



THE NEWSLETTER

Volume 02/12

Next Issue – 1st March  
Deadline for Articles – 22nd February

- 2nd Edition of 2012 -  
Inside the Newsletter this month

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See the New HASSRA Leeds Website at  
[www.hassraleedsnewsletter.com](http://www.hassraleedsnewsletter.com)  
Enjoy Everyone!!!  
Voted '2008 National Best Publication'  
Produced by Phil Hepworth

Congratulations to Jon Edwards  
GW13 who won  
January's Sudoku Competition



**Ticket Offers 2012**  
Mystery Tour - 24-25 March  
Champagne and Burgundy Trip - June  
Drayton Manor - 7-8 June

**Nominations for HASSRA  
Leeds BOM and other  
sub committees are due  
in by the 22nd February.**  
  
**Nominations for the  
HASSRA Leeds Awards  
are due in by the  
17th February.**

[WWW.HASSRALEEDSNEWSLETTER.COM](http://WWW.HASSRALEEDSNEWSLETTER.COM)

Please contact  
**Phil on:-**  
0113 2324456  
All articles for  
inclusion in The  
Newsletter should be  
sent to:  
**The.newsletter  
@hotmail.co.uk**



# LEEDS NEWS

I want to dedicate this editorial and indeed this Newsletter to **VOLUNTEERS**, and not just volunteers in general but to the volunteers who help support and run HASSRA Leeds and HASSRA nationally. Without these people you would not be able to learn the Tango with the Dance Club, go angling with colleagues (and away on trips) with the Angling Club, ramble known routes with colleagues, play golf at great local courses, go on cheap trips away, and...I could go on and on. Basically you know what makes the world go round, well for us it is **VOLUNTEERS**.

And we always need more of you dedicated people. The HASSRA Leeds AGM is at the end of the month and this is an ideal time for you to put your name forward to help to run your club. We seek members for all our boards and committees, so please have a look at page 9 and put yourself forward. Yes you do have to put a bit of effort in but the reward is a club that runs smoothly, supports its members, and provides really value for money activities that keep you healthy and wealthy, if not wise! Also if you just want to attend the AGM to support the club by giving your opinion on how it is run then please let us know.

The AGM is also an opportunity for the club to reward those volunteers who do put a little extra effort in and if you can think of any volunteer that fits this bill please go to page 14 and let us know why, and we will put them forward for an award.

HASSRA Y&H is also looking for volunteers to help it run as a regional association. The HASSRA Y&H AGM is on 23 March in Sheffield, and they also have a Board of Management, with a number of committees to support it. If you are interested in standing for election for HASSRA Y&H please contact [hssra.y-hevents@dwpgsi.gov.uk](mailto:hssra.y-hevents@dwpgsi.gov.uk).

Lastly before I get on to other club news and activities this month, we will be supporting Sport Relief Day on 23 March with a number of activities. However the main event so to speak is down to you and all we ask is that you wear your colours (!! ) – see page 8 for more details and how to get involved.

Trips-wise this month we are still offering the mystery overnight weekend somewhere. This now has an extended deadline but remains a really good offer for only £53 for members for two days of fun – see page 19 for more.

Drayton Manor also sounds like fun, and the club is planning to go here overnight on 7 June. Tickets for this are from only £85 for adults and £60 for children

(between 4 and 15). This gets you your overnight accommodation as well as entry to the theme park (and zoo) and Chatsworth House and gardens – looks pretty good value to me.

And the Wine Club are advertising a trip to Reims from £499 for **8 days** – this includes 3 champagne tastings and 3 cellar tours, as well as the support of a tour guide and trips to local historical places of interest – see page 17 for more.

Club-wise the newly formed Craft Club is going strong, meeting every Tuesday and doing different things every week (seemingly!). Although not craft minded myself (unless you like woodturning) I am intrigued by the 'Valentines Day Cards' on Valentines day – just in time to give them to the one you love when you get home. For all of the Craft Club's myriad different activities please see the 'Events and Clubs Activity Programme' on page 23. If you like dancing the Dance Club is still learning the steps to the Tango, although you will have a steep learning curve as this started in January. The Wine Club has an 'Introduction to wine' on 9 February – look out for posters for details of this. And finally we have a newly launched Climbing Club who are offering 'bouldering' sessions at Leeds City Bloc – not for someone like me who finds looking down from my height terrifying, but have a go if you dare. More details on page 28.

Congratulations to Jon Edwards in GW33 who won £30 in last month's double sudoku. And have a go at this month's quiz on page 21 – you never know, this month it could be you!

And finally, don't forget that both the club and HASSRA have some good deals on cinema tickets on offer all the time. As tickets are so expensive nowadays, can you really afford not to take advantage of this offer? See page 34 for more. And this isn't the only benefit that the club offers to members – page 4 has more. We also want to offer a holiday let / home service where members can advertise their holiday homes and lets to other members (for a suitable discount of course). If you have a holiday home, or know of members who do have, and are willing to offer it out to members at a discount to your normal rates, please let us know and we will include your advert in the March edition of the Newsletter – see page 6 for more information on how to do this.

**Alan Shaw**  
HASSRA Leeds Communications Committee

# New HASSRA Leeds Website

<http://www.hassraleedsnewsletter.com>

The screenshot shows the homepage of the HASSRA Leeds Newsletter website. At the top, there is a navigation menu with links for HOME, ABOUT, CLUBS, CONTACT DETAILS, FORMS, and LINKS. Below the menu is a header section featuring the HASSRA Leeds logo on the left, which includes an owl and the text 'HASSRA LEEDS'. To the right of the logo, the text 'HASSRA Leeds Newsletter' is displayed in a large, bold font. A background image shows a group of people in a social setting. On the left side of the page, there is a vertical purple banner with the word 'NEWSLETTER' written vertically in white. The main content area is divided into several sections: 'Home', 'What's going on...', 'Trips', and 'Ticket Offers'. The 'What's going on...' section lists several events, including a Sudoku quiz, Christmas Members Draw winners, Argentine Tango Classes, and Craft Club meetings. The 'Trips' section lists a Mystery trip, an Amsterdam and mini cruise trip, and Rambling Trips. The 'Ticket Offers' section lists 'Aladdin - The Rock 'n' Roll Panto at City Varieties Music Hall'. On the right side of the page, there are two promotional boxes. The top one is for the 'December Newsletter', with a link to access the month's newsletter. The bottom one is for the 'Review of the Year Magazine', with a link to access the magazine. Both boxes include small images of the respective publications.

HOME ABOUT CLUBS CONTACT DETAILS FORMS LINKS

HASSRA LEEDS

## HASSRA Leeds Newsletter

NEWSLETTER

### Home

#### What's going on...

- This month's quiz is a Sudoku.
- Christmas Members Draw 2011 winners!
- Argentine Tango Classes -- Every Tuesday 1-2 in the sports hall. January 24th - February 28th
- Craft Club meetings on Tuesdays, see Newsletter for details

#### Trips

- Mystery trip
- Amsterdam and mini cruise trip
- Rambling Trips

#### Ticket Offers

- Aladdin - The Rock 'n' Roll Panto at City Varieties Music Hall

#### December Newsletter

Click below to access this month's Newsletter.

#### Review of the Year Magazine

We are always looking to improve our website and Newsletter, so feedback from members would be very helpful.

Please send any feedback to:  
[The.newsletter@hotmail.co.uk](mailto:The.newsletter@hotmail.co.uk)



# HASSRA Leeds

## At 5 star fitness



**At 5 star fitness** we specialise in building health and fitness through personal training and nutritional advice. All our staff are **professional athletes**, coaches and practitioners who can help you achieve your goals and bring about amazing results.  
 Contact us on Castleford 01977 553330 or Leeds 01132 203647 for further information or visit our website on [www.5starfitness.co.uk](http://www.5starfitness.co.uk)  
**Free consultation** and half hour session for HASSRA members at one of our private studios.

## Russell Eaton Aveda Lifestyle Salon & Spa

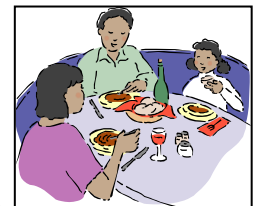


Welcome to the prestigious **Russell Eaton Aveda Lifestyle Salon & Spa**, home to the British Hairdressing Awards North Eastern Hairdressers of the year - Russell Eaton. This particular salon & spa has been voted in the top ten salons to visit by Cosmopolitan Magazine and is regularly featured in the regional and national press. This year, their professional stylists and therapists would love to exclusively welcome and impress the HASSRA Staff

Members in Leeds for ...

**75% less than the usual cost!**

To purchase a Russell Eaton Aveda Platinum Gift Certificate or to enquire further: Please contact **Kim or Gemma** on **0845 686 0185** (office hours 9-5 Mon-Fri).



## Fairuz Lebanese Restaurant

For a friendly and relaxed atmosphere and wonderful food visit **FAIRUZ** at Fairfax House, Merrion Street, Leeds. **Tel: 0113 243 4923**. All HASSRA LEEDS members can claim 10% discount on their bill at Fairuz, Leeds' only Lebanese restaurant.

Always a popular venue, Fairuz is especially renowned for imaginative use of vegetables and pulses, which makes it particularly attractive to vegetarians and vegans. But fish and meat eaters are also catered for, with delicious fresh ingredients, and an inspired use of herbs and spices. Never tried Lebanese food before? You're missing a treat.

## Discounted Cinema Tickets



From 1<sup>st</sup> April, the processing of **Discounted cinema tickets** will be managed centrally by the HASSRA finance team and **payment will only be accepted by credit/debit card** for the new standard prices as follows:

Cinema	Adult	Child		
Cineworld	£3.70	£3.70	Empire Zone 2 Adult	£4.20
Cineworld 3D ADULT	£6.44	£4.76	All Empire Cinemas except Leicester Square	
Vue	£4.39	£4.39	Empire Zone 2 Child	£2.90
Showcase	£3.82	£3.82	All Empire Cinemas except Leicester Square	
Odeon (Excluding London) Adult	£4.66	£4.66	Empire Zone 3 Adult	£2.97
Odeon (Excluding London) Child	£2.88	£2.88	Birmingham, Clydebank, Sunderland, Suttton Coldfield, Swindon and Wigan	
			Empire Zone 3 Child	£2.90
			Birmingham, Clydebank, Sunderland, Suttton Coldfield, Swindon and Wigan	

## Aagrar Indian Resturant



Get 15% discount off food bill from Sunday to Thursday inclusive when a starter and main dish are ordered when you show your HASSRA Leeds Membership Card. **(Not valid between 01/12 – 02/01, bank holidays and Valentine's Day)**



# HASSRA Leeds Members Benefits



## Commando Fit

The COMMANDO FIT military style outdoor exercise sessions are entering their second season in Temple Newsam, Leeds. Started in response to people wanting to get fit using the same course used in the 'Race for Life', they have been getting fantastic results for their clients ever since. When you consider that you get a whole month of exercise classes for no more than £28 they are one of the most cost effective ways to exercise and get results, quickly. You can also make use of the classes at Wakefield and Bradford also for the same cost for maximum flexibility and benefit.

