



## 2013 Holiday Diving Invitational

<b>Date:</b>	Saturday, December 14, 2013
<b>Meet Director:</b>	Keith Miller, (617) 496-8790 - <a href="mailto:kdmiller@fas.harvard.edu">kdmiller@fas.harvard.edu</a> Harvard University Athletics Murr Center – 65 N. Harvard Street Boston, MA 02163-1012
<b>Location:</b>	Blodgett Pool, Harvard University
<b>Facility:</b>	Two 1-meter and two 3-meter Model “B” Maxiflex springboards, all on short stands. 1-meter, 3-meter and 7.5-meter platform, with Mondo surfaces, trampoline and port-a-pit with overhead spotting rigs on deck. Separate diving area, 15 feet deep.
<b>Rules:</b>	2013 AAU Diving Rules will govern for all JO events.  <b>Novice Events:</b> Novice rules are attached. Events will be held during the corresponding age group, with Novice divers competing first in the order. Results will be based on the total number of dives as listed in the rules, but divers are allowed to do additional “exhibition” dives if they wish, up to the total number of dives in the JO events. (Official dives must be listed first on the score sheet.)
<b>Entry Fees:</b>	Entries are \$30 per event, including synchronized events (\$30 per PAIR). Make Checks payable to “Harvard Athletics.” Entries are due (postmarked) by <b>Monday, December 9</b> . Late entries will be assessed an additional \$15 per event.  Please submit completed score sheets with your entry form.
<b>Awards:</b>	Medals for 1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> places in JO events and ribbons for all novice divers.
<b>Practice Times:</b>	<b>Saturday December 14</b> , Doors open, 7:30 a.m.
<b>Event Schedule:</b>	<b>Saturday, December 14 (Event # 1 begins at 10:00 a.m.)</b> Event # 1: Girl’s 12/13, 10/11 & 9 & U 3M, with Boy’s 12/13, 10/11 and 9 & U 1M Event # 2: Girl’s 12/13, 10/11 & 9 & U 1M, with Boy’s 12/13, 10/11 and 9 & U 3M Event # 3: Synchronized Diving – All events combined Event # 4: Girl’s 14/15, 16-18 & Open 1M, with Boy’s 14/15, 16-18 & Open 3M Event # 5: Girl’s 14/15, 16-18 & Open 3M, with Boy’s 14/15, 16-18 & Open 1M
<b>Timeline:</b>	We will send out an estimated timeline by Wednesday, December 11, to all divers who are registered at that point. <b>Please make sure you print your email address clearly!</b>
<b>Directions:</b>	<a href="http://www.gocrimson.com/directions/index">http://www.gocrimson.com/directions/index</a>

- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
  - All participants must have a current AAU membership.
  - AAU membership may not be included as part of the entry fee to the event.
  - AAU **Youth** Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. **Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.**
  - Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.
- Note: Any contacts listed within this flyer MUST have a current valid AAU Membership.**

## 2013 CRD Holiday Invitational

### Entry Form

Name:	DOB:	Age:	USAD No.:
Club:	Coach:		Gender: M F
Address:			Phone:
City:	State:	Zip:	
Home email (please print clearly):			

Events Entered (Please circle your selected events below):	
<b>Age Group: 7 &amp; U / 9 &amp; U / 10-11 / 12-13 / 14-15 / 16-18 / Open</b>	
<b>Events: Novice 1M / Novice 3M / JO 1M / JO 3M / Senior 1M / Senior 3M / Synchro</b>	
Total Events (including Synchro):	
Entry Fee (\$30.00 per individual event, \$15 per person for synchro):	
Late Fees (\$15.00 per event):	
<b>Total Due:</b>	

**Please make checks payable to “HARVARD ATHLETICS” and return (WITH DIVE LISTS) to:**

Keith Miller, Diving Coach  
 Harvard Athletics  
 Murr Center – 65 N. Harvard Street  
 Boston, MA 02163-1012

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### Waiver of Liability:

I \_\_\_\_\_, for my heirs, assigns, executors, and administrators, in consideration of Harvard University permitting me to use certain facilities and property in order to participate in the “2013 CRD Holiday Invitational”, do hereby waive and release any and all rights and claims for damage I may have against Charles River Diving, the President and Fellows of Harvard University, AAU Diving, their agents, representatives, successors or assignees for any and all injuries to me resulting from the participation in said program.

\_\_\_\_\_  
 Name of Participant

\_\_\_\_\_  
 Signature of Parent or Guardian

\_\_\_\_\_  
 Date

## 2013 CRD Holiday Invitational

Dive List Form:

Name:	Age Group:	Gender: M / F
Team:	Coach:	
Date:	Time:	

### 1 Meter

Dive Number	D.D.

### 3 Meter

Dive Number	D.D.

**Synchro Lists will be collected at the meet.**

**NOVICE USD RULES**  
**(For 2013 CRD Holiday Invitational)**

Specified Skill dives 100, 200, 001D, 002D, etc... set at 1.0 DD

**Boys & Girls 16-18 Novice**

1M 7 dives 2 specified (100, 200) +5 opt (3 groups no more than 2 dives from one group)  
3M 7 dives 3 specified (100, 200, 001D) + 4 opt (2 groups no more than 2 dives from one group)

**Boys & Girls 14-15 Novice**

1M 7 dives 2 specified (100, 200) +5 opt (3 groups no more than 2 dives from one group)  
3M 7 dives 3 specified (100, 200, 001D) + 4 opt (2 groups no more than 2 dives from one group)

**Boys & Girls 12-13 Novice**

1M 6 dives 2 specified (100, 200) +1 vol (101) set dd 1.8 +3 opt (2 groups 2.3 ceiling DD)  
3M 6 dives 3 specified (100, 200, 001D) +1 vol (101) set dd 1.9 +2 opt (2 groups 2.4 ceiling DD)

**Boys & Girls 11&U Novice**

1M 5 dives 2 specified (100, 200) + 3 opt (2 groups no limit) (All Dives 1.0 DD)  
3M 5 dives 3 specified (100, 200, 001D) + 2 opt (2 groups no limit) (All Dives 1.0 DD)

**Boys & Girls 9 & Under Novice**

1M 4 dives 2 specified (100, 200) +2 opt (2 groups no limit) (All Dives 1.0 DD)  
3M 4 dives 2 specified (100, 200) +2 opt (2 groups no limit) (All Dives 1.0 DD)

**Boys & Girls 7 & Under Novice**

1M 3 dives 3 dives (any dives including skill dives) (All Dives 1.0 DD)  
3M 3 dives 3 dives (any dives including skill dives) (All Dives 1.0 DD)

**Note: Novice divers may perform additional dives, but only the dives listed above will count toward the official results.**