

Chair: Mr. David Carter

Secretary: Mrs. Louise Lydon



Chair: Mr Umesh Patel Secretary: Miss Kathryn Featherstone





Dec 2010



**Christmas Edition** 



Hello and welcome to the last edition of this year of the LPC News.

We have again crammed our Ph-estive Issue with interesting stories and important
Information. We hope you enjoy it and enjoy doing the the word search. The comms tema
and I would like to wish a Merry Christmas and all the best for the new year. We look
forward to reporting again in the new year.

Sami & The Comms Team

## **Honorary Doctorate**

Sunderland LPC ane delighted to announce that Umesh Patel, Chairman of Sunderland Local Pharmaceutical Committee, has been awarded an Honorary Doctorate of Science by the University of Sunderland. Mr Patel, who is also the Northern regional representative (and former chairman) of the National Pharmaceutical Association and a member of the Pharmaceutical Services Negotiating Committee (PSNC), was presented the award at the Stadium of Light on 2 December 2010 for his outstanding contribution to the pharmacy profession and in recognition of his professional standing in Sunderland and in the North East Region. Mr Patel said:

"I am delighted for this recognition and see it as being a very positive achievement for the community pharmacy profession as a whole. I have found there to be tremendous opportunities in this country and feel that people of any background can achieve their goals through hard work and determination."

Umesh studied for his pharmacy degree at Sunderland and registered as a pharmacist in 1979. He has worked in the Sunderland area for 22 years and has community pharmacies in Tunstall Road and Southwick, which he runs with his wife Damini, who is also a pharmacist.





## **Kathryn Featherstone**

Kathryn has worked with Gateshead & South Tyneside LPC as our support officer for 2 years but she now leaves us. The LPC would like to thank her for all her hard work whilst she has been with us. We wish her all the best for the future although she will not be a stranger as we work with her as secretary of Sunderland LPC.

## Swine FLU -is back!!!!

The PCT have informed us that Swine flu is back and the Department of health are allowing the prescribing of Tamiflu. This time however, the prescriptions will be via the usual "pharmacy" distribution system using FP10 prescriptions and not via anti - viral centres via vouchers. The LPC would like to bring this important information to your attention as you may start to get prescriptions for Tamiflu. Please ensure your pharmacy teams are aware of this information. Pharmacy played a very important role in the last outbreak and we need to be ensure we can help again. It may be prudent to obtain a few packs of Tamiflu for the holiday period.

## **Minor Ailments**

Minor Ailments has now been launched accross our area. The PCT have asked us to remind you that it is important that you fully fill the minor ailments form. In particular the back side of the form.



## **NEW Years Day**

The LPC's worked with the PCT to arrange Pharmacetuical Cover on NEw Years day. We would like to that all those involved for their co-operation in arranging the days cover. We would like to audit the day to help us plan for the future. We would appreciate your help in this. If you are open on New Years Day please could you let us know how many prescriptions you do on that day.

Please make sure you only include walk in prescriptions and not any prescriptions you may have done during any quite periods.

We have attached a simple form fo you to fill in or alternatively you can fill in an eform by going to our website and Clicking on the New Years Day Icon.

instead as it is more cost effective and freely available.

#### Information Governance

The LPC would like to remind contractors that they need to ensure they are working on their information governance requirements. The PSNC have got a useful workbook that will help you become compliant.

Last month we highlighted the correct endorsing of NCSO products. Remember to check mid month the PSNC website to see which products have been granted NCSO status by the department of health. It is important you keep up to date with this otherwise you could find you are losing a lot of money

#### PSNC LPC CONFERENCE

The PSNC held a successful conference in London. Members of both LPC's attended the conference and found it very useful and informative. A small interview with Sue Sharp is now posted on Gateshead & South Tyneside LPC Website.

www.gandstlpc.net

with a link to all the resources and information about the conference on the PSNC Website.