The success of the clients is largely down to the instructors, all past or present serving military personnel, and they certainly understand how to motivate and support the clients through their one hour exercise session. So if you are not getting any fitter using your current methods or need that EXTRA push and motivation then get yourself down there and join some of your colleagues. ALL HASSRA members are welcome to a **WEEKS FREE** trial on top of their **10% DISCOUNT** and there is no need to book, but remember to tell them where you heard about the sessions to claim your discount.

Further details can be found at [www.commandofit.co.uk](http://www.commandofit.co.uk) or by contacting 01226 382800.

## Brooklands Country Retreat and Health Spa



The picturesque setting of Brooklands Country Retreat and Health Spa in Garstang, Lancashire oozes style – an eclectic mix of old and new, combining the stunning 19<sup>th</sup> century country house and fabulously modern spa. Offering a fabulous selection of beauty treatments, which include Decleor, Clarins, Spa Find and Fake Bake, plus luxurious facilities, your Brooklands experience can be as relaxed or as invigorating as you would prefer.

Brooklands is thrilled to invite all Hassra members to come and enjoy the serene surroundings, fabulous facilities and luxurious treatments at a **10%** discount on any bookings made Monday to Thursday.

For further information please call 01995 605162 or view the website [www.brooklandsretreat.co.uk](http://www.brooklandsretreat.co.uk).

## Physiotherapy

- Chartered, BUPA approved physiotherapist
- Treating - Back & neck pain - Knee and shoulder pain
- - Sports injuries, sprains & strains - Sports massage
- Simon Glover MCSP SRP BSc HONS PHYS
- Clinics in LS1 & LS15
- Quarry House Thursdays
- £30/session - registered with Leeds hospital fund
- Tel: 07815 755097
- Chartered physiotherapist for 10 years - [www.physioleeds.com](http://www.physioleeds.com)



## BLACKHOUSE Restaurant & Bar

31-33 East Parade  
Leeds LS1 5PS  
0113 246 0669

A classy restaurant that serves wonderful steaks and the freshest of produce from our seas. With an excellent wine selection and cocktail bar to accommodate all palates, HASSRA Leeds members are invited to apply for their 20% discount card - which can be used across the Blackhouse chain when booking reservations online.

To register for the 20% discount card simply register on-line at:  
[www.blackhouse.uk.com/apply](http://www.blackhouse.uk.com/apply)

Remember to register HASSRA Leeds when asked for the company name.



## Leeds Well Being Centre - Member Benefit

We are a charity who provide complementary therapies to private paying clients and use the proceeds to provide treatments for people with long term mental health issues. We get our client referrals from the NHS, Community Mental Health nurses and other charities such as Mind to name but a few. So if people come for therapies with us they can do so safe in the knowledge that they are also helping someone else.

The therapies that we offer include; acupuncture (£40), ear acupuncture (£35), aromatherapy (£35), Indian head massage (£30), reflexology (£30), reiki (£30), shiatsu (£30), sports massage (£35), Swedish massage (£32.50) and hot stones massage (£35) to name but a few. All of the details are on our web site at [www.leedswellbeingcentre.org.uk](http://www.leedswellbeingcentre.org.uk)

We would like to offer HASSRA members a 10% discount off our prices.

We are located at the bottom of Eastgate just over the road from the Playhouse.

## Holiday Home?

Do you have a holiday home that you rent out? If you are prepared to offer a discount to HASSRA members we are offering two opportunities to advertise through The Newsletter. Just send the information below to Phil at the Forum.  
the.newsletter@hotmail.co.uk



We will be running two holiday home special issues in March and October.

### HASSRA Members – Holiday Lets / Homes Template

Name of member	
Location of Let / Home	
Local Amenities	<i>max of five</i>
Number of beds / sleeps X?	
20 word description of accommodation	
Rates	
HASSRA Leeds Member Discount	<i>Mimimum 10%</i>
Pictures	<i>Max of two, low resolution – please include via email</i>
Website / Contact details for further information	



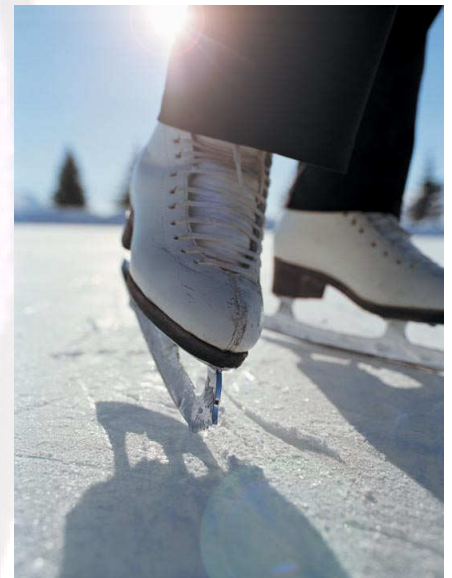
# **ICE SKATING LEEDS @ ICE CUBE** **Millennium Square - Leeds**

**Friday 27 Jan 2012 - Sunday March 2012**

Get your skates on and make sure you enjoy the thrill and magic of outdoor ice-skating at Leeds' coolest winter attraction.

**Including an extra rink and a 'snow slide' toboggan run for thrill seekers!**

- Great fun and suitable for all ages.
- Upright "penguins" in the nursery ring for budding new skaters. Trainer skates (double bladed) for learners and of course normal skates for the more adventurous!
- Over 1200 sq mtrs of real ice
- Fully heated rink-side café.



HASSRA Leeds invite you to organise your own tickets, enjoy the event and provide proof of purchase and HASSRA Leeds membership **for each ticket after the event** to receive a £3 refund on the cost of your ticket. Offer applies to HASSRA Leeds members and their children (under 16). Offer limited to one application per member, irrespective of how many times you return for another go!

To claim costs back you will need to send a ticket stub with **price and date**, or some other proof of purchase, individual HASSRA Leeds membership number for each ticket refund claimed and your contact details where the cheque may be sent, to **Phil, C/O the Forum at Quarry House, Quarry Hill, Leeds, LS2 7UE**. **Only events advertised by HASSRA Leeds are eligible for this offer.**



# TICKET OFFER



## GIRLS NIGHT CITY VARIETIES, MUSIC HALL, LEEDS.

25 June – 30 June 2012

Tickets from £18.50 visit [www.cityvarieties.co.uk](http://www.cityvarieties.co.uk) for more information, times and booking.

Five friends who met at school go on a Karaoke night out. Seems perfectly normal - only one of them is an angel and can't be seen by the others. 'Girls Night' is a warm hearted look at the friendship of a group of forty-something women - warts and all! Featuring Eastenders' Gillian Taylforth and her sister Kim, so grab your girlfriends, your sisters and your work mates and prepare to laugh, cry and dance in the aisles.

**OFFER - HASSRA Subsidy £8 per member/associate member**



## OLIVER

**LEEDS GRAND THEATRE** Performances: 6 November – 8 December 2012

Tickets from £25.00 visit [www.leedsgrandtheatre.com](http://www.leedsgrandtheatre.com) for more information and to book..

The smash hit musical Oliver! comes to Leeds Grand Theatre with Neil Morrissey in the role of 'Fagin'. The sensational score of Oliver! Is full of Lionel Bart's irresistible songs including **Food Glorious Food, Consider Yourself, You've Got To Pick-a-Pocket Or Two, I'd Do Anything and As Long As He Needs Me** . Book early for this sensational show.

**OFFER - HASSRA Subsidy £10 per member/associate member**

HASSRA Leeds invite you to organise your own tickets, enjoy the event and provide proof of purchase and HASSRA Leeds membership **for each ticket after the event** to receive the advertised refund on the cost of your ticket. Offer applies to HASSRA Leeds members and their children (under 16) who have associate membership.

To claim costs back you will need to send a ticket stub with **price and date**, or some other proof of purchase, individual HASSRA Leeds membership number for each ticket refund claimed and your contact details where the cheque may be sent, to Phil, C/O the Forum at Quarry House, Quarry Hill, Leeds, LS2 7UE.

**Only events advertised by HASSRA Leeds are eligible for this offer.** Enquiries to [Julie.chapman@dh.gsi.gov.uk](mailto:Julie.chapman@dh.gsi.gov.uk)





# Peppa Pig's Treasure Hunt

WEST YORKSHIRE PLAYHOUSE

Performances: 7 June - 10 June 2012

Tickets £16 - visit [www.wyp.org.uk](http://www.wyp.org.uk) for more information and to book.



Peppa Pig and her friends are going on a treasure hunt and need your help to follow the clues and find their treasure as they all enjoy a day of adventure. Following the incredible sell-out success of Peppa Pig's Party, Peppa is back with a brand new show featuring true to life puppets, perfect singalong songs and a new story that will charm and delight all her fans. Full sail!  
*Suitable for ages 3+*



## THE GRUFFALO

LEEDS GRAND THEATRE

Performances: 19 July – 21 July 2012

Tickets £13.00

Visit [www.leedsgrandtheatre.com](http://www.leedsgrandtheatre.com) for more information and to book.

Join Mouse on an adventurous journey through the deep, dark wood in this magical, musical adaptation. Mouse can scare hungry animals away with tall stories of the terrifying Gruffalo, but what happens when he comes face to face with the very creature he imagined? Songs, laughs and scary fun for children and families.

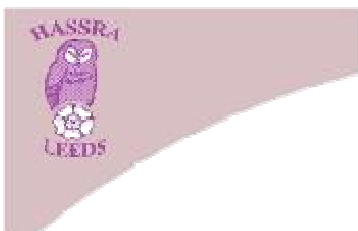
*Suitable for ages 3+*

HASSRA Leeds invite you to organise your own tickets, enjoy the event and provide proof of purchase and HASSRA Leeds membership **for each ticket after the event** to receive a 50% refund on the cost of your ticket. Offer applies to HASSRA Leeds members and their children (under 16) who have associate membership.

