

**MPP Family Practice at Olney**  
**18109 Prince Philip Drive**  
**Suite B-200**  
**Olney, Maryland 20832**  
**Phone: 301-570-7770 Fax: 855-256-6851**

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_  
 Last First MI Preferred  
 Address \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_  
 Street Number Road Apt# Work #  
 \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_  
 City State Zip Home #

**PAST MEDICAL DIAGNOIS**

Adult Illnesses. (Please check appropriate box.)

| Do you have or have you ever had? | YES | NO | Do you have or have you ever had? | YES | NO |
|-----------------------------------|-----|----|-----------------------------------|-----|----|
| Chest Pain                        |     |    | Indigestion / Heartburn           |     |    |
| Angina                            |     |    | Abdominal Pain                    |     |    |
| Heart Attack                      |     |    | Appendicitis                      |     |    |
| Congestive Heart Failure          |     |    | Hepatitis                         |     |    |
| High Blood Pressure               |     |    | Irritable Bowel Syndrome          |     |    |
| Blood Clots / Thrombosis          |     |    | Colitis                           |     |    |
| Anemia                            |     |    | Cirrhosis                         |     |    |
| CVA / Stroke                      |     |    | Hemorrhoids                       |     |    |
| Heart Murmur                      |     |    | Ulcer                             |     |    |
| High Cholesterol                  |     |    | Gallbladder Disease               |     |    |
| Seizure / Epilepsy                |     |    | Pancreatitis                      |     |    |
| Parkinson's Disease               |     |    | Renal Failure                     |     |    |
| Headaches                         |     |    | Kidney Stones                     |     |    |
| Dizziness / Fainting              |     |    | Bladder Infection                 |     |    |
| Memory Loss                       |     |    | Constipation                      |     |    |
| Numbness/ Tingling Sensation      |     |    | Prostate Problems                 |     |    |
| Ringing in Ears                   |     |    | Kidney Infection                  |     |    |
| Depression                        |     |    | Herpes                            |     |    |
| Anxiety                           |     |    | Chlamydia                         |     |    |
| Glaucoma                          |     |    | Aids / H.I.V.                     |     |    |
| Sinusitis                         |     |    | Syphilis                          |     |    |
| Sore Throat                       |     |    | Gonorrhea                         |     |    |
| Cataract                          |     |    | Genital Warts                     |     |    |
| Allergic Rhinitis                 |     |    | Thyroid Disease                   |     |    |
|                                   |     |    | Diabetes                          |     |    |
| Asthma                            |     |    | Lyme Disease                      |     |    |
| Emphysema / COPD                  |     |    | Lupus                             |     |    |
| Chronic Bronchitis                |     |    | Gout                              |     |    |
| Pneumonia                         |     |    | Skin Rashes                       |     |    |
| Shortness of Breath               |     |    | Arthritis                         |     |    |
| Tuberculosis                      |     |    | Osteoporosis                      |     |    |
| Cancer / Type:                    |     |    | Herniated Disc / Disc Disease     |     |    |

Patient's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

**HOSPITALIZATIONS**

Please list the reason for hospitalizations with the approximate date and the place

| Reason | Date & Place |
|--------|--------------|
| 1.     |              |
|        |              |
| 2.     |              |
|        |              |
| 3.     |              |
|        |              |
| 4.     |              |
|        |              |

**PERSONAL HABITS**

**TOBACCO USE:**

Do you use tobacco? YES \_\_\_\_\_ NO \_\_\_\_\_ If yes, please answer the following questions:  
Pipe \_\_\_\_\_ Cigarette \_\_\_\_\_ Cigar \_\_\_\_\_ Chew \_\_\_\_\_ Number of packs per day? \_\_\_\_\_  
Number of tobacco use? \_\_\_\_\_ Number of times attempted to stop? \_\_\_\_\_  
Have you stopped? YES \_\_\_\_\_ NO \_\_\_\_\_ Are you interested in stopped? YES \_\_\_\_\_ NO \_\_\_\_\_

**RECREATIONAL USE:**

Do you use any recreational drug? YES \_\_\_\_\_ NO \_\_\_\_\_ If yes, please answer the following question:  
Type of drug: \_\_\_\_\_ Amount consumed in a day \_\_\_\_\_  
How often do you use? \_\_\_\_\_  
Have you ever felt the need to quit? YES \_\_\_\_\_ NO \_\_\_\_\_

**ALCOHOL USE:**

Do you use alcohol in any form (beer, wine, liquor)? YES \_\_\_\_\_ NO \_\_\_\_\_  
Type of alcohol beverage: \_\_\_\_\_ Amount consumed in a day \_\_\_\_\_  
How often do you drink? \_\_\_\_\_  
Have you ever felt the need to cut down on your drinking? YES \_\_\_\_\_ NO \_\_\_\_\_

**CAFFEINE USE:**

Do you use caffeine (i.e. colas, coffee, teas, chocolate)? YES \_\_\_\_\_ NO \_\_\_\_\_ If yes, please indicate: \_\_\_\_\_

**DIETARY:**

Are you on any special diet? YES \_\_\_\_\_ NO \_\_\_\_\_ If yes, please indicate: \_\_\_\_\_  
Do you use nutritional supplement? YES \_\_\_\_\_ NO \_\_\_\_\_ If yes what type? \_\_\_\_\_  
Please outline a typical daily food intake:

|           |  |        |  |
|-----------|--|--------|--|
| BREAKFAST |  | SNACK  |  |
| SNACK     |  | DINNER |  |
| LUNCH     |  | SNACK  |  |