#### RECORD KEEPING

We wish to remind pharmacists that good record keeping is really important. There may be times when we need to make a decision about a prescription when it is not possible to contact the prescriber, perhaps at weekends, Bank Holidays and evenings. Most PMR systems have a facility to add intervention notes or just a simple file note. If your decision is challenged at a future date, it will be much easier to remember why you made the change or defend your actions, if you have documented it at the time, giving a reason for your decision, showing due diligence.

#### ZOTON

Due to supply policies by Pfizer Ltd, some local community pharmacists within the Sunderland area are unable to obtain sufficient supplies of Zoton Fastab to supply their patients.

Sunderland LPC have written to Pfizer and are still awaiting a response (although we understand City Hospitals Sunderland received a response from Pfizer when they forwarded our letter).

The NHS South of Tyne & Wear is in the process of switching patients to generic capsules; Sunderland LPC would strongly recommend that those pharmacies who

have patients on lansoprazole fastabs should (where possible) advise the GP to prescribe lansoprazole capsules instead as it is more cost effective and freely available.

### TRAINING

Smoking Cessation and NHS Health Check training is now provided for free by First Contact Clinical. See the attached leafelts for details and contacts.

## **Christmas Word Search**

RSSBQISURPRISE EOASTRGPCRIBDTC AGTCAAUEFMNANA SRAAFRNMQYONIN TEBRLNCDARECCD IELDONHIYRLEKY INEDCZRADHYROC OZHAMKOELVESJAE UADLLCIQBI RTHDTMREGPHWGRHEPAA QOGMMCRNECCOEPR LNSEAAIHHUVRLPS AYLRGSSRAPBABYI JUERIATSEIVYOMN XDYDOLLSDWTBUN

Try and find as many words as possible in the word Search Grid.

Score:

- Less than 20 Oh Dear! I think the lights on the Christmas tree have gone out...
  - End of term report says 'Could do better

- You've made it on to Santa's 'Good Children'
- You're the star at the top of

The answers will be published in the

## **Snow Delivery Service**

Pharmacies have tried their best to not allow the bad weather to disrupt to their services. One contractor even went as far as getting his ski's on to make deliveries!!!! Jan Forster, Director of North East Primary Care Services Agency, said: "We know we can rely on our community pharmacists, like all health professionals in our local NHS, to ensure that patient care is not compromised, despite the current adverse weather





#### PNA's

Contractors will by now have received a copy of the draft PNA from the PCT. (in multiples, this may have gone to your Head Offic You are strongly advi your details and r

necessary, to the PCT before the deadline of 17th January. The PCT will need to consider any changes then get approval from the Board, before publication of the final PNA document on 1st March 2011







Chair: Mr. David Carter Secretary: Mrs. Louise Lydon



Chair: Mr Umesh Patel Secretary: Miss Kathryn Featherstone

### How to get the most from endorsements

The recent news that £120m is to be taken out of Category M between October 2010 and March 2011 means that times are going to be tight for community pharmacy. It is therefore imperative that contractors get their prescription endorsements right, to try to minimise any losses that might arise from incorrect pricing. To help contractors do this, we have put together a short guide to cover some of the areas where losses might occur. (Whilst these are correct at the time of going to press – please always check the current Drug Tariff ensure accuracy).

#### **NCSO**

When there are shortages of products in part VIII of the DT, contractors may have to dispense an equivalent product that is only available at above the set DT price. When this happens, PSNC can apply to the DH for the 'No Cheaper Stock Obtainable' (NCSO) Concession. If granted, contractors will be paid based on their endorsement rather than the DT price but it is essential that contractors endorse the prescription fully with:

- the letters 'NCSO' and
- full details of the product dispensed
   (e.g. manufacturer, brand name or price if it is an uncommon item and pack size)
- sign and date

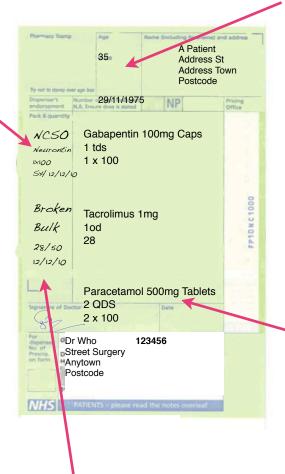
If any of this information is missing, payment will be based on the Drug Tariff price rather than the endorsed product.