To claim costs back you will need to send a ticket stub with **price and date**, or some other proof of purchase, individual HASSRA Leeds membership number for each ticket refund claimed and your contact details where the cheque may be sent, to Phil, C/O the Forum at Quarry House, Quarry Hill, Leeds, LS2 7UE.

**Only events advertised by HASSRA Leeds are eligible for this offer.**

Enquiries to [Julie.chapman@dh.gsi.gov.uk](mailto:Julie.chapman@dh.gsi.gov.uk)



**HASSRA LEEDS IS GETTING QUARRY  
HOUSE ALL SPORTY FOR  
SPORTS RELIEF 2012**

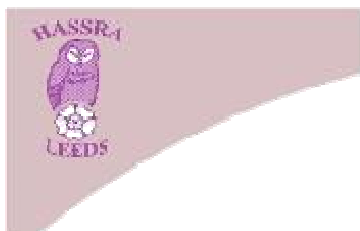
**FRIDAY 23<sup>RD</sup> MARCH**

**WILL INCLUDE:**

- **WEAR YOUR TEAM'S SHIRT TO WORK DAY –  
(FOOTBALL/CRICKET/RUGBY ETC)**
- **RAFFLES**
- **BEAT THE GOALIE & OTHER SPORTING ACTIVITIES**
- **CAKE COMPETITION**

**MORE DETAILS TO FOLLOW – BUT PLEASE SUPPORT US  
ON THE DAY IF YOU CAN**

**THIS EVENT IS FULLY SUPPORTED BY SENIOR  
MANAGERS IN DOH AND DWP**



# Wanted...

## Willing Helpers for HASSRA Leeds

### Do you want to be involved?

Our AGM will be on **Wednesday 29 February @ 16:30** in the Woodpecker Bar, Quarry House. We will be looking for members who wish to help run the Club.

The details below contain information on the responsibilities of the Board Of Management (BOM) and the various sub committees.

If you have an interest in one of these areas and would like to share your skills with us the subsequent pages include nomination forms if you would like to stand for election at the AGM.

If so, please complete the relevant nomination form, remembering to have your nomination proposed and seconded by a HASSRA Leeds member, and return to:

Isobel Todd, Room 3E 10,  
Quarry House,  
Quarry Hill,  
Leeds LS2 7UA

By: **noon on Wednesday 22 February at the latest.**

Nominations received will be used in the election process at the AGM. It would be useful if nominations were supported by a brief pen picture (information you could include = HASSRA/CSSC club involvement, committee experience other sports/social involvement, other relevant experience and reasons for nomination).



## **Board of Management (BOM)**

The BOM deals with more strategic issues and provides guidelines which the various committees should work to. The BOM also provides members to manage the contract with the leisure centre.

The BOM comprises three officers (Chair, Secretary and Treasurer), six ordinary members plus the chairs of the Events, Communications and Clubs/Development sub committees. Three of the six ordinary members may be Associate members. The BOM members will be elected at the AGM.

### **Trips & Events**

Fancy having a go at organising a couple of trips in the next 12 months? If so read on.

#### **By joining the Events Committee you will**

- Meet at least quarterly to discuss a programme of activities and agree subsidies within guidelines issued by the HASSRA Leeds Board of Management.
- Help organise a couple of trips or events for our members - this will involve:
  - Liaising with travel companies for prices/itinerary/adverts.
  - Being the contact point for cheques, issuing receipts, checking membership details and booking places.

### **Communications Committee**

This group has the responsibility for general communication issues – in particular they have responsibility for the HASSRA Leeds Newsletter and the HASSRA Leeds Website.

### **Finance Committee**

Want to have a say in how HASSRA funds are distributed to our sports & leisure clubs? Would you like to help members set up new clubs? This committee:  
decides on funding applications which are submitted during the year by our clubs;  
funds are then used to subsidise club activities throughout the year.  
provides advice to club officials re record keeping (accounts etc) and monitors such records throughout the year.  
encourages new ideas from clubs & members and the setting up of new clubs.

### **Leisure Centre Open Forum**

Do you use the Forum regularly and have an interest in maintaining/improving the service provided? The Open Forum provides the opportunity for members to channel suggestions. The chair of the Open Forum will also serve with members from the BOM on the Leisure Centre Contract Management Team



# HASSRA Leeds AGM

## Wednesday 29 February 2012 at 16:30

### Woodpecker Bar, Quarry House

#### Motions to the AGM

Motions from members must be submitted in advance & in writing, together with accompanying notes to fully explain the reasoning behind the motion up to 14 days prior to the AGM (by Thursday 16 February at latest). Please send either by email to [isobel.todd@jobcentreplus.gsi.gov.uk](mailto:isobel.todd@jobcentreplus.gsi.gov.uk) or by post/courier to Isobel Todd, Room 3E 10, Quarry House, Quarry Hill, Leeds LS2 7UA.

#### Attendance and Voting

All HASSRA Leeds Members (full, retired or associate) can attend the AGM. Also all members can participate at an AGM.

#### Refreshments

In order for us to organise catering effectively, please either email your details (see below) to [isobel.todd@jobcentreplus.gsi.gov.uk](mailto:isobel.todd@jobcentreplus.gsi.gov.uk) or complete and return the tear off below if you wish to attend the AGM.

To: Isobel Todd

Room 3E10, Quarry House

I confirm that I am a HASSRA Leeds member & that I will be attending the AGM on 29/02/12.	
Contact Name	
Room Number/Location or home address	
Phone No	
E Mail address	



## Nomination for HASSRA Leeds Sub Committees

I confirm that I am a HASSRA Leeds member & that I will be attending the AGM on 29/02/12.	
Name / Signature	
Room Number	
Phone No	
(We confirm we are HASSRA Leeds members & wish to nominate the above person to serve on the committee in the position indicated below (* please delete as appropriate). <b>NB: Chair positions must have Full Member status)</b>	
Name / Signature	
Room Number	
Phone No	
Name / Signature	
Room Number	
Phone No	

### 1. Trips & Events

- Chair (please note that the Chair will also serve on the Board of Management)
- Ordinary member

### 2. Finance committee

- Chair (please note that the Chair will also serve on the Board of Management)
- Ordinary member

### 3. Communication

- Chair (please note that the Chair will also serve on the Board of Management)
- Ordinary member

### 4. Leisure Centre Open Forum

- Chair (please note that the Chair will also serve on the Leisure Centre Contract Management Group with members of the BOM)

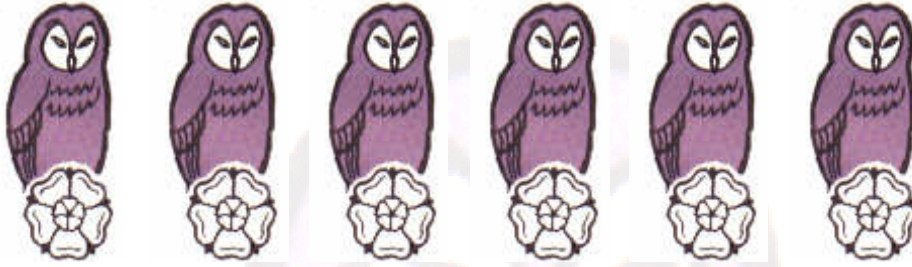


## Nomination for the HASSRA Leeds Board of Management

I confirm that I am a HASSRA Leeds member & that I will be attending the AGM on 29/02/12.	
Name / Signature	
Room Number	
Phone No	
<p>We confirm that we are HASSRA Leeds members &amp; wish to nominate the above person to serve on the <b>BOM</b> in the following position (*please delete as appropriate) :</p> <ul style="list-style-type: none"> <li>- <b>Chair (Full Membership status only)</b></li> <li>- <b>Secretary (Full Membership status only)</b></li> <li>- <b>Treasurer (Full Membership status only)</b></li> <li>- <b>Ordinary Board Member (please indicate if the nominee has full or associate member status)</b></li> </ul>	
Name / Signature	
Room Number	
Phone No	
Name / Signature	
Room Number	
Phone No	



## HASSRA Leeds Awards



HASSRA Leeds only succeeds because of its many dedicated members and associate members

Their support is given in many different ways, for example;

Taking part in regional and national quizzes

Representing HASSRA Leeds in sports competitions

Organising/assisting with one of the many different HASSRA Leeds clubs

Serving on the Board of Management

Supporting HASSRA Leeds as a spectator

HASSRA Leeds Awards day is our way of recognising some of our special people.

We need your nominations for the HASSRA Leeds Awards 2012 – tell us who you would like to see receive recognition as:

- Outstanding Sports Person – restricted to sports activities and nominated by club members
- Best Club – awarded to any club – new or otherwise
- Martin Williams Trophy – awarded at the behest of the club Chair
- Volunteer of the Year – awarded at the behest of BOM with nominations by club members
- Merit Awards – awarded at the behest of BOM with nominations by club members

If there is someone who you feel deserves recognition, then please send your nomination, with brief details of why you think they should receive an award, to Phil Hepworth, Forum Reception, Quarry House, Quarry Hill, Leeds, LS2 7UE

**Deadline: Noon on 17<sup>th</sup> February**

HASSRA LEEDS AWARDS will be presented in the WOODPECKER following the AGM on 29<sup>th</sup> February 2012.





## Best HASSRA Leeds Club

Please send your completed submission in a format as shown in the table below to nominate your club for the Best HASSRA Leeds Club Award. Submissions should be limited to activities from 1<sup>st</sup> January – 31<sup>st</sup> December 2011. Please indicate which award your club is nominated for in your submission.

CLUB NAME: \_\_\_\_\_

Secretary's Name: \_\_\_\_\_

### Submission Details

Dates	Event Description (what did you do)	Participation (nos. of members/guests)	Comments re success of event



## HASSRA Leeds Annual Merit Awards/ Volunteer of the Year Award



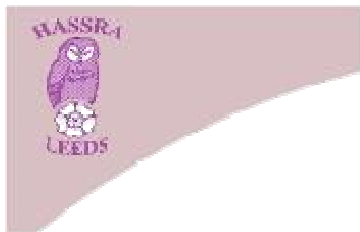
Now that the year 2011 has well and truly ended, it is time to consider nominating those HASSRA Leeds members who deserve recognition for their efforts throughout the year.