Patient Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_

**SLEEP:**

Do you have difficulty falling asleep? YES \_\_\_ NO \_\_\_ DO you have early AM awakening? YES \_\_\_ NO \_\_\_  
 How many hours of sleep do you receive per night- average? \_\_\_\_\_  
 Do you use anything to help you fall asleep? YES \_\_\_ NO \_\_\_ If yes, what do you use? \_\_\_\_\_  
 Do you wake up rested in the morning? YES \_\_\_ NO \_\_\_ Do you snore? YES \_\_\_ NO \_\_\_  
 Do you have daytime drowsiness? YES \_\_\_ NO \_\_\_

**EXERCISE:**

Do you receive regular aerobic exercise? YES \_\_\_ NO \_\_\_ If yes, what type? \_\_\_\_\_  
 How often per week? \_\_\_\_\_ Duration each time: \_\_\_\_\_ minutes

**MILITARY SERVICE:**

Are you currently in the military, or have you been in the Military? YES \_\_\_ NO \_\_\_ If yes, when and when did you serve (deployments)?

**FAMILY HISTORY**

Please indicate if your blood relatives have or have had any of the following diseases

|  | Husband | Wife | Mother | Father | Mother's<br>Mother | Mother's<br>Father | Father's<br>Mother | Father's<br>Father | Sibling's |
|--|---------|------|--------|--------|--------------------|--------------------|--------------------|--------------------|-----------|
| Heart Disease  |         |      |        |        |                    |                    |                    |                    |           |
| High Cholesterol   |         |      |        |        |                    |                    |                    |                    |           |
| Lung Disease   |         |      |        |        |                    |                    |                    |                    |           |
| Diabetes   |         |      |        |        |                    |                    |                    |                    |           |
| Kidney Disease   |         |      |        |        |                    |                    |                    |                    |           |
| Thyroid Disease  |         |      |        |        |                    |                    |                    |                    |           |
| Hypertension   |         |      |        |        |                    |                    |                    |                    |           |
| Bleeding Disorder  |         |      |        |        |                    |                    |                    |                    |           |
| Arthritis  |         |      |        |        |                    |                    |                    |                    |           |
| CVA/ Stroke  |         |      |        |        |                    |                    |                    |                    |           |
| Mental Illness<br>Depression<br>Schizophrenia<br>Suicide |         |      |        |        |                    |                    |                    |                    |           |
| Cancer (give<br>type)                                    |         |      |        |        |                    |                    |                    |                    |           |
| Alcoholism   |         |      |        |        |                    |                    |                    |                    |           |
| Obesity  |         |      |        |        |                    |                    |                    |                    |           |

Age of death (if applicable)    \_\_\_    \_\_\_    \_\_\_    \_\_\_    \_\_\_    \_\_\_    \_\_\_    \_\_\_    \_\_\_

Patient Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_

**ALLERGIES**

Please list allergies to food, meds, and other items

|                                    | ITEM ALLERGIC TO | REACTION |
|------------------------------------|------------------|----------|
| Food:                              |                  |          |
|                                    |                  |          |
| Medication:                        |                  |          |
|                                    |                  |          |
| I.V. Contrast: Yes No (circle one) |                  |          |
| Other:                             |                  |          |
|                                    |                  |          |

**CHILDHOOD ILLNESSES**

Please check appropriate box if immunized against (received vaccination or had illness).

|               | YES | NO |                 | YES | NO |
|---------------|-----|----|-----------------|-----|----|
| Scarlet Fever |     |    | Chicken Pox     |     |    |
| Mumps         |     |    | Measles         |     |    |
| Rubella       |     |    | Rheumatic Fever |     |    |
| Asthma        |     |    | Croup           |     |    |
| Pneumonia     |     |    |                 |     |    |

**FOR WOMEN:**

**MENSTRUAL HISTORY:**

Age of onset \_\_\_\_\_ Frequency \_\_\_\_\_ Days  
 Last menstrual period \_\_\_\_\_ Irregularities: YES \_\_\_\_\_ NO \_\_\_\_\_ If yes, please explain: \_\_\_\_\_

Cramps: YES \_\_\_\_\_ NO \_\_\_\_\_ If yes, please circle: mild moderate severe

Medication for cramps: \_\_\_\_\_

**OBSTETRICAL HISTORY:**

Are you pregnant? YES \_\_\_\_\_ NO \_\_\_\_\_ Are you planning a pregnancy? YES \_\_\_\_\_ NO \_\_\_\_\_

Total pregnancies: \_\_\_\_\_ Full term \_\_\_\_\_ Premature \_\_\_\_\_ Miscarriages \_\_\_\_\_

If any miscarriages please indicate: Spontaneous \_\_\_\_\_ Induced \_\_\_\_\_

First pregnancy: (Month/year) \_\_\_\_\_ Last pregnancy: (Month/year) \_\_\_\_\_

Complication of pregnancy: (Please check appropriate complication, if any.)

High blood pressure \_\_\_\_\_ Kidney infection \_\_\_\_\_ Cesarean \_\_\_\_\_ Hemorrhage \_\_\_\_\_

Excessive weight gain \_\_\_\_\_ Babies over 9lbs. \_\_\_\_\_ Anemia \_\_\_\_\_ Toxemia \_\_\_\_\_

Contraception, if any: \_\_\_\_\_

Concerns: \_\_\_\_\_