If an item is in Category A or M of Part VIII of the Drug Tariff, out of pocket expenses can't normally be claimed. However if the NCSO Concession has been granted and the prescription is properly endorsed, **out of pocket expenses can also be claimed**.

The NCSO concession only lasts for the month it is granted and if problems remain, PSNC has to reapply at the beginning of the next month. In this situation PSNC have a FAQ response as shown below:

Q. Can I endorse a prescription 'NCSO' in advance of the NCSO Concession being agreed by the DH?

A. Yes, where a Part VIII product cannot be obtained at the Drug Tariff price because of a supply problem and a more expensive product has had to be dispensed, the prescription could be endorsed in anticipation of the NCSO Concession being granted. The full endorsement required is the initials, 'NCSO', full details of the product dispensed and the endorsement must be initialled and dated. NHS Prescription Services will reimburse based on the standard Part VIII price where the product was not been granted the NCSO Concession in the month concerned.



#### **Broken Bulk**

Claims for 'Broken Bulk' should be made if the quantity that you have to order from the supplier ordered is unlikely to be used up during the following six months. Claims can apply to drugs, incontinence and stoma appliances in Part IXB and IXC and chemical reagents other than items supplied in special containers. Broken Bulk is not allowed on Part VIII Category E products but may be paid on the ingredients. The endorsement should include 'BB', the pack size supplied and the date of the claim. Use the red separators to sort separately when sending for pricing at the end of the month; this ensures that they are manually priced as the pricing computer does not recognise BB claims.

## Slipped date of birth / age printing

It is essential to check that the age / DoB is shown clearly in the box, as if it is obscured or printing has slipped, then these prescriptions could be switched if they have been included in the exempt bundle on age grounds, as the pricing computer won't recognise the age exemption. If the age / DoB has any slippage or overprinting, make sure the back of the prescription has been signed and ticked for the relevant exemption.

#### Slipped prescription item printing

Occasionally a prescription item is partially printed over the prescriber's signature box.

Prescription Services has advised that if less than 50% of the item is printed within the signature box, then the prescription should be included in the red separators to sort separately when sending for pricing at the end of the month, to ensure it gets priced manually and not missed by the pricing computers.

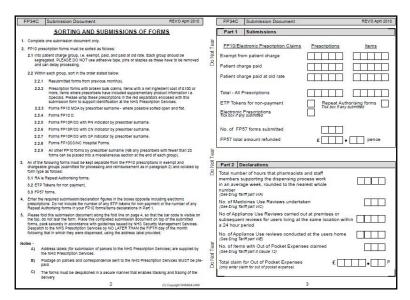
However, if more than 50% of the item is in the signature box then a new prescription must be sought from the prescriber.

#### **Specials**

Keep prescriptions for 'Specials' separate and use the red separators to sort separately when sending for pricing at the end of the month. This is so that they get priced manually and don't get put into the computerised system, which may miss that it is a special and just price on the first ingredient. Include Extemporaneously Prepared items in this category. PSNC has also suggested that the main section of the prescription is marked with an asterisk, to force the pricing computer to send it to a manual pricer (as if it were a hand written prescription), however the Prescription Services advice is that defacing a prescription is still technically illegal.

If you do not get any discount from your Specials supplier, remember to endorse 'DNG'.





#### **Out of Pocket claims**

Out of Pocket Expenses (OOP) can be claimed in exceptional circumstances on all medicines you don't supply frequently (except Category A or M of Part VIII of the DT, unless they have NCSO status). Out of Pocket Expenses can also be claimed on appliances in Part IXB and IXC of the Drug Tariff but cannot be claimed on items in Part IXA or IXR.

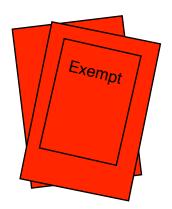
All Out of Pocket expenses must be claimed on the FP34C submission form (for payment) AND endorsed on each individual prescription (audit trail). The individual endorsement must include 'XP', amount of claim and reason for claim; invoices should not be sent but copies need to be kept in case of query or investigation.