Examples of those who may be eligible are club officials who have dedicated much of their own time to running\nurturing a club or maybe an individual who personifies the aims of HASSRA.



To allow for flexibility there are no set rules on these awards, but when nominating a group or individual, consider their service to HASSRA Leeds and any achievements they may have made during the year.

If there is someone who you feel deserves an award then please send your nomination, with brief details of why you think they should receive an award. Email Phil at the.newsletter@hotmail.co.uk by 15/2/12 with your nominations.



# The Martin Williams Trophy



1998 saw the sudden and untimely death of HASSRA Leeds member Martin Williams. Those involved in HASSRA both in Leeds & London had known Martin for many years – he will be remembered as a great supporter of the organisation. His cheery presence at innumerable events encouraged many a participant, and his support helped a number of clubs to become established in HASSRA Leeds's early days.

The Martin Williams Trophy is awarded annually to a person, normally an un-sung hero who is an ambassador for HASSRA Leeds and / or works tirelessly behind the scenes. If there is someone who you feel deserves this trophy then please send your nomination, with brief details of why you think they should receive the trophy. Send your nominations to Phil at the Forum.

If there is someone who you feel deserves this trophy then please send your nomination, with brief details of why you think they should receive the trophy. Send your nominations to Phil at the Forum.

## Outstanding Sports Person of the Year

Do you know someone who excel in a sport or sports and have made a significant contribution to HASSRA Leeds sport during 2011? If so please send details covering the following to:

Phil at the.newsletter@hotmail.co.uk:

The nominee's name and office location, the primary sport for which they are being nominated.

A summary of sports achievements in non Civil Service events if applicable. Does the member have a ranking in their sport that indicates their level of achievement? Details of participation in HASSRA Leeds or regional events or competitions.

**Please send all nominations to Phil Hepworth, Forum Reception, Quarry House, email the.newsletter@hotmail.co.uk by Noon on 17th February**

**The HASSRA Leeds Board of Management will consider all nominations and the trophy/awards will be presented at the Awards Event following the AGM on 29th February 2012 in the Woodpecker from 16:30.**

**HASSRA Leeds AWARDS following AGM  
29th February Woodpecker Bar, Quarry House**

HASSRA Leeds invites you to the HASSRA Leeds Awards to recognise the individuals and clubs that make HASSRA Leeds so great.

There will be a free buffet for all those attending. To ensure that enough catering is organised please let us know if you will be attending. Please complete and return the tear off below

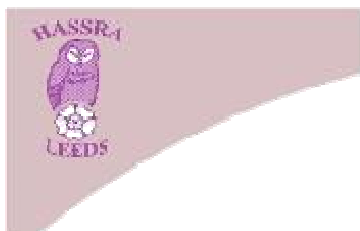
To: Julie Chapman, Room 4N11, Quarry House, Quarry House, Leeds

I confirm that I am a HASSRA Leeds member/associate member & that I will be attending the HASSRA Leeds Awards on 29th February 2012.

Contact Name .....

Room Number/Location or home address .....

Phone No ..... E Mail address .....



## **Champagne and Burgundy**

### **3 star Best Western Hotel de la Paix, Reims and 3 star Mercure Beaune Centre**

**28 June – 5 July 2012**  
**8 days/7 nights from £499**

- Luxury coach travel with air-conditioning
- Return mini-cruise sailings from Hull to Zeebrugge with inside 2-berth cabin (bunks)
- Two nights (one outbound and one return) bed and buffet breakfast at the 3 star Best Western Hotel de la Paix, Reims
- Three nights bed and buffet breakfast at the 3 star Mercure Beaune Centre
- All excursions with tastings at three champagne producers and three cellars/estates in Burgundy Côte de Beaune
- Services of a Group Choice Tour Manager



#### **Thursday**

We depart Quarry House at 3pm and travel to Hull for the 6.30pm overnight sailing to Zeebrugge. We include air-conditioned en-suite inside cabins with bunks (cabins with guaranteed lower berths and outside cabins are available at supplements). Facilities include bar lounge with live entertainment, buffet and a-la-carte restaurants, casino, two cinemas (local charge), piano bar and shops. A pre-purchased meal package of 2 dinners and 2 breakfasts is available at a saving against the on-board prices (see price panel).

#### **Friday**

We disembark in Zeebrugge at 9am and travel to Reims, arriving by 1.15pm. After a brief lunch stop we continue to the Montagne de Reims and visit a champagne house for tastings. In the late afternoon we check-in to the comfortable Hotel de la Paix situated in the centre of Reims, next to a large pedestrianised area with a wide variety of pavement cafes, bars and restaurants. All rooms are air-conditioned with satellite TV and hairdryer. There is a small indoor pool.

#### **Saturday**

We depart at 9am and travel south to Burgundy with a lunch stop in Dijon (arriving around 12.45pm). At 3pm we continue to our hotel in Beaune, arriving by 3.45pm. The rest of the day is free. The Mercure Beaune Centre is located a short walk from the town walls. All rooms are air-conditioned with satellite TV, mini-bar, hairdryer and free wi-fi (no tea/coffee making facilities). There is an attractive outdoor terrace with unheated pool. Beaune is the picturesque



wine capital of Burgundy. The ramparts date from the 12<sup>th</sup> century and the watchtowers and turrets still stand. The Hospice de Beaune, built in flamboyant Gothic style, has been in continual use since the 15<sup>th</sup> century and now houses one of several museums in the town. There are many wine cellars and shops in the centre, together with a Wine Museum. There is a Tourist Train and guided walks are available.

#### **Sunday**

After breakfast we depart at 10am for a visit to a cellar in the Côte de Beaune where we include a tour and tastings. After free time for lunch in Beaune we travel a short distance south, meandering through some of the villages on the "Route des Grands Crus" en-route to our second wine visit of the day with more tastings.

#### **Monday**

The morning is free. In the afternoon we enjoy our final visit in the area to a family run producer with an enthusiastic owner for a tour and tastings.

#### **Tuesday**

We depart at 9am and travel to Troyes for a lunch stop, arriving around 11.30am. In medieval times the city was built in the shape of a champagne cork. Narrow pedestrianised streets in the heart of the city are lined with beautiful half-timbered 16<sup>th</sup> century houses. A number of churches have exceptional stained glass. There are some interesting shops and plenty of pavement cafes and bars. We depart at 2pm and visit a Grand Cru champagne producer (tastings only) en route to our overnight stay again in Reims, where we arrive around 6pm.

#### **Wednesday**

After breakfast we make our final champagne visit in Reims, then after a brief break for lunch we depart around 1pm for Zeebrugge (with a short comfort stop en route) arriving around 4.45pm for the 7pm sailing to Hull. Entertainment is again included.

#### **Thursday**

We disembark at 8.30am and expect to be in Leeds around 10.15am.

#### **PRICES (basic price based on 30+ passengers and will reduce if 35 or more travel)**

	<b>HASSRA MEMBER</b>	<b>NON-MEMBER</b>
Basic price	<b>£499</b>	<b>£599</b>
Single supplement (cabin and hotel rooms)	£145	£145
Outside cabin supplement (bunks)	£20 per cabin	£20 per cabin
Lower berths supplement for inside or outside cabin (ie additional supplement for outsides) – this guarantees a 4-berth for twin use	£10 per cabin	£10 per cabin
Meal package on-board * (adults)	£42	£42

\* 2 five-course buffet dinners and 2 buffet breakfasts. Normal on-board price around £52.

*TRAVEL INSURANCE: Adequate travel insurance is essential. Details of cover held at the time of booking (insurance company, policy number, expiry date and emergency telephone number) must be submitted. This cover should include medical expenses and repatriation.*

**CLOSING DATE: 30 MARCH** . Please send booking forms with a deposit cheque of £100 per person (one cheque per party if possible please) **PAYABLE TO: HASSRA Leeds Wine Club** to Mike Ferguson, 27 Copgrove Road, Leeds LS8 2SP. Mike can also take any questions about the trip, and can be contacted on 0113 2939327 or 07725 321816.



## NORTHUMBERLAND

Including visits to Cragside (admission included), Holy Island, Warkworth, Alnwick Castle and Gardens (admission extra) and Hadrian's Wall



**4 star Marriott Gosforth Park Hotel      12-15 July 2012**  
**4 days from £170 (single supplement £75)**

- air-conditioned executive coach travel & services of Group Choice Tour manager
- three nights dinner, bed and breakfast
- visit to Cragside (admission included)
- excursion to Holy Island and Warkworth
- excursion to Alnwick Castle and Gardens (admission extra)
- visit to Corbridge or Hexham



The 4 star Gosforth Park Hotel is set in over 12 acres of woodlands 5 miles north of Newcastle. All rooms are en-suite with satellite TV, telephone, hairdryer, tea/coffee making facilities, iron/ironing board, trouser press and mini-bar. There is a restaurant, bar and indoor leisure facility including pool, spa bath, steam room, sauna, gym, outdoor tennis court and fitness trail.

**THURSDAY** We depart and travel to Cragside (taking a coffee stop en route). We expect to arrive at Cragside by 12.30pm (admission included). This was the revolutionary home of Lord Armstrong, Victorian inventor and landscape genius, and was the first house in the world to be lit by hydro-electricity. It also has one of the largest rock gardens in Europe. At 4pm we continue to our hotel, arriving by 4.45pm.

**FRIDAY** This morning we visit the ancient and picturesque village of Warkworth on the River Coquet. Its skyline is dominated by magnificent [Warkworth Castle](#), home to an impressive 15th century keep and courtyard and one of the finest preserved in the country (admission approx £5, English Heritage members free). The village has an exceptional range of galleries, plus [pubs](#), [restaurants](#) and gift shops. There is a beautiful riverside walk and there are rowing boats for hire. After lunch we continue to Holy Island. Attractions include Lindisfarne Castle (NT members free or approx £6 admission), Lindisfarne Priory (small admission charge) and the Heritage Centre where there is an electronic version of the famous Lindisfarne Gospels (small admission charge). We return to the hotel by 5.30pm.

