

February 2015
Silver Key Transportation Recreation Calendar
Please note Saturday and Sunday are now in ONE box

Silver Key relies heavily on community support to provide critical services to seniors in the Greater Colorado Springs area. Please consider making a financial contribution. Visit www.silverkey.org for more information.


2250 Bott Avenue
Colorado Springs, CO 80904
Phone: (719) 884-2350
E-mail: info@silverkey.org
www.silverkey.org

Visit us on social media:
www.facebook.com/SilverKeySeniorServices
www.twitter.com/CSSilverKey

Questions about an activity?
Please call Silver Key for specific information and details regarding any activities listed on this calendar.

Interested in making a monetary donation:

www.silverkey.org
and click on the Donate button.

Your support can make a difference in the life of a senior.
Thank you!

Mon	Tue	Wed	Thu	Fri	Sat & Sun
2)	3)	4) Music at Midday Colorado College: Free Admission Packard Hall 5 W Cache La Poudre 11am-1pm (starts at 12:15pm)	5)	6)	7/8) Saturday 7th: 14 th Annual Chinese New Year Festival Asian themed food vendors, cultural performances, Chinese yo-yo demonstrations, traditional lion dance and more. 10am-2pm Admission \$6.00 City Auditorium 221 E Kiowa St
9)	10) Bingo at TREA 834 Emory Cir 11am-3pm	11)	12) Shopping at Uintah Gardens 1750 W Uintah St 1:30pm-3:30pm	13) Country Buffet Enjoy with friends lunch \$7.48 801 N Academy Blvd 1pm to 3pm	14/15) Saturday 14th: 32 nd Annual Southern Colorado Hand bell Festival Over 300 handbell ringers. The massed festival concert will be directed by nationally renowned composer/conductor/performance arts educator, Timothy Waugh City Auditorium 221 E Kiowa St 6pm-9pm Free, Donations Accepted Sunday 18th: Holy Trinity Luncheon 3122 Poinsetta Dr 11:30am-2pm (cost \$3) RSVP Arlene 719-633-7336
16) President’s Day Silver Key Closed	17) Shopping and lunch at Chapel Hills Mall 1710 Briargate Blvd 1pm-3:30pm	18)	19) Senior Recital Packard Hall 5 W Cache La Poudre 7pm-8:30pm (starts at 7:30pm)	20) Home & Garden Show: Free with donation to Care & Share Freedom Financial Expo Center 3650 N Nevada Ave 3pm-6pm	21/22) Saturday 21st: Cripple Creek Ice Festival Bring money for lunch and dress Warm Bennett Ave, Cripple Creek Time: All day event 9am-3pm
23) Early Bird Bingo Carefree Bingo 3440 N Carefree Cir 11am-2:30pm	24) Brass Ensemble Packard Hall 5 W Cache La Poudre 7pm-8:30pm (starts at 7:30pm)	25) Movie and Sack Lunch (bring lunch) “The Book Thief” Story of a girl during WWII in Germany PPLD East 5550 N Union Blvd 11am -2:30pm	26)	27) Solace Concert: This unusual program draws inspiration from the darker side of the human experience, highlighting music’s unique power to console. Grace and St Stephen’s Episcopal Church 6:30pm-9:30 (starts at 7:30pm)	28)
Dining and admission expenses are the responsibility of the individuals participating. For more information, or to make transportation reservations, please call Transportation 5 working days in advance at: 719.884.2380.				All times listed are pick-up times. Please allow one hour after event for returning home.	



Meals on Wheels Menu

February 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Eggplant Parmesan or Jambalaya	2 Pork Chop or Chicken & Waffles	3 Manicotti or Beef & Broccoli	4 Soup & Sandwich (Ham) or Pot Roast	5 Beef Stew or Kentucky Hot Brown	6 Trout or Turkey Tetrazzini	7 Brat & Kraut or Tuna Casserole
8 Grilled Chicken or Chopped Sirloin	9 Fried Chicken or Baked Ziti	10 Pasta Bolognese or Ham & Stuffing	11 Soup & Sandwich (Tuna) or Pork Loin	12 Ribs or Grilled Chicken	13 Salmon or Sloppy Joe	14 Stuffed Shells or BBQ Chicken
15 Chicken Tenders or Gumbo	16 Meatballs & Mashed or Chicken Stew	17 Swiss Steak or Lasagna	18 Soup and Sandwich (Egg salad) or Pulled Pork	19 Turkey Dinner or Beef Stroganoff	20 Pollack or Chicken Shepherds Pie	21 Burrito or Salisbury Steak
22 Chicken Florentine or Tuna Melt	23 BBQ Chicken or Tortellini & Meatballs	24 Pot Roast or Sausage & Peppers	25 Soup and Sandwich (Turkey) or Macaroni & Cheese w/Ham	26 Country Fried Steak or Pork Chop	27 Cattish or Stuffed Peppers	28 Quiche or Chili
All meals are served with an entrée, fruits, vegetables, bread product, milk or juice and dessert. Menu items subject to change due to availability.						

Watch the major news channels on TV; Silver Key will be on their scroll at the bottom of the screen. If you see “Silver Key Senior Services Closed to Clients OR 2 hour delay”, we will not be making deliveries. If we find it necessary to cancel services, our staff will contact you in the morning. We encourage you to keep some easy to prepare food items in your home so you have something nutritious to eat in the event of a closure at Silver Key.

If you would like to make a contribution or become a volunteer to support seniors in our community, please complete and return this section.

I am contributing by:

Check (Payable to Silver Key)

Credit Card

AmEx Disc MC Visa

Card Number:_____

Exp Date:_____ Sec. Code:_____

Billing Address_____

Email:_____

Signature:_____

Please accept my donation.

I want to Volunteer.

I am interested in holding a Food Drive.

I have items to donate to Silver and Such.

Name: _____

Phone: _____