parker/Anderson Marsh????  
 Resume/cover letter display & photography TBA \_\_\_\_\_  
 (supervise/direct set up AND coordinate people's choice voting)  
 Relief supervisors (rotate thru stations providing breaks—2?)TBA \_\_\_\_\_ &

(note age group categories) **On site Judging:** **coordinator Nicole Gentry?/TBA?**

<b>Judges briefing 9am/judge 9:30</b>	<b>Categories</b>
<b>Volunteers needed</b>	cup cake/cake deco creative muffin Themed place setting no food <del>Themed place setting with food</del>
<b>(before event?)</b>	Decorated duds (1) other textile Crafts & Purchased outfits Cover letter/resumes
	Fruit smoothie blend off (2) Photography Educational display My Plate

<b>Scheduled Events/activity:</b>	<b>(times are approximate)</b>
<b>Interview Contest</b>	<b>9:30 start (and on going)</b>
<b>Decision making (judging) –how to rank</b>	<b>9:30</b>
<b>Muffin taste test</b>	<b>10:00</b>
<b>Blend off (smoothies)</b>	<b>10:30</b>
<b>Sailboat race</b>	<b>11:00</b>
<b>Awards/door prizes</b>	<b>11:30</b>

**Judging Coordinator (Julie/Nicole?)** \_\_\_\_\_

**Tabulators (tally scores & calculate percentages on judging sheets/peoples' choice ballots)**

**TBA??** \_\_\_\_\_

**11:30-12:30?**

**Awards MC/Presenters**

**All stars?/Peggy Alexander**

**1 pm?---clean up (sweep, wipe down, return furniture to original positions)—everyone**

**Gift for judges/Thanks to helpers**

**TBA** \_\_\_\_\_



# Awards list

(for committee use)

amount needed

## Participation ribbon for clovers

50?

## Some Medalist categories: (medal, then 1<sup>st</sup>, 2<sup>nd</sup> ribbon)

10-15 (each medal and/or blue, red, white ribbon)

- Sewn new
- ~~Re-sewn~~
- Sewn accessory
- Sewn home arts/other
- Needle art garment

- Needle art other
- Outfit on a budget
- Decorated Duds

## Rosette Ribbon categories

10-15 each---blue rosette, red, white

\* = people's choice category also

Home arts re-designed/craft  
Creative muffin/cookie/snack contest  
\*Themed place setting (w/ & w/o food)—  
~~Youth muffin judging contest~~  
Showmanship (talent show)  
Cover letter/resume  
\*Photography  
Interview contest  
\*smoothie (+trophy for top score judged)  
Video challenge

## People's Choice-Not judged (rope medal #1 + prize gifts—for all?)

- Dec. cake (top 3 votes)
- Ed display

## People's Choice Judged (rope medal #1 prize gift #2#3)

- Themed place setting (top 3 votes)
- Photography
- Smoothie

People's choice award categories w/ \*

Hanging medal 1<sup>st</sup> place, gifts for #2,#3

## Prizes—

10 small; 1+ bigger raffle item(s)

~~Rubber band car~~  
Sailboat races (top three?)  
~~Youth judging food/fashion/etc~~  
Drawing for completed passport  
Other?

Certificates for clovers. Participation ribbons----token prize (if sufficient supplies)

Interview Awards?

## Gifts for Judges and teen helpers

2/25/2013