**SATURDAY** We depart at 10am and travel to the historic market town of Alnwick, arriving around 10.45am. There is much to enjoy at Alnwick Gardens including a unique water feature, Ornamental Garden, Rose Garden, woodland walks, Serpent Garden, Poison Garden, Labyrinth and one of the world's largest tree houses. Alnwick Castle is described as the "Windsor of the North" and is occupied by the Duke of Northumberland. The state rooms contain beautiful furniture, paintings and porcelain. At the Bailiffgate Museum in the town (short walk) the people and places of North Northumberland are brought to life in lively, interactive style. There are several pubs, cafes and shops including one of the largest second-hand bookshops in the country (at the old station platform).

**SUNDAY** After checking out we depart at 10am and travel to the attractive village of Corbridge which lies on the River Tyne and has a rich Roman heritage. It has some interesting shops plus cafes, pubs and restaurants. The excavated Roman garrison town of Corstopitum can be visited on the outskirts of the village (approx £5 or English Heritage). There will also be the opportunity of a walk along Hadrian's Wall trail or a visit to nearby town of Hexham where attractions include the Abbey and Old Gaol. We depart around 2.30pm and return to Leeds by around 4.30pm.

**PRICES (basic price is based on a minimum of 35 and will reduce if 40 or more travel)**

	HASSRA LEEDS MEMBER	NON-MEMBER
Basic price	£170	£262
Basic price (child under 16 sharing with two adults)	£105	£162
Single supplement	£75	£75
Alnwick Castle and Gardens	£12.50	£19.20
Alnwick Castle and Gardens (child 5-15) – under 5s free	£6.50	£10
National Trust members reduction	£8 <i>reduction</i>	£12 <i>reduction</i>

**CLOSING DATE 13 APRIL**

Please send booking forms with a deposit of £30pp (by cheque payable to HASSRA Leeds) to Sheila Lewis 1 Revel Garth, Denby Dale, Huddersfield HD8 8TG - email address she\_lewis@yahoo.co.uk



# HASSRA Leeds- HALF TERM FAMILY FUN

## 7-8 June 2012 2 days from only £85 children aged 4-15 from only £60



### DRAYTON MANOR THEME PARK and CHATSWORTH HOUSE, GARDENS AND FARMYARD



### Staying at the New Drayton Manor Hotel

**Including**

- air-conditioned coach travel with drinks facility and toilet
- one night dinner, bed and breakfast
- admission to Chatsworth House, Gardens and Farmyard
- day admission to Drayton Manor Theme Park and Zoo
- services of a Group Choice Tour Manager

Optional – Character breakfast with the Fat Controller and friends

The new Drayton Manor Hotel is located at the entrance to the park. All rooms are en-suite with bath and shower, air-conditioning, flat screen TV, safe, hairdryer, iron/ironing board and tea/coffee making facilities. Family rooms have a double bed and a double sofa bed.

**Thursday**

We depart Leeds at 9.30am and travel to Chatsworth House in Derbyshire, arriving around 10.30am. The 105 acres of garden include giant water features, sculpture, beautiful flowers and magnificent views of the park. Admission includes a visit to the farmyard with a wide variety of animals, daily animal handling sessions and a woodland adventure playground. There is a restaurant, cafe and several shops. Later in the afternoon we travel to our hotel, arriving by 5pm. Dinner is included this evening. There will be a Thomas and Friends Theatre with bedtime stories.

**Friday**

Breakfast is included, and for a small supplement you can join the Fat Controller and friends at a character breakfast (children must be accompanied by a paying adult). After breakfast the day is free to enjoy the Theme Park, home of Thomas Land with rides including Troublesome Trucks Coaster, Diesels Locomotion Mayhem, Harold's Helicopter Tours and Terence's Driving School, plus indoor and outdoor play areas, cafe and a huge toy shop. There are rides for all ages in the main park including Drunken Barrels, Flying Dutchman, The Haunting and several thrill rides including Ben 10: Ultimate Mission, G Force rollercoaster (voted Best European Thrill Ride) and The Bounty white knuckle ride. There is a 4D cinema and a zoo which is home to more than one hundred different animal species including the famous meerkats.

At 5.30pm we depart and expect to be back in Leeds by 7.30pm.

PRICES	HASSRA MEMBERS	NON-MEMBERS
Basic adult price	£85	£129
Children 4-15 sharing with 2 adults*	£60	£95
Children aged 3 sharing with 2 adults*	£45	£69
Children under 3 sharing with 2 adults*	£25	£39
Single supplement	£15	£15
Character breakfast supplement (adults)**	£4	£5.50
Character breakfast supplement (children)**	£2.50	£3.50

\*maximum room occupancy 3 adults or 2 adults plus 2 children (please note that children share a sofa bed so it may be restricted for space)

\*\* subject to availability – places will be confirmed after closing date

Booking forms with a deposit of £30 per person to George Roe, Room 1S25, Quarry House, Leeds, LS2 7UA by 31 MARCH. Cheques should be made payable to HASSRA Leeds.

Want to join HASSRA? - Forms are available from the Forum Reception



## OVERNIGHT MYSTERY TRIP WHERE WILL WE GO - WHAT WILL WE SEE?

**24-25 March 2012**  
**2 days from only £53**



### The price includes

luxury coach travel with toilet and drinks facility  
one nights dinner, bed and breakfast sharing twin/double room  
visits to places of interest (any admission costs extra)  
services of a Group Choice tour manager

**Your hotel will be a minimum 3 star with indoor leisure facilities. All rooms will be en-suite with TV and tea/coffee making facilities.**

### Saturday

We leave Leeds at 9.30am and travel .... somewhere. We call at one or two places of interest en route and everybody can join in the fun to win a prize for the first to identify our mystery destination.

### Sunday

After a leisurely breakfast we check out and enjoy another mystery itinerary before arriving back in Leeds in the early evening.

*Please note that there will always be a free alternative to any paid admission*

## PRICES

	HASSRA LEEDS MEMBER	NON-MEMBER
Basic price	£53	£82
Single supplement	£15	£15
One child under 12 sharing with 2 adults	£38	£59

### CLOSING DATE 17 FEBRUARY 2012

Please return booking form with £30 deposit per person to:  
**Julie Chapman, Room 4N11, Quarry House, Quarry Hill, Leeds, LS2 7UE**



# January Sudoku - Answers

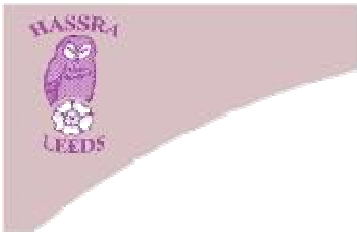
2	3	1	9	8	7	5	6	4
9	8	7	5	6	4	2	3	1
4	5	6	3	1	2	7	9	8
3	1	2	4	7	5	9	8	6
6	4	9	8	2	3	1	5	7
8	7	5	6	9	1	4	2	3
7	9	4	2	3	8	6	1	5
1	2	8	7	5	6	3	4	9
5	6	3	1	4	9	8	7	2

## Sudoku - X

Complete Sudoku - X like a regular Sudoku, but with no repeats in either of the shaded diagonals.

9	1	3	7	4	2	6	5	8
6	7	2	8	5	3	4	1	9
8	4	5	6	1	9	7	2	3
7	2	8	3	9	6	1	4	5
1	5	6	4	2	8	9	3	7
4	3	9	5	7	1	2	8	6
2	6	4	9	3	5	8	7	1
5	9	7	1	8	4	3	6	2
3	8	1	2	6	7	5	9	4

**There were 19 entries, 16 of which were correct. The winner is Jon Edwards GW33.**



# February Crossword

1		2		3		4		5		6		7
	■		■		■		■		■		■	
8						9						
	■		■		■		■		■		■	
10								11				
	■	■	■	■	■	■	■	■	■	■	■	■
	■	12	13				■	14	15			■
16	■		■	■	■	■	■	■	■	■	■	18
19				20		21				22		
	■		■		■		■		■		■	
23								24				
	■		■		■		■		■		■	
25						26						

**Across**

- 1. Buccaneers (7)
- 5. African equine (5)
- 8. Serious (5)
- 9. Disregarded (7)
- 10. Abhorrent (7)
- 11. Beer mug (5)
- 12. Intense (5)
- 14. Thicket (5)
- 19. Regular hexahedrons (5)
- 21. Residence (7)
- 23. Greed (7)
- 24. Deportation (5)
- 25. Choose (5)
- 26. Journeyman (7)

**Down**

- 1. Rector (6)
- 2. Kind of puzzle (5)
- 3. Deluge (7)
- 4. Grabbed (6)
- 5. Regions (5)
- 6. Edges (7)
- 7. Fervent (6)
- 13. Vegetable (7)
- 15. Remnant (7)
- 16. Abrasion (6)
- 17. Photographic equipment (6)
- 18. Aff (6)
- 20. Change position (5)
- 22. Ways out (5)

Your name and membership number: \_\_\_\_\_

Location \_\_\_\_\_

Tel: \_\_\_\_\_

Please send your completed quiz to Phil Hepworth, Forum Reception by 22nd February COP.  
 All correct entries (or highest score) will be entered into a prize draw for £30. Members only.  
 Only one entry per person.





# Leeds Clubs And Activities

Club	Contact	Extension	Room No
Angling	George Roe	24244 QH	1S25
Badminton	Jonathan Leahy	46707 QH	5E62
Bridge	Andy Mattacks Dave Barnes	24631 24188	GN35
Christian Fellowship	Gillian Priestley Ros Hynes	29949 QH 45847 QH	
Craft Club	Elizabeth Letaief	24902 QH	1S25
Cricket	Phil Sharples	07920864377	3S 25
Darts	Tim Wardle	27210 QH	3FS TS
Football (Men's 5 a side)	Scott Gee	36768 QH	4W57
Football - Wednesday	Phil Thomas	46549 QH	
Forum Leisure Centre	Reception	24456 QH	Ground Floor
Gamefishers	David Roper-Newman	27355 QH	GS36
Golf	Phil Corbett	27363 QH	3S25
HASSRA Dance Club	Mark Gore	45427 QH	4W57
Hockey – Men's	Sean Massey	24632 QH	GS36
Netball	Isobel Todd	27491 QH	3S25
Rambling	Novlin Harris	27783 QH	
Wine	Susan Mayne	47291 TS	
War Games Club	Stuart Wiltshire Martin Brown	27251 QH 24183 QH	GS25 1S25

Please contact The Forum Leisure Centre for details of swimming, training & fitness classes.