#### Q. What can be claimed?

Actual costs incurred in during the process of obtaining specific items to fulfill patient prescriptions can be claimed this includes costs such postage, handling and the cost of phone calls to manufacturers or suppliers to order products.

#### Q. What can't be claimed?

Claims cannot be made for expenses which do not pertain to a specific product; this includes costs such as minimum order surcharges and fuel surcharges. Staff time costs can also not be claimed. The first 10p of any out of pocket expenses claim is retained by NHS Prescription Services.



#### **Red Separator Warning**

The red separators are to be used for Specials, broken bulk claims, slipped printing items and items where the NIC is over £100, to ensure manual pricing and help minimise errors due to the pricing computer misreading items. You may be tempted to put everything into the red separators, to ensure everything gets manually priced – **DON'T.** If it looks as though everything has been included in the red separators, NHS Prescription Services will put everything through the computerised system and you could lose out on broken Bulk claims and specials claims.

#### More information

There is a lot of information available on making sure endorsements are as accurate as possible.

PSNC have a number of helpful web pages (some of their information has been used in this article). They also have a free downloadable guide to dispensing, which is essential reading:

http://www.psnc.org.uk/data/files/publications/87/Dispensing Resource Supplement 20089.pdf

The NPA have an online training programme (free for members) on the Drug Tariff, which includes a section on endorsing; this could be essential CPD for you and your staff.





Chair: Mr Umesh Patel Secretary: Miss Kathryn Featherstone

## **New Years Day Audit**

In order to asses how busy pharmacies were on 1st January 2011 please fill in the boxes below with the number of <u>WALK IN</u> items on the day.

Please don't include prescriptions which were processed but that did not neccesarily come on the day. E.g. MDS, Owings etc.

Pharmacy Name =	
No of Hours open =	
No of Walk In items o	dispensed =
Approximately what of your Sales would OTC Medicines	

You can enter this data online by visiting our e-form <a href="www.gandstlpc.net/nye">www.gandstlpc.net/nye</a>
All data will be kept confidential.



# **Smoking Cessation**

Smoking remains the main cause of preventable disease and premature death in the UK. About 8.5 million people still smoke in England today, and over 80,000 deaths a year are due to smoking in England alone.

Smoking kills half of all long-term users.

- A smoke free future. Department of Health February 2010

Our free Smoking Cessation training programme will enable you to:

- ✓ Effectively deliver Smoking Cessation in line with local and national requirements.
- ✓ Gain the necessary competences (knowledge and skills), identified by NCSCT, required to deliver evidence-based behaviour change techniques to smokers.
- ✓ Increase your knowledge and awareness of the most-up-to-date evidence relating to recommended interventions.
- ✓ Collect and collate locally required performance data via the new NHS SoTW
  web-based database.
- ✓ Assess a client's readiness to change and ability to quite, and modify your behaviour accordingly.
- ✓ Deliver advice in a short, personalised and structured way.

Visit our training website <a href="www.learningfirstcontact.co.uk">www.learningfirstcontact.co.uk</a> or email us on enquiries@firstcontactclinical.co.uk to find out more.

First Contact Clinical, TEDCO Business Works, Henry Robson Way, South Shields, NE33 1RF Telephone: 0191 4274685 Email: enquiries@firstcontactclinical.co.uk





serving Gateshead Primary Care Trust, South Tyneside Primary Care Trust and Sunderland Teaching Primary Care Trus

## NHS Health Checks Training

Heart disease, stroke, type 2 diabetes and kidney disease can often be prevented.

Our free NHS Health Checks training programme will enable you to:

- Effectively deliver NHS Health Checks in line with local requirements.
- ✓ Identify who should have a free NHS Health Check.
- Assess, calculate and manage risk.
- Assess a client's readiness to change and modify your behaviour accordingly.
- Deliver advice in a short, personalised and structured way.

Visit our training website www.learningfirstcontact.co.uk or email us on

enquiries@firstcontactclinical.co.uk to find out more.