## HASSRA Leeds Board of Management Contact Details

Chair HASSRA Leeds	Catriona Patterson	0113 2545780	<a href="mailto:catriona.patterson@dh.gsi.gov.uk">catriona.patterson@dh.gsi.gov.uk</a>
Secretary	Isobel Todd	0113 2327491	<a href="mailto:Isobel.todd@dwp.gsi.gov.uk">Isobel.todd@dwp.gsi.gov.uk</a>
Treasurer	Peter Blinston	0113 2545972	<a href="mailto:peter.blinston@dh.gsi.gov.uk">peter.blinston@dh.gsi.gov.uk</a>
Events Committee Chair	Julie Chapman	0113 2545302	<a href="mailto:julie.chapman@dh.gsi.gov.uk">julie.chapman@dh.gsi.gov.uk</a>
Finace/Clubs Development Chair	Nick Streets	Email only	<a href="mailto:nick.streets@btinternet.com">nick.streets@btinternet.com</a>
Communications Chair	Alan Shaw	0113 2324028	<a href="mailto:alan.shaw@dwp.gsi.gov.uk">alan.shaw@dwp.gsi.gov.uk</a>
BOM member	Simon Jarrold	0113 2327120	<a href="mailto:simon.jarrold@dwp.gsi.gov.uk">simon.jarrold@dwp.gsi.gov.uk</a>
BOM member	Rosemary Matheson	0113 254 7130	<a href="mailto:rosemary.matheson@ic.nhs.uk">rosemary.matheson@ic.nhs.uk</a>
BOM member	Elaine Arnott	Email only	<a href="mailto:elainearnott29@googlemail.com">elainearnott29@googlemail.com</a>



## HASSRA Leeds Events and Clubs Activity Programme 2012

Feb12	7, 14, 21, 28	Dance Club	Argentine Tango	1-2 Sports Hall
	5th	Wargaming	Vapnartak - Wargaming Convention	York Race Course
	7th	Craft Club	Basic Crotchet - Potential Trip to Manchester Creative Crafts Show (11th)	5 of 5
	9th	Wine Club	Intro to Wine	Roy Jones
	7, 14, 21, 28	Badminton Club	5 - 7 pm in the Quarry House	Every Tuesday
	14th	Craft Club	Valentines Day Cards	Jackie
	21st	Craft Club	Decorate Spring Cupcakes	tbc
	28th	Craft Club	Mother's Day/female card	tbc
	29th	AGM	HASSRA Leeds Awards	Woodpecker
Mar12	6, 13, 20, 27	Badminton Club	5 - 7 pm in the Quarry House	Every Tuesday
	6th	Craft Club	Tea Bag Folding	Michelle
	13th	Craft Club	Mother's Day Gift - Origami Flowers	Jackie
	20th	Craft Club	Felt an Easter Egg	Josie
	24th-25th	Events Committee	Overnight Mystery Trip	
	27th	Craft Club	Decorate felted egg	
April12	3rd	Craft Club	Make a mini gift box	Elizabeth
	10th	Craft Club	Easter week. Possible trip to Alexandra Palace Show 14/15th	
	14th	Angling Club	Lindholme (Bonsai)	
	17th	Craft Club	Making Bunting	tbc
	24th	Craft Club	Make Silver Ear-rings	tbc
	31st	Craft Club	Anglo Saxon spinning/weaving	tbc



## HASSRA Leeds Events and Clubs Activity Programme 2012

May12	1st	Craft Club	Beginners Knitting	(Week 1 of 5) tbc
	8th	Craft Club	BH week - no meeting	
	15th	Craft Club	Beginners knitting	Week 2 of 5 tbc
	17th	Wargaming	Demonstration - Learning at work day	Quarry House
	17th-21st	Events	Amsterdam & Mini Cruise	
	12th	Angling Club	Brafferton (F1)	
	19-20th	Wargaming	Triples - Wargaming con- vention	Sheffield
	22nd	Craft Club	Beginners knitting	Week 3 of 5 tbc
	29th	Craft Club	Beginners knitting	Week 4 of 5 and father's day/man's cards. tbc
Jun12	2nd	Angling Club	Kippax Lakes	Skylark
	7-8th	Events	Drayton Manor Trip	
	21-22nd	Angling Club	Staffordshire Potteries	
July12	12/15	Events	Northumberland	
	21st	Angling Club	"Have a Go Day"	Sunrise, Spofforth
	TBC	Wargaming	Have-a-go day	TBC
Aug12	12th	Events	Forbidden Corner	
	16/19	Events	Cardiff Spa	
	25th	Angling Club	The Oaks, Sessay	Maple
Sept12	8th	Angling Club	Carpvaley	Front Pool
Oct12	4/9	Events	Paris	
	6th	Angling Club	Woodlands	Curlew
	13th or 20th TBC	Wargaming	Extra Life - Charity Gaming marathon	Venue TBC
	28th	Wargaming	Fiasco - Wargaming Convention	The Royal Armouries



# Hassra Leeds Wine Club



## Next event:

**Friday 24th February**

**Wines from Portugal**

5.30pm in the Restaurant

Meet from 5.00pm in the

WoodPecker Bar



## Presented by Brian Phillips

We shall be sampling wines from 5 regions of Portugal, from the Douro river Northwards. We shall begin with a refreshing white with tangy fruit flavours of peach and citrus and follow up with four reds finishing with a "Cult wine made from 70% Alicante Bouschet and 30% Trincadeira". Don't recognise the grapes? Don't worry, it's the taste that counts and I think I can promise you plenty of that.

## Whats Coming Up?

**Friday 9th March: New World Wines for New Members**

**Presented by Kim & Susan Mayne**

We've had a lot of new members recently and this will be a joint presentation by Kim Molloy and our secretary Susan Mayne. The New World is a HUGE area so we're going focus on two countries. Starting with some cool wines from California - including a bubbly one - then travelling rapidly south to try out some Latin magic from Argentina. Is American smooth worth the cost over Latin magic?

The event will cost HASSRA Leeds members around £ 7.

## Thursday 22nd March: Wines from Latitude presented by Chris Hill (of Latitude)

Latitude are an independent wine and liquor merchant based in The Calls region of Leeds. We have previously asked Chris to provide a presentation on mid priced wines that "bat above their price" and as he provided some exceptional examples we thought it would be good to ask him back with a challenge to do a presentation on wines above £25 that he feels are actually worth the price, rather than you paying that amount for the name (region).

As this will be a high cost event in the region of £14 - £16 (but new members see offer below ). We will be taking early deposits to determine numbers of bottles we purchase. **Confirmation that you will be attending this event with a deposit will be required by Friday 9 March.**

**SPECIAL OFFER REMINDER:** Don't forget our special offer : Any HASSRA Leeds member who attends the wine club for the first time pays only half price for the event. And if you decide you like it enough to join the club, the night is free. You can just turn up on the night, but it helps our planning to know potential numbers in advance, so if you would like to join us, or you'd like more information, please contact one of the committee.

For further information contact any of us:

CHAIR

Mike Ferguson:

Home: 0113 293 9327/Mobile: 07725 321816

TREASURER

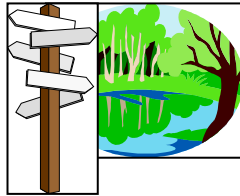
Roy Jones:

Work: 0113 232 4324

SECRETARY

Susan Mayne:

Work: 0113 254 7291



HASSRA Leeds Rambling Club

## Long Weekend in Northumberland

Closing date: 16 March 2012

**Friday 13<sup>th</sup> – Monday 16<sup>th</sup> April 2012**

To: Tony Armitage : 9 Cliffe Park Close, Leeds LS12 4XD

Name	HASSRA member Yes	Insurance required Yes/No	Type of Room Double/Twin/ Single/ D/T/S/F	Amount of Deposit + Insurance submitted	Balance of cost of Trip

Do you have any special dietary requirements?

Name of Lead Contact:

Tel No:

Mobile:

HASSRA Leeds Rambling Club trips are walking holidays and are open to anyone who is keen to take part. If you are not a member of the HASSRA Leeds Rambling Club please give brief details of your walking experience.

**Cheques should be made payable to HASSRA Leeds Rambling Club** unless otherwise specified in the advertisement. In the event of over-subscription, a ballot will be held and un-cashed cheques will be returned to unsuccessful applicants. Remember to enclose your cheque with the application. Cheques will not be banked until after the closing date, but bookings will not be accepted without a completed application together with cheque.

Insurance is essential for trips abroad. This should include cover for medical treatment, an emergency helpline, and repatriation cover – see also para 5 of the terms and conditions. For activities such as mountain sports, specialist insurance will be necessary.

Please ensure that you provide **full** contact details. Failure to do so may prejudice your booking.

Applicants requiring confirmation that booking form & cheque has been received must enclose a self addressed envelope/grid.

Please refer to full terms and conditions when applying as printed in the Gazette and on HASSRA Leeds website.

Come with us on a long weekend break to the magnificent Northumberland countryside a magical place filled with ancient castles, golden sandy beaches, rolling hills and rugged moorland.

As well as superb walking in the Cheviot Hills, there are plenty of daytrip possibilities including Craggside House, Alnwick/Dunstanburgh/Bamburgh Castles, Holy Island (check the tides first!) and the amazing coastline to name a few. A programme of walks will be arranged for members of the Rambling Club and any others who would be most welcome to join us.

There will be a short walk at 12.15pm on Friday for those who can make it as well as a short walk on the Monday

### The Hotel

Once again our base will be the excellent Tankerville Arms Hotel in Wooler, <http://www.tankervillehotel.co.uk/index.php> where we have three nights' Dinner, Bed and Breakfast. All rooms are *en suite*.

### Prices

HASSRA Leeds members	£123
Non-members	£183

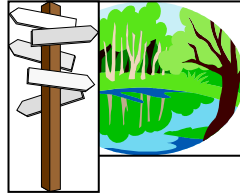
There is NO single room supplement

### Transport

No transport is provided with this trip – we shall be using our own vehicles. If you need, or can offer, a lift on a petrol-sharing basis, please inform the organiser when booking.

**Closing date: 16 March 2012**

Please return booking forms (see over) with £30 deposit (non-refundable) to Tony Armitage 9 Cliffe Park Close, Leeds LS12 4XD. Cheques should be payable to HASSRA Leeds Rambling Club. ([tony.armitage@yahoo.com](mailto:tony.armitage@yahoo.com))



HASSRA Leeds Rambling Club

## Saturday 18<sup>th</sup> February 2012 - Elslack to Pinhaw Beacon Circular & Rambling Club AGM

### The walk

This walk will take you over some of the same ground as on the Pennine Way, and then onward to Pinhaw Beacon where there are excellent 360 degree views. On a clear day long distance views to Inglebrough and the lakes can be enjoyed.

The route follows a short ascent up to Brown House to fully enjoy the distant views, onto Pinhaw Beacon Trig Point and then through Standrise Plantation. We will navigate our way around Elslack reservoir and end our journey at the [Tempest Arms](#) where excellent food and refreshments can be had.

### Clothing

Although the walk is relatively short you should be prepared for wet, muddy and cold weather. Boots and water proof clothing are an essential. You may wish to bring a change of clothes for the restaurant.

### Meeting point and time

Meet in the free car park of The Tempest Arms (Grid ref: SD926498). To get there take the A56 sign posted Colne. Turn off at the sign posted Elslack. The Tempest Arms car park is immediately on the right. Meet for a prompt 10:00 o'clock start.

### Transport

There is no public transport to the start of this walk.

However, lifts can be arranged from Skipton Railway Station. **By car:** Elslack is 5 miles west of Skipton and is sign posted from A65, A59, A56 Colne Road.

### Lunch

Lunch will be at 12:30 at The [Tempest Arms](#), which has a wide range of [snacks and meals](#). Please see the Tempest Arms Website or select the hyperlink to make your choice of meal, and then let me have your choices and money when confirming your place on the walk. Please note that there is a subsidy of £5.00 per person for members of HASSRA Leeds Rambling Club. Non-members are very welcome to join us for the walk and or meal but please note that the club subsidy will not be available.

### To book your place on this walk

Please contact the leader, Novlin Harris, by close of **Thursday 15th February 2012 at the latest.**

Phone: **0113 232 7783 or 079483 27511**

(Emergencies - on the day or preferably day before)

E-mail: [Novlin.Harris@JobcentrePlus@gsi.gov.uk](mailto:Novlin.Harris@JobcentrePlus@gsi.gov.uk)



# Bouldering Taster Session

**Thursday 01 March at 5pm at the City Bloc  
Come along and discover a hidden talent!**

## **What is bouldering?**

Bouldering is a style of rock climbing undertaken without a rope and normally limited to very short climbs over a crash mat. Boulder routes are commonly referred to as *problems* because the nature of the climb is often short, curious, and much like problem solving.

## **What will you need?**

Yourself, comfortable clothes, climbing shoes and a chalk bag (the last two can be hired)

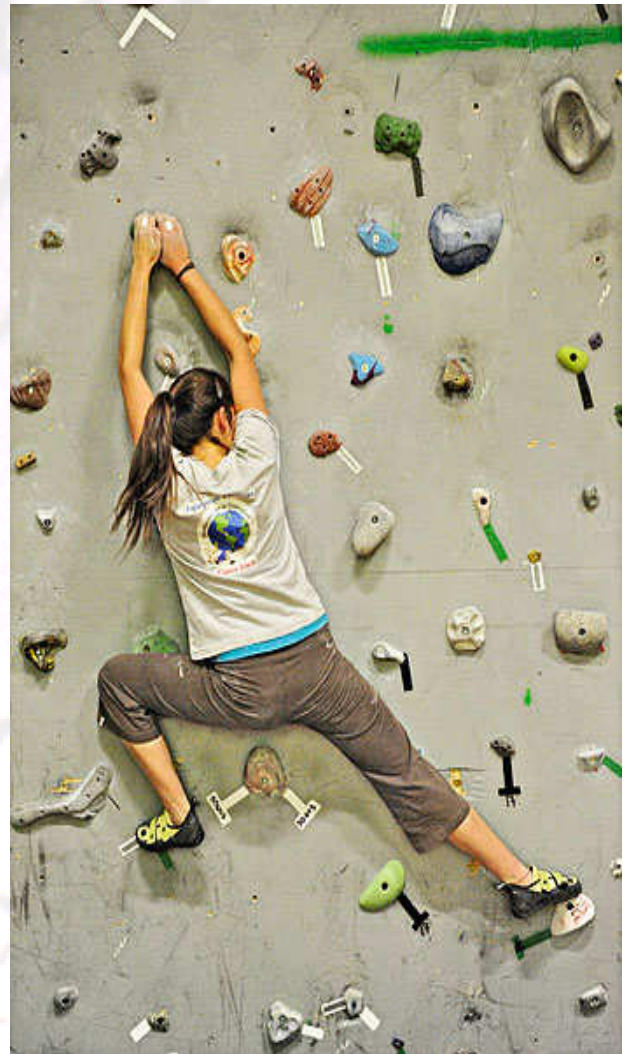
## **Where?**

The City Bloc - which hosts an impressive indoor bouldering centre with routes for all abilities.

## **How Much?**

It costs £7 for City Bloc members + £1 for non members (annual membership costs £3.50). Climbing boot hire is £2.50.

**HASSRA members will receive an approximate 30% refund on production of a receipt**



## **Contact**

If you are interested please contact Milly Nyeko at:

leeds.bouldering@gmail.com or Tel: 0113 232 7180

	<p><b>HASSRA LEEDS DANCE CLUB</b></p> <p><b>Beginner Ballroom and Latin Dancing</b></p> <p><b>Every Friday February 17 – March 30</b></p> <p><b>1 – 2 pm in Sportshall</b></p>
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Did you see Strictly Come Dancing and thought you would like to give it a go?

Now you can - as we are running a series of lessons on ballroom and Latin dances, which are suitable for complete beginners and those with more experience. The dances are flexible and could include favourites such as the waltz, foxtrot, tango, quickstep, jive, cha cha cha, rumba, samba or more.

Shirley is our very capable teacher and has taught beginners through to dance teachers. The lessons will focus on the basic steps and are suitable for people who have never danced before to come along and try it out. They also offer a chance for more experienced dancers to pick up tips. The aims of the lessons are for you to have fun and be able to get around a floor to the music.

Your normal office clothes and shoes are fine for dancing. However, trainers tend to have too much grip so are not suitable.

New members of the club get their first lesson free – just come and try it. Otherwise, the cost is just £6 per lesson for HASSRA members, £8.50 for non-HASSRA members. You can come to as many of the lessons that you want and only pay on the day for the lessons you attend.

Lessons are from 1 – 2 pm in the Sports Hall and will run from every Friday from 17 February to 30 March.

You can just turn up on the day, but if you would like more information please contact Neil Parkinson at [Neil.Parkinson@dh.gsi.gov.uk](mailto:Neil.Parkinson@dh.gsi.gov.uk)





# HASSRA Leeds Craft Club



Get Hooked on crochet with HASSRA Leeds

Our five week session starting on 10th January will cover everything from an absolute beginner's perspective - from how to tie a knot to start off your work to making a chain, double crochet and granny square. Attendees must commit to attending the whole five weeks as we will be learning new skills every week. By the end of the five sessions, participants will have the opportunity to have made a wrist warmer or mobile phone cover (depending on personal preference).

Spaces are limited and demand is expected to be high: please only consider attending if you are willing to commit to all five weeks and a bit of crocheting homework between sessions. If you already have basic crochet skills and are interested in attending an intermediate or advanced course in future, please let me know.

The cost is £17.50 for HASSRA members, £25.00 for non members. Cheques should be made payable to HASSRA Leeds but please don't send any money until your place has been confirmed.

Other sessions still in planning stage:

- 14th February - Valentine card making
- 21st Feb - Decorating spring cupcakes
- 6th March - Earring making
- 13th March - Mother's day gift box
- 20th March - Felt an Easter egg

Elizabeth Letaief - 0113 2324902





Learn something new  
with HASSRA Leeds!



# Valentine's card and keepsake class

**When:** Tuesday 7<sup>th</sup> February, 12:30

**Where:** Room GC06

**Materials required:** to be provided

**Limited places:** must book in advance



Make a card like this in your lunch

**Cost:** £2.60 for Non HASSRA  
members  
£2.00 HASSRA Leeds  
members

All profits to St Gemma's hospice

**Contact:** Elizabeth.letaief@dwp.gsi.gov.uk



## REVIEW OF THE IRON LADY STARRING MERYL STREEP JIM BROADBENT

This film has received a terrific amount of hype, Churchillian style quotes, endless Streep accolades. The constant appearances of Denis played by omnipresent Jim Broadbent were occasionally irritating. Just how many times do we need to see him? He didn't resemble him either. So it's more of a character portrayal than anything else. Unlike reports of the film there is political content and comment. The Falklands War and Poll Tax riots were really accurately portrayed. But the most traumatic was the Brighton bomb which was terrifically loud and extremely excoriating. The Miners strike was skimmed over which was a shame with such interesting protagonists like Scargill and Ian McGregor. Michael Foot was excellent – accurate beyond parody.

The film shows one of his finest speeches too. But the rest is Thatcher sinking into forgetfulness and dementia – but given some of the extraordinary events not surprising. Sometimes she comes across as remarkably ordinary other times an extraordinary political

battering ram (the Howe attack). The early days are vividly portrayed and filmed too. There is some feminist sympathising going on here especially during her early years where she's the object of sexism. You get more of an idea about Denis, showing when he was younger and more rakish. You can see how they were quite a complimentary double act. In some ways this is a peculiar surrealist ghost story. Spooky in parts. It's certainly a vital part of anyone's education especially mine as I left school in 1979. The year she came to power. Life was never the same again.

LEFTY AGITATOR





# SPORTS

## Quiz Night

### The HASSRA Y&H Sports Quiz

**When:** Thursday 29 March

**Time:** 19.00 & 21.00

**Where:** The Woodpecker bar @ Quarry House.

Refreshments will be available from 18.30.

Teams should be comprised of 4 members.

The Winning team will represent Y&H in the National Sports Quiz hosted by HASSRA Scotland November.

People wishing to enter should complete and return the tear off below or email [catriona.patterson@dh.gsi.gov.uk](mailto:catriona.patterson@dh.gsi.gov.uk)

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To: Catriona Patterson, Room 5W25 Quarry House Leeds LS2 7UE  
We wish to enter a team in the Y&H Sports Quiz taking place on Thursday 29th March 2012.

Team name:

Team members: Captain.....Member 2.....

Member 3.....& Member 4.....

Lead/Contact person.....

Location/Home Address.....

'Phone no.....Email.....



## CSSC – Rugby offers in 2012



### World Club Challenge 2012 – Leeds Rhinos V Manley

Friday 17<sup>th</sup> February – Headingley Stadium , Leeds – 8pm KO

Book your own ticket and claim **£10 per member** back from CSSC on cost of your ticket after the event.

Complete the CSSC Leeds claim form with proof of purchase and return to Steve Bishop, CSSC, 3 South, Lateral Building, 8 City Walk, Leeds, LS11 9AT.

### Superleague Grand Final 2012

Old Trafford Manchester Sat 6<sup>th</sup> October 2012 6pm KO -  
a £31 ticket plus return coach travel from central Leeds.

Please note no concessions for this game.

- CSSC Leeds members only £18
- HASSRA Leeds members £26
- Non members £31

Only 20 places left on the trip already! Send a cheque for correct amount to: Darren Fellows, CSSC, 2S25, Quarry House, Leeds, LS1 7UA with name, cssc/Hassra number on back to reserve places

### Magic Weekend – Half price tickets (travel NOT included)

See the Magic Weekend where all 14 superleague teams play each other over 2 days at the Etihad stadium, Manchester on the weekend of 26/27 May 2012.

Day tickets £15 (either Saturday or Sunday only)

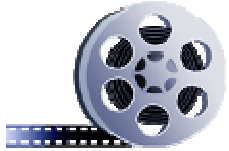
Weekend tickets £22.50 (Both days)

Concessions half price of above!

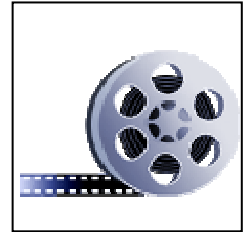
Contact [Darren.Fellows@dwp.gsi.gov.uk](mailto:Darren.Fellows@dwp.gsi.gov.uk) if you wish to book and make your own travel arrangements.

# Cinema Tickets

## From The Forum Leisure Centre



Cinema Tickets are still available from Phil at The Forum.  
We also now have Showcase Cinema tickets as well as more Vue and Cineworld tickets.



\* **£3.82**



\* **£3.70**



\* **£3.39**

**Available from Phil at  
The Forum reception on  
Tuesdays and Thursdays**



# The Forum

## Leisure Centre

# THE WOODPECKER BAR

- TV with full Sky package!
- Freshly made food for breakfast and Lunch.
- Available for all functions and parties.
- See Forum reception for details.

## Forum Opening Times

**Monday to Friday  
7 - 10**

**Weekends  
8 - 8.30**

## MEAL DEAL

**Sandwich, Crisps + 500ml  
Bottle of Water**

**Only £2.95**



**Monday - Friday**

**Opening Times:**

**Breakfast** 7.50am - 9.30am

**Lunch** 12noon - 2.00pm

**Hot Drinks** 7.30 - 2.00pm

**Freshly made sandwiches**  
Monday to Thursday - £2.95

**Hot Drinks**  
served 7.50am - 2.00pm



**Coffee Now  
Only £1**



**Also...**

Salad Bar, Paninis, Jacket Potatoes, Soup of the day with bread. Roast dinner, turkey/beef sandwiches and curry and chips also available on certain days.

## New Group Workout Classes Timetable Updated 01/01/11

<u>Day</u>	<u>Class</u>		<u>Time</u>
<b>Monday</b>	Studio Cycling	Craig	12.30 - 1.15pm
	Zumba	Kim	5.15 - 6.00pm
	Pilates Conditional	Jamal	6.30 - 7.30pm
<b>Tuesday</b>	Circuits	Craig	12.15 - 1.00pm
	Studio Cycling	Margaret	5.30 - 6.15pm
	Beginner Pilates	Jamal	6.30 - 7.30pm
<b>Wednesday</b>	Studio Cycling	Craig	12.30 - 1.15pm
	Circuits	Craig	5.30 - 6.30pm
	Ashtanga Yoga	Sarah	5.30 - 6.15pm
<b>Thursday</b>	Active Life	David	10.15 - 11.00am
	Zumba	Kim	12.12 - 1pm
	Pilates	Jamal	1.00 - 2.00pm
	Studio Cycling	Jamal	5.30 - 6.15pm
	Pilates	Jamal	6.30 - 7.30 pm
<b>Friday</b>	Studio Cycling	Craig	8.00 - 8.45am
	Yoga	Jack	12.15 - 1.15pm
<b>Saturday</b>	Studio Cycling	Margaret	9.00 - 9.45am
	Children's Street	Lara	10.00 - 10.45am
	Dance		
	Children's Street	Lara	1.00 - 1.45pm
	Dance		

\* Bleep Test first week of every month, subject to dates available

Please pre - book all classes, for quicker easier access to classes.  
Classes are subject to change or be cancelled at short notice.

## BOOKING TERMS AND CONDITIONS HASSRA TRIPS AND EVENTS

The following terms and conditions will apply to all events to ensure that every member has a fair opportunity to participate in events. The terms and conditions should be read in conjunction with the relevant booking form.

1. Wherever possible events will be advertised with a closing date for applications that is at least 4 weeks from the date first advertised, including proposed events where expressions of interest are being requested.
2. Persons wishing to travel together should complete one application form per room, submit their applications together, and determine a lead person who will be responsible for forwarding payments due and act as the contact on behalf of the group [via a signed disclaimer agreeing to these terms and conditions](#).
3. A booking will not be accepted or entered in a draw without the correct deposit [and signed disclaimer](#).
4. Once the closing date is reached, the number of applicants wishing to travel will be determined. Where there are sufficient places for all applicants, then deposit cheques will be banked and places confirmed.
5. Members should be aware that once deposit cheques have been banked they are not returnable and travelers will be liable to pay full price of the trip (unless the place is subsequently filled). Full price means the undiscounted "non-member" price. Where necessary, HASSRA (Leeds) will provide an invoice for the full price for insurance purposes but travellers need to be aware that the cost of insurance, (if purchased), is non-refundable.
6. Travel operators will be asked to date insurance cover from the date on which they receive notification of the persons travelling. It is therefore essential to obtain adequate travel insurance before booking if you do not purchase the insurance offered.
7. Single supplements. There will be no member discount on supplements for travellers wishing to secure a single room. Where members indicate on the application form that they are willing to share a room with someone of the same sex, the organiser will arrange for pairing. If an individual has indicated that they are willing to share, they will not have to pay a single supplement even if no pair is available.
8. Where the number of applicants exceeds the places available, a random draw of application forms will determine those successful in receiving a place, subject to Clause 8. Cheques accompanying these applications will then be processed. Remaining applications will continue to be drawn at random to determine the order of the reserve list.
9. The trip organiser will be granted up to two places on that trip without entry into the ballot. An organiser is the person who arranges the trip on behalf of the HASSRA Events Committee, whether or not s/he is a member of the Committee.
10. Where expressions of interest have been sought for a proposed trip, if that trip is subsequently confirmed, applications received from those expressing interest prior to the closing date will be given priority to book before any unfilled places on the trip are advertised. On these occasions, once the closing date is reached, remaining places will be filled on a first come first served basis.
11. Members who have been unsuccessful in a ballot for a trip may record this on their application for the next trip, to the same destination, and will be given priority for available spaces.
12. Applications from solely non-member groups, i.e. not accompanying a full HASSRA member, wishing to participate in an event will be considered only in the event of places remaining after the closing date has passed.
13. The priority order will be: a) Organiser +1, b) Previously unsuccessful on similar trip (ballot if necessary), c) Prior registered interest (ballot if necessary), d) Other Members, e) Non Member groups.
14. Non-members may apply to travel at the discounted rate on an event [provided that they satisfy the criterion for associate membership](#) and send a completed application for membership together with the appropriate payment, on or before the closing date for the trip. [Associate Membership will last for 12 months from the date of processing the application](#). The Committee reserves the right to determine specific criteria for prior membership on certain trips. Any such requirements will be notified in the advertisement.

**Participants are reminded to conduct themselves in an appropriate manner while attending HASSRA sponsored trips and events. Formal complaints may prejudice an individual's eligibility for future trips.**



**NAME OF TRIP:** \_\_\_\_\_ **Closing date:** \_\_\_\_\_

**To:** \_\_\_\_\_ **Location:** \_\_\_\_\_

For flying trips, names **MUST** correspond to those shown in your passport(s)

Name	HASSRA Leeds member Yes/No  <i>No. if known (found on back of Forum card eg: LEE00001)</i>	Type of Room Double/Twin/Single/Family  <i>(D/T/S/F)</i>	Amount of Deposit	Balance of cost of Trip

Name of lead contact: .....

Address (*Work if staff member*) .....

Phone (*Work if staff member*) ..... Mobile .....

E-mail (*Work if staff member*) .....

**Please ensure that you provide full contact details. Failure may prejudice your booking.** .....

**Insurance cover, dietary or ability requirements (must be provided with balance if not before )**

Name	Insurer	Policy No	Expiry Date	Dietary or other requirements

**DISCLAIMER . This must be completed to enable acceptance of the application**  
 I can confirm that I have authority to act for all applicants and that all have read, understand and agree to abide by the Terms & Conditions set by HASSRA (Leeds) and any additional terms as specified by linked travel companies.  
 Signed.....(lead contact)                      Date.....

**Travelling Alone?** If travelling alone, would you like to "buddy" in a twin room with another tripper of the same sex, to avoid the single supplement?        **YES / NO**

Would you be willing to "buddy" if you have requested a single room but none is available? **YES /NO**

**Please refer to the trip advertisement for:**

- The names and address of the trip organiser, to whom this form should be sent
- The closing date for applications
- The deposit required\*

**Balances will be required approx 4 - 8 weeks before trip.**

**Booking Form Notes:** Cheques to be made payable to HASSRA Leeds unless otherwise specified in the advertisement. In the event of over-subscription, a ballot will be held and uncashed cheques will be returned to unsuccessful applicants. Remember to enclose your cheque with the application. Cheques will not be banked until after the closing date, but bookings will not be accepted without a completed application together with cheque.

Travel insurance is recommended for all trips but is **mandatory** for trips abroad. Insurance cover should include cover for medical treatment, an emergency helpline, and repatriation cover – see also **para 5** of the terms and conditions. For activities such as mountain sports additional specialist insurance will also be essential.

Applicants requiring confirmation that booking form & cheque has been received must enclose a self addressed envelope/grid. Please refer to full terms and conditions when applying as printed in the Newsletter and on HASSRA Leeds website [www.hassra-leeds.org](http://www.hassra-leeds.org)